



Kenya Swimming Federation

National Swimming Time Trials

May 20-21, 2023

MISC Kasarani Aquatic Centre

Nairobi, Kenya

Final Results

KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Medal Count****Men**

Team	Gold	Silver	Bronze	Total
Braeburn Swimming Club	18	10	8	36
Bandari Swim Club	14	10	12	36
Poseidon Swimming Club	7	3	3	13
Seahorses Aquatic Center	7	2	2	11
Otters Swim Club	4	8	1	13
Hydra Swim Club	4	3	0	7
Aga Khan Academy - Msa	2	3	2	7
Mombasa Aquatic Club	2	3	1	6
Simon Fraser University	2	2	0	4
Raptors	2	1	2	5
Kisumu 1 Swim Team	2	0	2	4
Brookhouse Schools	2	0	1	3
Torpedo	1	4	2	7
Mombasa Parents Swim Club	0	2	2	4
Lifetime Swim Club	0	2	0	2
Dashing Dolphins Swim Club	0	1	1	2
NextGen Multi Sport Academy	0	0	1	1
Super Marlins Swim Club	0	0	1	1
Kenton College	0	0	1	1

Women

Team	Gold	Silver	Bronze	Total
Braeburn Swimming Club	12	11	6	29
Sunrise Bay Swim School	7	0	0	7
Grand Canyon Univ	6	2	0	8
Hillcrest International School	5	4	1	10
Seahorses Aquatic Center	5	2	6	13
Torpedo	4	2	4	10
Bandari Swim Club	4	1	5	10
Lifetime Swim Club	4	1	0	5
Mombasa Aquatic Club	4	0	1	5
Barracuda Aquatics	3	5	1	9
Makini Schools	3	1	0	4
Kenton College	2	5	4	11
Hydra Swim Club	2	1	1	4
Brookhouse Schools	1	4	4	9
Fithub Aquatics	1	2	2	5
Otters Swim Club	0	2	3	5
Raptors	0	2	1	3
The Banda School	0	1	1	2
Poseidon Swimming Club	0	1	0	1

KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023

Medal Count

Women

Team	Gold	Silver	Bronze	Total
Rapids Swim Club Eldorat	0	0	1	1

KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 101 Girls 10-11 800 LC Meter Freestyle****Meet Qualifying 10-11: 14:09.30**

Name	Age	Team	Seed Time	Finals Time
--- Okisa, Gift	11-11	Rapids Swim Club Eldorat	13:38.69	x14:13.56
			1:32.23 ()	
			3:18.08 ()	
			5:05.73 ()	
			6:56.83 ()	
			8:49.37 ()	
			10:39.29 ()	
			12:30.94 ()	14:13.56 (1:42.62)

Event 101 Girls 12-13 800 LC Meter Freestyle**Meet Qualifying 12-13: 13:09.85**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Omoro, Saniyah N	13-09	Hydra Swim Club	11:29.64	11:36.54	337
			1:19.45 ()	2:46.67 ()	
			4:15.62 ()	5:44.99 ()	
			7:14.20 ()	8:44.06 ()	
			10:12.60 ()	11:36.54 (1:23.94)	
--- Bochere, Abigael	13-10	Torpedo	13:04.32	x13:18.34	
			1:27.98 ()	3:10.50 ()	
			6:36.18 ()	8:19.55 ()	
			10:01.50 ()	11:42.54 ()	
				13:18.34 (1:35.80)	
--- Leboy, Vahkeinah B	12-10	Torpedo	13:05.32	x13:24.12	
			1:24.50 ()	3:07.78 ()	
			4:50.74 ()	6:36.99 ()	
			8:22.22 ()	10:04.68 ()	
			11:48.06 ()	13:24.12 (1:36.06)	

Event 101 Girls 14-15 800 LC Meter Freestyle**Meet Qualifying 14-15: 12:11.68**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Samoei, Angel D	14-08	Braeburn Swimming Club	9:47.60	10:23.81	469
			1:11.25 ()	2:25.62 ()	
			3:41.34 ()	4:58.02 ()	
			6:16.15 ()	7:36.88 ()	
			9:01.56 ()	10:23.81 (1:22.25)	
2 Mawira, Sera M	15-07	Brookhouse Schools	10:55.39	11:19.46	363
			1:17.53 ()	2:44.16 ()	
			4:11.16 ()	5:37.73 ()	
			7:04.20 ()	8:31.23 ()	
			9:57.23 ()	11:19.46 (1:22.23)	

Event 101 Girls 16 & Over 800 LC Meter Freestyle**Meet Qualifying 16&O: 11:53.50**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	10:16.62	10:14.19	491
			1:11.82 ()	2:28.16 ()	
			3:46.22 ()	5:03.84 ()	
			6:22.31 ()	7:40.40 ()	
			8:59.09 ()	10:14.19 (1:15.10)	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 101 Girls 16 & Over 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
---	18-04	Sunrise Bay Swim School	11:32.90	x12:14.81
	1:20.59 ()		2:54.21 ()	
	4:29.65 ()		6:04.68 ()	
	7:39.27 ()		9:13.92 ()	
	10:47.28 ()	12:14.81 (1:27.53)		

Event 102 Boys 12-13 800 LC Meter Freestyle**Meet Qualifying 12-13: 13:33.54**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kogo, Jeremy	12-10	Torpedo	13:05.46	12:03.58	243
	1:18.74 ()		2:50.89 ()		
	4:24.05 ()		5:57.50 ()		
	7:32.93 ()		9:06.12 ()		
	10:39.30 ()	12:03.58 (1:24.28)			
2 Selassie, Samson	13-09	Braeburn Swimming Club	12:42.37	12:37.79	212
	1:26.38 ()		3:01.58 ()		
	4:39.62 ()		6:15.82 ()		
	7:52.11 ()		9:28.14 ()		
	11:03.60 ()	12:37.79 (1:34.19)			
3 Patel, Mahin	13-10	Bandari Swim Club	13:08.32	12:49.15	203
	1:25.70 ()		3:03.09 ()		
	4:42.11 ()		6:22.05 ()		
	8:02.31 ()		9:41.39 ()		
	11:19.08 ()	12:49.15 (1:30.07)			
4 Bayusuf, Saleh	12-10	Bandari Swim Club	12:56.62	13:10.85	186
	1:27.42 ()		3:06.85 ()		
	4:47.73 ()		6:28.97 ()		
	8:12.66 ()		9:53.61 ()		
		13:10.85 (3:17.24)			

Event 102 Boys 14-15 800 LC Meter Freestyle**Meet Qualifying 14-15: 11:54.90**

Name	Age	Team	Seed Time	Finals Time
---	14-08	Bandari Swim Club	11:29.44	x11:59.43
	5:55.03 ()		7:30.76 ()	
	9:05.75 ()		10:38.57 ()	
		11:59.43 (1:20.86)		

Event 103 Girls 10-11 50 LC Meter Backstroke**Meet Qualifying 10-11: 48.65**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Papat, Isabella	11-11	Kenton College	46.54	40.46	296
2 Swai, Zahra	11-11	Hillcrest International School	42.32	41.55	273
3 Waitthaka, Nyokabi	11-11	Kenton College	48.27	42.60	254
4 Luusa, Daniela	11-11	Kenton College	45.63	43.07	245
5 Kamphuis, Lisa N	11-12	Poseidon Swimming Club	45.28	44.58	221
6 Savai, Naomi	11-12	Dashing Dolphins Swim Club	47.07	46.78	191
7 Kimani, Luisa	10-13	Sailfish Swim Club	48.48	47.03	188
8 Irungu, Erin N	11-11	Makini Schools	46.19	47.05	188



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 103 Girls 10-11 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	FINA
9 Osimbo, Venesse	11-11	Seahorses Aquatic Center	46.41	47.57	182
10 Kyler, Camille	10-12	Kisumu 1 Swim Team	45.66	48.09	176
--- Kamura, Keisha	10-12	Potterhouse School	46.52	x52.32	

Event 103 Girls 12-13 50 LC Meter Backstroke**Meet Qualifying 12-13: 43.39**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Alala, Marion J	12-10	Seahorses Aquatic Center	36.84	36.39	407
2 Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	35.75	36.55	402
3 Childs, Jeanette	12-11	The Banda School	40.59	37.74	365
4 Oyoo, Abba	12-10	Brookhouse Schools	43.02	38.67	339
5 Muyela, Laurie	12-10	Otters Swim Club	38.83	38.91	333
6 Marsh, Mia	12-10	The Banda School	41.74	40.78	289
7 Maina, Kamwelle	12-11	Raptors	41.46	41.31	278
8 Leboy, Vahkeinah B	12-10	Torpedo	40.21	41.41	276
9 Kamiri, Maya	12-11	The Banda School	42.60	41.42	276
10 Webber, Mischa	13-10	Hillcrest International School	42.91	41.57	273
11 Omondi, Naledi R	13-10	Fusion Swimming Club	42.56	42.41	257
12 Kipchumbah, Lissette	13-09	Fithub Aquaticts	43.24	42.67	252
13 Choda, Simran K	12-10	The Banda School	41.36	43.00	247
--- Njau, Amani K	13-09	Seahorses Aquatic Center	40.79	x43.85	
--- Ratemo, Elaine	12-11	Woodcreek School	41.67	x45.26	
--- Ngari, Amita	13-09	Hydrofit Swim Club	42.87	x47.19	

Event 103 Girls 14-15 50 LC Meter Backstroke**Meet Qualifying 14-15: 40.16**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Jamal, Bianca	15-08	Sunrise Bay Swim School	32.69	33.30	531
2 Langat, Audrey Chebet	15-08	Braeburn Swimming Club	35.72	33.37	528
3 Bebbington, Anika	15-08	Braeburn Swimming Club	39.25	38.62	340
4 Muriuki, Tshomela W	14-08	Brookhouse Schools	40.06	38.70	338
5 Aleyo, Joy C	15-07	Mombasa Aquatic Club	39.16	39.34	322
6 Irungu, Elaine W	14-09	Brookhouse Schools	38.62	40.14	303
--- Kihoro, nia	14-09	Potterhouse School	40.00	x43.37	

Event 103 Girls 16 & Over 50 LC Meter Backstroke**Meet Qualifying 16&O: 39.19**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Thorpe, Imara Bella	22-01	Barracuda Aquatics	31.43	32.17	589
2 Mose, Sara	16-06	Fithub Aquaticts	31.75	32.29	583
3 Gore, Reese	17-06	Hillcrest International School	35.93	35.10	454
4 Webber, Aaliyah	16-07	Hillcrest International School	36.56	36.66	398
5 Irungu, Erica Wangechi	17-05	Brookhouse Schools	37.71	37.43	374
--- Nyakundi, Asante J	18-04	Africa Swimming Academy	38.72	x40.09	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 104 Boys 10-11 50 LC Meter Backstroke****Meet Qualifying 10-11: 46.40**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	De Guzman, Marvin R	10-12	Braeburn Swimming Club	40.87	37.97	246
2	Muiruri, Alvin W	11-12	Hydra Swim Club	43.87	39.88	212
3	Ladak, Kahir	11-11	Kenton College	40.92	41.58	187
4	Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	45.55	41.95	182
5	Muses, Harith	11-12	Mombasa Aquatic Club	43.26	42.09	180
6	Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	45.92	42.86	171
7	Mburu, Ted	10-12	Seahorses Aquatic Center	44.32	43.97	158
8	Lumwamu, Benjy K	11-12	Dashing Dolphins Swim Club	45.22	44.22	155
9	Mwangi, Brent	11-12	Seahorses Aquatic Center	45.35	44.30	155
10	Vavi, Ethen	10-12	Bandari Swim Club	44.41	46.24	136
---	Kahiga, Ngecu	11-11	Hydrofit Swim Club	45.00	x53.28	

Event 104 Boys 12-13 50 LC Meter Backstroke**Meet Qualifying 12-13: 43.85**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Rieck, Jeremy M	12-10	Poseidon Swimming Club	34.22	33.65	353
2	Waleed, Khalid W	13-09	Bandari Swim Club	38.21	34.72	322
3	Olengo, Neo O	12-10	Seahorses Aquatic Center	35.51	34.83	319
4	Futaki, Yoshihiro N	13-09	Lifetime Swim Club	42.04	39.06	226
5	Winters, Ivar	12-10	Braeburn Swimming Club	42.84	39.86	212
6	Thuranira, Nael T	12-11	Bandari Swim Club	39.04	40.13	208
7	Kogo, Jeremy	12-10	Torpedo	38.08	40.20	207
8	Omar, Abdirahman Y	13-09	Braeburn Swimming Club	43.47	40.35	205
9	Obuna, Brian	12-10	Zefish Aquatics	42.08	40.79	198
10	Joseph, Aryan	12-10	Bandari Swim Club	41.79	41.39	190
11	Bayusuf, Saleh	12-10	Bandari Swim Club	43.39	43.35	165
---	Njogu, Mathew M	12-11	Hydra Swim Club	43.51	x44.78	
---	Chege, Moses	13-09	Juja st Peters School	42.40	x57.10	

Event 104 Boys 14-15 50 LC Meter Backstroke**Meet Qualifying 14-15: 38.53**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Masakha, Joshua J	15-07	Mombasa Aquatic Club	34.62	32.60	389
2	Kamotho, Curtis J	15-08	Otters Swim Club	33.90	33.64	354
3	Abubakar, Riyadh	15-07	Bandari Swim Club	34.60	33.89	346
4	Bayusuf, Igbaal	14-09	Bandari Swim Club	37.06	33.92	345
5	Senanu, Karl	14-08	Poseidon Swimming Club	36.17	34.52	327
6	Wanjie, Ayden	15-08	Frontal Wave Swim Club	36.99	36.47	277
7	Mungai, Reign	15-08	Nova Pioneer	38.12	37.21	261
8	Milic, Dusan	14-09	Braeburn Swimming Club	36.55	38.16	242
9	Ochanda, Saffi	15-07	Braeburn Swimming Club	37.73	38.49	236
---	Karangu, Hagin	15-08	Woodcreek School	36.55	x47.73	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 104 Boys 16 & Over 50 LC Meter Backstroke****Meet Qualifying 16&O: 36:25**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Bagha, Abdul	17-06	Aga Khan Academy - Msa	31.57	32.02	410
2 Okumu, Jesse m	19-04	Otters Swim Club	34.93	32.91	378
3 Michuki, Michael M	17-05	Brookhouse Schools	32.33	33.42	361
4 Kioko, Paul N	20-02	Bandari Swim Club	34.50	34.10	339
--- Munir, Ibrahim	16-06	Kisumu 1 Swim Team	35.00	x37.70	
--- Mutwiri, Hansel	17-06	Potterhouse School	35.02	x38.86	

Event 105 Girls 10-11 200 LC Meter Freestyle**Meet Qualifying 10-11: 3:12.49**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Popat, Isabella	11-11	Kenton College	2:48.51	2:50.26	292
	1:19.89 ()	2:50.26 (1:30.37)			
2 Irungu, Erin N	11-11	Makini Schools	2:57.47	2:53.94	274
3 Luusa, Daniela	11-11	Kenton College	2:51.10	2:58.75	252
	1:21.89 ()	2:58.75 (1:36.86)			
4 Kamphuis, Lisa N	11-12	Poseidon Swimming Club	3:09.15	3:04.96	227

Event 105 Girls 12-13 200 LC Meter Freestyle**Meet Qualifying 12-13: 2:59.01**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Irangi, Nina	13-09	Braeburn Swimming Club	2:39.64	2:33.89	395
	1:14.10 ()	2:33.89 (1:19.79)			
2 Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	2:27.95	2:34.58	390
	1:11.67 ()	2:34.58 (1:22.91)			
3 Oyoo, Abba	12-10	Brookhouse Schools	2:57.12	2:44.99	321
	1:17.19	2:44.99 (1:27.80)			
4 Ndirangu, Nicole	13-10	Raptors	2:55.30	2:45.60	317
	1:19.59	2:45.60 (1:26.01)			
5 Mwangi, Isabelle N	12-10	Otters Swim Club	2:56.76	2:47.49	306
	1:21.17	2:47.49 (1:26.32)			
--- Githui, Lowena M	12-10	Raptors	2:56.48	x3:00.34	
	1:26.77	3:00.34 (1:33.57)			
--- Warui, Ariana	12-10	Kenton College	2:36.67	x3:07.89	
	1:27.29 ()	3:07.89 (1:40.60)			

Event 105 Girls 14-15 200 LC Meter Freestyle**Meet Qualifying 14-15: 2:45.83**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Jamal, Bianca	15-08	Sunrise Bay Swim School	2:14.26	2:22.21	501
	1:06.69 ()	2:22.21 (1:15.52)			
2 Mawira, Sera M	15-07	Brookhouse Schools	2:33.58	2:39.15	357
3 Bebbington, Anika	15-08	Braeburn Swimming Club	2:43.83	2:42.59	335
	1:13.85 ()	2:42.59 (1:28.74)			
4 Onderi, Jade I	14-09	Barracuda Aquatics	2:32.88	2:45.31	319
	1:14.04 ()	2:45.31 (1:31.27)			
--- Irungu, Elaine W	14-09	Brookhouse Schools	2:39.85	x2:50.06	
	1:17.90 ()	2:50.06 (1:32.16)			



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 105 Girls 16 & Over 200 LC Meter Freestyle****Meet Qualifying 16&O: 2:41.71**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Islam Ali, Lubaina	17-05	Bandari Swim Club	2:16.19	2:18.35	544
		1:04.23 ()	2:18.35 (1:14.12)			
2	Gore, Reese	17-06	Hillcrest International School	2:37.75	2:35.19	385
		1:14.51 ()	2:35.19 (1:20.68)			
3	Kotut, Moige C	16-07	Braeburn Swimming Club	2:37.04	2:35.73	381
		1:13.86 ()	2:35.73 (1:21.87)			
4	Maina, Kagure	16-07	Raptors	2:37.71	2:36.00	379
		1:14.54 ()	2:36.00 (1:21.46)			
5	Kamotho, Cheryl W	16-06	Otters Swim Club	2:41.70	2:39.06	358
		1:12.94 ()	2:39.06 (1:26.12)			

Event 106 Boys 10-11 200 LC Meter Freestyle**Meet Qualifying 10-11: 3:07.40**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Okumu, Lawrence	11-12	Braeburn Swimming Club	2:54.26	2:44.47	238
		1:18.80 ()	2:44.47 (1:25.67)			
2	Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	3:09.04	2:52.70	206
		1:19.17 ()	2:52.70 (1:33.53)			
3	Ndirangu, Don G	10-13	Raptors	3:07.71	3:05.80	165
		1:28.67 ()	3:05.80 (1:37.13)			
---	Vavi, Ethen	10-12	Bandari Swim Club	3:08.06	x3:12.08	
		1:29.61 ()	3:12.08 (1:42.47)			

Event 106 Boys 12-13 200 LC Meter Freestyle**Meet Qualifying 12-13: 3:01.34**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Waleed, Khalid W	13-09	Bandari Swim Club	2:45.26	2:43.99	240
2	Waweru, Tevin	12-11	Raptors	2:51.07	2:44.37	238
		1:18.52 ()	2:44.37 (1:25.85)			
3	Dalal, Samarth	13-09	Braeburn Swimming Club	2:57.75	2:45.45	234
		1:19.80 ()	2:45.45 (1:25.65)			
4	Patel, Mahin	13-10	Bandari Swim Club	2:54.58	2:55.37	196
		1:25.34 ()	2:55.37 (1:30.03)			
---	Selassie, Samson	13-09	Braeburn Swimming Club	3:00.27	x3:02.10	
		1:25.10 ()	3:02.10 (1:37.00)			

Event 106 Boys 14-15 200 LC Meter Freestyle**Meet Qualifying 14-15: 2:39.35**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Matimu, Nathan	14-08	Braeburn Swimming Club	2:08.49	2:05.22	540
		58.50 ()	2:05.22 (1:06.72)			
2	Okech, Victor	14-08	Braeburn Swimming Club	2:21.62	2:21.83	371
		1:05.23 ()	2:21.83 (1:16.60)			
3	Kamphuis, Yannick	14-09	Poseidon Swimming Club	2:30.31	2:24.28	353
		1:08.44 ()	2:24.28 (1:15.84)			
4	Mugambi, Ryan M	15-07	Otters Swim Club	2:35.67	2:26.58	336
		1:08.33 ()	2:26.58 (1:18.25)			



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 106 Boys 14-15 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	FINA
5 Kenyi, Max	14-08	Braeburn Swimming Club	2:26.05	2:27.05	333
	1:06.07 ()	2:27.05 (1:20.98)			
6 Nyaika, Joel	14-08	Aga Khan Academy - Msa	2:32.95	2:29.10	320
	1:06.64 ()	2:29.10 (1:22.46)			
7 Bayusuf, Igbaal	14-09	Bandari Swim Club	2:35.31	2:29.14	319
	1:10.21 ()	2:29.14 (1:18.93)			
--- Awadh, Hemed	14-08	Bandari Swim Club	2:35.30	x2:40.17	
	1:15.69 ()	2:40.17 (1:24.48)			

Event 106 Boys 16 & Over 200 LC Meter Freestyle**Meet Qualifying 16&O: 2:29.93**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Maina, Monyo	19-03	Simon Fraser University	1:59.71	1:57.38	656
	57.06 ()	1:57.38 (1:00.32)			
2 Mohamed, Ridhwan	22-00	Bandari Swim Club	1:55.68	1:58.24	641
	56.76 ()	1:58.24 (1:01.48)			
3 Bashir, Ishaq	18-05	Otters Swim Club	2:19.54	2:23.37	360
	1:04.93 ()	2:23.37 (1:18.44)			
4 Maywaka, Owen	18-05	Makini Schools	2:24.84	2:29.36	318
	1:06.60 ()	2:29.36 (1:22.76)			

Event 107 Girls 10-11 100 LC Meter Breaststroke**Meet Qualifying 10-11: 1:53.43**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Irungu, Erin N	11-11	Makini Schools	1:40.76	1:40.58	259
2 Luusa, Daniela	11-11	Kenton College	1:37.83	1:43.01	241
3 Osimbo, Venesse	11-11	Seahorses Aquatic Center	1:43.78	1:44.01	234
4 Kipchumbah, Ella	10-12	Fithub Aquatics	1:50.33	1:46.30	219
5 Okisa, Gift	11-11	Rapids Swim Club Eldorat	1:47.23	1:46.37	219
6 Kimani, Luisa	10-13	Sailfish Swim Club	1:52.48	1:50.64	194
--- Mukangu, Ariana	11-11	Hydrofit Swim Club	1:43.02	DQ	

At the turn or finish did not touch with both hands simultaneously/separated

Event 107 Girls 12-13 100 LC Meter Breaststroke**Meet Qualifying 12-13: 1:45.49**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kalombo, Macrine A	13-09	Lifetime Swim Club	1:29.91	1:25.22	426
2 Alala, Marion J	12-10	Seahorses Aquatic Center	1:31.80	1:29.09	372
3 Kamotho, Christie W	12-10	Otters Swim Club	1:28.71	1:34.95	308
4 Childs, Jeanette	12-11	The Banda School	1:37.15	1:35.01	307
5 Maina, Kamwelle	12-11	Raptors	1:40.35	1:38.16	278
6 Kipchumbah, Lissette	13-09	Fithub Aquatics	1:43.81	1:38.94	272
7 Kinai, Makena I	12-10	Braeburn Swimming Club	1:42.96	1:41.36	253
8 Gituku, Gail	13-10	Braeburn Swimming Club	1:44.58	1:43.61	237



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 107 Girls 14-15 100 LC Meter Breaststroke****Meet Qualifying 14-15: 1:37.72**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Thuranira, Natasha	15-08	Bandari Swim Club	1:31.43	1:27.46	394
2	Wambui, Emma W	15-07	Bandari Swim Club	1:35.88	1:27.53	393
3	Kingatua, Amana W	14-08	Braeburn Swimming Club	1:35.82	1:28.12	385
---	Anna, Deng	14-08	Potterhouse School	1:36.92	DQ	

Did not swim distance specified

Event 107 Girls 16 & Over 100 LC Meter Breaststroke**Meet Qualifying 16&O: 1:35.29**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Mose, Sara	16-06	Fithub Aquatics	1:20.26	1:18.97	535
2	Ssuna, Antisha	16-07	Otters Swim Club	1:25.08	1:24.21	441
3	Rana, Ameya	16-06	Braeburn Swimming Club	1:26.05	1:27.59	392
4	Mwasha, Maria L	16-06	Braeburn Swimming Club	1:27.98	1:29.41	368
5	Webber, Aaliyah	16-07	Hillcrest International School	1:33.06	1:31.21	347
6	Nyakundi, Asante J	18-04	Africa Swimming Academy	1:34.60	1:32.26	335
7	Irungu, Erica Wangechi	17-05	Brookhouse Schools	1:31.57	1:32.44	333

Event 108 Boys 10-11 100 LC Meter Breaststroke**Meet Qualifying 10-11: 1:50.80**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Irungu, Adrian M	11-11	Braeburn Swimming Club	1:35.76	1:34.11	220
2	Mukoto, Ryan Thomas S	11-11	Hydra Swim Club	1:43.50	1:40.59	180
3	Kamau, Nathan	11-11	Dashing Dolphins Swim Club	1:46.72	1:44.96	159
4	Mwangi, Brent	11-12	Seahorses Aquatic Center	1:46.16	1:46.47	152
---	Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	1:48.99	x1:50.92	
---	Mburu, Ted	10-12	Seahorses Aquatic Center	1:45.98	x1:53.59	
---	Muses, Harith	11-12	Mombasa Aquatic Club	1:44.19	DQ	

Executed more than one butterfly kick at the start or turn

Event 108 Boys 12-13 100 LC Meter Breaststroke**Meet Qualifying 12-13: 1:45.85**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Olengo, Neo O	12-10	Seahorses Aquatic Center	1:21.23	1:19.42	367
2	Kogo, Jeremy	12-10	Torpedo	1:42.65	1:27.58	273
3	Dalal, Samarth	13-09	Braeburn Swimming Club	1:35.37	1:32.24	234
4	Mugo, Chris	12-10	Super Marlins Swim Club	1:41.98	1:35.96	208
5	Chege, Moses	13-09	Juja st Peters School	1:44.57	1:37.29	199
6	Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:39.08	1:38.25	194
7	Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	1:33.37	1:39.05	189
8	Aiden Wambugu, Ryan	12-11	Bandari Swim Club	1:39.41	1:39.72	185
9	Gichuha, Timothy T	12-11	Kenton College	1:37.79	1:40.54	181
10	Knaan, Simon	12-11	Torpedo	1:43.21	1:40.91	179
11	Patel, Kairav	12-10	The Banda School	1:41.98	1:43.93	163
---	Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	1:39.70	DQ	

At the turn or finish did not touch with both hands simultaneously/separated



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 108 Boys 12-13 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Namulanda, Lukka	12-10	Seahorses Aquatic Center	1:44.60	DQ
More than one butterfly kick during the first arm stroke after start or turn				

Event 108 Boys 14-15 100 LC Meter Breaststroke**Meet Qualifying 14-15: 1:33.00**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kombe, Jeremy M	14-08	Otters Swim Club	1:24.09	1:22.67	325
2 Karia, Yash M	14-08	Otters Swim Club	1:24.18	1:22.91	322
3 Irungu, Roy	14-08	Braeburn Swimming Club	1:26.99	1:24.45	305
4 Okoth, Andrew	15-07	Bandari Swim Club	1:27.62	1:25.49	294
5 Khuweylid, Khunays	14-09	Bandari Swim Club	1:29.84	1:27.11	278
6 Wanjie, Ayden	15-08	Frontal Wave Swim Club	1:30.39	1:30.00	252
--- Ongalo, Hera	15-08	Woodcreek School	1:28.34	x1:54.74	

Event 108 Boys 16 & Over 100 LC Meter Breaststroke**Meet Qualifying 16&O: 1:27.51**

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Risha	17-06	Braeburn Swimming Club	1:09.52	1:09.21	555
2 Kudwoli, Haniel	17-06	Otters Swim Club	1:09.96	1:09.33	552
3 Sheikh, Mohammed	16-07	Bandari Swim Club	1:19.22	1:18.08	386
4 Kioko, Paul N	20-02	Bandari Swim Club	1:18.49	1:19.69	363
5 Kalombo, Michael	16-06	Lifetime Swim Club	1:21.49	1:20.07	358
6 Maywaka, Owen	18-05	Makini Schools	1:22.39	1:22.69	325
7 Majaliwa, Monty	18-05	Torpedo	1:25.58	1:27.33	276
--- Amor, James O	17-06	Seahorses Aquatic Center	1:27.49	x1:30.35	

Event 109 Girls 10-11 50 LC Meter Butterfly**Meet Qualifying 10-11: 43.70**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Maina, Elliana W	11-11	Mombasa Aquatic Club	40.50	37.03	287
2 Swai, Zahra	11-11	Hillcrest International School	41.85	37.66	272
3 Vusha, Nadia	11-12	Torpedo	40.79	38.13	263
4 Heraniah, Sonia	11-12	Hydra Swim Club	43.99	40.57	218
5 Waitthaka, Nyokabi	11-11	Kenton College	41.55	40.70	216
6 Kamphuis, Lisa N	11-12	Poseidon Swimming Club	42.27	41.50	203
7 Okisa, Gift	11-11	Rapids Swim Club Eldorat	41.94	42.90	184
--- Osimbo, Venesse	11-11	Seahorses Aquatic Center	44.12	x45.24	

Event 109 Girls 12-13 50 LC Meter Butterfly**Meet Qualifying 12-13: 40.64**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Alala, Marion J	12-10	Seahorses Aquatic Center	34.04	33.09	402
2 Oyoo, Abba	12-10	Brookhouse Schools	37.07	35.04	338
3 Leboy, Vahkeinah B	12-10	Torpedo	34.65	35.36	329
4 Njau, Amani K	13-09	Seahorses Aquatic Center	38.14	36.90	290
5 Kamiri, Maya	12-11	The Banda School	39.13	37.02	287
6 Eden, Sulwe	13-10	Hydra Swim Club	38.67	37.29	281
7 Ndirangu, Nicole	13-10	Raptors	39.57	37.79	270



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 109 Girls 12-13 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	FINA
8 Okelo, Vanita	13-10	Kisumu 1 Swim Team	38.40	37.98	266
9 Waswa, Lakisha	13-10	Dashing Dolphins Swim Club	38.65	37.99	265
10 Nuru, Azu	13-09	Seahorses Aquatic Center	39.89	38.65	252
11 Omoro, Saniyah N	13-09	Hydra Swim Club	36.78	39.40	238
12 Hunja, Makena	13-10	Braeburn Swimming Club	40.34	39.59	234
13 Ngari, Amita	13-09	Hydrofit Swim Club	39.88	40.28	223
--- Bochere, Abigael	13-10	Torpedo	40.91	x41.95	
--- Ratemo, Elaine	12-11	Woodcreek School	39.71	x45.64	

Event 109 Girls 14-15 50 LC Meter Butterfly**Meet Qualifying 14-15: 37.65**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Pendo, Jasmine W	15-08	Mombasa Aquatic Club	34.41	32.94	407
2 Langat, Audrey Chebet	15-08	Braeburn Swimming Club	33.50	33.16	399
3 Maina, Wangechi T	15-08	Hydra Swim Club	35.70	35.24	333
4 Aleyo, Joy C	15-07	Mombasa Aquatic Club	35.28	36.45	301
--- Onderi, Jade I	14-09	Barracuda Aquatics	34.73	x37.76	
--- Kihoro, nia	14-09	Potterhouse School	38.00	x40.88	

Event 109 Girls 16 & Over 50 LC Meter Butterfly**Meet Qualifying 16&O: 36.71**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Muteti, Emily	24-98	Grand Canyon Univ	28.26	28.12	655
2 Thorpe, Imara Bella	22-01	Barracuda Aquatics	27.92	28.89	604
3 Islam Ali, Lubaina	17-05	Bandari Swim Club	30.34	30.29	524
4 Mose, Sara	16-06	Fithub Aquaticts	28.96	30.44	516
5 Ruchti, Lucia	20-03	Otters Swim Club	30.01	30.56	510
6 Okumu, Victoria A	18-04	Braeburn Swimming Club	30.92	30.76	500
7 Echessah, Axela	18-04	Otters Swim Club	34.09	32.29	433
8 Gore, Reese	17-06	Hillcrest International School	34.27	34.48	355
9 Atieno, Mitchelle	19-03	Torpedo	35.66	35.13	336
10 Maina, Kagure	16-07	Raptors	36.08	35.98	313
11 Kumon, Manna	16-07	Braeburn Swimming Club	36.81	36.42	301
--- Mwashah, Maria L	16-06	Braeburn Swimming Club	35.94	x36.87	
--- Rana, Ameya	16-06	Braeburn Swimming Club	35.61	x37.94	

Event 110 Boys 10-11 50 LC Meter Butterfly**Meet Qualifying 10-11: 44.60**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Muiruri, Alvin W	11-12	Hydra Swim Club	40.79	37.20	214
2 Irungu, Adrian M	11-11	Braeburn Swimming Club	42.80	37.38	211
3 Ndirangu, Don G	10-13	Raptors	38.38	37.91	202
4 De Guzman, Marvin R	10-12	Braeburn Swimming Club	37.39	37.96	201
5 Okumu, Lawrence	11-12	Braeburn Swimming Club	42.03	40.13	170
6 Mwangi, Brent	11-12	Seahorses Aquatic Center	44.30	40.67	164
7 Andrew, Joe O	10-12	Seahorses Aquatic Center	43.64	40.89	161
8 Zubeir, Ibrahim	11-12	Kisumu 1 Swim Team	42.29	41.02	160



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 110 Boys 10-11 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	FINA
9 Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	47.06	41.29	156
10 Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	40.12	41.30	156
11 Vavi, Ethen	10-12	Bandari Swim Club	45.37	42.35	145
12 Kuria, Brighton	10-12	Ndupawa Swim Team	46.41	42.58	143
13 Mwenda, Leon M	11-11	Super Marlins Swim Club	44.82	42.80	140
14 Onyango, Romney Prize P	10-13	Adventure Talents	44.23	43.78	131
15 Kabiru, Baraka	11-11	Seahorses Aquatic Center	42.98	44.28	127
16 Ladak, Kahir	11-11	Kenton College	42.71	44.36	126
--- Lumwamu, Benjy K	11-12	Dashing Dolphins Swim Club	46.93	x45.13	
--- Mburu, Ted	10-12	Seahorses Aquatic Center	42.38	x45.81	
--- Mulunda, Ethan Fadhili E	10-12	Adventure Talents	47.28	x46.07	
--- Kingsley, Dylan	11-11	Kisumu 1 Swim Team	40.71	x46.26	
--- Omondi, Ryan Lance R	10-12	Adventure Talents	48.51	x48.22	
--- Van Brussel, Loui	10-12	Hillcrest International School	48.42	x48.33	
--- Weru, Jeremy	10-12	Super Marlins Swim Club	48.29	x54.98	

Event 110 Boys 12-13 50 LC Meter Butterfly**Meet Qualifying 12-13: 40.87**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Olengo, Neo O	12-10	Seahorses Aquatic Center	32.20	31.02	370
2 Rieck, Jeremy M	12-10	Poseidon Swimming Club	32.37	32.42	324
3 Kogo, Jeremy	12-10	Torpedo	34.18	33.55	292
4 Waziri, Nathan	12-10	Braeburn Swimming Club	39.54	33.71	288
5 Weya, Sino K	13-09	Before&After School Swim Club	34.60	33.72	288
6 Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	34.78	33.97	281
7 Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	36.19	34.17	276
8 Schuman, Obiero	13-09	Kisumu 1 Swim Team	37.63	35.43	248
9 Waleed, Khalid W	13-09	Bandari Swim Club	37.98	35.62	244
10 Wema, Gad	13-09	Kisumu 1 Swim Team	37.57	35.75	241
11 Thuriranja, Nael T	12-11	Bandari Swim Club	37.31	36.57	225
12 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	38.80	36.70	223
13 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	39.08	37.44	210
14 Dalal, Samarth	13-09	Braeburn Swimming Club	41.11	37.55	208
15 Mugo, Chris	12-10	Super Marlins Swim Club	39.66	37.77	204
16 Joseph, Aryan	12-10	Bandari Swim Club	39.85	37.96	201
17 Asimus, Leeroy	12-11	ST Christopher's School	41.09	38.79	189
18 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	41.10	39.06	185
19 Waweru, Tevin	12-11	Raptors	40.42	40.37	167
--- Patel, Mahin	13-10	Bandari Swim Club	40.04	x41.63	
--- Knaan, Simon	12-11	Torpedo	39.65	x42.89	

Event 110 Boys 14-15 50 LC Meter Butterfly**Meet Qualifying 14-15: 35.91**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Masakha, Joshua J	15-07	Mombasa Aquatic Club	28.20	27.40	536
2 Okech, Victor	14-08	Braeburn Swimming Club	34.66	28.28	488
3 Irungu, Roy	14-08	Braeburn Swimming Club	30.95	29.16	445



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 110 Boys 14-15 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	FINA
4 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	32.76	29.71	421
5 Kamphuis, Yannick	14-09	Poseidon Swimming Club	33.46	30.75	379
6 Nyaika, Joel	14-08	Aga Khan Academy - Msa	33.06	30.97	371
7 Abubakar, Riyadh	15-07	Bandari Swim Club	33.21	31.20	363
8 Kenyi, Max	14-08	Braeburn Swimming Club	32.91	32.02	336
9 Mugambi, Ryan M	15-07	Otters Swim Club	32.79	32.05	335
10 Bayusuf, Igbaal	14-09	Bandari Swim Club	33.76	32.30	327
11 Khuweylid, Khunays	14-09	Bandari Swim Club	35.78	33.23	301
12 Wanjie, Ayden	15-08	Frontal Wave Swim Club	32.90	33.27	299
13 Awadh, Hemed	14-08	Bandari Swim Club	34.16	33.68	289
14 Mutuge, Victor	15-07	Pio Swimming Club	34.85	33.74	287
15 Mungai, Reign	15-08	Nova Pioneer	36.36	34.04	280
--- Mureithi, Otto	14-08	Zefish Aquatics	35.43	x37.77	
--- Ongalo, Hanwa	15-08	Woodcreek School	34.98	x44.56	

Event 110 Boys 16 & Over 50 LC Meter Butterfly**Meet Qualifying 16&O: 33.79**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Ndegwa, Stephen	19-03	Bandari Swim Club	25.66	25.88	637
2 Mohamed, Ridhwan	22-00	Bandari Swim Club	25.97	26.40	600
3 Mutinda, Aker	16-06	Mombasa Aquatic Club	28.16	26.55	590
4 Nahdy, Ali A	16-06	Mombasa Aquatic Club	28.33	27.66	521
5 Jerry, Collins	23-99	Sunrise Bay Swim School	29.43	28.01	502
6 Gikunda, Shaka m	16-06	Otters Swim Club	28.52	28.11	497
7 Muigai, Jomo	18-04	Otters Swim Club	29.80	29.46	431
8 Kioko, Paul N	20-02	Bandari Swim Club	30.38	29.93	411
9 Michuki, Michael M	17-05	Brookhouse Schools	30.52	30.27	398
10 Kariuki, Sean T	18-05	Otters Swim Club	30.87	30.35	395
11 Kalombo, Michael	16-06	Lifetime Swim Club	31.55	31.06	368
12 Njoroge, Maina	17-05	Otters Swim Club	31.58	31.24	362
13 Maywaka, Owen	18-05	Makini Schools	31.31	31.45	355
14 Tobiko, Rodgers	24-99	Kenyatta University	33.08	31.86	341
15 Nderitu, Samuel M	23-99	Sailfish Swim Club	34.05	32.13	332
16 Njoroge, Karanja	17-05	Otters Swim Club	33.42	32.88	310
17 Munir, Ibrahim	16-06	Kisumu 1 Swim Team	32.64	33.26	300
18 Latif, Nadeel	16-06	Kisumu 1 Swim Team	33.20	33.71	288

Event 112 Boys 16 & Over 400 LC Meter IM**Meet Qualifying 16&O: 6:03.78**

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Risha	17-06	Braeburn Swimming Club	5:04.85	5:23.40	428
				1:08.00	
				2:35.31 ()	
				4:07.37 ()	
				5:23.40 (1:16.03)	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023

Results

Event 113 Mixed 12-13 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	6:07.43	5:58.71	223
1) Waziri, Nathan M12	2) Dalal, Samarth M13	3) Hunja, Makena W13	4) Irangi, Nina W13	
	1:29.50 (1:29.50)	3:04.94 (1:35.44)		
	4:41.59 (1:36.65)	5:58.71 (1:17.12)		

Event 113 Mixed 14-15 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	5:06.61	5:09.43	347
1) Langat, Audrey Chebet W15	2) Okech, Victor M14	3) Irungu, Roy M14	4) Bebbington, Anika W15	
	1:17.13 (1:17.13)	2:39.84 (1:22.71)		
	3:57.36 (1:17.52)	5:09.43 (1:12.07)		
2 Bandari Swim Club	A	NT	5:14.24	331
1) Bayusuf, Igbaal M14	2) Thurair, Natasha W15	3) Abubakar, Riyadh M15	4) Wambui, Emma W W15	
	4:01.94 ()	5:14.24 (1:12.30)		

Event 113 Mixed 16 & Over 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	5:19.65	315
1) Okumu, Victoria A W18	2) De Guzman, Risha M17	3) Mwash, Maria L W16	4) Gituku, Randall M16	
	1:17.88 (1:17.88)			
	2:41.91 ()	5:19.65 ()		

Event 201 Girls 12-13 200 LC Meter Butterfly

Meet Qualifying 12-13: 3:28.85

Name	Age	Team	Seed Time	Finals Time	FINA
1 Leboy, Vahkeinah B	12-10	Torpedo	3:18.76	3:20.68	223
	1:28.71 ()	3:20.68 (1:51.97)			

Event 201 Girls 14-15 200 LC Meter Butterfly

Meet Qualifying 14-15: 3:13.47

Name	Age	Team	Seed Time	Finals Time	FINA
1 Samoei, Angel D	14-08	Braeburn Swimming Club	2:44.69	2:51.44	358
	1:20.09 ()	2:51.44 (1:31.35)			

Event 202 Boys 12-13 200 LC Meter Butterfly

Meet Qualifying 12-13: 3:26.92

Name	Age	Team	Seed Time	Finals Time	FINA
--- Olengo, Neo O	12-10	Seahorses Aquatic Center	2:47.77	DQ	
Arms not brought forward simultaneously over the water					

Event 202 Boys 16 & Over 200 LC Meter Butterfly

Meet Qualifying 16&O: 2:51.08

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Risha	17-06	Braeburn Swimming Club	2:18.93	2:26.98	427
	1:10.74 ()	2:26.98 (1:16.24)			



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 203 Girls 10-11 100 LC Meter Freestyle****Meet Qualifying 10-11: 1:28.48**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Swai, Zahra	11-11	Hillcrest International School	1:25.11	1:16.39	310
2	Popat, Isabella	11-11	Kenton College	1:16.40	1:18.21	289
3	Luusa, Daniela	11-11	Kenton College	1:27.35	1:19.63	273
4	Vusha, Nadia	11-12	Torpedo	1:28.68	1:19.97	270
5	Maina, Elliana W	11-11	Mombasa Aquatic Club	1:24.15	1:21.21	258
6	Savai, Naomi	11-12	Dashing Dolphins Swim Club	1:24.49	1:23.32	239
7	Kamphuis, Lisa N	11-12	Poseidon Swimming Club	1:25.84	1:23.44	238
8	Kimani, Luisa	10-13	Sailfish Swim Club	1:27.52	1:24.25	231

Event 203 Girls 12-13 100 LC Meter Freestyle**Meet Qualifying 12-13: 1:22.29**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Irangi, Nina	13-09	Braeburn Swimming Club	1:08.30	1:06.26	475
2	Kalombo, Macrine A	13-09	Lifetime Swim Club	1:09.93	1:06.95	460
3	Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	1:08.63	1:09.84	405
4	Omoror, Saniyah N	13-09	Hydra Swim Club	1:11.77	1:10.45	395
5	Oyoo, Abba	12-10	Brookhouse Schools	1:21.33	1:11.47	378
6	Childs, Jeanette	12-11	The Banda School	1:17.83	1:11.81	373
7	Ndirangu, Nicole	13-10	Raptors	1:17.99	1:11.94	371
8	Feisal, Nadiya	13-09	Otters Swim Club	1:19.26	1:14.07	340
9	Eden, Sulwe	13-10	Hydra Swim Club	1:18.03	1:14.84	329
10	Marsh, Mia	12-10	The Banda School	1:20.11	1:15.67	319
*11	Muyela, Laurie	12-10	Otters Swim Club	1:18.27	1:15.85	316
*11	Kipchumbah, Lissette	13-09	Fithub Aquatics	1:18.81	1:15.85	316
13	Kamiri, Maya	12-11	The Banda School	1:18.20	1:15.97	315
14	Mwangi, Isabelle N	12-10	Otters Swim Club	1:19.38	1:16.04	314
15	Ombega, Kelsey K	12-11	Zefish Aquatics	1:21.86	1:16.70	306
16	Nuru, Azu	13-09	Seahorses Aquatic Center	1:20.33	1:17.17	300
17	Njau, Amani K	13-09	Seahorses Aquatic Center	1:21.78	1:19.38	276
18	Webber, Mischa	13-10	Hillcrest International School	1:19.93	1:19.41	276
19	Githui, Lowena M	12-10	Raptors	1:21.13	1:19.56	274

Event 203 Girls 14-15 100 LC Meter Freestyle**Meet Qualifying 14-15: 1:16.23**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Jamal, Bianca	15-08	Sunrise Bay Swim School	1:01.94	1:03.04	551
2	Langat, Audrey Chebet	15-08	Braeburn Swimming Club	1:06.17	1:06.67	466
3	Pendo, Jasmine W	15-08	Mombasa Aquatic Club	1:10.20	1:09.60	410
4	Wambui, Emma W	15-07	Bandari Swim Club	1:11.99	1:10.10	401
5	Maina, Wangechi T	15-08	Hydra Swim Club	1:10.76	1:10.34	397
6	Onderi, Jade I	14-09	Barracuda Aquatics	1:09.22	1:11.90	371
7	Mawira, Sera M	15-07	Brookhouse Schools	1:10.71	1:11.92	371
8	Thuranira, Natasha	15-08	Bandari Swim Club	1:15.51	1:12.55	362
9	Aleyo, Joy C	15-07	Mombasa Aquatic Club	1:14.19	1:13.73	344
10	Mukoto, Amanda	14-08	Hydra Swim Club	1:14.49	1:13.83	343



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Name	Age	Team	Seed Time	Finals Time	FINA
11 Mayende, Elizabeth V	15-07	Loreto Convent Valley Road	1:16.10	1:14.28	337
12 Bebbington, Anika	15-08	Braeburn Swimming Club	1:13.40	1:14.53	333
--- Irungu, Elaine W	14-09	Brookhouse Schools	1:16.13	x1:16.81	

Event 203 Girls 16 & Over 100 LC Meter Freestyle**Meet Qualifying 16&O: 1:14.33**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Muteti, Emily	24-98	Grand Canyon Univ	57.11	58.28	698
2 Brunlehner, Maria	23-00	Grand Canyon Univ	1:00.15	59.03	672
3 Islam Ali, Lubaina	17-05	Bandari Swim Club	1:02.08	1:03.28	545
4 Okumu, Victoria A	18-04	Braeburn Swimming Club	1:03.05	1:03.91	529
5 Echessah, Axela	18-04	Otters Swim Club	1:07.93	1:05.23	498
6 Kamotho, Cheryl W	16-06	Otters Swim Club	1:09.23	1:07.87	442
7 Gore, Reese	17-06	Hillcrest International School	1:10.85	1:09.27	415
8 Maina, Kagure	16-07	Raptors	1:10.91	1:09.61	409
9 Irungu, Erica Wangechi	17-05	Brookhouse Schools	1:10.42	1:10.92	387
10 Kotut, Moige C	16-07	Braeburn Swimming Club	1:09.45	1:12.96	356
--- Kumon, Manna	16-07	Braeburn Swimming Club	1:13.98	x1:17.01	
--- Rana, Ameya	16-06	Braeburn Swimming Club	1:14.50	x1:17.92	

Event 204 Boys 10-11 100 LC Meter Freestyle**Meet Qualifying 10-11: 1:25.60**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Muiruri, Alvin W	11-12	Hydra Swim Club	1:24.82	1:15.42	240
2 Kipngetich, Praise	11-11	Torpedo	1:23.21	1:16.08	234
3 Okumu, Lawrence	11-12	Braeburn Swimming Club	1:21.83	1:18.29	215
4 Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	1:20.14	1:19.51	205
5 Muses, Harith	11-12	Mombasa Aquatic Club	1:22.51	1:20.22	199
6 Mukoto, Ryan Thomas S	11-11	Hydra Swim Club	1:20.70	1:20.93	194
7 Ndirangu, Don G	10-13	Raptors	1:25.30	1:23.39	178
--- Kuria, Brighton	10-12	Ndupawa Swim Team	1:25.13	x1:27.28	

Event 204 Boys 12-13 100 LC Meter Freestyle**Meet Qualifying 12-13: 1:22.80**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Schuman, Obiero	13-09	Kisumu 1 Swim Team	1:12.70	1:08.41	322
2 Rieck, Jeremy M	12-10	Poseidon Swimming Club	1:08.34	1:08.50	321
3 Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	1:11.72	1:08.59	319
4 Waleed, Khalid W	13-09	Bandari Swim Club	1:15.65	1:09.99	301
5 Weya, Sino K	13-09	Before&After School Swim Club	1:09.84	1:10.41	295
6 Waweru, Tevin	12-11	Raptors	1:17.66	1:13.99	254
7 Dalal, Samarth	13-09	Braeburn Swimming Club	1:17.98	1:14.53	249
8 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:17.27	1:14.92	245
9 Thuraniira, Nael T	12-11	Bandari Swim Club	1:18.02	1:15.05	244
10 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	1:16.80	1:15.15	243
11 Joseph, Aryan	12-10	Bandari Swim Club	1:15.80	1:15.91	235
12 Patel, Mahin	13-10	Bandari Swim Club	1:18.60	1:16.03	234



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Name	Age	Team	Seed Time	Finals Time	FINA
13 Mugo, Chris	12-10	Super Marlins Swim Club	1:21.62	1:18.62	212
14 Njogu, Mathew M	12-11	Hydra Swim Club	1:20.25	1:18.80	210
15 Patel, Kairav	12-10	The Banda School	1:21.72	1:18.83	210
16 Okuthe, Frank	12-10	Raptors	1:21.31	1:19.28	207
17 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	1:22.40	1:20.56	197
--- Bayusuf, Saleh	12-10	Bandari Swim Club	1:22.21	x1:23.62	

Event 204 Boys 14-15 100 LC Meter Freestyle**Meet Qualifying 14-15: 1:12.76**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Matimu, Nathan	14-08	Braeburn Swimming Club	58.37	55.99	588
2 Masakha, Joshua J	15-07	Mombasa Aquatic Club	1:01.68	1:01.13	451
3 Okech, Victor	14-08	Braeburn Swimming Club	1:02.07	1:01.17	451
4 Irungu, Roy	14-08	Braeburn Swimming Club	1:03.85	1:02.79	416
5 Nyaika, Joel	14-08	Aga Khan Academy - Msa	1:08.74	1:03.37	405
6 Senanu, Karl	14-08	Poseidon Swimming Club	1:07.17	1:03.73	398
7 Kamphuis, Yannick	14-09	Poseidon Swimming Club	1:07.56	1:04.79	379
8 Bayusuf, Igbaal	14-09	Bandari Swim Club	1:07.03	1:04.99	376
9 Kenyi, Max	14-08	Braeburn Swimming Club	1:12.27	1:05.64	364
10 Mugambi, Ryan M	15-07	Otters Swim Club	1:09.12	1:05.86	361
11 Abubakar, Riyadh	15-07	Bandari Swim Club	1:08.73	1:07.22	339
12 Ahmed Twahir, Hamid	14-08	Bandari Swim Club	1:11.05	1:07.33	338
13 Awadh, Hemed	14-08	Bandari Swim Club	1:09.71	1:08.46	321
14 Wanjie, Ayden	15-08	Frontal Wave Swim Club	1:11.17	1:08.69	318
15 Khuweylid, Khunays	14-09	Bandari Swim Club	1:08.02	1:10.55	293
--- Ongalo, Hanwa	15-08	Woodcreek School	1:08.79	x1:20.13	

Event 204 Boys 16 & Over 100 LC Meter Freestyle**Meet Qualifying 16&O: 1:08.46**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Maina, Monyo	19-03	Simon Fraser University	53.87	53.42	677
2 Mohamed, Ridhwan	22-00	Bandari Swim Club	52.68	53.71	666
3 Talib, Swaleh	23-00	Bandari Swim Club	54.08	54.43	640
4 Nahdy, Ali A	16-06	Mombasa Aquatic Club	59.14	58.45	516
5 Mutinda, Aker	16-06	Mombasa Aquatic Club	1:01.30	58.88	505
6 Gikunda, Shaka m	16-06	Otters Swim Club	59.43	59.05	501
7 Sheikh, Mohammed	16-07	Bandari Swim Club	1:00.91	1:01.29	448
8 Maywaka, Owen	18-05	Makini Schools	1:02.25	1:01.39	446
9 Michuki, Michael M	17-05	Brookhouse Schools	1:02.10	1:01.40	445
10 Ndegwa, Stephen	19-03	Bandari Swim Club	55.30	1:01.42	445
11 Okumu, Jesse m	19-04	Otters Swim Club	1:02.17	1:01.53	443
12 Kioko, Paul N	20-02	Bandari Swim Club	1:03.54	1:01.57	442
13 Muigai, Jomo	18-04	Otters Swim Club	1:02.46	1:01.82	436
14 Bashir, Ishaq	18-05	Otters Swim Club	1:02.59	1:02.26	427
15 Kariuki, Sean T	18-05	Otters Swim Club	1:03.72	1:02.32	426
16 Nyagu, Ndongoria G	17-06	Otters Swim Club	1:05.33	1:03.24	408
17 Gituku, Randall	16-06	Braeburn Swimming Club	1:04.78	1:03.82	397



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Name	Age	Team	Seed Time	Finals Time	FINA
18 Njoroge, Maina	17-05	Otters Swim Club	1:05.71	1:05.86	361
19 Bagha, Bilal	17-05	Sunrise Bay Swim School	1:05.09	1:07.91	329

Event 205 Girls 10-11 50 LC Meter Breaststroke**Meet Qualifying 10-11: 51.89**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Vusha, Nadia	11-12	Torpedo	48.21	46.24	254
2 Popat, Isabella	11-11	Kenton College	50.53	46.46	250
3 Osimbo, Venesse	11-11	Seahorses Aquatic Center	46.39	47.19	239
4 Maina, Elliana W	11-11	Mombasa Aquatic Club	49.35	47.62	232
5 Irungu, Erin N	11-11	Makini Schools	49.58	47.79	230
6 Luusa, Daniela	11-11	Kenton College	45.53	47.80	230
7 Okisa, Gift	11-11	Rapids Swim Club Eldorat	49.52	48.11	225
8 Kipchumbah, Ella	10-12	Fithub Aquaticts	50.19	50.11	199
9 Kimani, Luisa	10-13	Sailfish Swim Club	51.09	51.25	186
--- Kyler, Camille	10-12	Kisumu 1 Swim Team	51.86	x52.14	
--- Karuri, Tattiana	10-12	Hydrofit Swim Club	52.01	x57.04	
--- Mukangu, Ariana	11-11	Hydrofit Swim Club	50.89	x57.10	

Event 205 Girls 12-13 50 LC Meter Breaststroke**Meet Qualifying 12-13: 48.26**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kalombo, Macrine A	13-09	Lifetime Swim Club	39.99	39.00	424
2 Kimani, Kimberly W	13-10	Kenton College	40.48	40.24	386
3 Alala, Marion J	12-10	Seahorses Aquatic Center	42.62	40.38	382
4 Kamotho, Christie W	12-10	Otters Swim Club	39.26	40.51	378
5 Childs, Jeanette	12-11	The Banda School	40.43	40.92	367
6 Irangi, Nina	13-09	Braeburn Swimming Club	41.55	41.04	363
7 Maina, Kamwelle	12-11	Raptors	45.28	44.29	289
8 Waswa, Lakisha	13-10	Dashing Dolphins Swim Club	47.77	45.05	275
9 Kipchumbah, Lissette	13-09	Fithub Aquaticts	47.31	45.20	272
10 Bochere, Abigael	13-10	Torpedo	48.24	45.35	269
11 Omondi, Naledi R	13-10	Fusion Swimming Club	45.69	45.57	265
12 Leboy, Vahkeinah B	12-10	Torpedo	47.18	45.78	262
13 Marsh, Mia	12-10	The Banda School	46.63	45.96	259
14 Webber, Mischa	13-10	Hillcrest International School	46.38	46.24	254
15 Gituku, Gail	13-10	Braeburn Swimming Club	47.69	46.25	254
16 Kinai, Makena I	12-10	Braeburn Swimming Club	45.67	46.65	247
17 Nyakairu, Lanea	13-10	The Banda School	45.98	47.10	240
--- Kigara, Nduta	13-10	Potterhouse School	47.66	x48.78	
--- Nyawalo, Amani	13-09	Woodcreek School	46.13	x51.25	
--- Ngari, Amita	13-09	Hydrofit Swim Club	47.89	DQ	

Feet not turned out in the propulsive part of the kick



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 205 Girls 14-15 50 LC Meter Breaststroke****Meet Qualifying 14-15: 44.70**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Thuranira, Natasha	15-08	Bandari Swim Club	40.89	38.59	437
2	Kingatua, Amana W	14-08	Braeburn Swimming Club	43.23	40.20	387
3	Wambui, Emma W	15-07	Bandari Swim Club	39.34	41.52	351
---	Mayende, Elizabeth V	15-07	Loreto Convent Valley Road	43.22	x44.77	
---	Anna, Deng	14-08	Potterhouse School	44.80	x48.39	

Event 205 Girls 16 & Over 50 LC Meter Breaststroke**Meet Qualifying 16&0: 43.59**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Brunlehner, Maria	23-00	Grand Canyon Univ	33.87	33.51	668
2	Mose, Sara	16-06	Fithub Aquatics	36.04	34.01	639
3	Ssuna, Antisha	16-07	Otters Swim Club	38.10	36.45	519
4	Rana, Ameya	16-06	Braeburn Swimming Club	38.91	39.55	406
5	Mwasha, Maria L	16-06	Braeburn Swimming Club	39.87	40.26	385
6	Webber, Aaliyah	16-07	Hillcrest International School	42.42	41.69	347
7	Nyakundi, Asante J	18-04	Africa Swimming Academy	42.43	42.71	322

Event 206 Boys 10-11 50 LC Meter Breaststroke**Meet Qualifying 10-11: 53.60**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Irungu, Adrian M	11-11	Braeburn Swimming Club	43.81	41.59	242
2	De Guzman, Marvin R	10-12	Braeburn Swimming Club	45.10	43.05	219
3	Kingsley, Dylan	11-11	Kisumu 1 Swim Team	47.17	44.59	197
4	Agembe, Paul	11-12	Kisumu 1 Swim Team	49.50	46.71	171
5	Mwangi, Brent	11-12	Seahorses Aquatic Center	50.09	47.23	165
6	Kamau, Nathan	11-11	Dashing Dolphins Swim Club	47.90	47.33	164
7	Kipngetch, Praise	11-11	Torpedo	51.51	48.97	148
8	Kabiru, Baraka	11-11	Seahorses Aquatic Center	50.81	51.14	130
9	Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	52.40	51.73	126
10	Mburu, Ted	10-12	Seahorses Aquatic Center	51.03	51.89	125
11	Omondi, Ryan Lance R	10-12	Adventure Talents	52.93	52.02	124
12	Kuria, Brighton	10-12	Ndupawa Swim Team	52.92	52.65	119
13	Onyango, Romney Prize P	10-13	Adventure Talents	53.26	53.35	115
---	Kahiga, Ngecu	11-11	Hydrofit Swim Club	52.00	x58.79	
---	Muses, Harith	11-12	Mombasa Aquatic Club	46.37	DQ	
	Executed more than one butterfly kick at the start or turn					
---	Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	51.78	DQ	
	Leg Movements not simultaneous or in the same horizontal plane					

Event 206 Boys 12-13 50 LC Meter Breaststroke**Meet Qualifying 12-13: 48.37**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Olengo, Neo O	12-10	Seahorses Aquatic Center	39.35	34.65	420
2	Kogo, Jeremy	12-10	Torpedo	44.30	37.86	322
3	Wema, Gad	13-09	Kisumu 1 Swim Team	43.69	40.05	272
4	Dalal, Samarth	13-09	Braeburn Swimming Club	43.06	41.15	250



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 206 Boys 12-13 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	FINA
5	Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	45.48	41.23	249
6	Chege, Moses	13-09	Juja st Peters School	44.21	43.07	218
7	Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	43.58	43.25	216
8	Thuranira, Nael T	12-11	Bandari Swim Club	43.62	43.28	215
9	Rieck, Jeremy M	12-10	Poseidon Swimming Club	44.01	43.80	207
10	Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	43.43	44.09	203
11	Aiden Wambugu, Ryan	12-11	Bandari Swim Club	45.56	44.64	196
12	Mugo, Chris	12-10	Super Marlins Swim Club	45.33	44.85	193
13	Obuna, Brian	12-10	Zefish Aquatics	46.42	45.04	191
14	Patel, Kairav	12-10	The Banda School	47.13	45.08	190
15	Futaki, Yoshihiro N	13-09	Lifetime Swim Club	45.23	45.18	189
16	Waziri, Nathan	12-10	Braeburn Swimming Club	48.23	45.79	182
17	Shah, Ruhan	13-10	Bandari Swim Club	47.48	46.69	171
18	Waweru, Tevin	12-11	Raptors	48.70	47.47	163
---	Weya, Sino K	13-09	Before&After School Swim Club	47.80	DQ	
	Executed more than one butterfly kick at the start or turn					
---	Knaan, Simon	12-11	Torpedo	48.02	DQ	
	Feet not turned out in the propulsive part of the kick					

Event 206 Boys 14-15 50 LC Meter Breaststroke**Meet Qualifying 14-15: 42.51**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Nyaika, Joel	14-08	Aga Khan Academy - Msa	36.23	34.50	425
2	Kamotho, Curtis J	15-08	Otters Swim Club	36.42	35.27	398
3	Okoth, Andrew	15-07	Bandari Swim Club	40.24	36.47	360
4	Kombe, Jeremy M	14-08	Otters Swim Club	38.50	36.71	353
5	Karia, Yash M	14-08	Otters Swim Club	42.33	37.35	335
6	Ahmed Twahir, Hamid	14-08	Bandari Swim Club	42.20	37.68	326
*7	Waswa, Bogani	15-07	Dashing Dolphins Swim Club	39.29	38.42	308
*7	Khuweylid, Khunays	14-09	Bandari Swim Club	39.39	38.42	308
9	Kenyi, Max	14-08	Braeburn Swimming Club	41.61	38.58	304
10	Mureithi, Otto	14-08	Zefish Aquatics	42.57	40.86	256
11	Ochanda, Saffi	15-07	Braeburn Swimming Club	38.58	41.31	247
12	Wanjie, Ayden	15-08	Frontal Wave Swim Club	40.47	41.73	240
13	Milic, Dusan	14-09	Braeburn Swimming Club	42.48	42.29	231
---	Ongalo, Hanwa	15-08	Woodcreek School	41.54	x47.73	

Event 206 Boys 16 & Over 50 LC Meter Breaststroke**Meet Qualifying 16&O: 39.99**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Kudwoli, Haniel	17-06	Otters Swim Club	32.45	31.13	579
2	De Guzman, Risha	17-06	Braeburn Swimming Club	32.11	31.18	576
3	Omondi, Cian	24-99	NextGen Multi Sport Academy	34.12	32.41	513
4	Kioko, Paul N	20-02	Bandari Swim Club	33.94	34.25	434
5	Sheikh, Mohammed	16-07	Bandari Swim Club	34.50	34.94	409
6	Kalombo, Michael	16-06	Lifetime Swim Club	35.86	35.26	398
7	Maywaka, Owen	18-05	Makini Schools	36.50	36.24	367



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Results

(Event 206 Boys 16 & Over 50 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time	FINA
8 Gituku, Randall	16-06	Braeburn Swimming Club	38.87	37.26	337
9 Kimuhu, Ayven	17-06	Pio Swimming Club	39.23	37.59	328
10 Majaliwa, Monty	18-05	Torpedo	38.43	37.85	322
11 Oketch, Tony	21-01	Usiu-A Dolphins Swim Club	38.82	38.84	298
12 Amor, James O	17-06	Seahorses Aquatic Center	38.25	39.07	293
13 Njoroge, Karanja	17-05	Otters Swim Club	39.33	39.09	292
--- Bagha, Bilal	17-05	Sunrise Bay Swim School	39.52	x41.87	

Event 207 Girls 12-13 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Seahorses Aquatic Center	A	2:56.71	2:43.52	
1) Njau, Amani K 13	2) Njau, Zawadi S 13	3) Alala, Marion J 12	4) Nuru, Azu 13	

Event 207 Girls 14-15 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	2:43.86	2:31.50	
1) Langat, Audrey Chebet 15	2) Kingatua, Amana W 14	3) Samoei, Angel D 14	4) Bebbington, Anika 15	
	1:24.26 ()	2:31.50 (1:07.24)		

Event 207 Girls 16 & Over 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	2:31.88	
1) Kotut, Moige C 16	2) Rana, Ameya 16	3) Okumu, Victoria A 18	4) Kumon, Manna 16	
	1:23.36 ()	2:31.88 (1:08.52)		

Event 208 Boys 10-11 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Seahorses Aquatic Center	A	2:59.69	2:58.15	
1) Mwangi, Brent 11	2) Ombwayo, Mark Clevers 11	3) Andrew, Joe O 10	4) Mburu, Ted 10	
	1:38.27 ()	2:58.15 (1:19.88)		

Event 208 Boys 12-13 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	2:27.47	
1) Winters, Ivar 12	2) Dalal, Samarth 13	3) Waziri, Nathan 12	4) Omar, Abdurahman Y 13	
	1:19.76 ()	2:27.47 (1:07.71)		
2 Bandari Swim Club	A	2:32.03	2:39.34	
1) Bayusuf, Saleh 12	2) Aiden Wambugu, Ryan 12	3) Waleed, Khalid W 13	4) Thuraira, Nael T 12	
	1:27.47 ()	2:39.34 (1:11.87)		

Event 208 Boys 14-15 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	2:29.01	2:12.39	
1) Kenyi, Max 14	2) Okech, Victor 14	3) Matimu, Nathan 14	4) Irungu, Roy 14	
2 Bandari Swim Club	A	2:16.22	2:16.17	
1) Abubakar, Riyadh 15	2) Khuweylid, Khunays 14	3) Bayusuf, Igbaal 14	4) Ahmed Twahir, Hamid 14	
	2:27.28 ()	2:16.17 ()		



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Event 208 Boys 16 & Over 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	1:56.14	2:07.79	
1) Talib, Swaleh 23	2) Sheikh, Mohammed 16	3) Ndegwa, Stephen 19	4) Mohamed, Ridhwan 22	
	1:09.94 ()	2:07.79 (57.85)		

Event 210 Boys 12-13 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	5:17.99	5:42.18	166
1) Thurania, Nael T 12	2) Joseph, Aryan 12	3) Patel, Mahin 13	4) Waleed, Khalid W 13	

Event 210 Boys 14-15 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	4:50.43	5:03.69	238
1) Bayusuf, Igbaal 14	2) Awadh, Hemed 14	3) Khuweylid, Khunays 14	4) Abubakar, Riyadh 15	
	2:40.04 (2:40.04)	3:59.32 (1:19.28)		
	5:03.69 (1:04.37)			

Event 210 Boys 16 & Over 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	3:42.97	5:03.16	239
1) Talib, Swaleh 23	2) Sheikh, Mohammed 16	3) Ndegwa, Stephen 19	4) Mohamed, Ridhwan 22	
	1:13.42 (1:13.42)	2:41.54 (1:28.12)		
	5:03.16 (2:21.62)			

Event 301 Girls 14-15 1500 LC Meter Freestyle

Meet Qualifying 14-15: 23:54.92

Name	Age	Team	Seed Time	Finals Time	FINA
1 Mawira, Sera M	15-07	Brookhouse Schools	22:36.30	21:55.58	342
	1:16.98 ()		2:42.54 ()		
	4:08.44 ()		5:35.95 ()		
	7:03.67 ()		8:32.39 ()		
	10:01.63 ()		11:31.47 ()		
	13:02.22 ()		14:31.93 ()		
	16:03.05 ()		17:33.86 ()		
	19:02.98 ()		20:32.14 ()		
	21:55.58 (1:23.44)				

Event 303 Girls 10-11 200 LC Meter Backstroke

Meet Qualifying 10-11: 3:36.41

Name	Age	Team	Seed Time	Finals Time	FINA
1 Swai, Zahra	11-11	Hillcrest International School	3:29.83	3:32.01	196
	1:41.93 ()	3:32.01 (1:50.08)			

Event 303 Girls 12-13 200 LC Meter Backstroke

Meet Qualifying 12-13: 3:21.26

Name	Age	Team	Seed Time	Finals Time	FINA
1 Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	2:41.83	2:49.39	386
2 Jovanovic, Dunja	12-10	Barracuda Aquatics	2:59.09	3:04.85	297
	1:28.93 ()	3:04.85 (1:35.92)			



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Name	Age	Team	Seed Time	Finals Time	FINA
3 Feisal, Nadiya	13-09	Otters Swim Club	3:14.18	3:12.88	261
	1:34.25 ()	3:12.88 (1:38.63)			
4 Njuguna, Noni	13-10	Braeburn Swimming Club	3:15.88	3:20.34	233

Event 303 Girls 14-15 200 LC Meter Backstroke**Meet Qualifying 14-15: 3:06.44**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Jamal, Bianca	15-08	Sunrise Bay Swim School	2:31.50	2:39.50	462
	1:15.73 ()	2:39.50 (1:23.77)			
2 Irungu, Elaine W	14-09	Brookhouse Schools	3:05.85	3:05.64	293
	1:27.98 ()	3:05.64 (1:37.66)			
--- Mawira, Sera M	15-07	Brookhouse Schools	3:04.01	x3:18.40	
	1:36.70 ()	3:18.40 (1:41.70)			

Event 304 Boys 12-13 200 LC Meter Backstroke**Meet Qualifying 12-13: 3:24.12**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Rieck, Jeremy M	12-10	Poseidon Swimming Club	2:45.38	2:42.73	325
	1:19.86 ()	2:42.73 (1:22.87)			
2 Bayusuf, Saleh	12-10	Bandari Swim Club	3:15.58	3:13.28	194
	1:35.30 ()	3:13.28 (1:37.98)			

Event 304 Boys 14-15 200 LC Meter Backstroke**Meet Qualifying 14-15: 2:59.37**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	2:39.68	2:34.88	377
2 Abubakar, Riyadh	15-07	Bandari Swim Club	2:49.59	2:42.68	325
	1:16.39 ()	2:42.68 (1:26.29)			
3 Bayusuf, Igbaal	14-09	Bandari Swim Club	2:45.70	2:56.36	255

Event 304 Boys 16 & Over 200 LC Meter Backstroke**Meet Qualifying 16&O: 2:48.77**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Michuki, Michael M	17-05	Brookhouse Schools	2:37.79	2:43.37	321
	1:15.88 ()	2:43.37 (1:27.49)			
2 Bashir, Ishaq	18-05	Otters Swim Club	2:48.77	2:43.98	317

Event 305 Girls 10-11 200 LC Meter IM**Meet Qualifying 10-11: 3:43.83**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Irungu, Erin N	11-11	Makini Schools	3:26.57	3:19.83	251
2 Kamphuis, Lisa N	11-12	Poseidon Swimming Club	3:38.35	3:31.83	211
	1:40.94 ()	3:31.83 (1:50.89)			
3 Okisa, Gift	11-11	Rapids Swim Club Eldorat	3:35.50	3:34.01	204
4 Vusha, Nadia	11-12	Torpedo	3:36.12	3:36.25	198
--- Kipchumbah, Elssa	10-12	Fithub Aquatics	3:41.21	x3:49.07	
	1:52.93 ()	3:49.07 (1:56.14)			
--- Savai, Naomi	11-12	Dashing Dolphins Swim Club	3:42.91	x3:52.13	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 305 Girls 12-13 200 LC Meter IM****Meet Qualifying 12-13: 3:24.44**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Alala, Marion J	12-10	Seahorses Aquatic Center	2:54.09	2:53.69	382
2	Childs, Jeanette	12-11	The Banda School	3:10.37	3:01.32	336
		1:29.04 ()	3:01.32 (1:32.28)			
3	Leboy, Vahkeinah B	12-10	Torpedo	3:20.15	3:07.98	302
		1:24.69 ()	3:07.98 (1:43.29)			
4	Eden, Sulwe	13-10	Hydra Swim Club	3:18.74	3:10.11	291
		1:30.82 ()	3:10.11 (1:39.29)			
5	Oyoo, Abba	12-10	Brookhouse Schools	3:12.95	3:11.80	284
6	Kipchumbah, Lissette	13-09	Fithub Aquatics	3:22.56	3:13.66	276
		1:34.50 ()	3:13.66 (1:39.16)			
7	Maina, Kamwelle	12-11	Raptors	3:11.05	3:17.02	262
		1:37.37 ()	3:17.02 (1:39.65)			
8	Ndirangu, Nicole	13-10	Raptors	3:20.79	3:19.09	254
		1:33.96 ()	3:19.09 (1:45.13)			
9	Omoror, Saniyah N	13-09	Hydra Swim Club	3:05.01	3:21.13	246
		1:35.18 ()	3:21.13 (1:45.95)			
10	Kamiri, Maya	12-11	The Banda School	3:18.20	3:21.19	246
		1:31.01 ()	3:21.19 (1:50.18)			
11	Marsh, Mia	12-10	The Banda School	3:19.69	3:21.24	246
12	Bochere, Abigael	13-10	Torpedo	3:24.40	3:21.38	245
13	Githui, Lowena M	12-10	Raptors	3:21.10	3:22.23	242
		1:38.75 ()	3:22.23 (1:43.48)			
---	Kariuki, Amani W	13-09	Super Marlins Swim Club	3:18.88	x3:47.37	
		1:48.90 ()	3:47.37 (1:58.47)			
---	Kalombo, Macrine A	13-09	Lifetime Swim Club	2:55.85	DQ	
	Swimmer did not finish whilst on the back - back					

Event 305 Girls 14-15 200 LC Meter IM**Meet Qualifying 14-15: 3:09.38**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Jamal, Bianca	15-08	Sunrise Bay Swim School	2:34.79	2:43.94	455
		1:19.92 ()	2:43.94 (1:24.02)			
2	Maina, Wangechi T	15-08	Hydra Swim Club	3:05.51	2:57.65	357
3	Thuranira, Natasha	15-08	Bandari Swim Club	2:58.78	3:06.59	308

Event 305 Girls 16 & Over 200 LC Meter IM**Meet Qualifying 16&O: 3:04.67**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Brunlehner, Maria	23-00	Grand Canyon Univ	2:24.32	2:28.58	611
		1:10.45 ()	2:28.58 (1:18.13)			
2	Echessah, Axela	18-04	Otters Swim Club	2:55.97	2:48.36	420
		1:19.90 ()	2:48.36 (1:28.46)			
3	Mose, Sara	16-06	Fithub Aquatics	2:40.24	2:48.94	416
		1:14.02 ()	2:48.94 (1:34.92)			
4	Gore, Reese	17-06	Hillcrest International School	3:01.25	3:00.94	338
		1:19.49 ()	3:00.94 (1:41.45)			



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(Event 305 Girls 16 & Over 200 LC Meter IM)

Name	Age	Team	Seed Time	Finals Time
--- Rana, Ameya	16-06	Braeburn Swimming Club	2:58.36	x3:04.82
	1:27.33 ()	3:04.82 (1:37.49)		
--- Irungu, Erica Wangechi	17-05	Brookhouse Schools	2:53.71	DQ
Arms not brought forward simultaneously over the water - fly				

Event 306 Boys 10-11 200 LC Meter IM

Meet Qualifying 10-11: 3:42.40

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Marvin R	10-12	Braeburn Swimming Club	3:11.40	2:54.42	279
	1:23.56 ()	2:54.42 (1:30.86)			
2 Muiruri, Alvin W	11-12	Hydra Swim Club	3:21.90	3:09.26	218
	1:29.79 ()	3:09.26 (1:39.47)			
3 Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	3:33.80	3:15.23	199
	3:15.32 ()	3:15.23 ()			
4 Muses, Harith	11-12	Mombasa Aquatic Club	3:19.01	3:16.69	194
5 Ndirangu, Don G	10-13	Raptors	3:32.85	3:20.58	183
6 Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	3:22.53	3:20.59	183
	1:34.11 ()	3:20.59 (1:46.48)			
7 Mwangi, Brent	11-12	Seahorses Aquatic Center	3:29.48	3:32.58	154

Event 306 Boys 12-13 200 LC Meter IM

Meet Qualifying 12-13: 3:24.05

Name	Age	Team	Seed Time	Finals Time	FINA
1 Olengo, Neo O	12-10	Seahorses Aquatic Center	2:47.86	2:40.61	357
	1:15.08 ()	2:40.61 (1:25.53)			
2 Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	3:01.21	2:51.25	295
	1:20.51 ()	2:51.25 (1:30.74)			
3 Kogo, Jeremy	12-10	Torpedo	3:02.01	2:54.50	278
4 Waziri, Nathan	12-10	Braeburn Swimming Club	2:57.71	3:00.36	252
5 Dalal, Samarth	13-09	Braeburn Swimming Club	3:21.90	3:06.76	227
	1:32.18 ()	3:06.76 (1:34.58)			
6 Waweru, Tevin	12-11	Raptors	3:19.41	3:13.96	203
	1:30.50 ()	3:13.96 (1:43.46)			
7 Thurania, Nael T	12-11	Bandari Swim Club	3:19.38	3:17.16	193
	1:30.27 ()	3:17.16 (1:46.89)			
--- Futaki, Yoshihiro N	13-09	Lifetime Swim Club	3:17.13	x3:28.58	
	1:25.52 ()	3:28.58 (2:03.06)			
--- Njogu, Mathew M	12-11	Hydra Swim Club	3:21.93	DQ	
At the turn or finish did not touch with both hands simultaneously/separated - breast					

Event 306 Boys 14-15 200 LC Meter IM

Meet Qualifying 14-15: 2:59.31

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kamotho, Curtis J	15-08	Otters Swim Club	2:40.93	2:40.43	358
	1:13.63 ()	2:40.43 (1:26.80)			
2 Nakano, Chikashi	14-08	Poseidon Swimming Club	2:44.36	2:42.14	347



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Name	Age	Team	Seed Time	Finals Time	FINA
3 Nyaika, Joel	14-08	Aga Khan Academy - Msa	2:45.93	2:42.39	345
	1:15.42 ()	2:42.39 (1:26.97)			
4 Kamphuis, Yannick	14-09	Poseidon Swimming Club	2:57.91	2:48.31	310
	1:17.91 ()	2:48.31 (1:30.40)			
5 Bayusuf, Igbaal	14-09	Bandari Swim Club	2:58.28	2:49.72	303
	1:18.47 ()	2:49.72 (1:31.25)			
6 Khuweylid, Khunays	14-09	Bandari Swim Club	2:56.46	2:51.35	294
	1:23.25 ()	2:51.35 (1:28.10)			
7 Kenyi, Max	14-08	Braeburn Swimming Club	2:48.76	2:51.48	293
	1:18.63 ()	2:51.48 (1:32.85)			
--- Wanjie, Ayden	15-08	Frontal Wave Swim Club	2:51.42	x2:59.43	
	1:22.72 ()	2:59.43 (1:36.71)			
--- Awadh, Hemed	14-08	Bandari Swim Club	2:53.97	x3:01.86	
	1:26.41 ()	3:01.86 (1:35.45)			

Event 306 Boys 16 & Over 200 LC Meter IM

Meet Qualifying 16&O: 2:48.71

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Risha	17-06	Braeburn Swimming Club	2:20.45	2:21.94	518
	1:07.28 ()	2:21.94 (1:14.66)			
2 Kalombo, Michael	16-06	Lifetime Swim Club	2:44.59	2:40.10	361
	1:18.58 ()	2:40.10 (1:21.52)			
--- Munir, Ibrahim	16-06	Kisumu 1 Swim Team	2:44.00	DQ	
	Swimmer not on back upon leaving the wall after the turn - back				

Event 307 Girls 10-11 100 LC Meter Butterfly

Meet Qualifying 10-11: 1:49.90

Name	Age	Team	Seed Time	Finals Time	FINA
1 Maina, Elliana W	11-11	Mombasa Aquatic Club	1:36.39	1:29.72	236
2 Swai, Zahra	11-11	Hillcrest International School	1:37.83	1:42.81	157
3 Rading, Umami W	10-12	Seahorses Aquatic Center	1:47.92	1:46.17	142
4 Waithaka, Nyokabi	11-11	Kenton College	1:38.05	1:46.52	141
--- Heraniah, Sonia	11-12	Hydra Swim Club	1:47.46	x1:50.85	
--- Osimbo, Venesse	11-11	Seahorses Aquatic Center	1:48.00	x1:54.87	
--- Okisa, Gift	11-11	Rapids Swim Club Eldorat	1:45.76	DQ	
	Alternating movement of legs or feet				

Event 307 Girls 12-13 100 LC Meter Butterfly

Meet Qualifying 12-13: 1:31.04

Name	Age	Team	Seed Time	Finals Time	FINA
1 Leboy, Vahkeinah B	12-10	Torpedo	1:25.98	1:20.03	333
2 Alala, Marion J	12-10	Seahorses Aquatic Center	1:26.40	1:21.09	320
--- Githui, Lowena M	12-10	Raptors	1:29.46	x1:36.58	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 307 Girls 14-15 100 LC Meter Butterfly****Meet Qualifying 14-15: 1:24.34**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Pendo, Jasmine W	15-08	Mombasa Aquatic Club	1:21.07	1:22.51	304
---	Onderi, Jade I	14-09	Barracuda Aquatics	1:21.51	x1:30.97	
---	Maina, Wangechi T	15-08	Hydra Swim Club	1:23.57	DQ	

Event 307 Girls 16 & Over 100 LC Meter Butterfly**Meet Qualifying 16&O: 1:22.24**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Muteti, Emily	24-98	Grand Canyon Univ	1:01.87	1:02.10	713
2	Thorpe, Imara Bella	22-01	Barracuda Aquatics	1:02.16	1:03.53	665
3	Okumu, Victoria A	18-04	Braeburn Swimming Club	1:09.76	1:09.47	509
4	Islam Ali, Lubaina	17-05	Bandari Swim Club	1:09.48	1:09.50	508
5	Maina, Kagure	16-07	Raptors	1:22.22	1:21.87	311
---	Gore, Reese	17-06	Hillcrest International School	1:21.38	x1:23.23	
---	Sheikh, Hana	18-04	Braeburn Swimming Club	1:22.81	DQ	

Arms not brought forward simultaneously over the water

Event 308 Boys 10-11 100 LC Meter Butterfly**Meet Qualifying 10-11: 1:44.98**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Ndirangu, Don G	10-13	Raptors	1:32.03	1:34.50	143
2	Mburu, Ted	10-12	Seahorses Aquatic Center	1:44.74	1:43.94	107
---	Mwenda, Leon M	11-11	Super Marlins Swim Club	1:53.13	x1:49.17	
---	Andrew, Joe O	10-12	Seahorses Aquatic Center	2:01.23	x1:49.40	
---	Vavi, Ethen	10-12	Bandari Swim Club	1:54.95	x1:53.41	
---	Mulunda, Ethan Fadhili E	10-12	Adventure Talents	1:58.67	x1:58.73	
---	Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	2:32.95	x2:02.12	
---	Weru, Jeremy	10-12	Super Marlins Swim Club	2:00.84	x2:08.09	
---	Mwangi, Brent	11-12	Seahorses Aquatic Center	1:49.28	DQ	

Alternating movement of legs or feet

Event 308 Boys 12-13 100 LC Meter Butterfly**Meet Qualifying 12-13: 1:30.79**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Rieck, Jeremy M	12-10	Poseidon Swimming Club	1:17.26	1:15.21	284
2	Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	1:19.77	1:19.24	243
3	Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	1:29.69	1:30.32	164
---	Omar, Abdirahman Y	13-09	Braeburn Swimming Club	1:28.25	x1:32.72	
---	Mugo, Chris	12-10	Super Marlins Swim Club	1:31.08	DQ	

Alternating movement of legs or feet

Event 308 Boys 14-15 100 LC Meter Butterfly**Meet Qualifying 14-15: 1:19.78**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Matimu, Nathan	14-08	Braeburn Swimming Club	1:05.73	1:01.72	514
2	Okech, Victor	14-08	Braeburn Swimming Club	1:06.13	1:06.70	407
3	Kamphuis, Yannick	14-09	Poseidon Swimming Club	1:12.48	1:14.19	296



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Results

(Event 308 Boys 14-15 100 LC Meter Butterfly)

Name	Age	Team	Seed Time	Finals Time	FINA
4 Kenyi, Max	14-08	Braeburn Swimming Club	1:19.99	1:18.19	252

Event 308 Boys 16 & Over 100 LC Meter Butterfly

Meet Qualifying 16&O: 1:15.06

Name	Age	Team	Seed Time	Finals Time	FINA
1 Mohamed, Ridhwan	22-00	Bandari Swim Club	57.73	58.44	605
2 Maina, Monyo	19-03	Simon Fraser University	58.17	59.71	568
3 Ndegwa, Stephen	19-03	Bandari Swim Club	59.58	1:00.04	558
4 Gikunda, Shaka m	16-06	Otters Swim Club	1:03.70	1:06.06	419
5 Kariuki, Sean T	18-05	Otters Swim Club	1:10.24	1:09.00	368
6 Nahdy, Ali A	16-06	Mombasa Aquatic Club	1:05.57	1:11.10	336
--- Mutinda, Aker	16-06	Mombasa Aquatic Club	1:03.68	DQ	

Touch at the finish or turn was not made with both hands simultaneously/separated

Event 309 Girls 12-13 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Seahorses Aquatic Center	A	2:30.05	2:12.91	
1) Nuru, Azu 13	2) Njau, Zawadi S 13	3) Alala, Marion J 12	4) Njau, Amani K 13	
	1:07.61 () 2:12.91 (1:05.30)			
2 Braeburn Swimming Club	A	NT	2:14.14	
1) Irangi, Nina 13	2) Njuguna, Noni 13	3) Hunja, Makena 13	4) Gituku, Gail 13	

Event 310 Boys 10-11 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Seahorses Aquatic Center	A	2:37.96	2:39.00	
1) Andrew, Joe O 10	2) Mwangi, Brent 11	3) Mburu, Ted 10	4) Ombwayo, Mark Clevers 11	
	1:23.51 () 2:39.00 (1:15.49)			

Event 310 Boys 12-13 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	2:15.66	2:36.14	
1) Thurairira, Nael T 12	2) Bayusuf, Saleh 12	3) Patel, Mahin 13	4) Waleed, Khalid W 13	
	1:20.57 () 2:36.14 (1:15.57)			

Event 310 Boys 14-15 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	NT	2:19.10	
1) Khuweylid, Khunays 14	2) Awadh, Hemed 14	3) Bayusuf, Igbaal 14	4) Abubakar, Riyadh 15	
	1:07.22 () 2:19.10 (1:11.88)			

Event 310 Boys 16 & Over 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	1:40.87	2:11.40	
1) Mohamed, Ridhwan 22	2) Sheikh, Mohammed 16	3) Ndegwa, Stephen 19	4) Talib, Swaleh 23	



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Event 401 Girls 10-11 400 LC Meter Freestyle

Meet Qualifying 10-11: 6:48.75

Name	Age	Team	Seed Time	Finals Time	FINA
1 Vusha, Nadia	11-12	Torpedo	6:30.65	6:42.45	202
			1:32.00 ()		
			3:16.47 ()		
			5:03.83 ()	6:42.45 (1:38.62)	

Event 401 Girls 12-13 400 LC Meter Freestyle

Meet Qualifying 12-13: 6:20.14

Name	Age	Team	Seed Time	Finals Time	FINA
1 Omoro, Saniyah N	13-09	Hydra Swim Club	5:38.99	5:37.34	344
			1:19.33 ()		
			2:47.11 ()		
			4:15.66 ()	5:37.34 (1:21.68)	
2 Ndirangu, Nicole	13-10	Raptors	6:02.69	6:11.68	257
			1:24.16 ()		
			3:01.91 ()		
			4:41.02 ()	6:11.68 (1:30.66)	
3 Bochere, Abigael	13-10	Torpedo	6:16.54	6:15.12	250
			1:25.94 ()		
			3:02.96 ()		
			4:41.21 ()	6:15.12 (1:33.91)	
--- Githui, Lowena M	12-10	Raptors	6:19.14	x6:32.67	
			1:29.73 ()		
				6:32.67 (5:02.94)	

Event 401 Girls 14-15 400 LC Meter Freestyle

Meet Qualifying 14-15: 5:52.14

Name	Age	Team	Seed Time	Finals Time	FINA
1 Samoei, Angel D	14-08	Braeburn Swimming Club	4:40.52	4:51.78	532
			1:09.27 ()		
			2:22.34 ()		
			3:37.31 ()	4:51.78 (1:14.47)	

Event 401 Girls 16 & Over 400 LC Meter Freestyle

Meet Qualifying 16&O: 5:43.39

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kotut, Moige C	16-07	Braeburn Swimming Club	5:23.07	5:31.63	362
2 Maina, Kagure	16-07	Raptors	5:36.90	5:37.10	345
			1:17.38 ()		
			2:45.09 ()		
			4:14.91 ()	5:37.10 (1:22.19)	
--- Irungu, Megan Wanja	18-04	Sunrise Bay Swim School	5:40.52	x5:54.07	
			1:18.53 ()		
			2:50.04 ()		
			4:24.30 ()	5:54.07 (1:29.77)	

Event 402 Boys 10-11 400 LC Meter Freestyle

Meet Qualifying 10-11: 6:39.20

Name	Age	Team	Seed Time	Finals Time	FINA
1 Ndirangu, Don G	10-13	Raptors	6:32.41	6:32.92	175
			1:30.36 ()		
			3:11.13 ()		
			4:53.21 ()	6:32.92 (1:39.71)	



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 402 Boys 12-13 400 LC Meter Freestyle****Meet Qualifying 12-13: 6:27.15**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Patel, Mahin	13-10	Bandari Swim Club	6:11.27	6:01.17	226
			1:27.31 ()		
			3:02.17 ()		
			4:35.09 ()	6:01.17 (1:26.08)	
2 Selassie, Samson	13-09	Braeburn Swimming Club	6:13.64	6:15.36	201
			1:25.44 ()		
			3:02.52 ()		
			4:39.70 ()	6:15.36 (1:35.66)	
3 Bayusuf, Saleh	12-10	Bandari Swim Club	6:10.92	6:19.77	194
			1:28.07 ()		
			3:06.53 ()	6:19.77 (3:13.24)	

Event 402 Boys 14-15 400 LC Meter Freestyle**Meet Qualifying 14-15: 5:40.20**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	5:00.82	5:07.60	366
			1:10.99 ()		
			2:30.47 ()		
			3:50.32 ()	5:07.60 (1:17.28)	
2 Kenyi, Max	14-08	Braeburn Swimming Club	5:19.92	5:35.06	283
			1:13.81 ()		
			2:39.68 ()		
			4:07.76 ()	5:35.06 (1:27.30)	
--- Awadh, Hemed	14-08	Bandari Swim Club	5:26.67	x5:50.28	
			4:22.61 ()		
			5:50.28 (1:27.67)		

Event 403 Girls 10-11 200 LC Meter Breaststroke**Meet Qualifying 10-11: 4:05.43**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Irungu, Erin N	11-11	Makini Schools	3:55.74	3:29.60	291
			1:43.68 ()		
				3:29.60 (1:45.92)	
2 Popat, Isabella	11-11	Kenton College	3:50.50	3:41.77	245
			1:47.89 ()		
				3:41.77 (1:53.88)	
3 Osimbo, Venesse	11-11	Seahorses Aquatic Center	3:48.47	3:41.86	245
4 Kipchumbah, Ella	10-12	Fithub Aquatics	4:02.64	3:49.81	221

Event 403 Girls 12-13 200 LC Meter Breaststroke**Meet Qualifying 12-13: 3:48.25**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kalombo, Macrine A	13-09	Lifetime Swim Club	3:20.65	3:10.85	385
2 Bochere, Abigael	13-10	Torpedo	3:47.53	3:31.79	282
			1:43.67 ()		
				3:31.79 (1:48.12)	
3 Maina, Kamwelle	12-11	Raptors	3:31.76	3:39.90	252
			1:47.62 ()		
				3:39.90 (1:52.28)	

Event 403 Girls 14-15 200 LC Meter Breaststroke**Meet Qualifying 14-15: 3:31.44**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Wambui, Emma W	15-07	Bandari Swim Club	3:16.64	3:09.56	393
			1:33.64 ()		
				3:09.56 (1:35.92)	



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(Event 403 Girls 14-15 200 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time	FINA
2 Kingatua, Amana W	14-08	Braeburn Swimming Club	3:30.19	3:17.48	348
	1:34.09 ()	3:17.48 (1:43.39)			

Event 403 Girls 16 & Over 200 LC Meter Breaststroke

Meet Qualifying 16&O: 3:26.19

Name	Age	Team	Seed Time	Finals Time	FINA
1 Rana, Ameya	16-06	Braeburn Swimming Club	3:04.82	3:11.20	383
	1:33.37 ()	3:11.20 (1:37.83)			
2 Mwashu, Maria L	16-06	Braeburn Swimming Club	3:11.03	3:14.22	366
3 Irungu, Erica Wangechi	17-05	Brookhouse Schools	3:15.00	3:24.98	311
	1:36.40 ()	3:24.98 (1:48.58)			

Event 404 Boys 10-11 200 LC Meter Breaststroke

Meet Qualifying 10-11: 3:57.30

Name	Age	Team	Seed Time	Finals Time	FINA
1 Mukoto, Ryan Thomas S	11-11	Hydra Swim Club	3:40.21	3:31.19	212
	1:47.25 ()	3:31.19 (1:43.94)			
2 Kamau, Nathan	11-11	Dashing Dolphins Swim Club	3:49.41	3:52.36	159
	1:52.92 ()	3:52.36 (1:59.44)			
--- Mburu, Ted	10-12	Seahorses Aquatic Center	3:49.03	x3:58.75	

Event 404 Boys 12-13 200 LC Meter Breaststroke

Meet Qualifying 12-13: 3:50.48

Name	Age	Team	Seed Time	Finals Time	FINA
1 Olengo, Neo O	12-10	Seahorses Aquatic Center	3:08.37	2:58.26	354
2 Kogo, Jeremy	12-10	Torpedo	3:33.25	3:16.85	262
	1:35.75 ()	3:16.85 (1:41.10)			
3 Mugo, Chris	12-10	Super Marlins Swim Club	3:39.35	3:23.14	239
4 Dalal, Samarth	13-09	Braeburn Swimming Club	3:26.58	3:23.37	238
	1:40.58 ()	3:23.37 (1:42.79)			
5 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	3:44.75	3:31.36	212
	1:43.81 ()	3:31.36 (1:47.55)			
6 Aiden Wambugu, Ryan	12-11	Bandari Swim Club	3:44.42	3:41.53	184
	1:48.44 ()	3:41.53 (1:53.09)			
7 Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	3:41.38	3:50.31	164
	1:47.06 ()	3:50.31 (2:03.25)			
--- Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	3:44.95	DQ	
	False start				

Event 404 Boys 14-15 200 LC Meter Breaststroke

Meet Qualifying 14-15: 3:22.54

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kombe, Jeremy M	14-08	Otters Swim Club	3:05.77	3:01.99	332
	1:24.32 ()	3:01.99 (1:37.67)			
2 Karia, Yash M	14-08	Otters Swim Club	3:18.30	3:03.48	324
	1:24.87 ()	3:03.48 (1:38.61)			
3 Khuweylid, Khunays	14-09	Bandari Swim Club	3:07.17	3:14.53	272
	1:39.15 ()	3:14.53 (1:35.38)			



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 404 Boys 14-15 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	FINA
4 Okoth, Andrew	15-07	Bandari Swim Club	3:15.34	3:14.71	271
	1:34.97 ()	3:14.71 (1:39.74)			

Event 404 Boys 16 & Over 200 LC Meter Breaststroke

Meet Qualifying 16&O: 3:10.56

Name	Age	Team	Seed Time	Finals Time	FINA
1 De Guzman, Risha	17-06	Braeburn Swimming Club	2:36.44	2:36.15	526
	1:17.26 ()	2:36.15 (1:18.89)			
2 Kalombo, Michael	16-06	Lifetime Swim Club	3:01.76	3:05.44	314

Event 405 Girls 10-11 50 LC Meter Freestyle

Meet Qualifying 10-11: 40.47

Name	Age	Team	Seed Time	Finals Time	FINA
1 Swai, Zahra	11-11	Hillcrest International School	34.29	32.75	377
2 Vusha, Nadia	11-12	Torpedo	36.42	33.82	342
3 Luusa, Daniela	11-11	Kenton College	39.28	34.06	335
4 Popat, Isabella	11-11	Kenton College	39.87	34.18	332
5 Kamphuis, Lisa N	11-12	Poseidon Swimming Club	35.79	35.55	295
6 Maina, Elliana W	11-11	Mombasa Aquatic Club	36.06	35.56	294
7 Savai, Naomi	11-12	Dashing Dolphins Swim Club	36.53	35.81	288
8 Kimani, Luisa	10-13	Sailfish Swim Club	38.42	36.84	265
9 Okisa, Gift	11-11	Rapids Swim Club Eldorat	37.95	36.87	264
10 Waitthaka, Nyokabi	11-11	Kenton College	34.82	37.34	254
11 Heraniah, Sonia	11-12	Hydra Swim Club	40.29	37.47	252
12 Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	40.21	37.61	249
13 Irungu, Erin N	11-11	Makini Schools	36.87	37.82	245
14 Kamura, Keisha	10-12	Potterhouse School	40.00	39.58	213
--- Karuri, Tattiana	10-12	Hydrofit Swim Club	39.87	x42.74	
--- Mukangu, Ariana	11-11	Hydrofit Swim Club	39.88	x44.42	
--- Anaya, Dobson	10-12	Potterhouse School	40.22	DQ	

Swimmer made use of aids

Event 405 Girls 12-13 50 LC Meter Freestyle

Meet Qualifying 12-13: 37.64

Name	Age	Team	Seed Time	Finals Time	FINA
1 Kalombo, Macrine A	13-09	Lifetime Swim Club	30.61	29.36	523
2 Irangi, Nina	13-09	Braeburn Swimming Club	30.29	29.44	519
3 Oyoo, Abba	12-10	Brookhouse Schools	34.29	30.31	476
4 Childs, Jeanette	12-11	The Banda School	32.81	31.71	415
5 Alala, Marion J	12-10	Seahorses Aquatic Center	32.42	31.88	409
6 Gituku, Gail	13-10	Braeburn Swimming Club	34.48	32.25	395
7 Kamotho, Christie W	12-10	Otters Swim Club	32.46	32.41	389
*8 Ndirangu, Nicole	13-10	Raptors	33.04	32.65	381
*8 Leboy, Vahkeinah B	12-10	Torpedo	33.76	32.65	381
10 Kamiri, Maya	12-11	The Banda School	35.79	32.70	379
11 Muyela, Laurie	12-10	Otters Swim Club	33.30	32.95	370
12 Jovanovic, Dunja	12-10	Barracuda Aquatics	32.70	33.00	369
13 Okelo, Vanita	13-10	Kisumu 1 Swim Team	35.85	33.12	365



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 405 Girls 12-13 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	FINA
14 Ombega, Kelsey K	12-11	Zefish Aquatics	36.24	33.41	355
15 Eden, Sulwe	13-10	Hydra Swim Club	36.81	33.46	354
16 Marsh, Mia	12-10	The Banda School	36.33	33.55	351
17 Omondi, Naledi R	13-10	Fusion Swimming Club	35.26	33.56	350
18 Kipchumbah, Lissette	13-09	Fithub Aquatics	34.33	34.11	334
19 Webber, Mischa	13-10	Hillcrest International School	35.19	34.22	330
20 Njau, Amani K	13-09	Seahorses Aquatic Center	34.71	34.35	327
21 Nuru, Azu	13-09	Seahorses Aquatic Center	34.63	34.41	325
22 Njuguna, Noni	13-10	Braeburn Swimming Club	36.56	35.03	308
23 Njau, Zawadi S	13-09	Seahorses Aquatic Center	37.37	35.15	305
24 Maina, Kamwelle	12-11	Raptors	36.48	35.27	302
25 Choda, Simran K	12-10	The Banda School	37.46	35.66	292
26 Kinai, Makena I	12-10	Braeburn Swimming Club	36.62	36.16	280
27 Githui, Lowena M	12-10	Raptors	36.65	36.91	263
28 Bochere, Abigael	13-10	Torpedo	36.90	36.94	263
29 Ouma, Arianna	13-09	Makini Schools	37.10	36.99	262
30 Hunja, Makena	13-10	Braeburn Swimming Club	37.23	37.10	259
31 Hawi, Kendra	12-11	Kisumu 1 Swim Team	34.33	37.18	258
32 Waswa, Lakisha	13-10	Dashing Dolphins Swim Club	37.36	37.50	251
--- Ratemo, Elaine	12-11	Woodcreek School	36.33	x37.75	
--- Kibuka, Wairimu	12-10	Hydra Swim Club	37.16	x38.09	
--- Ngari, Amita	13-09	Hydrofit Swim Club	37.55	x38.12	
--- Nyawalo, Amani	13-09	Woodcreek School	36.42	x39.52	
--- Kigara, Nduta	13-10	Potterhouse School	36.94	x40.13	

Event 405 Girls 14-15 50 LC Meter Freestyle**Meet Qualifying 14-15: 34.87**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Jamal, Bianca	15-08	Sunrise Bay Swim School	28.86	29.04	541
2 Langat, Audrey Chebet	15-08	Braeburn Swimming Club	29.97	29.54	514
3 Wambui, Emma W	15-07	Bandari Swim Club	32.96	30.72	457
4 Pendo, Jasmine W	15-08	Mombasa Aquatic Club	30.55	31.14	439
5 Maina, Wangechi T	15-08	Hydra Swim Club	32.08	31.29	432
6 Thuriranja, Natasha	15-08	Bandari Swim Club	32.70	31.35	430
7 Onderi, Jade I	14-09	Barracuda Aquatics	30.72	31.85	410
8 Bebbington, Anika	15-08	Braeburn Swimming Club	32.25	32.03	403
9 Aleyo, Joy C	15-07	Mombasa Aquatic Club	31.83	32.19	397
10 Mayende, Elizabeth V	15-07	Loreto Convent Valley Road	32.38	32.28	394
11 Mukoto, Amanda	14-08	Hydra Swim Club	33.18	33.00	369
12 Muriuki, Tshomela W	14-08	Brookhouse Schools	33.65	33.05	367
13 Mawira, Sera M	15-07	Brookhouse Schools	32.83	34.12	333

Event 405 Girls 16 & Over 50 LC Meter Freestyle**Meet Qualifying 16&O: 34.00**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Brunlehner, Maria	23-00	Grand Canyon Univ	26.85	26.14	742
2 Muteti, Emily	24-98	Grand Canyon Univ	26.33	26.62	703



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	Name	Age	Team	Seed Time	Finals Time	FINA
3	Mose, Sara	16-06	Fithub Aquatics	26.84	27.19	659
4	Thorpe, Imara Bella	22-01	Barracuda Aquatics	27.25	27.31	651
5	Ruchti, Lucia	20-03	Otters Swim Club	27.92	28.01	603
6	Islam Ali, Lubaina	17-05	Bandari Swim Club	28.66	28.67	562
7	Okumu, Victoria A	18-04	Braeburn Swimming Club	28.56	28.74	558
8	Kamotho, Cheryl W	16-06	Otters Swim Club	30.93	30.15	483
9	Gore, Reese	17-06	Hillcrest International School	30.94	30.73	456
10	Irungu, Erica Wangechi	17-05	Brookhouse Schools	31.97	31.13	439
11	Maina, Kagure	16-07	Raptors	31.73	31.99	405
12	Webber, Aaliyah	16-07	Hillcrest International School	31.87	32.23	396
13	Atieno, Mitchelle	19-03	Torpedo	32.92	32.84	374
14	Nyakundi, Asante J	18-04	Africa Swimming Academy	33.44	32.88	373
15	Kumon, Manna	16-07	Braeburn Swimming Club	33.95	34.00	337
---	Sheikh, Hana	18-04	Braeburn Swimming Club	33.74	x35.53	

Event 406 Boys 10-11 50 LC Meter Freestyle**Meet Qualifying 10-11: 40.10**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Irungu, Adrian M	11-11	Braeburn Swimming Club	34.73	31.80	284
2	Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	37.12	31.88	282
3	De Guzman, Marvin R	10-12	Braeburn Swimming Club	35.00	32.11	276
4	Okumu, Lawrence	11-12	Braeburn Swimming Club	36.49	33.27	248
5	Kipngetch, Praise	11-11	Torpedo	37.14	33.45	244
6	Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	34.96	34.33	225
7	Muses, Harith	11-12	Mombasa Aquatic Club	36.35	34.65	219
8	Ndirangu, Don G	10-13	Raptors	34.06	34.98	213
9	Vavi, Ethen	10-12	Bandari Swim Club	38.05	35.28	208
10	Lumwamu, Benjy K	11-12	Dashing Dolphins Swim Club	36.22	35.49	204
11	Mwenda, Leon M	11-11	Super Marlins Swim Club	38.26	36.20	192
12	Van Brussel, Loui	10-12	Hillcrest International School	39.00	37.37	175
13	Kuria, Brighton	10-12	Ndupawa Swim Team	40.02	37.61	171
14	Mwangi, Brent	11-12	Seahorses Aquatic Center	38.17	38.14	164
15	Onyango, Romney Prize P	10-13	Adventure Talents	39.51	39.07	153
---	Kahiga, Ngecu	11-11	Hydrofit Swim Club	40.00	x41.30	

Event 406 Boys 12-13 50 LC Meter Freestyle**Meet Qualifying 12-13: 38.08**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Schuman, Obiero	13-09	Kisumu 1 Swim Team	30.05	29.53	355
2	Nyakundi, Baraka J	12-11	Aga Khan Academy - Msa	32.27	29.85	343
3	Waleed, Khalid W	13-09	Bandari Swim Club	31.98	30.08	335
4	Rieck, Jeremy M	12-10	Poseidon Swimming Club	31.49	30.40	325
5	Wema, Gad	13-09	Kisumu 1 Swim Team	32.63	30.65	317
6	Weya, Sino K	13-09	Before&After School Swim Club	31.52	30.89	310
7	Waziri, Nathan	12-10	Braeburn Swimming Club	34.27	31.23	300
8	Kogo, Jeremy	12-10	Torpedo	36.95	31.54	291
9	Thuranira, Nael T	12-11	Bandari Swim Club	32.19	31.68	287



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 406 Boys 12-13 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	FINA
10 Asimus, Leeroy	12-11	ST Christopher's School	35.82	31.90	281
11 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	34.04	32.03	278
12 Dalal, Samarth	13-09	Braeburn Swimming Club	35.68	32.71	261
13 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	34.61	32.99	254
14 Cohen, Tom	13-10	The Banda School	35.45	33.34	246
15 Waweru, Tevin	12-11	Raptors	34.28	33.45	244
16 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	34.63	33.56	241
17 Joseph, Aryan	12-10	Bandari Swim Club	33.43	33.67	239
18 Ngaywa, Seth Hassan	13-10	Seahorses Aquatic Center	36.16	34.21	228
19 Njogu, Mathew M	12-11	Hydra Swim Club	35.55	34.28	226
20 Chege, Moses	13-09	Juja st Peters School	35.53	34.34	225
21 Aiden Wambugu, Ryan	12-11	Bandari Swim Club	36.54	34.40	224
22 Patel, Kairav	12-10	The Banda School	35.77	34.65	219
23 Knaan, Simon	12-11	Torpedo	36.67	34.77	217
24 Shah, Ruhan	13-10	Bandari Swim Club	36.79	34.90	215
25 Winters, Ivar	12-10	Braeburn Swimming Club	36.92	35.11	211
26 Okuthe, Frank	12-10	Raptors	36.10	35.24	208
27 Mugo, Chris	12-10	Super Marlins Swim Club	36.19	35.40	206
28 Patel, Mahin	13-10	Bandari Swim Club	34.46	35.78	199
29 Bayusuf, Saleh	12-10	Bandari Swim Club	37.03	36.57	186

Event 406 Boys 14-15 50 LC Meter Freestyle**Meet Qualifying 14-15: 33.46**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Matimu, Nathan	14-08	Braeburn Swimming Club	26.48	25.81	531
2 Masakha, Joshua J	15-07	Mombasa Aquatic Club	26.56	26.02	518
3 Okech, Victor	14-08	Braeburn Swimming Club	31.55	27.11	458
4 Kamotho, Curtis J	15-08	Otters Swim Club	27.85	27.14	457
5 Irungu, Roy	14-08	Braeburn Swimming Club	28.08	27.26	451
6 Nyaika, Joel	14-08	Aga Khan Academy - Msa	29.93	27.48	440
7 Senanu, Karl	14-08	Poseidon Swimming Club	29.93	27.72	429
8 Kamphuis, Yannick	14-09	Poseidon Swimming Club	29.82	28.57	392
9 Bayusuf, Igbaal	14-09	Bandari Swim Club	31.73	28.99	375
10 Ahmed Twahir, Hamid	14-08	Bandari Swim Club	31.78	29.54	354
11 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	32.71	29.74	347
12 Wanjie, Ayden	15-08	Frontal Wave Swim Club	29.95	29.77	346
13 Mutuge, Victor	15-07	Pio Swimming Club	29.68	29.81	345
*14 Kenyi, Max	14-08	Braeburn Swimming Club	31.86	29.85	343
*14 Khuweylid, Khunays	14-09	Bandari Swim Club	30.62	29.85	343
16 Awadh, Hemed	14-08	Bandari Swim Club	32.27	29.94	340
17 Zawadi, Justin	14-08	Kisumu 1 Swim Team	31.99	30.37	326
18 Milic, Dusan	14-09	Braeburn Swimming Club	33.12	30.46	323
19 Ochanda, Saffi	15-07	Braeburn Swimming Club	31.81	31.07	304
20 Mungai, Reign	15-08	Nova Pioneer	32.38	31.08	304
21 Karanja, Quincy	14-08	Kisumu 1 Swim Team	33.02	32.23	273
22 Teddy, Nelson	15-07	Kisumu 1 Swim Team	32.59	32.47	267
23 Ongalo, Hanwa	15-08	Woodcreek School	30.29	32.88	257



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****(Event 406 Boys 14-15 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
--- Karangu, Hagin	15-08	Woodcreek School	31.78	x34.43
--- Ongalo, Hera	15-08	Woodcreek School	31.23	x34.69
--- Hussein, Latif	15-07	Kisumu 1 Swim Team	32.24	x35.59

Event 406 Boys 16 & Over 50 LC Meter Freestyle**Meet Qualifying 16&O: 31.48**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Talib, Swaleh	23-00	Bandari Swim Club	24.13	24.01	660
2 Maina, Monyo	19-03	Simon Fraser University	24.88	24.44	626
3 Ndegwa, Stephen	19-03	Bandari Swim Club	25.22	24.52	620
4 Mohamed, Ridhwan	22-00	Bandari Swim Club	24.17	24.73	604
5 Omondi, Cian	24-99	NextGen Multi Sport Academy	25.55	25.25	567
6 Kudwoli, Haniel	17-06	Otters Swim Club	27.09	25.34	561
7 Nahdy, Ali A	16-06	Mombasa Aquatic Club	26.87	26.40	496
8 Jerry, Collins	23-99	Sunrise Bay Swim School	26.89	26.43	495
9 Omondi, Lucas	23-99	NextGen Multi Sport Academy	26.71	26.51	490
10 Okumu, Jesse m	19-04	Otters Swim Club	26.98	26.70	480
11 Maywaka, Owen	18-05	Makini Schools	27.48	26.76	477
12 Mutinda, Aker	16-06	Mombasa Aquatic Club	27.54	26.86	471
13 Sheikh, Mohammed	16-07	Bandari Swim Club	27.35	27.21	453
14 Bagha, Abdul	17-06	Aga Khan Academy - Msa	27.43	27.38	445
15 Kalombo, Michael	16-06	Lifetime Swim Club	28.23	27.73	428
16 Gituku, Randall	16-06	Braeburn Swimming Club	28.94	27.89	421
17 Kioko, Paul N	20-02	Bandari Swim Club	27.65	27.98	417
18 Kariuki, Sean T	18-05	Otters Swim Club	28.14	28.10	412
19 Muigai, Jomo	18-04	Otters Swim Club	27.44	28.13	410
20 Nyagu, Ndongoria G	17-06	Otters Swim Club	28.83	28.52	394
21 Bagha, Bilal	17-05	Sunrise Bay Swim School	29.64	28.58	391
22 Njoroge, Maina	17-05	Otters Swim Club	29.11	28.84	381
23 Njoroge, Karanja	17-05	Otters Swim Club	29.77	28.86	380
24 Maina, Samuel	16-06	Pio Swimming Club	30.49	29.09	371
25 Latif, Nadeel	16-06	Kisumu 1 Swim Team	30.42	29.16	368
26 Nderitu, Samuel M	23-99	Sailfish Swim Club	29.86	29.20	367
27 Majaliwa, Monty	18-05	Torpedo	30.54	29.67	350
28 Mayamba, Emmanuel	17-05	Nova Pioneer	29.79	30.10	335
29 Tobiko, Rodgers	24-99	Kenyatta University	31.27	30.19	332
30 Ndura, David	18-04	Ndupawa Swim Team	30.54	31.21	300
--- Mutwiri, Hansel	17-06	Potterhouse School	30.63	x31.84	
--- Aura, John	17-06	Pio Swimming Club	31.00	x31.88	
--- Amor, James O	17-06	Seahorses Aquatic Center	31.37	x32.14	

Event 407 Girls 10-11 100 LC Meter Backstroke**Meet Qualifying 10-11: 1:39.39**

Name	Age	Team	Seed Time	Finals Time	FINA
1 Swai, Zahra	11-11	Hillcrest International School	1:34.90	1:35.40	218



KSFSC National Time Trials LC May 21-22 2023 - 5/20/2023 to 5/21/2023**Results****Event 407 Girls 12-13 100 LC Meter Backstroke****Meet Qualifying 12-13: 1:32.43**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	1:18.72	1:19.39	378
2	Irangi, Nina	13-09	Braeburn Swimming Club	1:21.47	1:21.50	350
3	Alala, Marion J	12-10	Seahorses Aquatic Center	1:25.65	1:22.10	342
4	Kalombo, Macrine A	13-09	Lifetime Swim Club	1:19.45	1:25.61	302
5	Jovanovic, Dunja	12-10	Barracuda Aquatics	1:23.70	1:25.83	299
6	Omor, Saniyah N	13-09	Hydra Swim Club	1:26.89	1:26.15	296
7	Kamiri, Maya	12-11	The Banda School	1:28.86	1:29.09	268
8	Ndirangu, Nicole	13-10	Raptors	1:31.16	1:31.57	246
9	Njuguna, Noni	13-10	Braeburn Swimming Club	1:31.54	1:31.84	244

Event 407 Girls 14-15 100 LC Meter Backstroke**Meet Qualifying 14-15: 1:25.62**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Jamal, Bianca	15-08	Sunrise Bay Swim School	1:10.03	1:11.94	509
2	Langat, Audrey Chebet	15-08	Braeburn Swimming Club	1:21.28	1:17.35	409
3	Irungu, Elaine W	14-09	Brookhouse Schools	1:23.20	1:25.31	305

Event 407 Girls 16 & Over 100 LC Meter Backstroke**Meet Qualifying 16&O: 1:23.49**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Webber, Aaliyah	16-07	Hillcrest International School	1:18.49	1:19.78	373

Event 408 Boys 10-11 100 LC Meter Backstroke**Meet Qualifying 10-11: 1:38.10**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Muiruri, Alvin W	11-12	Hydra Swim Club	1:34.34	1:29.22	196
2	Muses, Harith	11-12	Mombasa Aquatic Club	1:33.44	1:31.77	180
3	Mwamisi, Jeremy	11-11	Mombasa Parents Swim Club	1:36.81	1:32.22	177
4	Abdulkadir, Abdulkadir A	10-12	Mombasa Aquatic Club	1:38.00	1:32.50	176

Event 408 Boys 12-13 100 LC Meter Backstroke**Meet Qualifying 12-13: 1:34.42**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Rieck, Jeremy M	12-10	Poseidon Swimming Club	1:15.11	1:13.93	344
2	Olengo, Neo O	12-10	Seahorses Aquatic Center	1:19.69	1:19.55	276
3	Waleed, Khalid W	13-09	Bandari Swim Club	1:23.06	1:23.85	236
4	Bayusuf, Saleh	12-10	Bandari Swim Club	1:32.15	1:30.57	187
5	Cohen, Tom	13-10	The Banda School	1:32.49	1:30.96	185
---	Joseph, Aryan	12-10	Bandari Swim Club	1:31.08	x1:34.88	

Event 408 Boys 14-15 100 LC Meter Backstroke**Meet Qualifying 14-15: 1:22.97**

	Name	Age	Team	Seed Time	Finals Time	FINA
1	Nakano, Chikashi	14-08	Poseidon Swimming Club	1:14.32	1:10.88	391
2	Abubakar, Riyadh	15-07	Bandari Swim Club	1:12.77	1:12.77	361
3	Senanu, Karl	14-08	Poseidon Swimming Club	1:20.54	1:15.31	326



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(Event 408 Boys 14-15 100 LC Meter Backstroke)

Name	Age	Team	Seed Time	Finals Time	FINA
4 Bayusuf, Igbaal	14-09	Bandari Swim Club	1:14.28	1:17.73	296

Event 408 Boys 16 & Over 100 LC Meter Backstroke

Meet Qualifying 16&O: 1:18.06

Name	Age	Team	Seed Time	Finals Time	FINA
1 Michuki, Michael M	17-05	Brookhouse Schools	1:10.03	1:11.91	374
2 Bashir, Ishaq	18-05	Otters Swim Club	1:14.22	1:12.56	364

Event 409 Girls 12-13 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
--- Braeburn Swimming Club	A	NT	DQ
Number 2 swimmers feet lost touch with the starting platform before the preceeding team-ma			
1) Njuguna, Noni 13	2) Hunja, Makena 13	3) Irangi, Nina 13	4) Gituku, Gail 13

Event 409 Girls 14-15 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	5:40.77	309
1) Langat, Audrey Chebet 15	2) Kingatua, Amana W 14	3) Samoei, Angel D 14	4) Bebbington, Anika 15	
	1:24.05 (1:24.05)	2:59.54 (1:35.49)		
	4:15.38 (1:15.84)	5:40.77 (1:25.39)		

Event 409 Girls 16 & Over 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	5:39.81	311
1) Sheikh, Hana 18	2) Rana, Ameya 16	3) Okumu, Victoria A 18	4) Kumon, Manna 16	
	1:26.97 (1:26.97)	1:42.49 (15.52)		
	2:59.53 (1:17.04)	5:39.81 (2:40.28)		

Event 410 Boys 12-13 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Braeburn Swimming Club	A	NT	5:53.83	199
1) Winters, Ivar 12	2) Dalal, Samarth 13	3) Waziri, Nathan 12	4) Omar, Abdirahman Y 13	
	1:30.07 (1:30.07)			
	3:05.57 ()	5:53.83 ()		
2 Bandari Swim Club	A	NT	6:20.55	160
1) Bayusuf, Saleh 12	2) Aiden Wambugu, Ryan 12	3) Waleed, Khalid W 13	4) Thurair, Nael T 12	

Event 410 Boys 14-15 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	NT	5:19.55	270
1) Bayusuf, Igbaal 14	2) Okoth, Andrew 15	3) Abubakar, Riyadh 15	4) Khuweylid, Khunays 14	
	2:48.43 (2:48.43)	4:08.70 (1:20.27)		
	5:21.71 (1:13.01)	5:19.55 ()		
2 Braeburn Swimming Club	A	NT	5:20.20	269
1) Milic, Dusan 14	2) Ochanda, Saffi 15	3) Irungu, Roy 14	4) Okech, Victor 14	
	1:23.02 (1:23.02)	2:58.16 (1:35.14)		
	4:15.57 (1:17.41)	5:20.20 (1:04.63)		



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Event 410 Boys 16 & Over 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	FINA
1 Bandari Swim Club	A	4:19.02	5:06.80	306
1) Talib, Swaleh 23	2) Sheikh, Mohammed 16	3) Ndegwa, Stephen 19	4) Mohamed, Ridhwan 22	
	1:13.88 (1:13.88)	2:44.55 (1:30.67)		
	3:55.47 (1:10.92)	5:06.80 (1:11.33)		

