

# **Nairobi County Aquatics Association**



## **Final Results**

**Invitational Age Group Swimming Championships**

**Long Course**

**November 12-13, 2022**

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Medal Count****Men**

<b>Team</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Braeburn Swimming Club	13	10	11	34
Poseidon Swimming Club	10	4	1	15
Otters Swim Club	8	6	4	18
Little Fish Swim Club	8	1	4	13
Bellevue Raptors	6	6	0	12
Blue Ocean Swim Club	6	2	1	9
Seahorses Aquatic Center	5	4	3	12
Rusinga Schools Nairobi	3	5	3	11
Lifetime Swim Club	3	1	3	7
Peponi Secondary School	2	2	0	4
Dashing Dolphins Swim Club	2	1	2	5
Hydra Swim & Sports Club Acad	1	3	0	4
Kenyatta University	1	2	1	4
Kenton College	1	1	6	8
Pro Swim Academy Kenya	1	1	0	2
NextGen Multi Sport Academy	1	1	0	2
Sailfish Swim Club	1	0	1	2
University of Nairobi	1	0	0	1
Zefish Aquatics	0	2	3	5
The Banda School	0	0	2	2

**Women**

<b>Team</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Hillcrest International School	9	3	6	18
The Banda School	9	2	2	13
Bellevue Raptors	8	5	5	18
Braeburn Swimming Club	6	6	6	18
Blue Ocean Swim Club	6	4	0	10
Peponi Secondary School	6	3	1	10
Sailfish Swim Club	6	3	1	10
Hydra Swim & Sports Club Acad	4	5	6	15
Seahorses Aquatic Center	4	2	2	8
Otters Swim Club	3	8	4	15
Kenton College	3	0	4	7
Nairobi Teens Swimming Club	2	4	2	8
Rusinga Schools Nairobi	2	2	1	5
Poseidon Swimming Club	1	4	2	7
German School Nairobi	1	0	0	1
Barracuda Aquatics	1	0	0	1
Zefish Aquatics	0	3	2	5
Makini Schools	0	2	2	4

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Medal Count****Women**

<b>Team</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Wadi Degla	0	1	1	2
Dashing Dolphins Swim Club	0	1	0	1
Pro Swim Academy Kenya	0	0	1	1

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 102 Boys 14-15 1500 LC Meter Freestyle

NCAA County: 17:24.85 C 4/11/2019 Monyo Maina at 2019 KSF Nation

OTTER-ZZ

Meet Record: 19:48.75 M 11/13/2021 Shad R Frantz

Poseidon

23:45.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	20:34.71	20:14.97 QT
	1:09.83 ( )		2:28.73 ( )	
	3:50.85 ( )		5:13.15 ( )	
	6:35.45 ( )		7:57.18 ( )	
	9:19.40 ( )		10:41.95 ( )	
	12:04.70 ( )		13:27.44 ( )	
	14:49.82 ( )		16:12.40 ( )	
	17:34.47 ( )		18:56.26 ( )	

20:14.97 (1:18.71)

## Event 102 Boys 16 &amp; Over 1500 LC Meter Freestyle

NCAA County: 17:30.88 C 1/22/2005 JASON DUNFORD at Wiltshire Che

BARAQ-ZZ

Meet Record: 26:11.82 M 11/13/2021 Collinreece Kipkorir

Sailfish

23:50.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time
1 Bachelani, Samir	17-05	Blue Ocean Swim Club	18:57.97	19:57.66 M QT
	1:05.04 ( )		2:22.96 ( )	
	3:45.40 ( )		5:06.25 ( )	
	6:29.04 ( )		7:50.89 ( )	
	9:10.62 ( )		10:31.60 ( )	
	11:52.30 ( )		13:14.22 ( )	
	14:36.54 ( )		15:58.36 ( )	
	17:22.92 ( )		18:42.72 ( )	

19:57.66 (1:14.94)

--- Nderitu, Samuel M

23-99 Sailfish Swim Club

25:45.00

x24:42.02

1:17.01 ( )	2:48.89 ( )
4:26.09 ( )	6:05.85 ( )
7:48.44 ( )	9:30.70 ( )
11:11.44 ( )	12:52.23 ( )
14:32.57 ( )	16:13.67 ( )
17:54.88 ( )	19:36.96 ( )
21:18.93 ( )	23:01.90 ( )

24:42.02 (1:40.12)

## Event 103 Mixed 12-13 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Hillcrest International School	A	NT	5:59.78
1) Webber, Mischa W12	2) Okwirry, Chloe W13	3) Njuguna, Jonathan M12	4) Swai, Caelen M13

## Event 104 Girls 8-9 100 LC Meter Backstroke

NCAA County: 1:36.61 C 11/26/2016 Ashley N. Kagwima at KSF Nbi i

HSSCA-ZZ

Meet Record: 1:48.34 M 11/13/2021 Zhara Swai

Hillcrest

2:04.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Kimani, Luisa	9-13	Sailfish Swim Club	1:48.00	1:53.55 QT
2 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	1:55.48	1:56.54 QT
3 Shah, Havya J	9-13	Kenton College	2:18.79	1:56.67 QT
4 Hiridson, Gloway C	8-14	Pro Swim Academy Kenya	2:04.00	2:01.07 QT
5 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	2:03.57	2:01.61 QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 104 Girls 10-11 100 LC Meter Backstroke

NCAA County: 1:17.12 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L

BARAQ-ZZ

Meet Record: 1:26.96 M 11/13/2021 Marion J Alala

SHAQS

1:52.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 Swai, Zahra	10-11	Hillcrest International School	1:48.34	1:34.90	QT
2 Marsh, Mia	11-10	The Banda School	NT	1:35.59	QT
3 Ombega, Kelsey	11-11	Zefish Aquatics	1:44.38	1:37.66	QT
4 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	1:49.93	1:38.15	QT
5 Kamphuis, Lisa	10-12	Poseidon Swimming Club	1:42.09	1:38.46	QT
6 Lindkvist, Elsa Wanjiru	10-12	Kenton College	1:46.02	1:42.94	QT
7 Mwangi, Emily M	10-12	Otters Swim Club	1:49.05	1:42.99	QT
8 Luusa, Daniela	11-11	Kenton College	1:57.02	1:48.69	QT
9 Nesbitt, Sophia	11-11	Kenton College	1:50.00	1:50.06	QT
10 Odula, Chedi	10-12	Seahorses Aquatic Center	1:59.27	1:50.82	QT
11 Kaime, Gathoni	11-11	Wadi Degla	1:49.09	1:51.22	QT
--- Muthoni, Joan	10-12	Nairobi Teens Swimming Club	2:07.68	x1:53.13	
--- Gikonyo, Victoria	11-11	Kenton College	1:58.93	x1:53.28	
--- Maina, Wanjiku	11-11	Sailfish Swim Club	1:58.90	x1:55.74	
--- Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	1:58.52	x1:55.85	
--- Rading, Umami W	10-12	Seahorses Aquatic Center	1:58.28	x1:55.90	
--- Otieno, Zahra W	11-11	Kenton College	NT	x1:56.34	
--- Court, Lily	11-11	Kenton College	1:50.00	x2:02.22	
--- Njonjo, Michele	10-12	Kenton College	1:50.00	x2:08.55	
--- Mwirigi, Njeri	10-12	Kenton College	1:50.00	DQ	

Swimmer did not touch the wall during the turn

## Event 104 Girls 12-13 100 LC Meter Backstroke

NCAA County: 1:11.50 C 3/13/2007 ACHIENG AJULU'BUSHELL at LEVEL

BARAQ-ZZ

Meet Record: 1:23.44 M 11/13/2021 Nina Irangi

MSA

1:44.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Lindkvist, Ruth Wangari	13-09	Barracuda Aquatics	1:18.72	1:20.56	M QT
2 Jovanovic, Dunja	12-10	Poseidon Swimming Club	1:28.50	1:27.93	QT
3 Warui, Ariana	12-10	Kenton College	1:28.35	1:29.41	QT
4 Muyela, Laurie	12-10	Otters Swim Club	1:35.78	1:30.15	QT
5 Njuguna, Noni	12-10	Braeburn Swimming Club	1:39.33	1:31.54	QT
6 Ndirangu, Nicole	12-10	Bellevue Raptors	1:33.10	1:32.47	QT
7 Mwangi, Isabelle N	12-10	Otters Swim Club	1:37.42	1:35.38	QT
8 Nuru, Azu	13-09	Seahorses Aquatic Center	1:43.29	1:37.27	QT
9 Choda, Simran	12-10	The Banda School	1:42.51	1:38.83	QT
10 Njau, Amani K	12-09	Bellevue Raptors	1:37.58	1:39.40	QT
11 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	1:41.46	1:40.34	QT
12 Webber, Mischa	12-10	Hillcrest International School	1:44.30	1:40.60	QT
13 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	1:46.88	1:40.70	QT
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	1:57.92	x1:50.06	
--- Okwirry, Chloe	13-09	Hillcrest International School	1:42.00	x1:59.69	
--- Agufana, Giovanna	12-10	Dashing Dolphins Swim Club	2:24.24	x2:27.41	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 104 Girls 14-15 100 LC Meter Backstroke

NCAA County: 1:10.69 C 2/22/2013 ANITA Z. FIELD at NATIONAL AGE

BRSC-ZZ

Meet Record: 1:19.51 M 11/13/2021 Ashley N Kagwima

HSSCA-ZZ

1:40.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Webber, Aaliyah	15-07	Hillcrest International School	1:30.73	1:18.49 M QT
2 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	1:19.51	1:19.76 QT
3 Selvon, Saamanta	14-08	Peponi Secondary School	1:20.74	1:26.40 QT
4 Kumon, Manna	15-07	Braeburn Swimming Club	1:35.94	1:30.26 QT
5 Bebbington, Anika	14-08	Braeburn Swimming Club	1:35.99	1:30.65 QT
6 Masese, Kwamboka S	15-07	Braeburn Swimming Club	1:33.21	1:33.14 QT
7 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	1:35.41	1:36.78 QT
--- Kafuto, Ivy N	14-08	Seahorses Aquatic Center	1:39.99	x1:45.03

## Event 104 Girls 16 &amp; Over 100 LC Meter Backstroke

NCAA County: 36.69 C 2/23/2018 Cassandre Chable at KSF Age Gr

KESS-ZZ

Meet Record: 1:32.73 M 11/13/2021 Rachel Irungu

BHS -ZZ

1:35.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	1:18.75	1:15.84 M QT
2 Bianchi, Maria	16-06	Blue Ocean Swim Club	1:09.71	1:18.71 QT

## Event 105 Boys 8-9 100 LC Meter Backstroke

NCAA County: 1:33.89 C 3/28/2014 TED NIGHTINGALE at SA Level 1

NRBCT

Meet Record: 1:45.27 M 11/13/2021 Ted Mburu

SHAQS

2:04.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Mwangiru, Jabali	9-13	Little Fish Swim Club	2:00.70	1:56.30 QT
--- Court, James	9-13	Kenton College	2:04.00	x2:04.58
--- Muya, TK	9-12	Kenton College	2:04.00	x2:13.90
--- Lukorito, Eike	9-13	Hillcrest International School	2:24.36	x2:28.50
--- Kinuthia, Sean	9-13	Strathmore School	2:06.35	x2:49.22

## Event 105 Boys 10-11 100 LC Meter Backstroke

NCAA County: 1:20.10 C 3/20/2014 EDWARD ROEST at SA Level 2 Reg

NRBCT

Meet Record: 1:26.46 M 11/13/2021 Neo O Olengo

SHAQS

1:45.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 De Guzman, Marvin	10-12	Braeburn Swimming Club	1:26.09	1:28.13 QT
2 Waweru, Tevin	11-11	Bellevue Raptors	1:37.88	1:32.89 QT
3 Ogola, Andrew	11-11	Little Fish Swim Club	1:39.68	1:34.51 QT
4 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	1:36.93	1:34.55 QT
5 Okumu, Lawrence	10-12	Braeburn Swimming Club	1:36.02	1:37.84 QT
6 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	1:41.63	1:38.75 QT
7 Mwangi, Brent	10-12	Seahorses Aquatic Center	1:39.93	1:41.92 QT
--- Mutula, James	10-12	Nairobi Teens Swimming Club	1:59.31	x1:45.20
--- Osundwa, Luyali	10-12	Strathmore School	1:40.98	x1:52.54
--- Gichuha, Timothy T	11-11	Kenton College	1:59.45	x1:52.91
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	1:40.00	x1:53.04
--- Mallowah, Ethan	11-11	Strathmore School	1:45.00	x2:09.11
--- Sakwa, Gabriel	11-11	Strathmore School	1:42.00	DQ
Swimmer did no touch the wall during the turn				
--- Abondo, Keita	10-11	Strathmore School	1:40.77	DQ
Swimmer did no touch the wall during the turn				

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 105 Boys 12-13 100 LC Meter Backstroke

NCAA County: 1:09.70 C Anthony Lihalakha

Meet Record: 1:15.83 M 11/13/2021 Chikashi Nakano

Poseidon

1:39.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kamphuis, Yannick	13-09	Poseidon Swimming Club	1:26.61	1:25.01	QT
2 Milic, Dusan	13-09	Braeburn Swimming Club	1:26.82	1:25.98	QT
3 Muhoro, Kanyiha	13-09	Little Fish Swim Club	1:37.42	1:30.26	QT
4 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:34.02	1:33.72	QT
5 Kafuto, Rock K	12-10	Seahorses Aquatic Center	1:37.50	1:35.71	QT
6 Cohen, Tom	12-10	The Banda School	1:36.99	1:36.54	QT
--- Mohandas, Sai	13-09	Kenton College	2:21.77	x1:56.50	
--- Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	2:04.13		DQ

Swimmer left position on the back other than to initiate the turn

## Event 105 Boys 14-15 100 LC Meter Backstroke

NCAA County: 1:03.70 C 5/1/2004 DAVID DUNFORD at Western Count

BARAQ-ZZ

Meet Record: 1:11.17 M 11/13/2021 Carlo A Blunsum

Poseidon

1:26.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	1:14.32	1:15.17	QT
2 Kioko, Jesse	15-07	Rusinga Schools Nairobi	1:16.94	1:15.29	QT
3 Kamotho, Curtis J	14-08	Otters Swim Club	1:18.08	1:16.55	QT
4 Nyagah, Xidi Munene	15-07	Rusinga Schools Nairobi	1:16.10	1:16.56	QT
5 Kenyi, Max	14-08	Braeburn Swimming Club	1:22.30	1:21.33	QT
6 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	1:24.34	1:24.29	QT
7 Mugambi, Ryan M	15-07	Otters Swim Club	1:22.11	1:25.02	QT

## Event 105 Boys 16 &amp; Over 100 LC Meter Backstroke

NCAA County: 57.57 C 7/12/2007 JASON DUNFORD at 9th All Afric

BARAQ-ZZ

Meet Record: 1:15.67 M 11/13/2021 Khalid Walid

BHS -ZZ

1:24.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time	
1 Blunsum, Carlo A	16-06	Peponi Secondary School	1:12.09	1:11.66	M QT
2 Ngweno, Adrian	24-98	Zefish Aquatics	1:17.10	1:18.35	QT
3 Muchoki, Ronnie R	23-99	Zefish Aquatics	1:17.10	1:18.75	QT
--- Priscus, Samson K	22-00	Pro Swim Academy Kenya	1:22.00		DQ

Past vertical at turn: non continuous turning action

## Event 106 Girls 14-15 200 LC Meter Butterfly

NCAA County: 3:09.92 C 11/13/2021 Reese Gore

Hillcrest

Meet Record: 3:09.92 M 11/13/2021 Reese Gore

Hillcrest

3:20.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Maina, Kagure	15-07	Bellevue Raptors	3:20.61	3:14.84	QT
		1:30.49 ( ) 3:14.84 (1:44.35)			

## Event 108 Girls 8-9 100 LC Meter Breaststroke

NCAA County: 1:44.83 C 3/22/2003 RUPAM S. SHAH at ZAMBIA INVITA

NRBCT

Meet Record: 1:59.00 M 11/13/2021 Ella Kipchumbah

SHAQS

2:13.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kimani, Luisa	9-13	Sailfish Swim Club	1:55.81	2:00.51	QT
2 Pouakouyou, Jessica	9-13	Sailfish Swim Club	2:10.61	2:03.46	QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 108 Girls 8-9 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	
3 Kaime, Gakenia	9-13	Wadi Degla	2:13.00	2:04.78	QT
4 Shah, Havya J	9-13	Kenton College	2:09.92	2:06.69	QT
5 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	2:02.16	2:07.43	QT
6 Kimani, Kayla	8-14	Kenton College	2:17.02	2:09.00	QT
--- Hiridson, Glowy C	8-14	Pro Swim Academy Kenya	2:12.00	x2:19.36	
--- Acosta, Katherine	9-13	Hillcrest International School	3:29.24	x2:49.96	

**Event 108 Girls 10-11 100 LC Meter Breaststroke**

NCAA County: 1:24.48 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L BARAQ-ZZ  
 Meet Record: 1:31.82 M 11/13/2021 MACRINE A Kalombo LSC -ZZ  
 1:58.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 Childs, Jeanette	11-11	The Banda School	1:38.23	1:37.15	QT
2 Irungu, Erin N	11-11	Makini Schools	1:44.72	1:40.76	QT
3 Maina, Kamwelle	11-11	Bellevue Raptors	1:43.87	1:41.04	QT
4 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	1:45.92	1:42.16	QT
5 Osimbo, Venesse	11-11	Seahorses Aquatic Center	1:45.62	1:43.78	QT
6 Marsh, Mia	11-10	The Banda School	1:54.39	1:50.26	QT
7 Mwangi, Kenya	10-12	Wadi Degla	1:58.00	1:57.65	QT
--- Court, Lily	11-11	Kenton College	1:55.23	x1:58.61	
--- Nesbitt, Sophia	11-11	Kenton College	1:53.83	x1:59.46	
--- Luusa, Daniela	11-11	Kenton College	1:56.86	x2:00.70	
--- Lindkvist, Elsa Wanjiru	10-12	Kenton College	2:18.66	x2:06.33	
--- Hawi, Belva	10-12	Dashing Dolphins Swim Club	2:08.08	x2:08.66	
--- Mwirigi, Njeri	10-12	Kenton College	2:24.34	x2:15.01	
--- Otieno, Zahra W	11-11	Kenton College	2:04.00	x2:22.42	
--- Mohandas, Mimi	10-12	Kenton College	1:56.00	x2:33.89	
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	2:09.92	DQ	
At the turn or finish did not touch with both hands simultaneously/separated					
--- Nyambura, Ivanna	10-12	ST Austin's Academy	NT	DQ	
At the turn or finish did not touch with both hands simultaneously/separated					
--- Njonjo, Michele	10-12	Kenton College	1:56.00	DQ	
At the turn or finish did not touch with both hands simultaneously/separated					

**Event 108 Girls 12-13 100 LC Meter Breaststroke**

NCAA County: 1:15.28 C 11/25/2007 ACHIENG AJULU'BUSHELL at ASA S BARAQ-ZZ  
 Meet Record: 1:37.11 M 11/13/2021 Amana W Kingatua SAVVY-ZZ  
 1:53.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kimani, Kimberly W	12-10	Kenton College	1:31.67	1:32.48	M QT
2 Kamotho, Christie W	12-10	Otters Swim Club	1:32.49	1:35.09	QT
3 Kingatua, Amana W	13-08	Braeburn Swimming Club	1:37.11	1:35.82	QT
4 Gikunda, Amani N	13-09	Poseidon Swimming Club	1:39.64	1:41.53	QT
5 Abdullahi, Baarni	12-10	Kenton College	1:49.42	1:46.52	QT
6 Malo, Meggie A	13-09	Braeburn Swimming Club	1:46.40	1:47.05	QT
7 Nyakairu, Lanea	12-10	The Banda School	1:56.19	1:47.86	QT
8 Ouma, Arianna	13-09	Makini Schools	1:51.72	1:48.98	QT
9 Mutai, Shana C	13-09	Lifetime Swim Club	1:44.38	1:50.15	QT
10 Githui, Lowena M	12-10	Bellevue Raptors	1:52.28	1:50.88	QT
11 Gituku, Gail	12-10	Braeburn Swimming Club	1:53.05	1:51.65	QT
12 Kemunto, Malia	12-10	Rusinga Schools Nairobi	1:52.86	1:51.85	QT
13 Mwanzia, Zareena M	12-09	Lifetime Swim Club	1:52.17	1:51.93	QT



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 108 Girls 12-13 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Baradia, Imaan A	12-10	Blue Ocean Swim Club	1:47.37	x1:53.67
--- Webber, Mischa	12-10	Hillcrest International School	1:48.61	x1:54.24
--- Winterton, Sarafina	12-09	ST Austin's Academy	1:56.00	x1:55.27
--- Nuru, Azu	13-09	Seahorses Aquatic Center	1:45.52	x1:55.93
--- Abdullahi, Beydhan	12-10	Kenton College	2:02.28	x1:56.63
--- Pouakouyou, Grace I	12-10	Sailfish Swim Club	1:54.45	x1:58.76
--- Okwirry, Chloe	13-09	Hillcrest International School	1:50.00	x2:00.87
--- Njau, Amani K	12-09	Bellevue Raptors	1:50.01	x2:01.92
--- Nyamusi, Flo A	13-08	Hillcrest International School	2:29.12	x2:27.32

**Event 108 Girls 14-15 100 LC Meter Breaststroke**

NCAA County: 1:11.61 C 7/29/2008 ACHIENG AJULU'BUSHELL at GB yo BARAQ-ZZ  
 Meet Record: 1:29.07 M 11/13/2021 Ameya Rana BRSC  
 1:45.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	1:39.55	1:41.53 QT
2 Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	1:44.33	1:42.67 QT
3 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	1:43.72	1:43.12 QT
--- Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	1:34.75	x1:45.46
--- Hailey, Yael	15-07	Nairobi Teens Swimming Club	1:50.08	x1:46.98

**Event 108 Girls 16 & Over 100 LC Meter Breaststroke**

NCAA County: 1:13.53 C 9/10/2018 REBECCA W. KAMAU at Africa Swi KENYA-ZZ  
 Meet Record: 1:40.11 M 11/13/2021 Joan A Nyakundi ASA -ZZ  
 1:42.00 16&0 QT

Name	Age	Team	Seed Time	Finals Time
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	1:20.83	1:25.36 M QT

**Event 109 Boys 8-9 100 LC Meter Breaststroke**

NCAA County: 1:43.82 C 3/22/2003 Priyav Shah at ZAMBIA INVITATI NRBCT  
 Meet Record: 1:59.53 M 11/13/2021 Ethan Mukindia SHAQS  
 2:13.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Court, James	9-13	Kenton College	1:58.31	1:51.57 M QT
2 Ndirangu, Don G	9-13	Bellevue Raptors	1:49.23	1:58.00 QT
3 Luusa, Elijah	8-14	Kenton College	2:12.00	2:04.73 QT
--- Kibiru, Jabari	9-13	Strathmore School	2:13.62	x2:19.91
--- Deiters, John	9-13	Hillcrest International School	2:33.80	x2:24.43
--- Kariuki, Liam N	8-14	Seahorses Aquatic Center	2:10.00	x2:29.84
--- Lukorito, Eike	9-13	Hillcrest International School	2:12.00	x2:33.10
--- Munyiri, Mathew	9-13	Strathmore School	2:13.51	x2:45.46
--- Owour, Fanuel	9-13	Strathmore School	2:14.53	DQ
Head did not break surface during each stroke cycle (except first cycle following the star				
--- Ochieng, Tevin	8-14	Strathmore School	2:13.97	DQ
At the turn or finish did not touch with both hands simultaneously/separated				
--- Munyao, Nathan	9-13	Strathmore School	2:14.19	DQ
Feet not turned out in the propulsive part of the kick				
--- Njagi, Njau	9-13	Dashing Dolphins Swim Club	2:12.00	DQ
At the turn or finish did not touch with both hands simultaneously/separated				
--- Areri, Hakeem	9-13	Strathmore School	2:13.60	DQ
At the turn or finish did not touch with both hands simultaneously/separated				

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 109 Boys 10-11 100 LC Meter Breaststroke

NCAA County: 1:23.21 C 12/1/2017 Risha De Guzman at WC SUMMER C BRSC-ZZ  
 Meet Record: 1:34.79 M 11/13/2021 Neo O Olengo SHAQS  
 1:56.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 De Guzman, Marvin	10-12	Braeburn Swimming Club	1:37.35	1:39.44	QT
2 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	1:44.35	1:43.50	QT
3 Mburu, Ted	10-12	Seahorses Aquatic Center	1:48.57	1:45.98	QT
4 Kamau, Nathan	10-11	Dashing Dolphins Swim Club	1:49.35	1:46.72	QT
5 Gidoomal, Pranav	11-10	Kenton College	1:51.42	1:47.90	QT
6 Mwangi, Brent	10-12	Seahorses Aquatic Center	1:50.05	1:53.10	QT
7 Waweru, Tevin	11-11	Bellevue Raptors	1:50.34	1:53.44	QT
8 Omanga, Morani	11-10	Little Fish Swim Club	1:52.06	1:53.52	QT
--- Gichuha, Timothy T	11-11	Kenton College	2:07.13	x1:56.84	
--- Kabiru, Baraka	11-11	Seahorses Aquatic Center	2:05.63	x2:00.04	
--- Kathambana, Michael	10-11	Strathmore School	1:53.79	x2:02.04	
--- Mukindia, Ethan	10-11	Seahorses Aquatic Center	1:59.53	x2:09.08	
--- Abondo, Keita	10-11	Strathmore School	1:53.20	x2:12.39	
--- Sakwa, Gabriel	11-11	Strathmore School	1:54.11	x2:15.23	
--- Kimani, Liam W	10-11	Lifetime Swim Club	2:19.72	x2:20.72	
--- Mallowah, Ethan	11-11	Strathmore School	1:54.24	x2:22.68	
--- Nyabuto, Austin O	11-11	Lifetime Swim Club	3:01.36	x2:33.90	
--- Andagalu, Zephan	10-12	Strathmore School	1:53.22	DQ	
At the turn or finish did not touch with both hands simultaneously/separated					
--- Hinga, Luke	10-12	Strathmore School	1:54.24	DQ	
Feet not turned out in the propulsive part of the kick					
--- Arungu, Asa	10-12	Kenton College	1:52.00	DQ	
Arm movements not simultaneous or in the same horizontal plane					

## Event 109 Boys 12-13 100 LC Meter Breaststroke

NCAA County: 1:16.82 C 3/20/2019 Risha De Guzman at SA National BRSC-ZZ  
 Meet Record: 1:35.27 M 11/13/2021 Frank Nyingi LSC -ZZ  
 1:50.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Dalal, Samarth	13-09	Braeburn Swimming Club	1:37.32	1:35.37	QT
2 Milic, Dusan	13-09	Braeburn Swimming Club	1:33.21	1:36.54	QT
3 Kamphuis, Yannick	13-09	Poseidon Swimming Club	1:46.33	1:39.07	QT
4 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:49.92	1:39.08	QT
5 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	1:48.00	1:39.70	QT
6 Kafuto, Rock K	12-10	Seahorses Aquatic Center	1:45.44	1:43.85	QT
7 Patel, Kairav	12-10	The Banda School	1:44.30	1:47.86	QT
--- Swai, Caelen	13-09	Hillcrest International School	1:46.23	x1:50.54	
--- Kariuki, Justin	13-09	Strathmore School	1:50.02	x1:50.95	
--- Njuguna, Jonathan	12-10	Hillcrest International School	1:55.57	x1:51.69	
--- Kanja, Gabriel	13-09	Strathmore School	1:50.05	x2:02.45	
--- Wahome, Darren	12-10	Dashing Dolphins Swim Club	1:48.00	x2:03.37	
--- Mohandas, Sai	13-09	Kenton College	1:48.00	x2:03.54	
--- Nduati, Tyler	12-10	Hillcrest International School	3:00.82	x2:19.65	
--- Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	1:33.37	DQ	
Executed more than one butterfly kick at the start or turn					

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Results****Event 109 Boys 14-15 100 LC Meter Breaststroke**

NCAA County: 1:10.34 C 4/25/2012 Tory PRAGASSA at Cana Zone 3 &amp;

KENYA-ZZ

Meet Record: 1:14.27 M 11/13/2021 Risha De Guzman

BRSC

1:43.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kalombo, Michael	15-06	Lifetime Swim Club	1:22.75	1:21.49	QT
2 Karia, Yash M	14-08	Otters Swim Club	1:28.91	1:24.18	QT
3 Irungu, Roy	14-08	Braeburn Swimming Club	1:28.69	1:26.99	QT
4 Singh, Harnek	15-07	Peponi Secondary School	1:26.34	1:28.41	QT
5 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	1:32.44	1:30.39	QT
6 Kenyi, Max	14-08	Braeburn Swimming Club	1:31.37	1:35.08	QT
7 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	1:45.18	1:40.20	QT
--- Kiambi, Ian M	15-06	Hillcrest International School	2:06.44	x1:58.84	
--- Kibui, Alan M	15-07	Lifetime Swim Club	1:40.33		DQ

At the turn or finish did not touch with both hands simultaneously/separated

**Event 109 Boys 16 & Over 100 LC Meter Breaststroke**

NCAA County: 1:07.86 C 9/13/2010 AMAR SHAH at 10th Africa Swimm

NRBCT

Meet Record: 1:08.69 M 11/13/2021 Tory M Pragassa

Poseidon

1:35.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time	
1 De Guzman, Risha	16-06	Braeburn Swimming Club	1:11.25	1:12.12	QT
2 Bachelani, Samir	17-05	Blue Ocean Swim Club	1:23.64	1:22.77	QT
3 Amor, James O	16-06	Seahorses Aquatic Center	1:29.50	1:27.49	QT
4 Kibadengi, Emmanuel	23-99	Kenyatta University	1:31.91	1:29.36	QT
5 Gituku, Randall	16-06	Braeburn Swimming Club	1:28.56	1:30.00	QT
6 Waweru, Moses	25-97	Kenyatta University	1:34.10	1:34.86	QT
--- Otieno, Jeremy A	21-00	University of Nairobi	NT	x1:40.67	
--- Wambugu, Victor	21-01	University of Nairobi	NT	x1:45.63	
--- Mzee, Ian I	16-06	ST Austin's Academy	1:45.00		DQ

Executed more than one butterfly kick at the start or turn

**Event 110 Mixed 8-9 4x50 LC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time
--- Hillcrest International School	A	4:01.60	DQ
Stroke infraction swimmer #2: At the turn or finish did not touch with both hands simultan			
1) Acosta, Katherine W9	2) Deiters, John M9	3) Lukorito, Eike M9	4) Bongo, Antoinette W9
--- Seahorses Aquatic Center	A	3:27.23	DQ
Number 2 swimmers feet lost touch with the starting platform before the preceeding team-ma			
1) Osunga, Fadhili M8	2) Summaiya, Sophia Anne N W8	3) Alala, Melissa M W8	4) Kariuki, Liam N M8

**Event 110 Mixed 10-11 4x50 LC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	2:44.93	3:00.31
1) Mwangi, Brent M10	2) Osimbo, Venesse W11	3) Mburu, Ted M10	4) Mureithi, Wanjiku A W11

**Event 110 Mixed 12-13 4x50 LC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	NT	2:53.36
1) Nuru, Azu W13	2) Ngaywa, Seth Hassan M12	3) Kafuto, Rock K M12	4) Mukindia, Abby G W12
2 Sailfish Swim Club	A	NT	2:53.90
1) Omabere, Tamara W12	2) Pouakouyou, Grace I W12	3) Kamanga, Ntando M13	4) Suther, Stefan M13
	1:36.19 ( )	2:53.90 (1:17.71)	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 110 Mixed 12-13 4x50 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
3 Hillcrest International School	A	3:18.49	2:58.48
1) Webber, Mischa W12	2) Swai, Caelen M13	3) Okwirry, Chloe W13	4) Njuguna, Jonathan M12
	1:35.79 ( ) 2:58.48 (1:22.69)		
4 Dashing Dolphins Swim Club	A	NT	3:10.68
1) Agufana, Giovanna W12	2) Kombo, Jeremy M12	3) Waswa, Lakisha W12	4) Kimeu, Ryan M12

**Event 111 Girls 10-11 200 LC Meter Freestyle**

NCAA County: 2:37.96 C 11/13/2021 MACRINE A Kalombo LSC -ZZ  
 Meet Record: 2:37.96 M 11/13/2021 MACRINE A Kalombo LSC -ZZ  
 3:37.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Childs, Jeanette	11-11	The Banda School	2:58.50	2:52.08 QT
	1:21.50 ( )	2:52.08 (1:30.58)		
2 Irungu, Erin N	11-11	Makini Schools	2:54.60	2:57.47 QT
	1:25.11 ( )	2:57.47 (1:32.36)		
3 Kamiri, Maya	11-11	The Banda School	3:08.29	2:57.50 QT
	1:25.25 ( )	2:57.50 (1:32.25)		
4 Swai, Zahra	10-11	Hillcrest International School	3:03.96	2:59.70 QT
	1:24.02 ( )	2:59.70 (1:35.68)		
5 Ombega, Kelsey	11-11	Zefish Aquatics	3:15.79	3:00.62 QT
	1:27.25 ( )	3:00.62 (1:33.37)		
6 Marsh, Mia	11-10	The Banda School	3:08.27	3:03.83 QT
	1:28.74 ( )	3:03.83 (1:35.09)		
7 Kamphuis, Lisa	10-12	Poseidon Swimming Club	3:27.03	3:09.15 QT
	1:31.18 ( )	3:09.15 (1:37.97)		
8 Kamau, Paula	11-11	Otters Swim Club	3:06.53	3:09.74 QT
	1:27.57 ( )	3:09.74 (1:42.17)		
9 Luusa, Daniela	11-11	Kenton College	3:18.57	3:12.87 QT
	1:30.91 ( )	3:12.87 (1:41.96)		
10 Gikonyo, Victoria	11-11	Kenton College	3:35.00	3:22.35 QT
	1:36.68 ( )	3:22.35 (1:45.67)		
11 Mwangi, Emily M	10-12	Otters Swim Club	3:25.10	3:25.33 QT
	1:39.03 ( )	3:25.33 (1:46.30)		
12 Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	3:22.12	3:34.45 QT
	1:42.95 ( )	3:34.45 (1:51.50)		
--- Maina, Wanjiku	11-11	Sailfish Swim Club	4:18.10	x3:46.62
	1:47.78 ( )	3:46.62 (1:58.84)		

**Event 111 Girls 12-13 200 LC Meter Freestyle**

NCAA County: 2:37.66 C 11/13/2021 Nina Irangi MSA  
 Meet Record: 2:37.66 M 11/13/2021 Nina Irangi MSA  
 3:20.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Kingatua, Amana W	13-08	Braeburn Swimming Club	2:55.61	2:39.34 QT
	1:17.07 ( )	2:39.34 (1:22.27)		
2 Feisal, Nadiya	13-09	Otters Swim Club	2:55.62	2:42.16 QT
	1:16.74 ( )	2:42.16 (1:25.42)		
3 Jovanovic, Dunja	12-10	Poseidon Swimming Club	3:02.88	2:43.50 QT
	1:18.68 ( )	2:43.50 (1:24.82)		
4 Ndirangu, Nicole	12-10	Bellevue Raptors	3:01.48	2:55.65 QT
	1:22.39 ( )	2:55.65 (1:33.26)		
5 Musyoka, Tizita	13-09	Poseidon Swimming Club	3:06.80	2:56.02 QT
	1:24.00 ( )	2:56.02 (1:32.02)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 111 Girls 12-13 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
6 Githui, Lowena M	12-10	Bellevue Raptors	3:02.51	2:56.48	QT
	1:26.25 ( )	2:56.48 (1:30.23)			
7 Mwangi, Isabelle N	12-10	Otters Swim Club	3:07.94	2:56.76	QT
	1:23.96 ( )	2:56.76 (1:32.80)			
8 Gikunda, Amani N	13-09	Poseidon Swimming Club	2:59.95	3:05.58	QT
	1:26.69 ( )	3:05.58 (1:38.89)			
9 Nuru, Azu	13-09	Seahorses Aquatic Center	3:09.73	3:06.73	QT
	1:28.33 ( )	3:06.73 (1:38.40)			
10 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	3:17.90	3:07.88	QT
	1:28.40 ( )	3:07.88 (1:39.48)			
11 Njau, Amani K	12-09	Bellevue Raptors	3:04.17	3:07.93	QT
	1:30.85 ( )	3:07.93 (1:37.08)			
12 Kinyanjui, Zanna N	12-10	Otters Swim Club	3:14.78	3:08.48	QT
	1:28.71 ( )	3:08.48 (1:39.77)			
13 Mwanzia, Zareena M	12-09	Lifetime Swim Club	3:08.26	3:10.01	QT
	1:26.99 ( )	3:10.01 (1:43.02)			
14 Njuguna, Noni	12-10	Braeburn Swimming Club	2:59.83	3:12.78	QT
	1:27.17 ( )	3:12.78 (1:45.61)			
15 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	3:16.59	3:14.59	QT
	1:31.26 ( )	3:14.59 (1:43.33)			
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	3:53.28	x3:38.54	
	1:43.21 ( )	3:38.54 (1:55.33)			

**Event 111 Girls 14-15 200 LC Meter Freestyle**

NCAA County: 2:30.57 C 11/13/2021 Reese Gore

Hillcrest

Meet Record: 2:30.57 M 11/13/2021 Reese Gore

Hillcrest

2:57.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Webber, Aaliyah	15-07	Hillcrest International School	2:38.27	2:32.70	QT
	1:11.61 ( )	2:32.70 (1:21.09)			
2 Maina, Kagure	15-07	Bellevue Raptors	2:39.57	2:37.71	QT
	1:16.85 ( )	2:37.71 (1:20.86)			
3 Masese, Kwamboka S	15-07	Braeburn Swimming Club	2:50.00	2:51.88	QT
	1:19.63 ( )	2:51.88 (1:32.25)			
4 Hailey, Yael	15-07	Nairobi Teens Swimming Club	3:01.58	2:52.89	QT
	1:22.58 ( )	2:52.89 (1:30.31)			
--- Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	2:57.89	x3:01.06	
	1:22.49 ( )	3:01.06 (1:38.57)			
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	3:08.87	x3:13.65	
	1:31.99 ( )	3:13.65 (1:41.66)			

**Event 111 Girls 16 & Over 200 LC Meter Freestyle**

NCAA County: 2:24.63 C 11/13/2021 Victoria A Okumu

Hillcrest

Meet Record: 2:24.63 M 11/13/2021 Victoria A Okumu

Hillcrest

2:54.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time	
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	2:19.99	2:21.18 C	QT
	1:05.64 ( )	2:21.18 (1:15.54)			
2 Gore, Reese	16-06	Hillcrest International School	2:30.57	2:42.99	QT
	1:13.92 ( )	2:42.99 (1:29.07)			
3 Kamotho, Cheryl W	16-06	Otters Swim Club	2:39.71	2:43.14	QT
	1:14.97 ( )	2:43.14 (1:28.17)			
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	3:49.91	x3:48.32	
	1:46.59 ( )	3:48.32 (2:01.73)			

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 111 Girls 16 & Over 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
--- Chebet, Nelly	19-03	University of Nairobi	NT	DQ
Use of not FINA approved swim suit				

**Event 112 Boys 10-11 200 LC Meter Freestyle**

NCAA County: 2:52.13 C 11/13/2021 Neo O Olengo SHAQS  
 Meet Record: 2:52.13 M 11/13/2021 Neo O Olengo SHAQS  
 3:20.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Ogola, Andrew	11-11	Little Fish Swim Club	2:58.37	2:50.04 C QT
	1:21.90 ( )	2:50.04 (1:28.14)		
2 Waweru, Tevin	11-11	Bellevue Raptors	3:00.92	2:51.07 QT
	1:20.87 ( )	2:51.07 (1:30.20)		
3 Irungu, Adrian M	11-11	Braeburn Swimming Club	3:08.81	2:51.76 QT
	1:22.89 ( )	2:51.76 (1:28.87)		
4 Okumu, Lawrence	10-12	Braeburn Swimming Club	3:00.56	2:54.26 QT
	1:23.62 ( )	2:54.26 (1:30.64)		
5 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	3:08.90	2:56.26 QT
	1:26.45 ( )	2:56.26 (1:29.81)		
6 Muturi, Snellen	10-12	Blue Ocean Swim Club	3:03.90	3:05.99 QT
	1:30.03 ( )	3:05.99 (1:35.96)		
7 Omanga, Morani	11-10	Little Fish Swim Club	3:13.63	3:12.29 QT
	1:28.99 ( )	3:12.29 (1:43.30)		
--- Sakwa, Gabriel	11-11	Strathmore School	3:18.77	x3:43.48
	1:44.52 ( )	3:43.48 (1:58.96)		
--- Abondo, Keita	10-11	Strathmore School	3:18.07	x3:51.81
	1:45.91 ( )	3:51.81 (2:05.90)		

**Event 112 Boys 12-13 200 LC Meter Freestyle**

NCAA County: 2:31.54 C 11/13/2021 Yannick Kamphuis Poseidon  
 Meet Record: 2:31.03 M 11/13/2021 Chikashi Nakano Poseidon  
 3:12.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Muhoro, Kanyiha	13-09	Little Fish Swim Club	2:58.31	2:46.06 QT
	1:17.48 ( )	2:46.06 (1:28.58)		
2 Kafuto, Rock K	12-10	Seahorses Aquatic Center	2:53.94	2:55.28 QT
	1:23.16 ( )	2:55.28 (1:32.12)		
3 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	3:10.71	2:58.66 QT
	1:20.40 ( )	2:58.66 (1:38.26)		
4 Patel, Kairav	12-10	The Banda School	3:14.23	2:59.43 QT
	1:25.04 ( )	2:59.43 (1:34.39)		
5 Suther, Stefan	13-09	Sailfish Swim Club	NT	3:00.87 QT
	1:27.12 ( )	3:00.87 (1:33.75)		
6 Cohen, Tom	12-10	The Banda School	3:14.30	3:02.59 QT
	1:27.98 ( )	3:02.59 (1:34.61)		
--- Kariuki, Justin	13-09	Strathmore School	3:13.67	x3:22.66
	1:35.43 ( )	3:22.66 (1:47.23)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 112 Boys 14-15 200 LC Meter Freestyle

NCAA County: 2:14.31 C 11/13/2021 Risha De Guzman  
 Meet Record: 2:13.85 M 11/13/2021 Shad R Frantz  
 2:56.00 14-15 QT

BRSC  
 Poseidon

Name	Age	Team	Seed Time	Finals Time	
1 Gikunda, Shaka M	15-06	Otters Swim Club	2:19.11	2:17.85	QT
	1:05.47 ( )	2:17.85 (1:12.38)			
2 Kioko, Jesse	15-07	Rusinga Schools Nairobi	2:25.48	2:18.06	QT
	1:05.54 ( )	2:18.06 (1:12.52)			
3 Mugambi, Ryan M	15-07	Otters Swim Club	2:55.84	2:35.67	QT
	1:11.63 ( )	2:35.67 (1:24.04)			
4 Shah, Darsh	14-08	Peponi Secondary School	2:46.78	2:46.59	QT
	1:12.99 ( )	2:46.59 (1:33.60)			

## Event 112 Boys 16 &amp; Over 200 LC Meter Freestyle

NCAA County: 2:12.26 C 11/13/2021 Tabuka B Bifwoli  
 Meet Record: 2:12.26 M 11/13/2021 Tabuka B Bifwoli  
 2:40.00 16&O QT

Hillcrest  
 Hillcrest

Name	Age	Team	Seed Time	Finals Time	
1 Okal, Joseph	20-02	University of Nairobi	NT	2:26.94	QT
	1:08.80 ( )	2:26.94 (1:18.14)			
2 Nyagu, Ndongoria G	16-06	Otters Swim Club	2:27.71	2:32.97	QT
	1:10.15 ( )	2:32.97 (1:22.82)			
3 Kipkorir, Collinreece	21-01	Sailfish Swim Club	2:38.02	2:38.46	QT
	1:11.41 ( )	2:38.46 (1:27.05)			
4 Nderitu, Samuel M	23-99	Sailfish Swim Club	2:38.76	2:39.32	QT
	1:10.73 ( )	2:39.32 (1:28.59)			
--- Makokha, Timothy	23-99	Pro Swim Academy Kenya	2:52.18	x2:43.57	
	1:10.51 ( )	2:43.57 (1:33.06)			
--- Mutwiri, Jeff M	22-00	Pro Swim Academy Kenya	2:59.11	x2:52.73	
	1:17.84 ( )	2:52.73 (1:34.89)			

## Event 202 Girls 8-9 200 LC Meter IM

NCAA County: 3:24.34 C 11/30/2013 Victoria A. Okumu at NASA INVI  
 Meet Record: 4:08.04 M 11/13/2021 Michelle E Pouakouyou  
 4:10.00 8-9 QT

BRSC-ZZ  
 Sailfish

Name	Age	Team	Seed Time	Finals Time	
1 Kimani, Luisa	9-13	Sailfish Swim Club	4:07.67	3:56.80 M	QT
	1:59.07 ( )	3:56.80 (1:57.73)			
2 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	4:07.53	4:05.97	QT
	1:55.28 ( )	4:05.97 (2:10.69)			
--- Hiridson, Glowy C	8-14	Pro Swim Academy Kenya	4:15.00	x4:23.34	
	1:57.59 ( )	4:23.34 (2:25.75)			
--- Pouakouyou, Jessica	9-13	Sailfish Swim Club	4:34.87	x4:38.76	
	2:19.60 ( )	4:38.76 (2:19.16)			
--- Kamanga, Thandiwe	9-13	Sailfish Swim Club	5:15.77	x4:40.47	

## Event 202 Girls 10-11 200 LC Meter IM

NCAA County: 2:45.26 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L  
 Meet Record: 3:03.33 M 11/13/2021 Marion J Alala  
 3:55.00 10-11 QT

BARAQ-ZZ  
 SHAQS

Name	Age	Team	Seed Time	Finals Time	
1 Childs, Jeanette	11-11	The Banda School	3:14.07	3:10.37	QT
	1:33.32 ( )	3:10.37 (1:37.05)			

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 202 Girls 10-11 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	
2 Maina, Kamwelle	11-11	Bellevue Raptors	3:26.67	3:16.02	QT
	1:38.28 ( )	3:16.02 (1:37.74)			
3 Irungu, Erin N	11-11	Makini Schools	3:27.96	3:26.57	QT
	1:43.13 ( )	3:26.57 (1:43.44)			
4 Ombega, Kelsey	11-11	Zefish Aquatics	3:47.95	3:27.00	QT
	1:35.62 ( )	3:27.00 (1:51.38)			
5 Kamiri, Maya	11-11	The Banda School	3:31.58	3:28.69	QT
	1:39.80 ( )	3:28.69 (1:48.89)			
6 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	3:40.02	3:32.53	QT
	1:46.84 ( )	3:32.53 (1:45.69)			
7 Marsh, Mia	11-10	The Banda School	3:34.61	3:35.33	QT
	1:46.00 ( )	3:35.33 (1:49.33)			
8 Savai, Naomi	10-12	Dashing Dolphins Swim Club	3:48.71	3:42.91	QT
	1:47.32 ( )	3:42.91 (1:55.59)			
--- Maina, Wanjiku	11-11	Sailfish Swim Club	4:24.52	x4:15.83	
	2:02.83 ( )	4:15.83 (2:13.00)			
--- Otieno, Zahra W	11-11	Kenton College	4:15.00	x4:26.47	
	2:01.79 ( )	4:26.47 (2:24.68)			
--- Swai, Zahra	10-11	Hillcrest International School	3:31.27	DQ	
Alternating movement of legs or feet - fly					

**Event 202 Girls 12-13 200 LC Meter IM**

NCAA County: 2:26.30 C 11/23/2007 ACHIENG AJULU'BUSHELL at SW Ch BARAQ-ZZ  
 Meet Record: 3:01.92 M 11/13/2021 Saniyah N Omoro SAA -ZZ  
 3:35.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ruwa, Neema	13-09	Peponi Secondary School	3:00.33	3:01.92 M	QT
	1:25.50 ( )	3:01.92 (1:36.42)			
2 Kingatua, Amana W	13-08	Braeburn Swimming Club	3:11.86	3:07.27	QT
	1:33.98 ( )	3:07.27 (1:33.29)			
3 Jovanovic, Dunja	12-10	Poseidon Swimming Club	3:18.68	3:14.08	QT
	1:29.34 ( )	3:14.08 (1:44.74)			
4 Gikunda, Amani N	13-09	Poseidon Swimming Club	3:24.64	3:25.60	QT
	1:37.93 ( )	3:25.60 (1:47.67)			
5 Njau, Amani K	12-09	Bellevue Raptors	3:30.36	3:33.51	QT
	1:41.61 ( )	3:33.51 (1:51.90)			
--- Nuru, Azu	13-09	Seahorses Aquatic Center	3:28.34	x3:35.46	
	1:46.06 ( )	3:35.46 (1:49.40)			
--- Ndirangu, Nicole	12-10	Bellevue Raptors	3:17.56	x3:39.57	
	1:44.55 ( )	3:39.57 (1:55.02)			
--- Nyakairu, Lanea	12-10	The Banda School	3:08.97	x3:44.30	
--- Ouma, Arianna	13-09	Makini Schools	3:34.05	x3:48.57	
	1:54.86 ( )	3:48.57 (1:53.71)			
--- Kimathi, Lulu	12-10	Seven Delta	3:30.00	DQ	
Swimmer not on back upon leaving the wall after the turn - back					
--- Abdullahi, Beydhan	12-10	Kenton College	4:38.47	DQ	
Alternating movement of legs or feet - fly					



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 202 Girls 14-15 200 LC Meter IM

NCAA County: 2:31.24 C 2/28/2014 REBECCA W. KAMAU at NATIONAL A IND-ZZ  
 Meet Record: 2:54.80 M 11/13/2021 Reese Gore Hillcrest  
 3:12.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Webber, Aaliyah	15-07	Hillcrest International School	2:56.99	2:52.29 M QT
	1:23.87 ( )	2:52.29 (1:28.42)		
2 Maina, Kagure	15-07	Bellevue Raptors	3:05.86	3:01.98 QT
	1:26.30 ( )	3:01.98 (1:35.68)		
3 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	3:01.12	3:05.20 QT
	1:26.19 ( )	3:05.20 (1:39.01)		
4 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	3:11.01	3:05.51 QT
	1:24.98 ( )	3:05.51 (1:40.53)		
--- Kumon, Manna	15-07	Braeburn Swimming Club	3:27.90	x3:14.09
	1:31.00 ( )	3:14.09 (1:43.09)		
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	3:31.34	x3:41.30
	1:48.50 ( )	3:41.30 (1:52.80)		

## Event 202 Girls 16 &amp; Over 200 LC Meter IM

NCAA County: 2:24.24 C 9/10/2018 REBECCA W. KAMAU at Africa Swi KENYA-ZZ  
 Meet Record: 2:40.00 M 11/13/2021 Victoria A Okumu Hillcrest  
 3:09.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	2:48.56	2:49.06 QT
	1:18.99 ( )	2:49.06 (1:30.07)		
2 Gore, Reese	16-06	Hillcrest International School	2:54.80	3:01.25 QT
	1:22.44 ( )	3:01.25 (1:38.81)		

## Event 203 Boys 8-9 200 LC Meter IM

NCAA County: 3:00.54 C 3/28/2014 TED NIGHTINGALE at SA Level 1 NRBCT  
 Meet Record: 3:50.32 M 11/13/2021 Ted Mburu SHAQS  
 3:55.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Ndirangu, Don G	9-13	Bellevue Raptors	3:28.03	3:32.85 M QT
	23.40 ( )	3:32.85 (3:09.45)		
--- Kimathi, Tachuri	8-14	Seven Delta	3:51.00	x4:29.95
	2:05.04 ( )	4:29.95 (2:24.91)		
--- Deiters, John	9-13	Hillcrest International School	3:50.00	x4:48.82
	2:22.92 ( )	4:48.82 (2:25.90)		
--- Munyiri, Mathew	9-13	Strathmore School	3:54.58	DQ
	Alternating movement of legs or feet - fly			

## Event 203 Boys 10-11 200 LC Meter IM

NCAA County: 2:43.20 C 12/1/2017 Risha De Guzman at WC SUMMER C BRSC-ZZ  
 Meet Record: 3:03.14 M 11/13/2021 Neo O Olengo SHAQS  
 3:30.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 De Guzman, Marvin	10-12	Braeburn Swimming Club	3:24.13	3:11.40 QT
	1:31.20 ( )	3:11.40 (1:40.20)		
2 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	3:21.93	3:25.82 QT
	1:42.00 ( )	3:25.82 (1:43.82)		
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	4:40.82	x4:22.48
	2:13.11 ( )	4:22.48 (2:09.37)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 203 Boys 12-13 200 LC Meter IM

NCAA County: 2:31.70 C 11/30/2013 MARCO-AUREL PELLEGRINI at NASA BRSC-ZZ  
 Meet Record: 2:44.90 M 11/13/2021 Nathan Matimu MSA  
 3:30.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kamphuis, Yannick	13-09	Poseidon Swimming Club	3:00.72	2:57.91	QT
	1:21.75 ( )	2:57.91 (1:36.16)			
2 Kafuto, Rock K	12-10	Seahorses Aquatic Center	3:19.69	3:19.90	QT
	1:39.71 ( )	3:19.90 (1:40.19)			
3 Patel, Kairav	12-10	The Banda School	3:23.99	3:29.96	QT
	1:46.31 ( )	3:29.96 (1:43.65)			
--- Kamanga, Ntando	13-08	Sailfish Swim Club	3:37.98	x3:31.52	
	1:38.60 ( )	3:31.52 (1:52.92)			
--- Suther, Stefan	13-09	Sailfish Swim Club	3:41.12	x3:37.53	
	1:42.71 ( )	3:37.53 (1:54.82)			

## Event 203 Boys 14-15 200 LC Meter IM

NCAA County: 2:21.80 C 4/11/2019 Monyo Maina at 2019 KSF Nation OTTER-ZZ  
 Meet Record: 2:30.88 M 11/13/2021 Shad R Frantz Poseidon  
 3:08.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kioko, Jesse	15-07	Rusinga Schools Nairobi	2:34.14	2:38.98	QT
	1:14.38 ( )	2:38.98 (1:24.60)			
2 Nakano, Chikashi	14-08	Poseidon Swimming Club	2:52.05	2:44.36	QT
	1:15.43 ( )	2:44.36 (1:28.93)			
3 Omar, Abdillahi Y	15-06	Braeburn Swimming Club	2:58.47	2:55.88	QT
	1:17.18 ( )	2:55.88 (1:38.70)			
4 Irungu, Roy	14-08	Braeburn Swimming Club	2:54.62	2:57.95	QT
	1:24.90 ( )	2:57.95 (1:33.05)			
5 Kenyi, Max	14-08	Braeburn Swimming Club	3:37.11	3:00.01	QT
	1:24.50 ( )	3:00.01 (1:35.51)			
6 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	2:51.42	3:02.41	QT
	1:24.22 ( )	3:02.41 (1:38.19)			

## Event 203 Boys 16 &amp; Over 200 LC Meter IM

NCAA County: 2:16.91 C 4/11/2019 KIMANI MAINA at 2019 KSF Natio OTTER-ZZ  
 Meet Record: 2:30.62 M 11/13/2021 Tabuka B Bifwoli Hillcrest  
 2:55.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 De Guzman, Risha	16-06	Braeburn Swimming Club	2:20.45	2:26.92 M	QT
	1:10.29 ( )	2:26.92 (1:16.63)			
2 Kudwoli, Haniel	16-06	Otters Swim Club	2:43.24	2:34.93	QT
	1:12.65 ( )	2:34.93 (1:22.28)			
3 Bachelani, Samir	17-05	Blue Ocean Swim Club	2:46.14	2:43.65	QT
	1:16.40 ( )	2:43.65 (1:27.25)			
4 Blunsum, Carlo A	16-06	Peponi Secondary School	2:43.19	2:44.73	QT
	1:14.29 ( )	2:44.73 (1:30.44)			
5 Bashir, Ishaq	17-05	Otters Swim Club	2:43.29	2:46.40	QT
	1:18.21 ( )	2:46.40 (1:28.19)			
6 Muchoki, Ronnie R	23-99	Zefish Aquatics	2:49.59	2:53.87	QT
	1:15.41 ( )	2:53.87 (1:38.46)			
--- Ngweno, Adrian	24-98	Zefish Aquatics	2:57.62	x2:59.97	
	1:22.28 ( )	2:59.97 (1:37.69)			
--- Nderitu, Samuel M	23-99	Sailfish Swim Club	3:05.25	x3:12.69	
	1:28.65 ( )	3:12.69 (1:44.04)			

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 203 Boys 16 & Over 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
--- Kipkorir, Collinreece	21-01	Sailfish Swim Club	3:20.13	x3:16.97
	1:31.73 ( )	3:16.97 (1:45.24)		
--- Mzee, Ian I	16-06	ST Austin's Academy	3:15.00	x3:24.92
	29.35 ( )	3:24.92 (2:55.57)		

**Event 204 Girls 8-9 100 LC Meter Freestyle**

NCAA County: 1:21.50 C 11/26/2016 Ashley N. Kagwima at KSF Nbi i  
 Meet Record: 1:27.24 M 11/13/2021 Zhara Swai  
 1:51.00 8-9 QT

HSSCA-ZZ  
 Hillcrest

Name	Age	Team	Seed Time	Finals Time
1 Kimani, Luisa	9-13	Sailfish Swim Club	1:31.70	1:35.33 QT
2 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	1:37.37	1:39.93 QT
3 Ouma, Serena H	9-13	Makini Schools	1:46.04	1:42.17 QT
4 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	1:42.67	1:44.58 QT
5 Shah, Havya J	9-13	Kenton College	1:50.85	1:45.82 QT
6 Hiridson, Gloway C	8-14	Pro Swim Academy Kenya	1:51.00	1:49.99 QT
--- Kaime, Gakenia	9-13	Wadi Degla	1:51.00	x1:54.54
--- Bongo, Antoinette	9-13	Hillcrest International School	1:48.00	x2:07.99
--- Acosta, Katherine	9-13	Hillcrest International School	2:35.41	x2:22.79
--- Kinyua, Elianna	8-14	Hillcrest International School	1:48.00	x2:27.46

**Event 204 Girls 10-11 100 LC Meter Freestyle**

NCAA County: 1:04.66 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L  
 Meet Record: 1:09.93 M 11/13/2021 MACRINE A Kalombo  
 1:37.00 10-11 QT

BARAQ-ZZ  
 LSC -ZZ

Name	Age	Team	Seed Time	Finals Time
1 Childs, Jeanette	11-11	The Banda School	1:15.14	1:17.83 QT
2 Ombega, Kelsey	11-11	Zefish Aquatics	1:25.28	1:21.86 QT
3 Maina, Kamwelle	11-11	Bellevue Raptors	1:23.07	1:22.10 QT
4 Kamiri, Maya	11-11	The Banda School	1:20.35	1:22.38 QT
5 Irungu, Erin N	11-11	Makini Schools	1:21.29	1:22.61 QT
6 Savai, Naomi	10-12	Dashing Dolphins Swim Club	1:24.84	1:24.49 QT
7 Marsh, Mia	11-10	The Banda School	1:22.01	1:24.83 QT
8 Kamau, Paula	11-11	Otters Swim Club	1:24.47	1:24.90 QT
9 Kamphuis, Lisa	10-12	Poseidon Swimming Club	1:30.12	1:25.84 QT
10 Luusa, Daniela	11-11	Kenton College	1:29.35	1:27.35 QT
11 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	1:35.35	1:32.25 QT
12 Nesbitt, Sophia	11-11	Kenton College	1:34.89	1:32.56 QT
13 Court, Lily	11-11	Kenton College	1:35.62	1:33.04 QT
14 Hailey, Idylle	10-12	Nairobi Teens Swimming Club	1:43.65	1:35.54 QT
15 Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	1:30.75	1:36.94 QT
--- Muthoni, Joan	10-12	Nairobi Teens Swimming Club	1:52.18	x1:37.53
--- Lindkvist, Elsa Wanjiru	10-12	Kenton College	1:43.17	x1:38.61
--- Gikonyo, Victoria	11-11	Kenton College	1:32.16	x1:39.93
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	1:44.96	x1:40.73
--- Otieno, Zahra W	11-11	Kenton College	1:48.24	x1:42.21
--- Oloo, Myra Ayira	10-11	Dashing Dolphins Swim Club	1:37.00	x1:48.12
--- Njonjo, Michele	10-12	Kenton College	1:44.12	x1:48.68
--- Mwirigi, Njeri	10-12	Kenton College	1:53.40	x1:51.84
--- Owidi, Amor	10-12	ST Austin's Academy	NT	x2:02.96
--- Karanja, Sky W	10-12	Nairobi Teens Swimming Club	1:40.00	x2:13.35

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 204 Girls 12-13 100 LC Meter Freestyle

NCAA County: 1:00.85 C 11/25/2007 ACHIENG AJULU'BUSHELL at ASA S BARAQ-ZZ  
 Meet Record: 1:09.48 M 11/13/2021 Nina Irangi MSA  
 1:30.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ruwa, Neema	13-09	Peponi Secondary School	1:09.91	1:10.07	QT
2 Musyoka, Tizita	13-09	Poseidon Swimming Club	1:28.30	1:18.97	QT
3 Oikawa, Ema	13-09	Braeburn Swimming Club	1:29.65	1:19.73	QT
4 Jovanovic, Dunja	12-10	Poseidon Swimming Club	1:20.42	1:20.28	QT
5 Nuru, Azu	13-09	Seahorses Aquatic Center	1:21.34	1:20.33	QT
6 Njuguna, Noni	12-10	Braeburn Swimming Club	1:28.51	1:20.60	QT
7 Ndirangu, Nicole	12-10	Bellevue Raptors	1:19.48	1:21.10	QT
8 Githui, Lowena M	12-10	Bellevue Raptors	1:24.09	1:21.13	QT
9 Webber, Mischa	12-10	Hillcrest International School	1:19.93	1:21.48	QT
10 Mwangi, Amani W	12-10	Otters Swim Club	1:26.10	1:22.19	QT
11 Mwanzia, Zareena M	12-09	Lifetime Swim Club	1:22.42	1:23.69	QT
12 Njau, Amani K	12-09	Bellevue Raptors	1:22.18	1:24.10	QT
13 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	1:27.62	1:25.38	QT
14 Choda, Simran	12-10	The Banda School	1:28.23	1:26.14	QT
15 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	1:26.66	1:27.94	QT
16 Ouma, Arianna	13-09	Makini Schools	1:28.51	1:28.66	QT
17 Kemunto, Malia	12-10	Rusinga Schools Nairobi	1:29.25	1:29.04	QT
--- Baradia, Imaan A	12-10	Blue Ocean Swim Club	1:28.34	x1:30.88	
--- Winterton, Sarafina	12-09	ST Austin's Academy	1:43.23	x1:34.18	
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	1:44.26	x1:34.35	
--- Okwirry, Chloe	13-09	Hillcrest International School	1:28.00	x1:35.26	
--- Angima, Nyaboke	12-10	Kenton College	1:28.00	x1:35.90	
--- Pouakouyou, Grace I	12-10	Sailfish Swim Club	1:38.18	x1:36.90	
--- Kimathi, Lulu	12-10	Seven Delta	1:28.00	x1:37.27	
--- Wasambla, Leona A	13-09	Wadi Degla	1:30.00	x1:39.94	
--- Nyamusi, Flo A	13-08	Hillcrest International School	1:56.50	x1:51.72	
--- Agufana, Giovanna	12-10	Dashing Dolphins Swim Club	1:28.00	x2:08.71	

## Event 204 Girls 14-15 100 LC Meter Freestyle

NCAA County: 56.62 C 12/1/2008 ACHIENG AJULU'BUSHELL at Afric BARAQ-ZZ  
 Meet Record: 1:08.25 M 11/13/2021 Reese Gore Hillcrest  
 1:22.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Maina, Kagure	15-07	Bellevue Raptors	1:10.91	1:12.76	QT
2 Karani, Kario	15-06	Otters Swim Club	1:11.57	1:12.94	QT
3 Kumon, Manna	15-07	Braeburn Swimming Club	1:16.55	1:16.06	QT
4 Hailey, Yael	15-07	Nairobi Teens Swimming Club	1:25.63	1:17.22	QT
5 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	1:16.74	1:17.74	QT
--- Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	1:20.44	x1:22.98	
--- Karanja, Lisa N	14-08	Nairobi Teens Swimming Club	2:01.07	x1:41.93	

## Event 204 Girls 16 &amp; Over 100 LC Meter Freestyle

NCAA County: 1:00.39 C 9/11/2019 Lucia Ruchti at Africa Junior KENYA-ZZ  
 Meet Record: 1:50.09 M 11/13/2021 Rose Mutegi KU -ZZ  
 1:15.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	1:03.78	1:07.57	M QT
2 Kamotho, Cheryl W	16-06	Otters Swim Club	1:09.23	1:09.82	QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 204 Girls 16 & Over 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
3 Gore, Reese	16-06	Hillcrest International School	1:08.25	1:10.85	QT
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	1:45.58	x1:41.47	
--- Malao, Tanya	22-00	University of Nairobi	NT	x1:43.17	

**Event 205 Boys 8-9 100 LC Meter Freestyle**

NCAA County: 1:22.82 C 11/30/2018 Nantai M. Kang'ethe at JUNIOR  
 Meet Record: 1:32.69 M 11/13/2021 Don G Ndirangu

HSSCA-ZZ  
 RPTRS

1:51.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ndirangu, Don G	9-13	Bellevue Raptors	1:32.69	1:25.30	M QT
2 Iton, Kristian	9-13	Poseidon Swimming Club	1:30.88	1:26.26	QT
3 Court, James	9-13	Kenton College	1:42.18	1:34.85	QT
4 Luusa, Elijah	8-14	Kenton College	1:54.35	1:41.45	QT
5 Kimathi, Tachuri	8-14	Seven Delta	1:44.31	1:42.79	QT
6 Mwangiru, Jabali	9-13	Little Fish Swim Club	1:46.73	1:43.84	QT
--- Lukorito, Eike	9-13	Hillcrest International School	2:02.81	x1:55.35	
--- Kibiru, Jabari	9-13	Strathmore School	1:49.03	x1:56.80	
--- Mutandi, Emmanuel	8-14	Wadi Degla	1:47.60	x1:56.82	
--- Waiyaki, Levy	9-13	Strathmore School	1:49.12	x2:00.54	
--- Munyiri, Mathew	9-13	Strathmore School	1:50.05	x2:15.86	
--- Kinuthia, Sean	9-13	Strathmore School	1:49.93	x2:26.01	
--- Areri, Hakeem	9-13	Strathmore School	1:49.03	x2:29.63	
--- Munyao, Nathan	9-13	Strathmore School	1:50.05	x2:37.11	
--- Owour, Fanuel	9-13	Strathmore School	1:49.80	x2:55.80	
--- Ochieng, Tevin	8-14	Strathmore School	1:50.16	x3:20.81	
--- Deiters, John	9-13	Hillcrest International School	2:17.42		DQ
Delay of meet					
--- Iton, Karl	9-13	Poseidon Swimming Club	1:39.63		DQ
No touch at turn or finish					

**Event 205 Boys 10-11 100 LC Meter Freestyle**

NCAA County: 1:06.00 C 11/11/1989 Anthony Lihalakha

Meet Record: 1:15.35 M 11/13/2021 Neo O Olengo

SHAQS

1:29.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 Waweru, Tevin	11-11	Bellevue Raptors	1:17.78	1:17.66	QT
2 Ogola, Andrew	11-11	Little Fish Swim Club	1:16.48	1:17.69	QT
3 Irungu, Adrian M	11-11	Braeburn Swimming Club	1:24.23	1:18.48	QT
4 Okumu, Lawrence	10-12	Braeburn Swimming Club	1:22.39	1:21.83	QT
5 Muturi, Snellen	10-12	Blue Ocean Swim Club	1:28.32	1:27.18	QT
6 Mwangi, Brent	10-12	Seahorses Aquatic Center	1:36.44	1:27.26	QT
--- Omanga, Morani	11-10	Little Fish Swim Club	1:25.00	x1:29.48	
--- Gidoomal, Pranav	11-10	Kenton College	1:37.54	x1:29.65	
--- Mukindia, Ethan	10-11	Seahorses Aquatic Center	1:38.86	x1:30.01	
--- Mutula, James	10-12	Nairobi Teens Swimming Club	1:47.21	x1:32.76	
--- Gichuha, Timothy T	11-11	Kenton College	1:38.16	x1:34.18	
--- Osundwa, Luyali	10-12	Strathmore School	1:31.80	x1:35.95	
--- Kabiru, Baraka	11-11	Seahorses Aquatic Center	1:56.25	x1:38.83	
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	1:54.14	x1:40.46	
--- Kathambana, Michael	10-11	Strathmore School	1:31.44	x1:45.41	
--- Nyabuto, Austin O	11-11	Lifetime Swim Club	1:59.39	x1:48.62	
--- Mallowah, Ethan	11-11	Strathmore School	1:31.80	x1:49.62	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 205 Boys 10-11 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
--- Kamau, Clyde K	10-12	Wadi Degla	1:29.00	x1:53.19
--- Andagalu, Zephan	10-12	Strathmore School	1:31.80	x2:05.30
--- Matiko, Maliki	10-12	Strathmore School	1:31.58	x2:16.74
--- Kamande, Jerome	10-12	Strathmore School	1:31.56	x2:22.61
--- Hinga, Luke	10-12	Strathmore School	1:30.78	x2:25.98

**Event 205 Boys 12-13 100 LC Meter Freestyle**

NCAA County: 59.36 C 4/25/2013 MARCO-AUREL PELLEGRINI at CANA KENYA-ZZ  
 Meet Record: 1:08.29 M 11/13/2021 Yannick Kamphuis Poseidon  
 1:26.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Muhoro, Kanyiha	13-09	Little Fish Swim Club	1:15.08	1:09.72 QT
2 Milic, Dusan	13-09	Braeburn Swimming Club	1:16.16	1:14.66 QT
3 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:17.14	1:17.27 QT
4 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	1:16.80	1:19.17 QT
5 Kafuto, Rock K	12-10	Seahorses Aquatic Center	1:17.46	1:19.96 QT
6 Patel, Kairav	12-10	The Banda School	1:21.79	1:21.72 QT
7 Mir, Muhammad M	13-09	Peponi Secondary School	1:23.11	1:21.83 QT
8 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	1:36.42	1:22.40 QT
9 Cohen, Tom	12-10	The Banda School	1:26.65	1:22.60 QT
--- Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	1:29.40	x1:29.54
--- Njuguna, Jonathan	12-10	Hillcrest International School	1:39.58	x1:29.92
--- Nduati, Tyler	12-10	Hillcrest International School	1:52.83	x1:31.27
--- Mohandas, Sai	13-09	Kenton College	1:48.94	x1:33.92
--- Swai, Caelen	13-09	Hillcrest International School	1:40.48	x1:35.29
--- Wahome, Darren	12-10	Dashing Dolphins Swim Club	1:36.99	x1:35.81

**Event 205 Boys 14-15 100 LC Meter Freestyle**

NCAA County: 55.72 C 4/25/2013 KIMANI MAINA at CANA Zone 3 & KENYA-ZZ  
 Meet Record: 1:02.11 M 11/13/2021 Carlo A Blunsum Poseidon  
 1:15.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Gikunda, Shaka M	15-06	Otters Swim Club	1:00.96	59.43 M QT
2 Kioko, Jesse	15-07	Rusinga Schools Nairobi	1:00.60	1:00.91 QT
3 Kalombo, Michael	15-06	Lifetime Swim Club	1:04.74	1:04.60 QT
4 Muigai, Mwaniki	15-07	Otters Swim Club	1:08.90	1:05.96 QT
5 Nyagah, Xidi Munene	15-07	Rusinga Schools Nairobi	1:07.58	1:08.76 QT
6 Mugambi, Ryan M	15-07	Otters Swim Club	1:13.07	1:09.12 QT
7 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	1:12.43	1:11.17 QT
8 Omar, Abdillahi Y	15-06	Braeburn Swimming Club	1:07.33	1:12.05 QT
9 Kenyi, Max	14-08	Braeburn Swimming Club	1:12.72	1:12.27 QT
10 Shah, Darsh	14-08	Peponi Secondary School	1:11.81	1:12.53 QT
--- Kibui, Alan M	15-07	Lifetime Swim Club	1:14.55	x1:19.10
--- Kiambi, Ian M	15-06	Hillcrest International School	1:18.77	x1:34.05

**Event 205 Boys 16 & Over 100 LC Meter Freestyle**

NCAA County: 50.05 C 12/1/2008 JASON DUNFORD at Africa Senior BARAQ-ZZ  
 Meet Record: 58.96 M 11/13/2021 Jesse M Onyach Hillcrest  
 1:07.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Okumu, Jesse M	18-04	Otters Swim Club	1:02.92	1:02.17 QT
2 Otieno, Emmanuel K	17-05	Otters Swim Club	1:03.61	1:02.76 QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 205 Boys 16 & Over 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
3 Otieno, Adam	16-06	Otters Swim Club	1:03.99	1:03.97	QT
4 Kipkorir, Collinreece	21-01	Sailfish Swim Club	1:05.19	1:04.33	QT
5 Nyagu, Ndongoria G	16-06	Otters Swim Club	1:06.26	1:05.33	QT
6 Makokha, Timothy	23-99	Pro Swim Academy Kenya	1:06.19	1:06.21	QT
7 Muchoki, Ronnie R	23-99	Zefish Aquatics	1:03.60	1:06.85	QT
--- Nderitu, Samuel M	23-99	Sailfish Swim Club	1:11.38	x1:08.70	
--- Kiarie, David K	23-99	University of Nairobi	NT	x1:16.20	
--- Mzee, Ian I	16-06	ST Austin's Academy	1:19.00	x1:16.61	
--- Owour, Antony	22-00	University of Nairobi	NT	x1:38.87	

**Event 206 Girls 10-11 200 LC Meter Breaststroke**

NCAA County: 3:24.41 C 11/13/2021 MACRINE A Kalombo LSC -ZZ  
 Meet Record: 3:24.41 M 11/13/2021 MACRINE A Kalombo LSC -ZZ  
 4:18.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 Maina, Kamwelle	11-11	Bellevue Raptors	3:39.58	3:36.89	QT
		1:51.63 ( ) 3:36.89 (1:45.26)			
2 Osimbo, Venesse	11-11	Seahorses Aquatic Center	3:44.19	3:48.47	QT
		1:51.11 ( ) 3:48.47 (1:57.36)			
3 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	3:55.68	3:54.64	QT
		1:57.00 ( ) 3:54.64 (1:57.64)			
4 Court, Lily	11-11	Kenton College	4:13.60	4:01.56	QT
		1:58.75 ( ) 4:01.56 (2:02.81)			
5 Nesbitt, Sophia	11-11	Kenton College	4:21.39	4:09.91	QT
6 Kamphuis, Lisa	10-12	Poseidon Swimming Club	4:18.66	4:11.54	QT
		2:05.16 ( ) 4:11.54 (2:06.38)			
--- Luusa, Daniela	11-11	Kenton College	4:11.01	x4:20.79	
		2:07.85 ( ) 4:20.79 (2:12.94)			
--- Kaime, Gathoni	11-11	Wadi Degla	4:22.56	x4:26.93	
		2:08.59 ( ) 4:26.93 (2:18.34)			
--- Hawi, Belva	10-12	Dashing Dolphins Swim Club	4:16.00	x4:38.14	

**Event 206 Girls 12-13 200 LC Meter Breaststroke**

NCAA County: 3:25.05 C 11/13/2021 Ruth Wangari Lindkvist KENTO-ZZ  
 Meet Record: 3:25.05 M 11/13/2021 Ruth Wangari Lindkvist KENTO-ZZ  
 3:56.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kimani, Kimberly W	12-10	Kenton College	3:24.85	3:25.59	QT
		1:40.73 ( ) 3:25.59 (1:44.86)			
2 Kingatua, Amana W	13-08	Braeburn Swimming Club	3:32.10	3:30.19	QT
		1:41.62 ( ) 3:30.19 (1:48.57)			
3 Kamotho, Christie W	12-10	Otters Swim Club	3:26.24	3:31.15	QT
		1:42.82 ( ) 3:31.15 (1:48.33)			
4 Gikunda, Amani N	13-09	Poseidon Swimming Club	3:36.09	3:41.66	QT
		1:47.28 ( ) 3:41.66 (1:54.38)			
5 Abdullahi, Baarni	12-10	Kenton College	4:01.84	3:49.87	QT
		1:51.50 ( ) 3:49.87 (1:58.37)			
6 Kinyanjui, Zanna N	12-10	Otters Swim Club	3:55.22	3:54.81	QT
		1:53.26 ( ) 3:54.81 (2:01.55)			
--- Baradia, Imaan A	12-10	Blue Ocean Swim Club	3:55.23	x4:04.14	
		2:01.99 ( ) 4:04.14 (2:02.15)			
--- Abdullahi, Beydhan	12-10	Kenton College	4:16.25	x4:12.29	
		2:03.11 ( ) 4:12.29 (2:09.18)			

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 206 Girls 14-15 200 LC Meter Breaststroke

NCAA County: 3:15.82 C 11/13/2021 Hedvig Lycke BRSC  
 Meet Record: 3:15.82 M 11/13/2021 Hedvig Lycke BRSC  
 3:44.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Webber, Aaliyah	15-07	Hillcrest International School	3:40.80	3:14.91 C QT
	1:34.66 ( )	3:14.91 (1:40.25)		
--- Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	3:46.36	x3:44.87
	1:48.37 ( )	3:44.87 (1:56.50)		
--- Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	3:44.83	x3:46.25
	1:45.53 ( )	3:46.25 (2:00.72)		

## Event 206 Girls 16 &amp; Over 200 LC Meter Breaststroke

3:45.00 16&amp;O QT

Name	Age	Team	Seed Time	Finals Time
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	2:54.14	3:10.96 QT
	1:29.93 ( )	3:10.96 (1:41.03)		
2 Wairimu, Christine	17-05	Braeburn Swimming Club	3:44.16	3:37.95 QT
	1:44.96 ( )	3:37.95 (1:52.99)		
--- Muraya, Beatrice Njoki	21-01	University of Nairobi	NT	x4:19.82
	2:00.76 ( )	4:19.82 (2:19.06)		

## Event 207 Boys 10-11 200 LC Meter Breaststroke

NCAA County: 3:51.54 C 11/13/2021 Evan Williams ZEFIS-ZZ  
 Meet Record: 3:51.54 M 11/13/2021 Evan Williams ZEFIS-ZZ  
 4:11.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	3:43.72	3:40.21 C QT
	1:48.73 ( )	3:40.21 (1:51.48)		
2 Mburu, Ted	10-12	Seahorses Aquatic Center	NT	3:49.03 QT
	1:52.32 ( )	3:49.03 (1:56.71)		
3 Kamau, Nathan	10-11	Dashing Dolphins Swim Club	3:58.32	3:49.41 QT
	1:52.55 ( )	3:49.41 (1:56.86)		
4 Gidoomal, Pranav	11-10	Kenton College	3:58.71	3:57.10 QT
	1:56.26 ( )	3:57.10 (2:00.84)		
5 Muturi, Snellen	10-12	Blue Ocean Swim Club	4:01.18	4:02.91 QT
	1:58.55 ( )	4:02.91 (2:04.36)		
--- Kathambana, Michael	10-11	Strathmore School	4:09.90	x4:32.38
	2:06.64 ( )	4:32.38 (2:25.74)		
--- Kamande, Jerome	10-12	Strathmore School	4:08.77	DQ

Stroke cycle not 1 arm stroke to 1 leg kick in that order

## Event 207 Boys 12-13 200 LC Meter Breaststroke

NCAA County: 3:28.40 C 11/13/2021 Frank Nyingi LSC -ZZ  
 Meet Record: 3:28.40 M 11/13/2021 Frank Nyingi LSC -ZZ  
 3:51.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	3:49.12	3:41.38 QT
	1:45.89 ( )	3:41.38 (1:55.49)		
2 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	3:48.00	3:44.95 QT
	1:52.27 ( )	3:44.95 (1:52.68)		
3 Kafuto, Rock K	12-10	Seahorses Aquatic Center	3:50.76	3:47.41 QT
	1:51.05 ( )	3:47.41 (1:56.36)		



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 207 Boys 12-13 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Wahome, Darren	12-10	Dashing Dolphins Swim Club	3:48.00	x4:22.02
		2:06.61 ( ) 4:22.02 (2:15.41)		
--- Futaki, Yoshihiro N	13-09	Lifetime Swim Club	3:44.75	DQ
Executed more than one butterfly kick at the start or turn				

**Event 207 Boys 14-15 200 LC Meter Breaststroke**

NCAA County: 2:44.45 C 11/13/2021 Risha De Guzman BRSC  
 Meet Record: 2:44.45 M 11/13/2021 Risha De Guzman BRSC  
 3:24.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamotho, Curtis J	14-08	Otters Swim Club	2:56.23	2:57.99 QT
		1:24.20 ( ) 2:57.99 (1:33.79)		
2 Singh, Harnek	15-07	Peponi Secondary School	3:26.17	3:16.86 QT
		1:34.60 ( ) 3:16.86 (1:42.26)		

**Event 207 Boys 16 & Over 200 LC Meter Breaststroke**

NCAA County: 2:42.91 C 11/13/2021 Tory M Pragassa Poseidon  
 Meet Record: 2:42.91 M 11/13/2021 Tory M Pragassa Poseidon  
 3:12.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Bachelani, Samir	17-05	Blue Ocean Swim Club	3:00.31	3:03.68 QT
		1:24.53 ( ) 3:03.68 (1:39.15)		
--- Priscus, Samson K	22-00	Pro Swim Academy Kenya	3:12.00	x3:41.99
		1:45.30 ( ) 3:41.99 (1:56.69)		
--- Amor, James O	16-06	Seahorses Aquatic Center	3:09.62	DQ
At the turn or finish did not touch with both hands simultaneously/separated				

**Event 208 Girls 8-9 50 LC Meter Butterfly**

NCAA County: 39.62 C 11/28/1998 KATHERINE BOWE at NASA INVITAT BANDA-ZZ  
 Meet Record: 48.58 M 11/13/2021 Zhara Swai Hillcrest  
 58.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Alala, Melissa M	8-14	Seahorses Aquatic Center	46.69	43.02 M QT
2 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	52.37	50.96 QT
3 Shah, Havya J	9-13	Kenton College	57.10	51.12 QT
4 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	57.05	51.55 QT
5 Kimani, Luisa	9-13	Sailfish Swim Club	51.31	52.48 QT
6 Hiridson, Glowly C	8-14	Pro Swim Academy Kenya	58.00	54.40 QT
7 Mwaniki, Emma Rose	9-13	Seahorses Aquatic Center	1:06.06	55.29 QT
--- Wanjiru, Anaya T	8-14	Seahorses Aquatic Center	NT	x1:01.94
--- Pouakouyou, Jessica	9-13	Sailfish Swim Club	1:02.64	x1:04.47
--- Kaime, Gakenia	9-13	Wadi Degla	58.00	x1:06.59
--- Mumbi, Mukindia	8-13	Seahorses Aquatic Center	1:03.51	x1:07.05
--- Kamanga, Thandiwe	9-13	Sailfish Swim Club	1:18.60	x1:11.36
--- Summaiya, Sophia Anne N	8-14	Seahorses Aquatic Center	1:14.49	x1:12.69
--- Kaur, Gia	9-13	Hillcrest International School	1:38.77	x1:26.07
--- Acosta, Katherine	9-13	Hillcrest International School	1:33.53	DQ
Arms not brought forward simultaneously over the water				
--- Bongo, Antoinette	9-13	Hillcrest International School	56.00	DQ
Arms not brought forward simultaneously over the water				

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 208 Girls 8-9 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
--- Bukata, Agnes K Alternating movement of legs or feet	8-14	Wadi Degla	58.00	DQ
--- Kinyua, Elianna Touch at the finish or turn was not made with both hands simultaneously/separated	8-14	Hillcrest International School	56.00	DQ

**Event 208 Girls 10-11 50 LC Meter Butterfly**

NCAA County: 32.41 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L BARAQ-ZZ  
 Meet Record: 36.01 M 11/13/2021 Marion J Alala SHAQS  
 52.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamiri, Maya	11-11	The Banda School	40.01	41.19 QT
2 Kamphuis, Lisa	10-12	Poseidon Swimming Club	45.26	42.27 QT
3 Ombega, Kelsey	11-11	Zefish Aquatics	44.91	43.17 QT
4 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	44.58	44.10 QT
5 Maina, Kamwelle	11-11	Bellevue Raptors	50.07	45.13 QT
6 Savai, Naomi	10-12	Dashing Dolphins Swim Club	47.30	45.83 QT
7 Kamau, Paula	11-11	Otters Swim Club	46.21	46.38 QT
8 Osimbo, Venesse	11-11	Seahorses Aquatic Center	47.94	46.44 QT
9 Kaime, Gathoni	11-11	Wadi Degla	50.54	49.43 QT
10 Mwangi, Emily M	10-12	Otters Swim Club	49.69	51.34 QT
--- Oloo, Myra Ayira	10-11	Dashing Dolphins Swim Club	54.36	x52.26
--- Nesbitt, Sophia	11-11	Kenton College	50.91	x52.27
--- Gikonyo, Victoria	11-11	Kenton College	50.69	x52.46
--- Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	54.55	x53.06
--- Muthoni, Joan	10-12	Nairobi Teens Swimming Club	59.51	x53.98
--- Odula, Chedi	10-12	Seahorses Aquatic Center	55.08	x54.80
--- Mureithi, Wanjiku A	11-10	Seahorses Aquatic Center	53.39	x55.03
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	57.90	x56.11
--- Amara, Dambe	11-10	Wadi Degla	1:04.20	x56.24
--- Njonjo, Michele	10-12	Kenton College	58.45	x56.69
--- Lindkvist, Elsa Wanjiru	10-12	Kenton College	1:10.31	x57.72
--- Otieno, Zahra W	11-11	Kenton College	1:01.91	x57.72
--- Maina, Wanjiku	11-11	Sailfish Swim Club	55.92	x57.76
--- Nyambura, Ivanna	10-12	ST Austin's Academy	58.65	x58.91
--- Wasambla, Kathy	10-12	Wadi Degla	52.00	x1:03.42
--- Mohandas, Mimi	10-12	Kenton College	50.00	x1:12.82
--- Hailey, Idylle	10-12	Nairobi Teens Swimming Club	1:01.88	x1:16.54
--- Hawi, Belva Alternating movement of legs or feet	10-12	Dashing Dolphins Swim Club	1:05.86	DQ
--- Mwirigi, Njeri Alternating movement of legs or feet	10-12	Kenton College	1:09.96	DQ
--- Luusa, Daniela Alternating movement of legs or feet	11-11	Kenton College	48.22	DQ

**Event 208 Girls 12-13 50 LC Meter Butterfly**

NCAA County: 30.39 C 3/21/2008 ACHIENG AJULU'BUSHELL at sheff BARAQ-ZZ  
 Meet Record: 34.73 M 11/13/2021 Jade I Onderi Poseidon  
 48.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Ruwa, Neema	13-09	Peponi Secondary School	31.60	31.39 M QT
2 Waswa, Lakisha	12-10	Dashing Dolphins Swim Club	47.79	38.65 QT
3 Muyela, Laurie	12-10	Otters Swim Club	38.77	39.18 QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 208 Girls 12-13 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	
4 Kimani, Kimberly W	12-10	Kenton College	42.81	39.21	QT
5 Tchoketch, Sarah	12-10	Otters Swim Club	39.89	39.82	QT
6 Nuru, Azu	13-09	Seahorses Aquatic Center	41.61	39.89	QT
7 Ndirangu, Nicole	12-10	Bellevue Raptors	39.57	41.02	QT
8 Githui, Lowena M	12-10	Bellevue Raptors	42.91	41.43	QT
9 Njau, Amani K	12-09	Bellevue Raptors	46.36	42.06	QT
10 Musyoka, Tizita	13-09	Poseidon Swimming Club	42.42	42.39	QT
11 Oikawa, Ema	13-09	Braeburn Swimming Club	46.21	43.04	QT
12 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	42.18	43.48	QT
13 Komingoi, Kellie K	12-10	Hydra Swim & Sports Club Acad	44.20	43.98	QT
14 Njau, Zawadi S	12-09	Bellevue Raptors	45.45	46.35	QT
15 Mwanzia, Zareena M	12-09	Lifetime Swim Club	49.59	46.88	QT
16 Angima, Nyaboke	12-10	Kenton College	46.00	46.89	QT
17 Winterton, Sarafina	12-09	ST Austin's Academy	52.53	47.70	QT
18 Webber, Mischa	12-10	Hillcrest International School	48.59	47.80	QT
--- Okwirry, Chloe	13-09	Hillcrest International School	45.00	x49.08	
--- Baradia, Imaan A	12-10	Blue Ocean Swim Club	44.38	x50.00	
--- Mukindia, Abby G	12-10	Seahorses Aquatic Center	51.69	x52.35	
--- Kimathi, Lulu	12-10	Seven Delta	46.00	x53.28	
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	56.71	x54.05	
--- Nyamusi, Flo A	13-08	Hillcrest International School	54.90	x56.31	
--- Wasambla, Leona A	13-09	Wadi Degla	58.00	x58.02	

**Event 208 Girls 14-15 50 LC Meter Butterfly**

NCAA County: 30.60 C 2/27/2015 NASIMINYU KHATUNDI at NATIONAL KESS-ZZ  
 Meet Record: 33.12 M 11/13/2021 Reese Gore Hillcrest  
 46.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Karani, Kario	15-06	Otters Swim Club	32.65	35.15	QT
2 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	36.31	35.70	QT
3 Maina, Kagure	15-07	Bellevue Raptors	37.25	36.08	QT
4 Kumon, Manna	15-07	Braeburn Swimming Club	38.07	37.94	QT
5 Hailey, Yael	15-07	Nairobi Teens Swimming Club	43.66	40.91	QT
6 Kafuto, Ivy N	14-08	Seahorses Aquatic Center	44.84	42.06	QT
7 Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	43.17	43.35	QT
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	44.95	x47.15	
--- Karanja, Lisa N	14-08	Nairobi Teens Swimming Club	54.43	x51.13	

**Event 208 Girls 16 & Over 50 LC Meter Butterfly**

NCAA County: 28.47 C 7/29/2021 IMARA BELLA THORPE at LETNJE P BARAQ-ZZ  
 Meet Record: 32.02 M 11/13/2021 Victoria A Okumu Hillcrest  
 39.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	30.92	31.20	M QT
2 Bianchi, Maria	16-06	Blue Ocean Swim Club	31.80	32.34	QT
3 Gore, Reese	16-06	Hillcrest International School	33.12	34.27	QT
4 Kamotho, Cheryl W	16-06	Otters Swim Club	37.78	36.17	QT
--- Florentyna, Aura	20-02	Seahorses Aquatic Center	45.10	x44.90	
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	53.16	x54.10	
--- Chebet, Nelly	19-03	University of Nairobi	NT	x54.40	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 209 Boys 8-9 50 LC Meter Butterfly

NCAA County: 39.67 C 11/13/2021 Don G Ndirangu

RPTRS

Meet Record: 39.67 M 11/13/2021 Don G Ndirangu

RPTRS

58.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Ndirangu, Don G	9-13	Bellevue Raptors	39.67	38.38 C QT
2 Noorani, Aariz I	8-14	Blue Ocean Swim Club	56.24	50.03 QT
3 Court, James	9-13	Kenton College	56.78	52.71 QT
4 Kombo, Joshua	9-13	Dashing Dolphins Swim Club	59.26	53.18 QT
--- Kimathi, Tachuri	8-14	Seven Delta	56.74	x58.79
--- Osunga, Fadhili	8-14	Seahorses Aquatic Center	1:07.77	x1:00.86
--- Deiters, John	9-13	Hillcrest International School	1:15.24	x1:01.65
--- Kimeu, Shawn	8-14	Dashing Dolphins Swim Club	56.00	x1:01.88
--- Maina, Andrew	9-13	Seahorses Aquatic Center	1:26.05	x1:02.95
--- Lukorito, Eike	9-13	Hillcrest International School	1:05.18	x1:03.34
--- Kibaara, Keita	9-13	Dashing Dolphins Swim Club	1:15.25	x1:05.14
--- Kariuki, Liam N	8-14	Seahorses Aquatic Center	1:05.38	x1:05.52
--- Muya, TK	9-12	Kenton College	1:20.13	x1:06.12
--- Kibiru, Jabari	9-13	Strathmore School	56.57	x1:14.18
--- Kinuthia, Sean	9-13	Strathmore School	56.80	x1:20.16
--- Bryte, Liam	8-14	Dashing Dolphins Swim Club	58.00	x1:57.57
--- Owour, Fanuel	9-13	Strathmore School	56.90	x2:01.34
--- Munyao, Nathan	9-13	Strathmore School	57.00	DQ
Alternating movement of legs or feet				
--- Njiiri, Theodore	8-14	Seahorses Aquatic Center	NT	DQ
Alternating movement of legs or feet				
--- Mutandi, Emmanuel	8-14	Wadi Degla	58.00	DQ
Alternating movement of legs or feet				
--- Butime, Christian	8-14	Strathmore School	55.99	DQ
Alternating movement of legs or feet				
--- Luusa, Elijah	8-14	Kenton College	1:10.11	DQ
Alternating movement of legs or feet				
--- Waiyaki, Levy	9-13	Strathmore School	56.43	DQ
Alternating movement of legs or feet				

## Event 209 Boys 10-11 50 LC Meter Butterfly

NCAA County: 32.67 C 4/11/2019 Nathan Matimu at 2019 KSF Nati

MAKIN-ZZ

Meet Record: 35.60 M 11/13/2021 Neo O Olengo

SHAQS

48.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Ogola, Andrew	11-11	Little Fish Swim Club	36.42	38.46 QT
2 De Guzman, Marvin	10-12	Braeburn Swimming Club	45.94	38.67 QT
3 Okumu, Lawrence	10-12	Braeburn Swimming Club	43.67	42.03 QT
4 Waweru, Tevin	11-11	Bellevue Raptors	41.99	42.11 QT
5 Irungu, Adrian M	11-11	Braeburn Swimming Club	41.25	42.80 QT
6 Mwangi, Brent	10-12	Seahorses Aquatic Center	43.43	44.30 QT
7 Mburu, Ted	10-12	Seahorses Aquatic Center	46.20	44.71 QT
8 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	46.14	46.08 QT
--- Mutula, James	10-12	Nairobi Teens Swimming Club	1:00.49	x48.97
--- Sakwa, Gabriel	11-11	Strathmore School	46.79	x49.97
--- Kalinga, Elijah	10-12	Seahorses Aquatic Center	53.31	x49.98
--- Gidoomal, Pranav	11-10	Kenton College	46.00	x50.23
--- Kabiru, Baraka	11-11	Seahorses Aquatic Center	51.02	x52.35

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 209 Boys 10-11 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
--- Mukindia, Ethan	10-11	Seahorses Aquatic Center	47.94	x53.79
--- Andrew, Joe O	10-12	Seahorses Aquatic Center	55.77	x54.37
--- Mayur, Tanay	10-12	Sailfish Swim Club	46.00	x55.62
--- Arungu, Asa	10-12	Kenton College	46.00	x55.69
--- Gichuha, Timothy T	11-11	Kenton College	59.56	x56.34
--- Kathambana, Michael	10-11	Strathmore School	46.79	x58.76
--- Kamau, Clyde K	10-12	Wadi Degla	48.00	x59.27
--- Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	NT	x1:01.45
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	1:01.59	x1:03.06
--- Mwaniki, Joe	11-11	Seahorses Aquatic Center	1:09.39	x1:06.16
--- Nyabuto, Austin O	11-11	Lifetime Swim Club	1:06.08	x1:06.19
--- Hinga, Luke	10-12	Strathmore School	46.92	x1:12.62
--- Matiko, Maliki	10-12	Strathmore School	46.90	x1:14.27
--- Andagalu, Zephan	10-12	Strathmore School	46.92	DQ
Arms not brought forward simultaneously over the water				
--- Kimani, Liam W	10-11	Lifetime Swim Club	1:08.87	DQ
Alternating movement of legs or feet				
--- Kamande, Jerome	10-12	Strathmore School	46.91	DQ
Touch at the finish or turn was not made with both hands simultaneously/separated				

**Event 209 Boys 12-13 50 LC Meter Butterfly**

NCAA County: 28.96 C 4/25/2013 MARCO-AUREL PELLEGRINI at CANA KENYA-ZZ  
 Meet Record: 31.34 M 11/13/2021 Nathan Matimu MSA  
 44.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamphuis, Yannick	13-09	Poseidon Swimming Club	33.11	33.46 QT
2 Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	37.70	36.19 QT
3 Milic, Dusan	13-09	Braeburn Swimming Club	38.73	37.07 QT
4 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	40.24	38.80 QT
5 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	39.08	41.21 QT
6 Kafuto, Rock K	12-10	Seahorses Aquatic Center	39.96	41.61 QT
7 Dalal, Samarth	13-09	Braeburn Swimming Club	46.82	41.82 QT
8 Kamanga, Ntando	13-08	Sailfish Swim Club	41.68	43.19 QT
--- Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	41.58	x44.66
--- Suther, Stefan	13-09	Sailfish Swim Club	51.46	x47.30
--- Mir, Muhammad M	13-09	Peponi Secondary School	45.88	x47.56
--- Wahome, Darren	12-10	Dashing Dolphins Swim Club	53.43	x53.84
--- Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	58.58	x55.17
--- Nduati, Tyler	12-10	Hillcrest International School	1:01.59	x55.55
--- Mohandas, Sai	13-09	Kenton College	43.00	x58.58
--- Kibet, Adrian	12-10	Seahorses Aquatic Center	1:04.14	x1:02.05
--- Ombwayo, Malik Nelson	13-09	Seahorses Aquatic Center	NT	x1:05.82
--- Kanja, Gabriel	13-09	Strathmore School	43.64	DQ
Alternating movement of legs or feet				

**Event 209 Boys 14-15 50 LC Meter Butterfly**

NCAA County: 26.92 C 4/11/2019 Tabuka Bifwoli at 2019 KSF Nat HIS-ZZ  
 Meet Record: 29.14 M 11/13/2021 Risha De Guzman BRSC  
 39.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Gikunda, Shaka M	15-06	Otters Swim Club	29.56	28.52 M QT
2 Irungu, Roy	14-08	Braeburn Swimming Club	32.06	30.95 QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 209 Boys 14-15 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	
3 Kalombo, Michael	15-06	Lifetime Swim Club	31.55	32.01	QT
4 Omar, Abdillahi Y	15-06	Braeburn Swimming Club	31.88	32.12	QT
5 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	33.65	32.76	QT
6 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	33.60	32.90	QT
--- Kibui, Alan M	15-07	Lifetime Swim Club	36.00	x40.00	
--- Kiambi, Ian M	15-06	Hillcrest International School	46.26	x49.63	

**Event 209 Boys 16 & Over 50 LC Meter Butterfly**

NCAA County: 23.50 C 12/1/2008 JASON DUNFORD at Africa Senior BARAQ-ZZ  
 Meet Record: 28.65 M 11/13/2021 Jesse M Onyach Hillcrest  
 35.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 De Guzman, Risha	16-06	Braeburn Swimming Club	28.25	29.09	QT
2 Boit, Dr. Edwin K	31-91	NextGen Multi Sport Academy	30.00	29.50	QT
3 Otieno, Emmanuel K	17-05	Otters Swim Club	30.89	29.82	QT
4 Muchoki, Ronnie R	23-99	Zefish Aquatics	30.51	30.78	QT
5 Ngweno, Adrian	24-98	Zefish Aquatics	29.60	30.88	QT
6 Bashir, Ishaq	17-05	Otters Swim Club	32.49	31.71	QT
7 Blunsum, Carlo A	16-06	Peponi Secondary School	30.45	31.73	QT
8 Okumu, Jesse M	18-04	Otters Swim Club	31.27	31.81	QT
9 Makokha, Timothy	23-99	Pro Swim Academy Kenya	33.37	32.71	QT
10 Otieno, Adam	16-06	Otters Swim Club	31.12	32.81	QT
11 Wanjir, Jackson	20-02	Pro Swim Academy Kenya	33.12	33.25	QT
12 Tobiko, Rodgers	23-99	Kenyatta University	32.97	33.30	QT
13 Kibadengi, Emmanuel	23-99	Kenyatta University	34.03	34.29	QT
--- Kinuthia, Stephen	21-01	Pro Swim Academy Kenya	34.23	x35.11	
--- Nderitu, Samuel M	23-99	Sailfish Swim Club	34.94	x35.56	
--- Kipkorir, Collinreece	21-01	Sailfish Swim Club	38.25	x35.92	
--- Mzee, Ian I	16-06	ST Austin's Academy	45.00	x37.50	

**Event 210 Mixed 8-9 4x50 LC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	3:11.45	3:23.72
1) Kariuki, Liam N M8	2) Osunga, Fadhili M8	3) Alala, Melissa M W8	4) Mwaniki, Emma Rose W9
2 Hillcrest International School	A	3:19.07	3:48.00
1) Deiters, John M9	2) Bongo, Antoinette W9	3) Acosta, Katherine W9	4) Lukorito, Eike M9
	1:56.43 ( ) 3:48.00 (1:51.57)		

**Event 210 Mixed 10-11 4x50 LC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	2:26.97	2:49.85
1) Mburu, Ted M10	2) Mukindia, Ethan M10	3) Osimbo, Venesse W11	4) Rading, Umami W W10
	1:19.74 ( ) 2:49.85 (1:30.11)		

**Event 210 Mixed 12-13 4x50 LC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	NT	2:31.85
1) Kafuto, Rock K M12	2) Nuru, Azu W13	3) Ngaywa, Seth Hassan M12	4) Mukindia, Abby G W12
2 Sailfish Swim Club	A	NT	2:32.36
1) Kamanga, Ntando M13	2) Omabere, Tamara W12	3) Pouakouyou, Grace I W12	4) Suther, Stefan M13
	1:15.86 ( ) 2:32.36 (1:16.50)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 210 Mixed 12-13 4x50 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
3 Hillcrest International School	A	3:02.25	2:40.09
1) Webber, Mischa W12	2) Nyamusi, Flo A W13	3) Nduati, Tyler M12	4) Njuguna, Jonathan M12
	1:24.61 ( )	2:40.09 (1:15.48)	
4 Dashing Dolphins Swim Club	A	NT	2:48.32
1) Agufana, Giovanna W12	2) Wahome, Darren M12	3) Kombo, Jeremy M12	4) Waswa, Lakisha W12
	1:33.75 ( )	2:48.32 (1:14.57)	

**Event 211 Girls 10-11 400 LC Meter Freestyle**

NCAA County: 6:26.76 C 11/13/2021 Ivy Aseka Ayako LITTL  
 Meet Record: 6:26.76 M 11/13/2021 Ivy Aseka Ayako LITTL  
 7:00.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Maina, Kamwelle	11-11	Bellevue Raptors	6:23.75	6:31.42 QT
			1:35.29 ( )	
			3:16.08 ( )	
			4:57.00 ( )	6:31.42 (1:34.42)
--- Pouakouyou, Michelle E	10-11	Sailfish Swim Club	7:52.31	x7:36.89
			1:41.02 ( )	
			3:40.55 ( )	
			5:41.98 ( )	7:36.89 (1:54.91)
--- Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	7:55.68	x7:47.55
			1:45.73 ( )	
			3:48.05 ( )	
			5:50.29 ( )	7:47.55 (1:57.26)
--- Maina, Wanjiku	11-11	Sailfish Swim Club	6:58.00	x8:24.00
			1:53.21 ( )	
			4:03.50 ( )	
			6:14.96 ( )	8:24.00 (2:09.04)

**Event 211 Girls 12-13 400 LC Meter Freestyle**

NCAA County: 5:44.29 C 11/13/2021 Saniyah N Omoro SAA -ZZ  
 Meet Record: 5:44.29 M 11/13/2021 Saniyah N Omoro SAA -ZZ  
 6:51.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Feisal, Nadiya	13-09	Otters Swim Club	5:59.41	5:41.10 C QT
			1:20.13 ( )	
			2:48.42 ( )	
			4:17.61 ( )	5:41.10 (1:23.49)
2 Njau, Amani K	12-09	Bellevue Raptors	6:19.38	6:17.31 QT
			1:29.97 ( )	
			3:08.95 ( )	
			4:47.96 ( )	6:17.31 (1:29.35)
3 Githui, Lowena M	12-10	Bellevue Raptors	6:25.36	6:19.14 QT
			1:29.32 ( )	
			3:07.95 ( )	
			4:47.78 ( )	6:19.14 (1:31.36)

**Event 211 Girls 14-15 400 LC Meter Freestyle**

NCAA County: 5:26.70 C 11/13/2021 Reese Gore Hillcrest  
 Meet Record: 5:26.70 M 11/13/2021 Reese Gore Hillcrest  
 6:10.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Maina, Kagure	15-07	Bellevue Raptors	5:36.90	5:43.59 QT
			1:18.98 ( )	
			2:49.91 ( )	
			4:22.28 ( )	5:43.59 (1:21.31)
2 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	5:31.85	5:43.70 QT
			1:17.08 ( )	
			2:45.27 ( )	
			4:16.66 ( )	5:43.70 (1:27.04)
3 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	6:02.58	5:54.58 QT
			1:19.91 ( )	
			2:49.74 ( )	
			4:22.66 ( )	5:54.58 (1:31.92)

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 211 Girls 14-15 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Masese, Kwamboka S	15-07	Braeburn Swimming Club	6:03.69	6:09.21 QT
			2:54.24 ( )	
			1:20.36 ( )	
			4:32.46 ( )	6:09.21 (1:36.75)

**Event 211 Girls 16 & Over 400 LC Meter Freestyle**

NCAA County: 5:21.15 C 11/13/2021 Nurayn Bagha BRSC  
 Meet Record: 5:21.15 M 11/13/2021 Nurayn Bagha BRSC  
 5:46.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	4:58.33	5:02.87 C QT
			2:25.48 ( )	
			1:08.69 ( )	
			3:43.99 ( )	5:02.87 (1:18.88)
2 Bianchi, Maria	16-06	Blue Ocean Swim Club	4:59.41	5:25.44 QT
			2:38.27 ( )	
			1:12.55 ( )	
			4:02.92 ( )	5:25.44 (1:22.52)
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	6:00.50	x8:08.47
			3:57.12 ( )	
			6:06.13 ( )	8:08.47 (2:02.34)

**Event 212 Boys 10-11 400 LC Meter Freestyle**

NCAA County: 7:05.59 C 11/13/2021 Kairav Patel ZEFIS-ZZ  
 Meet Record: 7:05.59 M 11/13/2021 Kairav Patel ZEFIS-ZZ  
 6:52.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Muturi, Snellen	10-12	Blue Ocean Swim Club	6:09.99	6:48.06 C QT
			3:22.13 ( )	
			1:36.41 ( )	
			5:08.70 ( )	6:48.06 (1:39.36)
--- Mayur, Tanay	10-12	Sailfish Swim Club	6:52.00	x9:01.80
			1:56.52 ( )	
				9:01.80 (7:05.28)

**Event 212 Boys 14-15 400 LC Meter Freestyle**

NCAA County: 5:30.00 C 11/13/2021 Jesse Kioko HSSCA-ZZ  
 Meet Record: 5:00.86 M 11/13/2021 Shad R Frantz Poseidon  
 5:45.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamotho, Curtis J	14-08	Otters Swim Club	5:16.44	5:00.65 M QT
			2:24.91 ( )	
			1:07.87 ( )	
			3:44.22 ( )	5:00.65 (1:16.43)
2 Nakano, Chikashi	14-08	Poseidon Swimming Club	5:10.60	5:00.82 QT
			2:24.48 ( )	
			1:07.77 ( )	
			3:43.51 ( )	5:00.82 (1:17.31)
3 Kioko, Jesse	15-07	Rusinga Schools Nairobi	5:30.00	5:35.54 QT
			2:33.47 ( )	
			1:09.81 ( )	
			4:03.00 ( )	5:35.54 (1:32.54)
4 Karia, Yash M	14-08	Otters Swim Club	5:38.05	5:39.76 QT
			2:47.09 ( )	
			1:18.14 ( )	
			4:16.82 ( )	5:39.76 (1:22.94)
5 Mugambi, Ryan M	15-07	Otters Swim Club	5:33.01	5:42.38 QT
			2:46.00 ( )	
			1:17.10 ( )	
			4:16.80 ( )	5:42.38 (1:25.58)



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 212 Boys 16 &amp; Over 400 LC Meter Freestyle

NCAA County: 6:13.82 C 11/13/2021 Collinreece Kipkorir

Sailfish

Meet Record: 6:13.82 M 11/13/2021 Collinreece Kipkorir

Sailfish

5:30.00 16&amp;0 QT

Name	Age	Team	Seed Time	Finals Time
--- Kipkorir, Collinreece	21-01	Sailfish Swim Club	6:13.82	x6:14.55
	1:16.90 ( )		2:50.85 ( )	
	4:33.46 ( )	6:14.55 (1:41.09)		
--- Mutwiri, Jeff M	22-00	Pro Swim Academy Kenya	5:25.00	x6:39.06
	1:21.53 ( )		3:01.64 ( )	
	4:48.01 ( )	6:39.06 (1:51.05)		

## Event 301 Girls 12-13 800 LC Meter Freestyle

NCAA County: 10:52.39 C 2/28/2014 Virginia N. Okumu at NATIONAL

BRSC-ZZ

Meet Record: 12:17.71 M 11/14/2021 Saniyah N Omoro

SAA -ZZ

14:09.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	14:33.96	13:55.61 QT
	1:31.71 ( )		3:14.59 ( )	
	5:01.02 ( )		6:50.15 ( )	
	8:38.55 ( )		10:27.52 ( )	
	12:15.23 ( )	13:55.61 (1:40.38)		
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	17:06.34	x16:13.17
	1:43.54 ( )		3:44.57 ( )	
	5:47.46 ( )		7:57.49 ( )	
	10:02.00 ( )		12:09.23 ( )	
	14:12.94 ( )	16:13.17 (2:00.23)		

## Event 301 Girls 14-15 800 LC Meter Freestyle

NCAA County: 10:11.28 C 2/27/2015 NASIMINYU KHATUNDI at NATIONAL

KESS-ZZ

Meet Record: 11:12.92 M 11/14/2021 Hedvig Lycke

BRSC

13:08.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Maina, Kagure	15-07	Bellevue Raptors	11:50.53	12:01.34 QT
	1:22.36 ( )		2:52.62 ( )	
	4:23.11 ( )		5:59.31 ( )	
	7:33.03 ( )		9:06.34 ( )	
	10:39.56 ( )	12:01.34 (1:21.78)		

## Event 302 Boys 10-11 800 LC Meter Freestyle

NCAA County: 11:06.29 C 5/17/2019 Lenny Werangai at Nairobi Coun

MAKIN-ZZ

14:45.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Muturi, Snellen	10-12	Blue Ocean Swim Club	12:57.44	13:18.50 QT
	1:34.25 ( )		3:15.38 ( )	
	4:56.16 ( )		6:38.45 ( )	
	8:22.67 ( )		10:06.10 ( )	
	11:46.72 ( )	13:18.50 (1:31.78)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 302 Boys 12-13 800 LC Meter Freestyle

NCAA County: 10:27.79 C 4/25/2013 MARCO-AUREL PELLEGRINI at CANA KENYA-ZZ  
13:50.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Suther, Stefan	13-09	Sailfish Swim Club	NT	13:18.47 QT
			1:31.61 ( )	
			4:56.54 ( )	
			8:23.64 ( )	
			11:45.78 ( )	13:18.47 (1:32.69)

## Event 302 Boys 14-15 800 LC Meter Freestyle

NCAA County: 9:24.24 C 4/25/2012 KIMANI MAINA at Cana Zone 3 & NRBCT  
Meet Record: 10:13.68 M 11/14/2021 Shad R Frantz Poseidon  
12:00.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamotho, Curtis J	14-08	Otters Swim Club	11:08.12	11:20.46 QT
			1:10.69 ( )	
			3:58.27 ( )	
			6:56.24 ( )	
			9:54.75 ( )	11:20.46 (1:25.71)

## Event 302 Boys 16 &amp; Over 800 LC Meter Freestyle

NCAA County: 9:50.21 C 2/8/2018 Atuhaire O. Ambala at 2018 Ken SEAH-ZZ  
Meet Record: 11:59.31 M 11/14/2021 Daryl Anambo Anjichi BBLES-ZZ  
11:45.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Bachelani, Samir	17-05	Blue Ocean Swim Club	10:45.52	10:24.41 M QT
			1:05.99 ( )	
			3:44.84 ( )	
			6:26.38 ( )	
			9:09.08 ( )	10:24.41 (1:15.33)

## Event 303 Girls 10-11 200 LC Meter Backstroke

NCAA County: 3:31.72 C 11/14/2021 Noni Njuguna BHS -ZZ  
Meet Record: 3:31.72 M 11/14/2021 Noni Njuguna BHS -ZZ  
3:45.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Swai, Zahra	10-11	Hillcrest International School	3:25.33	3:29.83 C QT
			1:41.98 ( )	3:29.83 (1:47.85)
2 Ombega, Kelsey	11-11	Zefish Aquatics	3:44.68	3:30.87 QT

## Event 303 Girls 12-13 200 LC Meter Backstroke

NCAA County: 2:58.27 C 11/14/2021 Ruth Wangari Lindkvist KENTO-ZZ  
Meet Record: 2:58.27 M 11/14/2021 Ruth Wangari Lindkvist KENTO-ZZ  
3:36.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Jovanovic, Dunja	12-10	Poseidon Swimming Club	3:21.79	3:05.31 QT
			1:30.14 ( )	3:05.31 (1:35.17)
2 Feisal, Nadiya	13-09	Otters Swim Club	3:17.02	3:14.18 QT
			1:34.27 ( )	3:14.18 (1:39.91)
3 Njuguna, Noni	12-10	Braeburn Swimming Club	3:31.72	3:15.88 QT
			1:36.37 ( )	3:15.88 (1:39.51)

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 303 Girls 14-15 200 LC Meter Backstroke

NCAA County: 2:56.11 C 11/14/2021 Erica Wangechi Irungu BHS -ZZ  
 Meet Record: 2:56.11 M 11/14/2021 Erica Wangechi Irungu BHS -ZZ  
 3:20.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	2:50.50	2:52.09 C QT
	1:21.53 ( )	2:52.09 (1:30.56)		
2 Shah, Rianna N	15-07	Peponi Secondary School	2:53.02	3:08.04 QT
	1:31.25 ( )	3:08.04 (1:36.79)		
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	3:36.76	x3:46.41
	1:49.34 ( )	3:46.41 (1:57.07)		

## Event 304 Boys 10-11 200 LC Meter Backstroke

NCAA County: 3:16.35 C 11/14/2021 Evan Williams ZEFIS-ZZ  
 Meet Record: 3:16.35 M 11/14/2021 Evan Williams ZEFIS-ZZ  
 3:30.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Ogola, Andrew	11-11	Little Fish Swim Club	3:16.20	3:18.83 QT
	24.63 ( )	3:18.83 (2:54.20)		
2 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	3:37.61	3:23.10 QT
	1:39.26 ( )	3:23.10 (1:43.84)		

## Event 304 Boys 12-13 200 LC Meter Backstroke

NCAA County: 3:00.17 C 11/14/2021 Karl Senanu Poseidon  
 Meet Record: 2:45.99 M 11/14/2021 Chikashi Nakano Poseidon  
 3:23.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamphuis, Yannick	13-09	Poseidon Swimming Club	3:03.90	3:02.05 QT
	1:27.92 ( )	3:02.05 (1:34.13)		
--- Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	4:18.98	x4:08.74
	1:58.47 ( )	4:08.74 (2:10.27)		

## Event 304 Boys 14-15 200 LC Meter Backstroke

3:15.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	2:39.77	2:39.68 QT
	1:16.91 ( )	2:39.68 (1:22.77)		
2 Nyagah, Xidi Munene	15-07	Rusinga Schools Nairobi	2:48.68	2:51.31 QT
	24.63 ( )	2:51.31 (2:26.68)		

## Event 304 Boys 16 &amp; Over 200 LC Meter Backstroke

NCAA County: 2:37.99 C 11/14/2021 Tabuka B Bifwoli Hillcrest  
 Meet Record: 2:37.99 M 11/14/2021 Tabuka B Bifwoli Hillcrest  
 2:56.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
--- Nderitu, Samuel M	23-99	Sailfish Swim Club	3:16.48	x3:16.86
	1:34.39 ( )	3:16.86 (1:42.47)		
--- Kinuthia, Stephen	21-01	Pro Swim Academy Kenya	2:54.00	x3:24.83
	24.63 ( )	3:24.83 (3:00.20)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 305 Girls 8-9 4x50 LC Meter Medley Relay

NCAA County: 3:36.82 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
E Kipchumbah, E Kipchumbah, C Odula, U Rading

Meet Record: 3:36.82 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
E Kipchumbah, E Kipchumbah, C Odula, U Rading

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	3:36.82	3:49.85
1) Wanjiru, Anaya T 8	2) Summaiya, Sophia Anne N 8	3) Alala, Melissa M 8	4) Namalero, Idoia 9
	3:00.41 ( )	3:49.85 (49.44)	

## Event 305 Girls 10-11 4x50 LC Meter Medley Relay

NCAA County: 3:02.62 C 11/14/2021 Zefish Aquatics ZEFIS-ZZ  
J Childs, S Choda, M Marsh, K Ombega

Meet Record: 3:02.62 M 11/14/2021 Zefish Aquatics ZEFIS-ZZ  
J Childs, S Choda, M Marsh, K Ombega

Team	Relay	Seed Time	Finals Time
--- Seahorses Aquatic Center	A	3:10.98	DQ
Number 4 swimmers feet lost touch with the starting platform before the preceeding team-ma			
1) Odula, Chedi 10	2) Mureithi, Wanjiku A 11	3) Osimbo, Venesse 11	4) Rading, Ummi W 10
--- Wadi Degla	A	NT	DQ
Stroke infraction swimmer #2			
1) Amara, Dambe 11	2) Mwangi, Kenya 10	3) Kaime, Gathoni 11	4) Wasambla, Kathy 10

## Event 305 Girls 12-13 4x50 LC Meter Medley Relay

NCAA County: 2:56.71 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
C Gahai, I Kafuto, L Kipchumbah, A Nuru

Meet Record: 2:56.71 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
C Gahai, I Kafuto, L Kipchumbah, A Nuru

Team	Relay	Seed Time	Finals Time
1 Hillcrest International School	A	3:13.25	3:13.93
1) Webber, Mischa 12	2) Lopez, Rafaela 12	3) Nyamusi, Flo A 13	4) Chisinde, Kalekye 12

## Event 305 Girls 14-15 4x50 LC Meter Medley Relay

NCAA County: 2:43.86 C 11/14/2021 Braeburn Swimming Club BRSC  
H Lycke, A Rana, M Kumon, E Luchters

Meet Record: 2:43.86 M 11/14/2021 Braeburn Swimming Club BRSC  
H Lycke, A Rana, M Kumon, E Luchters

Team	Relay	Seed Time	Finals Time
1 Hydra Swim & Sports Club Acad	A	NT	2:43.25 C
1) Musengi, Savannah 14	2) Geteria, Wanjiku 14	3) Maina, Wangechi T 14	4) Mayende, Elizabeth V 14
	1:34.70 ( )	2:43.25 (1:08.55)	

## Event 306 Boys 8-9 4x50 LC Meter Medley Relay

NCAA County: 3:21.09 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
T Mburu, B Mwangi, E Mukindia, L Moturi

Meet Record: 3:21.09 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
T Mburu, B Mwangi, E Mukindia, L Moturi

Team	Relay	Seed Time	Finals Time
1 Dashing Dolphins Swim Club	A	NT	3:48.52
1) Kimeu, Shawn 8	2) Njagi, Njau 9	3) Kombo, Joshua 9	4) Kibaara, Keita 9
	1:54.93 ( )	3:48.52 (1:53.59)	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 306 Boys 10-11 4x50 LC Meter Medley Relay

NCAA County: 2:59.69 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

N Olengo, B Kabiru, R Kafuto, A Kibet

Meet Record: 2:59.69 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

N Olengo, B Kabiru, R Kafuto, A Kibet

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	2:59.69	3:13.57
1) Mwangi, Brent 10	2) Mukindia, Ethan 10	3) Mburu, Ted 10	4) Andrew, Joe O 10
	1:46.48 ( )	3:13.57 (1:27.09)	

## Event 306 Boys 12-13 4x50 LC Meter Medley Relay

NCAA County: 2:42.94 C 11/14/2021 LIFETIME SWIM CLUB LSC -ZZ

J Karuma, F Nyingi, C Ochieng, Y Futaki

Meet Record: 2:42.94 M 11/14/2021 LIFETIME SWIM CLUB LSC -ZZ

J Karuma, F Nyingi, C Ochieng, Y Futaki

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	NT	2:55.79
1) Kafuto, Rock K 12	2) Kibet, Adrian 12	3) Ngaywa, Seth Hassan 12	4) Namulanda, Lukka 12
	1:38.74 ( )	2:55.79 (1:17.05)	

## Event 306 Boys 16 &amp; Over 4x50 LC Meter Medley Relay

NCAA County: 2:17.44 C 11/14/2021 SUNRISE BAY SWIM SCHOOL SBSTEAM

C Jerry, A Ngweno, G WATENE, E Wanjau

Meet Record: 2:17.44 M 11/14/2021 SUNRISE BAY SWIM SCHOOL SBSTEAM

C Jerry, A Ngweno, G WATENE, E Wanjau

Team	Relay	Seed Time	Finals Time
1 Pro Swim Academy Kenya	A	NT	2:16.95 C
1) Wanjir, Jackson 20	2) Makokha, Timothy 23	3) Mutwiri, Jeff M 22	4) Kinuthia, Stephen 21
	1:13.27 ( )	2:16.95 (1:03.68)	
2 Kenyatta University	A	2:23.47	2:18.77
1) Tobiko, Rodgers 23	2) Waweru, Moses 25	3) Omondi, Lucas 22	4) Kibadengi, Emmanuel 23
	1:17.06 ( )	2:18.77 (1:01.71)	

## Event 307 Girls 8-9 50 LC Meter Breaststroke

NCAA County: 45.00 C 11/28/2009 Hadassa Mumbi LCVR

Meet Record: 47.29 M 11/14/2021 Michelle E Pouakouyou Sailfish

1:03.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 CarboGrossman, Aluel	9-13	German School Nairobi	52.88	50.61 QT
2 Kimani, Luisa	9-13	Sailfish Swim Club	53.32	51.90 QT
3 Alala, Melissa M	8-14	Seahorses Aquatic Center	56.29	53.35 QT
4 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	57.32	55.44 QT
5 Shah, Havya J	9-13	Kenton College	58.05	56.13 QT
6 Mwaniki, Emma Rose	9-13	Seahorses Aquatic Center	53.96	56.51 QT
7 Pouakouyou, Jessica	9-13	Sailfish Swim Club	58.83	56.63 QT
8 Kaime, Gakenia	9-13	Wadi Degla	1:02.54	57.25 QT
9 Kimani, Kayla	8-14	Kenton College	58.18	57.33 QT
10 Cohen, Lia	9-13	The Banda School	1:00.05	57.88 QT
11 Mutheu, Thea T	9-12	Wadi Degla	1:01.09	59.35 QT
12 DeAllessi, Anok	9-13	German School Nairobi	1:03.00	59.59 QT
--- Wangari, Mbogo Zoe	8-13	Zefish Aquatics	1:01.01	x1:04.23
--- Hiridson, Glowy C	8-14	Pro Swim Academy Kenya	1:03.00	x1:04.63
--- Varanasi, Vedika	9-13	Kenton College	1:03.00	x1:05.16
--- Kamanga, Thandiwe	9-13	Sailfish Swim Club	1:14.07	x1:05.43

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 307 Girls 8-9 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Wanjiru, Anaya T	8-14	Seahorses Aquatic Center	NT	x1:08.49
--- Namalero, Idoia	9-13	Seahorses Aquatic Center	1:11.42	x1:09.89
--- Summaiya, Sophia Anne N	8-14	Seahorses Aquatic Center	1:07.32	x1:10.22
--- Kaur, Gia	9-13	Hillcrest International School	1:23.50	x1:13.17
--- Bukata, Agnes K	8-14	Wadi Degla	1:03.00	x1:22.43
--- Mumbi, Mukindia	8-13	Seahorses Aquatic Center	1:13.28	DQ

Executed more than one butterfly kick at the start or turn

**Event 307 Girls 10-11 50 LC Meter Breaststroke**

NCAA County: 38.61 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L BARAQ-ZZ  
 Meet Record: 41.75 M 11/14/2021 MACRINE A Kalombo LSC -ZZ  
 58.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Childs, Jeanette	11-11	The Banda School	42.56	40.43 M QT
2 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	45.35	44.33 QT
3 Osimbo, Venesse	11-11	Seahorses Aquatic Center	51.49	46.39 QT
4 Marsh, Mia	11-10	The Banda School	49.18	49.19 QT
5 Irungu, Erin N	11-11	Makini Schools	48.67	49.58 QT
6 Nesbitt, Sophia	11-11	Kenton College	50.61	49.60 QT
7 Ombega, Kelsey	11-11	Zefish Aquatics	54.52	50.04 QT
8 Court, Lily	11-11	Kenton College	51.46	50.83 QT
9 Luusa, Daniela	11-11	Kenton College	57.66	53.05 QT
10 Kaime, Gathoni	11-11	Wadi Degla	54.94	54.28 QT
11 Tchoketch, Sophia	10-12	Otters Swim Club	55.53	54.69 QT
12 Mwangi, Kenya	10-12	Wadi Degla	56.80	54.81 QT
13 Swai, Zahra	10-11	Hillcrest International School	55.35	54.98 QT
14 Kabuga, Anahi	10-12	German School Nairobi	55.38	56.11 QT
15 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	1:03.95	56.31 QT
16 Hailey, Idylle	10-12	Nairobi Teens Swimming Club	1:00.40	56.37 QT
17 Shah, Sarai	11-11	Kenton College	1:00.38	57.66 QT
--- Hawi, Belva	10-12	Dashing Dolphins Swim Club	56.11	x58.17
--- Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	1:03.07	x58.25
--- Lindkvist, Elsa Wanjiru	10-12	Kenton College	1:01.01	x58.45
--- Njonjo, Michele	10-12	Kenton College	1:13.66	x1:00.14
--- Amara, Dambe	11-10	Wadi Degla	1:03.02	x1:00.42
--- Mureithi, Wanjiku A	11-10	Seahorses Aquatic Center	1:00.87	x1:00.65
--- Nyambura, Ivanna	10-12	ST Austin's Academy	1:03.45	x1:00.65
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	58.26	x1:00.74
--- Muthoni, Joan	10-12	Nairobi Teens Swimming Club	1:05.84	x1:01.98
--- Otieno, Zahra W	11-11	Kenton College	NT	x1:04.26
--- Maina, Wanjiku	11-11	Sailfish Swim Club	1:07.33	x1:04.96
--- Karanja, Sky W	10-12	Nairobi Teens Swimming Club	1:14.84	x1:05.96
--- Mwirigi, Njeri	10-12	Kenton College	1:08.25	x1:06.83
--- Mohandas, Mimi	10-12	Kenton College	1:17.53	x1:09.81
--- Owidi, Amor	10-12	ST Austin's Academy	1:17.81	x1:10.84
--- Wasambla, Kathy	10-12	Wadi Degla	58.00	x1:11.33
--- Williamson, Saoirse	10-12	ST Austin's Academy	1:13.18	x1:15.69
--- Kamphuis, Lisa	10-12	Poseidon Swimming Club	55.53	DQ

Leg Movements not simultaneous or in the same horizontal plane

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 307 Girls 12-13 50 LC Meter Breaststroke

NCAA County: 34.28 C 11/25/2007 ACHIENG AJULU'BUSHELL at ASA S BARAQ-ZZ  
 Meet Record: 43.66 M 11/14/2021 Amana W Kingatua SAVVY-ZZ  
 51.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Kimani, Kimberly W	12-10	Kenton College	40.67	40.48 M QT
2 Kamotho, Christie W	12-10	Otters Swim Club	39.26	40.95 QT
3 Kingatua, Amana W	13-08	Braeburn Swimming Club	43.25	43.23 QT
4 Omondi, Naledi	12-10	German School Nairobi	47.54	45.69 QT
5 Nyakairu, Lanea	12-10	The Banda School	48.37	45.98 QT
6 Nungari, Hope C	13-09	Bellevue Raptors	47.97	46.31 QT
*7 Malo, Meggie A	13-09	Braeburn Swimming Club	45.12	47.69 QT
*7 Gituku, Gail	12-10	Braeburn Swimming Club	49.23	47.69 QT
9 Waswa, Lakisha	12-10	Dashing Dolphins Swim Club	52.96	47.77 QT
10 Abdullahi, Baarni	12-10	Kenton College	53.03	48.04 QT
11 Baradia, Imaan A	12-10	Blue Ocean Swim Club	48.92	48.10 QT
12 Lopez, Rafaela	12-10	Hillcrest International School	48.91	48.42 QT
13 Mutai, Shana C	13-09	Lifetime Swim Club	53.88	48.64 QT
*14 Feliziani, Giulia	12-10	German School Nairobi	51.57	48.70 QT
*14 Jovanovic, Dunja	12-10	Poseidon Swimming Club	49.90	48.70 QT
16 Shah, Siana	13-08	Peponi Secondary School	47.20	48.85 QT
17 Webber, Mischa	12-10	Hillcrest International School	50.51	48.95 QT
18 Kemunto, Malia	12-10	Rusinga Schools Nairobi	49.91	49.90 QT
19 Pouakouyou, Grace I	12-10	Sailfish Swim Club	51.50	50.83 QT
20 Warui, Ariana	12-10	Kenton College	49.96	50.92 QT
--- Mwanzia, Zareena M	12-09	Lifetime Swim Club	52.13	x51.17
--- Angima, Nyaboke	12-10	Kenton College	49.00	x51.76
--- Okwirry, Chloe	13-09	Hillcrest International School	48.00	x52.56
--- Winterton, Sarafina	12-09	ST Austin's Academy	55.83	x52.58
--- Mukindia, Abby G	12-10	Seahorses Aquatic Center	54.75	x53.55
--- Abdullahi, Beydhan	12-10	Kenton College	53.06	x54.53
--- Didi, Kayla A	12-10	Nairobi Teens Swimming Club	56.26	x54.81
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	1:03.27	x59.79
--- Wasambla, Leona A	13-09	Wadi Degla	51.00	x1:01.08
--- Chisinde, Kalekye	12-10	Hillcrest International School	1:01.34	x1:02.15
--- Priest, Stephanie	12-09	Hillcrest International School	1:06.21	x1:04.34
--- Nyamusi, Flo A	13-08	Hillcrest International School	1:05.96	x1:04.87

## Event 307 Girls 14-15 50 LC Meter Breaststroke

NCAA County: 32.64 C 12/1/2008 ACHIENG AJULU'BUSHELL at Afric BARAQ-ZZ  
 Meet Record: 44.20 M 11/14/2021 Erica Wangechi Irungu BHS -ZZ  
 47.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	44.43	43.22 M QT
2 Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	46.56	44.20 QT
--- Hailey, Yael	15-07	Nairobi Teens Swimming Club	49.34	x48.17
--- Kafuto, Ivy N	14-08	Seahorses Aquatic Center	48.81	x48.22
--- Anayo, Skyler G	14-08	Hillcrest International School	52.73	x51.98
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	52.62	x54.85
--- Karanja, Lisa N	14-08	Nairobi Teens Swimming Club	1:05.17	x58.69

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 307 Girls 16 &amp; Over 50 LC Meter Breaststroke

NCAA County: 34.00 C 4/11/2019 REBECCA W. KAMAU at 2019 KSF N BRSC-ZZ  
 Meet Record: 43.47 M 11/14/2021 Joan A Nyakundi ASA -ZZ  
 47.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Kamotho, Cheryl W	16-06	Otters Swim Club	42.49	41.93 M QT
2 Wairimu, Christine	17-05	Braeburn Swimming Club	45.33	45.29 QT
--- Waswa, Shawana	17-05	Dashing Dolphins Swim Club	52.92	x51.13
--- Florentyna, Aura	20-02	Seahorses Aquatic Center	50.01	x51.84
--- Muraya, Beatrice Njoki	21-01	University of Nairobi	NT	x53.93

## Event 308 Boys 8-9 50 LC Meter Breaststroke

NCAA County: 46.64 C 11/28/1998 JAY M. SHAH at NASA INVITATION OANBI-ZZ  
 Meet Record: 52.75 M 11/14/2021 Marvin R De Guzman BRSC  
 1:03.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Iton, Kristian	9-13	Poseidon Swimming Club	49.45	49.86 M QT
2 Ndirangu, Don G	9-13	Bellevue Raptors	48.49	50.79 QT
3 Court, James	9-13	Kenton College	53.91	51.12 QT
4 Nesbit, Adam	9-13	Kenton College	52.47	51.52 QT
5 Njagi, Njau	9-13	Dashing Dolphins Swim Club	1:00.17	53.45 QT
6 Luusa, Elijah	8-14	Kenton College	1:01.16	55.54 QT
7 Iton, Karl	9-13	Poseidon Swimming Club	1:01.97	56.72 QT
8 Kombo, Joshua	9-13	Dashing Dolphins Swim Club	1:01.44	58.86 QT
9 Deiters, John	9-13	Hillcrest International School	1:09.90	59.90 QT
10 Noorani, Aariz I	8-14	Blue Ocean Swim Club	1:02.34	1:02.45 QT
--- Kibaara, Keita	9-13	Dashing Dolphins Swim Club	1:06.39	x1:04.68
--- Maina, Andrew	9-13	Seahorses Aquatic Center	1:14.74	x1:06.04
--- Lukorito, Eike	9-13	Hillcrest International School	1:21.20	x1:06.56
--- Osunga, Fadhili	8-14	Seahorses Aquatic Center	1:09.82	x1:08.80
--- Thobela, Rypma	9-13	Wadi Degla	1:03.00	x1:14.43
--- Kimeu, Shawn	8-14	Dashing Dolphins Swim Club	1:03.00	DQ

Feet not turned out in the propulsive part of the kick

## Event 308 Boys 10-11 50 LC Meter Breaststroke

NCAA County: 36.92 C 11/25/2017 Risha De Guzman at Nairobi Cou BRSC-ZZ  
 Meet Record: 42.53 M 11/14/2021 Neo O Olengo SHAQS  
 58.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Irungu, Adrian M	11-11	Braeburn Swimming Club	45.44	43.81 QT
2 De Guzman, Marvin	10-12	Braeburn Swimming Club	47.66	45.10 QT
3 Gidoomal, Pranav	11-10	Kenton College	49.02	45.76 QT
4 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	46.11	46.91 QT
5 Kamau, Nathan	10-11	Dashing Dolphins Swim Club	55.23	47.90 QT
6 Mwangi, Brent	10-12	Seahorses Aquatic Center	56.44	50.09 QT
7 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	52.29	50.56 QT
8 Gichuha, Timothy T	11-11	Kenton College	52.42	50.84 QT
9 Omanga, Morani	11-10	Little Fish Swim Club	51.21	50.95 QT
10 Obuna, Brian	11-10	Zefish Aquatics	51.02	50.99 QT
11 Mburu, Ted	10-12	Seahorses Aquatic Center	55.22	51.03 QT
12 Waweru, Tevin	11-11	Bellevue Raptors	52.91	51.18 QT
13 Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	54.44	52.40 QT
14 Kabiru, Baraka	11-11	Seahorses Aquatic Center	57.02	53.65 QT



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 308 Boys 10-11 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	
15	Mukindia, Ethan	10-11	Seahorses Aquatic Center	55.54	55.08	QT
---	Osundwa, Luyali	10-12	Strathmore School	52.84	x1:00.58	
---	Kinyua, Jaban	10-12	Hillcrest International School	1:03.14	x1:00.61	
---	Mwalimu, Ethan Kathuri	10-12	Kenton College	1:06.99	x1:00.69	
---	Van Brussel, Loui	10-12	Hillcrest International School	1:08.26	x1:01.98	
---	Kalinga, Elijah	10-12	Seahorses Aquatic Center	1:03.99	x1:04.58	
---	Kimani, Liam W	10-11	Lifetime Swim Club	1:02.40	x1:04.69	
---	Arungu, Asa	10-12	Kenton College	52.00	x1:04.70	
---	Mwaniki, Joe	11-11	Seahorses Aquatic Center	1:11.91	x1:06.58	
---	Andrew, Joe O	10-12	Seahorses Aquatic Center	1:05.17	x1:07.03	
---	Nyabuto, Austin O	11-11	Lifetime Swim Club	1:15.10	x1:08.91	
---	Kamau, Clyde K	10-12	Wadi Degla	58.00	x1:13.51	

**Event 308 Boys 12-13 50 LC Meter Breaststroke**

NCAA County: 35.38 C 12/5/2018 Risha De Guzman at Western Cap BRSC-ZZ  
 Meet Record: 39.81 M 11/14/2021 Ashok X Rebeiro SBSTEAM  
 49.00 12-13 QT

	Name	Age	Team	Seed Time	Finals Time	
1	Milic, Dusan	13-09	Braeburn Swimming Club	43.63	42.48	QT
2	Dalal, Samarth	13-09	Braeburn Swimming Club	45.08	43.06	QT
3	Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	47.08	43.43	QT
4	Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	42.66	43.58	QT
5	Kamphuis, Yannick	13-09	Poseidon Swimming Club	45.24	43.65	QT
6	Futaki, Yoshihiro N	13-09	Lifetime Swim Club	45.50	45.23	QT
7	Van Aswegen, Nathan	12-10	The Banda School	47.96	46.80	QT
8	Kafuto, Rock K	12-10	Seahorses Aquatic Center	47.52	46.88	QT
9	Patel, Kairav	12-10	The Banda School	46.90	47.13	QT
10	Swai, Caelen	13-09	Hillcrest International School	46.35	47.14	QT
11	Njuguna, Jonathan	12-10	Hillcrest International School	51.33	48.25	QT
---	Kamanga, Ntando	13-08	Sailfish Swim Club	54.53	x50.71	
---	Wahome, Darren	12-10	Dashing Dolphins Swim Club	55.73	x53.09	
---	Mohandas, Sai	13-09	Kenton College	1:03.26	x55.57	
---	Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	1:06.18	x59.06	
---	Namulanda, Lukka	12-10	Seahorses Aquatic Center	1:00.41	x1:02.93	
---	Nduati, Tyler	12-10	Hillcrest International School	1:09.93	x1:03.30	
---	Ombwayo, Malik Nelson	13-09	Seahorses Aquatic Center	1:05.35	x1:05.50	

**Event 308 Boys 14-15 50 LC Meter Breaststroke**

NCAA County: 31.85 C 4/11/2019 Jono Per Opande at 2019 KSF Na HIS-ZZ  
 Meet Record: 35.43 M 11/14/2021 Shad R Frantz Poseidon  
 46.00 14-15 QT

	Name	Age	Team	Seed Time	Finals Time	
1	Kalombo, Michael	15-06	Lifetime Swim Club	37.37	35.86	QT
2	Singh, Harnek	15-07	Peponi Secondary School	38.34	39.65	QT
3	Omar, Abdillahi Y	15-06	Braeburn Swimming Club	39.71	40.46	QT
4	Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	40.93	40.47	QT
5	Shah, Darsh	14-08	Peponi Secondary School	43.23	41.06	QT
6	Kenya, Max	14-08	Braeburn Swimming Club	41.81	41.61	QT
7	Waswa, Bogani	15-07	Dashing Dolphins Swim Club	46.36	43.05	QT
---	Kibui, Alan M	15-07	Lifetime Swim Club	39.54	x46.39	
---	Kiambi, Ian M	15-06	Hillcrest International School	49.18	x52.82	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 308 Boys 14-15 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Irungu, Roy	14-08	Braeburn Swimming Club	40.10	DQ
Executed more than one butterfly kick at the start or turn				

**Event 308 Boys 16 & Over 50 LC Meter Breaststroke**

NCAA County: 30.12 C 5/6/2015 Tory PRAGASSA at 2015 Cana Zon KENYA-ZZ  
 Meet Record: 30.22 M 11/14/2021 Tory M Pragassa Poseidon  
 43.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 De Guzman, Risha	16-06	Braeburn Swimming Club	31.75	32.51 QT
2 Omar, Ibrahim	20-02	Otters Swim Club	33.56	33.40 QT
3 Muchoki, Ronnie R	23-99	Zefish Aquatics	36.34	35.77 QT
4 Otieno, Adam	16-06	Otters Swim Club	36.50	35.80 QT
5 Omondi, Lucas	22-99	Kenyatta University	36.43	36.53 QT
6 Makokha, Timothy	23-99	Pro Swim Academy Kenya	38.86	36.97 QT
7 Nyagu, Ndongoria G	16-06	Otters Swim Club	39.34	37.38 QT
8 Amor, James O	16-06	Seahorses Aquatic Center	38.16	38.25 QT
9 Ngweno, Adrian	24-98	Zefish Aquatics	34.90	38.73 QT
10 Gituku, Randall	16-06	Braeburn Swimming Club	38.93	38.87 QT
11 Waweru, Moses	25-97	Kenyatta University	41.31	39.85 QT
12 Kibadengi, Emmanuel	23-99	Kenyatta University	40.43	40.16 QT
13 Tobiko, Rodgers	23-99	Kenyatta University	41.57	41.14 QT
14 Priscus, Samson K	22-00	Pro Swim Academy Kenya	35.35	41.81 QT
--- Kiarie, David K	23-99	University of Nairobi	NT	x43.72
--- Otieno, Jeremy A	21-00	University of Nairobi	NT	x43.74
--- Kipkorir, Collinreece	21-01	Sailfish Swim Club	42.87	x43.82
--- Mzee, Ian I	16-06	ST Austin's Academy	52.00	x44.63
--- Wambugu, Victor	21-01	University of Nairobi	NT	x44.97
--- Owour, Antony	22-00	University of Nairobi	NT	x47.57

**Event 309 Girls 8-9 100 LC Meter Butterfly**

NCAA County: 1:42.02 C 11/26/2016 Ashley N. Kagwima at KSF Nbi i HSSCA-ZZ  
 Meet Record: 2:03.49 M 11/14/2021 Chedi Odula SHAQS  
 2:09.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	1:54.01	1:55.48M QT
--- Hiridson, Glowly C	8-14	Pro Swim Academy Kenya	2:08.00	x2:21.02

**Event 309 Girls 10-11 100 LC Meter Butterfly**

NCAA County: 1:14.01 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L BARAQ-ZZ  
 Meet Record: 1:29.66 M 11/14/2021 Marion J Alala SHAQS  
 1:59.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamiri, Maya	11-11	The Banda School	1:39.20	1:39.15 QT
2 Ombega, Kelsey	11-11	Zefish Aquatics	1:50.25	1:41.62 QT
3 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	1:57.37	1:47.46 QT
4 Savai, Naomi	10-12	Dashing Dolphins Swim Club	1:55.39	1:51.95 QT
5 Gikonyo, Victoria	11-11	Kenton College	1:57.15	1:53.61 QT
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	1:47.92	x2:09.30

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 309 Girls 12-13 100 LC Meter Butterfly

NCAA County: 1:07.89 C 12/14/2007 ACHIENG AJULU'BUSHELL at plymo BARAQ-ZZ  
 Meet Record: 1:21.51 M 11/14/2021 Jade I Onderi Poseidon  
 1:49.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Ruwa, Neema	13-09	Peponi Secondary School	1:16.69	1:20.17 M QT
2 Githui, Lowena M	12-10	Bellevue Raptors	1:40.14	1:32.70 QT
3 Kimani, Kimberly W	12-10	Kenton College	1:39.33	1:34.12 QT
4 Ndirangu, Nicole	12-10	Bellevue Raptors	1:33.00	1:34.38 QT
5 Nungari, Hope C	13-09	Bellevue Raptors	1:39.51	1:40.47 QT
6 Nuru, Azu	13-09	Seahorses Aquatic Center	1:38.53	1:41.30 QT
--- Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	1:44.13	x1:51.78

## Event 309 Girls 14-15 100 LC Meter Butterfly

NCAA County: 1:10.87 C 2/27/2015 NASIMINYU KHATUNDI at NATIONAL KESS-ZZ  
 Meet Record: 1:19.60 M 11/14/2021 Reese Gore Hillcrest  
 1:35.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Maina, Kagure	15-07	Bellevue Raptors	1:21.27	1:22.22 QT
2 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	1:23.57	1:24.38 QT
3 Hailey, Yael	15-07	Nairobi Teens Swimming Club	1:31.46	1:28.81 QT
4 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	1:22.65	1:30.82 QT

## Event 309 Girls 16 &amp; Over 100 LC Meter Butterfly

NCAA County: 1:03.54 C 7/29/2021 IMARA BELLA THORPE at LETNJE P BARAQ-ZZ  
 1:27.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Okumu, Victoria A	18-04	Braeburn Swimming Club	1:09.76	1:09.77 QT
2 Bianchi, Maria	16-06	Blue Ocean Swim Club	1:11.56	1:11.64 QT
3 Gore, Reese	16-06	Hillcrest International School	1:19.60	1:21.38 QT

## Event 310 Boys 8-9 100 LC Meter Butterfly

NCAA County: 1:42.13 C 11/26/2016 Warren Lwanya at KSF Nbi invit BBLES-ZZ  
 Meet Record: 1:47.98 M 11/14/2021 Ted Mburu SHAQS  
 2:09.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
--- Nesbit, Adam	9-13	Kenton College	2:08.00	DQ

Arms not brought forward simultaneously over the water

## Event 310 Boys 10-11 100 LC Meter Butterfly

NCAA County: 1:17.79 C 3/11/2008 CHIRAG V. PATEL at Telkom SA N NRBCT  
 Meet Record: 1:20.44 M 11/14/2021 Neo O Olengo SHAQS  
 1:42.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Ogola, Andrew	11-11	Little Fish Swim Club	1:36.66	1:29.09 QT
--- Omanga, Morani	11-10	Little Fish Swim Club	1:40.84	x1:45.87
--- Mwangi, Brent	10-12	Seahorses Aquatic Center	1:49.28	x1:47.44
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	1:40.00	x2:29.35
--- De Guzman, Marvin	10-12	Braeburn Swimming Club	1:30.19	DQ
--- Mburu, Ted	10-12	Seahorses Aquatic Center	1:47.98	DQ

Touch at the finish or turn was not made with both hands simultaneously/separated  
 Alternating movement of legs or feet

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 310 Boys 12-13 100 LC Meter Butterfly

NCAA County: 1:05.42 C 4/25/2013 MARCO-AUREL PELLEGRINI at CANA KENYA-ZZ  
 Meet Record: 1:21.21 M 11/14/2021 Victor Okech MSA  
 1:30.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	1:43.62	1:28.65	QT
--- Omar, Abdirahman Y	13-09	Braeburn Swimming Club	1:28.25	x1:35.80	
--- Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	1:47.89	x1:36.00	
--- Namulanda, Lukka	12-10	Seahorses Aquatic Center	NT	x2:06.82	

## Event 310 Boys 14-15 100 LC Meter Butterfly

NCAA County: 1:00.77 C 4/11/2019 Tabuka Bifwoli at 2019 KSF Nat HIS-ZZ  
 Meet Record: 1:10.42 M 11/14/2021 Shad R Frantz Poseidon  
 1:20.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kioko, Jesse	15-07	Rusinga Schools Nairobi	1:11.39	1:14.00	QT
--- Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	1:23.37	x1:21.34	
--- Waswa, Bogani	15-07	Dashing Dolphins Swim Club	1:27.86	x1:27.88	
--- Kibui, Alan M	15-07	Lifetime Swim Club	1:18.09	x1:42.49	

## Event 310 Boys 16 &amp; Over 100 LC Meter Butterfly

NCAA County: 51.85 C 3/24/2007 JASON DUNFORD at 12th FINA WOR KENYA-ZZ  
 Meet Record: 1:05.54 M 11/14/2021 Jesse M Onyach Hillcrest  
 1:24.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 Bachelani, Samir	17-05	Blue Ocean Swim Club	1:12.82	1:11.68	QT
2 Tobiko, Rodgers	23-99	Kenyatta University	1:22.75	1:23.43	QT

## Event 401 Girls 8-9 50 LC Meter Backstroke

NCAA County: 34.17 C 2/20/2010 CARA McSONGWE at NASA AAA AGE BRSC-ZZ  
 Meet Record: 47.87 M 11/14/2021 Zhara Swai Hillcrest  
 59.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kimani, Luisa	9-13	Sailfish Swim Club	48.50	48.48	QT
2 Alala, Melissa M	8-14	Seahorses Aquatic Center	50.80	51.35	QT
3 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	53.28	52.87	QT
4 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	57.31	53.43	QT
5 Shah, Havya J	9-13	Kenton College	52.75	53.94	QT
6 Jovanovic, Mila	9-13	Poseidon Swimming Club	57.53	56.14	QT
7 Wangari, Mbogo Zoe	8-13	Zefish Aquatics	58.74	58.10	QT
--- Pouakouyou, Jessica	9-13	Sailfish Swim Club	55.59	x59.01	
--- Ouma, Serena H	9-13	Makini Schools	54.44	x1:00.89	
--- Kamanga, Thandiwe	9-13	Sailfish Swim Club	1:13.06	x1:03.78	
--- Varanasi, Vedika	9-13	Kenton College	1:06.45	x1:03.96	
--- Namalero, Idoia	9-13	Seahorses Aquatic Center	54.46	x1:04.11	
--- Kimani, Kayla	8-14	Kenton College	1:08.30	x1:04.22	
--- Wanjiru, Anaya T	8-14	Seahorses Aquatic Center	NT	x1:05.22	
--- Mutheu, Thea T	9-12	Wadi Degla	59.00	x1:07.43	
--- Mumbi, Mukindia	8-13	Seahorses Aquatic Center	1:09.06	x1:17.51	
--- Summaiya, Sophia Anne N	8-14	Seahorses Aquatic Center	1:11.60	x1:17.80	
--- Mwaniki, Emma Rose	9-13	Seahorses Aquatic Center	1:05.30	x1:18.37	
--- Kaur, Gia	9-13	Hillcrest International School	1:31.72	x1:38.50	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 401 Girls 10-11 50 LC Meter Backstroke

NCAA County: 36.22 C 12/19/2009 DANIELLE AWORI at Hamilton Aqu BARAQ-ZZ  
 Meet Record: 39.29 M 11/14/2021 MACRINE A Kalombo LSC -ZZ  
 53.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 Childs, Jeanette	11-11	The Banda School	43.13	40.59	QT
2 Marsh, Mia	11-10	The Banda School	43.03	41.74	QT
3 Swai, Zahra	10-11	Hillcrest International School	45.16	42.32	QT
4 Kamiri, Maya	11-11	The Banda School	42.45	42.60	QT
5 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	49.80	43.72	QT
6 Kamphuis, Lisa	10-12	Poseidon Swimming Club	47.53	45.28	QT
7 Popat, Isabella	10-11	Kenton College	46.81	46.54	QT
8 Savai, Naomi	10-12	Dashing Dolphins Swim Club	52.67	47.07	QT
9 Ombega, Kelsey	11-11	Zefish Aquatics	48.83	47.41	QT
10 Kamau, Paula	11-11	Otters Swim Club	48.34	47.99	QT
11 Nesbitt, Sophia	11-11	Kenton College	47.76	48.18	QT
12 Gikonyo, Victoria	11-11	Kenton College	48.49	49.51	QT
13 Hawi, Belva	10-12	Dashing Dolphins Swim Club	1:08.80	49.58	QT
14 Luusa, Daniela	11-11	Kenton College	49.43	50.21	QT
15 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	54.81	50.55	QT
16 Tchoketch, Sophia	10-12	Otters Swim Club	49.56	50.64	QT
17 Lindkvist, Elsa Wanjiru	10-12	Kenton College	48.73	50.71	QT
18 Oloo, Myra Ayira	10-11	Dashing Dolphins Swim Club	55.61	50.95	QT
19 Kaime, Gathoni	11-11	Wadi Degla	48.93	51.18	QT
20 Osimbo, Venesse	11-11	Seahorses Aquatic Center	46.41	51.48	QT
21 Court, Lily	11-11	Kenton College	59.84	52.10	QT
22 Hailey, Idylle	10-12	Nairobi Teens Swimming Club	1:02.05	52.22	QT
23 Maina, Wanjiku	11-11	Sailfish Swim Club	50.14	52.33	QT
24 Muthoni, Joan	10-12	Nairobi Teens Swimming Club	1:00.57	52.71	QT
--- Mureithi, Wanjiku A	11-10	Seahorses Aquatic Center	55.18	x53.08	
--- Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	52.19	x53.55	
--- Odula, Chedi	10-12	Seahorses Aquatic Center	59.88	x55.35	
--- Mwangi, Kenya	10-12	Wadi Degla	53.00	x55.42	
--- Otieno, Zahra W	11-11	Kenton College	56.52	x55.63	
--- Njonjo, Michele	10-12	Kenton College	53.61	x55.75	
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	59.24	x56.21	
--- Shah, Sarai	11-11	Kenton College	57.60	x56.38	
--- Amara, Dambe	11-10	Wadi Degla	57.39	x58.37	
--- Mwirigi, Njeri	10-12	Kenton College	49.00	x1:00.14	
--- Wasambla, Kathy	10-12	Wadi Degla	53.00	x1:04.14	
--- Karanja, Sky W	10-12	Nairobi Teens Swimming Club	52.89	x1:05.46	
--- Mohandas, Mimi	10-12	Kenton College	1:06.14	x1:12.72	
--- Williamson, Saoirse	10-12	ST Austin's Academy	1:13.42	x1:14.39	

## Event 401 Girls 12-13 50 LC Meter Backstroke

NCAA County: 32.77 C 12/21/2010 DANIELLE AWORI at Hamilton Aqu BARAQ-ZZ  
 Meet Record: 37.75 M 11/14/2021 Jade I Onderi Poseidon  
 49.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ruwa, Neema	13-09	Peponi Secondary School	36.35	37.25	M QT
2 Jovanovic, Dunja	12-10	Poseidon Swimming Club	40.19	39.52	QT
3 Muyela, Laurie	12-10	Otters Swim Club	38.83	40.21	QT
4 Warui, Ariana	12-10	Kenton College	38.31	40.37	QT

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Results****(Event 401 Girls 12-13 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	
5 Njuguna, Noni	12-10	Braeburn Swimming Club	44.52	40.57	QT
6 Ndirangu, Nicole	12-10	Bellevue Raptors	41.90	42.11	QT
7 Kingatua, Amana W	13-08	Braeburn Swimming Club	42.69	42.51	QT
8 Webber, Mischa	12-10	Hillcrest International School	44.79	42.91	QT
9 Shah, Siana	13-08	Peponi Secondary School	41.38	43.90	QT
10 Musyoka, Tizita	13-09	Poseidon Swimming Club	41.37	43.97	QT
11 Omabere, Tamara	12-09	Sailfish Swim Club	45.23	43.98	QT
12 Choda, Simran	12-10	The Banda School	43.48	44.10	QT
13 Tchoketch, Sarah	12-10	Otters Swim Club	43.95	44.13	QT
14 Gituku, Gail	12-10	Braeburn Swimming Club	42.22	44.43	QT
15 Nungari, Hope C	13-09	Bellevue Raptors	42.83	45.22	QT
16 Kemunto, Malia	12-10	Rusinga Schools Nairobi	46.37	45.30	QT
17 Mwanzia, Zareena M	12-09	Lifetime Swim Club	47.73	45.34	QT
18 Mutai, Shana C	13-09	Lifetime Swim Club	58.95	45.89	QT
19 Wagenaar, Katelyn	12-10	Braeburn Swimming Club	47.46	45.90	QT
20 Nyakairu, Lanea	12-10	The Banda School	49.28	45.97	QT
21 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	46.56	46.01	QT
22 Nuru, Azu	13-09	Seahorses Aquatic Center	45.35	47.08	QT
23 Ouma, Arianna	13-09	Makini Schools	46.68	47.98	QT
24 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	47.15	48.00	QT
--- Waswa, Lakisha	12-10	Dashing Dolphins Swim Club	50.20	x49.38	
--- Angima, Nyaboke	12-10	Kenton College	47.00	x49.53	
--- Lopez, Rafaela	12-10	Hillcrest International School	55.47	x49.58	
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	56.77	x50.60	
--- Okwirry, Chloe	13-09	Hillcrest International School	45.00	x51.22	
--- Abdullahi, Baarni	12-10	Kenton College	47.00	x52.67	
--- Priest, Stephanie	12-09	Hillcrest International School	57.57	x53.71	
--- Mukindia, Abby G	12-10	Seahorses Aquatic Center	55.78	x54.17	
--- Chisinde, Kalekye	12-10	Hillcrest International School	57.35	x57.86	
--- Agufana, Giovanna	12-10	Dashing Dolphins Swim Club	57.94	x58.00	
--- Abdullahi, Beydhan	12-10	Kenton College	47.00	x1:00.94	

**Event 401 Girls 14-15 50 LC Meter Backstroke**

**NCAA County:** 32.57 C 2/22/2013 ANITA Z. FIELD at NATIONAL AGE BRSC-ZZ  
**Meet Record:** 36.31 M 11/14/2021 Reese Gore Hillcrest  
**47.00 14-15 QT**

Name	Age	Team	Seed Time	Finals Time	
1 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	36.89	37.28	QT
2 Shah, Rianna N	15-07	Peponi Secondary School	37.63	38.67	QT
3 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	39.64	39.08	QT
4 Kumon, Manna	15-07	Braeburn Swimming Club	42.91	40.77	QT
5 Hailey, Yael	15-07	Nairobi Teens Swimming Club	45.65	42.88	QT
6 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	43.42	43.52	QT
7 Feisal, Najma	15-07	Otters Swim Club	45.20	45.24	QT
--- Kafuto, Ivy N	14-08	Seahorses Aquatic Center	43.91	x47.89	
--- Anayo, Skyler G	14-08	Hillcrest International School	47.89	x48.11	
--- Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	49.22	x48.19	
--- Opiyo, Angie	14-08	Zefish Aquatics	46.00	x49.19	
--- Musengi, Savannah	14-08	Hydra Swim & Sports Club Acad	46.53	x49.45	
--- Karanja, Lisa N	14-08	Nairobi Teens Swimming Club	46.99	x51.66	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 401 Girls 16 &amp; Over 50 LC Meter Backstroke

NCAA County: 31.93 C 2/28/2014 DANIELLE AWORI at NATIONAL AGE SEAH-ZZ  
 Meet Record: 34.73 M 11/14/2021 Victoria A Okumu Hillcrest  
 46.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 Gore, Reese	16-06	Hillcrest International School	36.31	35.93	QT
2 Wairimu, Christine	17-05	Braeburn Swimming Club	40.86	42.05	QT
3 Onyancha, Beryl	23-99	Pro Swim Academy Kenya	46.00	44.83	QT
--- Malao, Tanya	22-00	University of Nairobi	NT	x54.87	
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	48.56	x55.31	

## Event 402 Boys 8-9 50 LC Meter Backstroke

NCAA County: 41.43 C 11/28/2009 EMMANUEL C. NDONGA at Nasa Age MAKIN-ZZ  
 Meet Record: 44.39 M 11/14/2021 Marvin R De Guzman BRSC  
 59.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ndirangu, Don G	9-13	Bellevue Raptors	42.41	42.86	M QT
2 Nesbit, Adam	9-13	Kenton College	48.64	47.89	QT
3 Mwagiru, Jabali	9-13	Little Fish Swim Club	54.04	54.38	QT
4 Noorani, Aariz I	8-14	Blue Ocean Swim Club	56.55	54.87	QT
5 Luusa, Elijah	8-14	Kenton College	1:02.19	56.70	QT
6 Kimeu, Shawn	8-14	Dashing Dolphins Swim Club	58.00	57.32	QT
7 Winters, Quintijn	9-13	Braeburn Swimming Club	54.27	58.30	QT
--- Deiters, John	9-13	Hillcrest International School	1:02.08	x1:01.76	
--- Osunga, Fadhili	8-14	Seahorses Aquatic Center	1:06.83	x1:04.31	
--- Lukorito, Eike	9-13	Hillcrest International School	1:12.94	x1:06.48	
--- Miller, Thomas	8-14	Hillcrest International School	1:19.78	x1:06.53	
--- Maina, Andrew	9-13	Seahorses Aquatic Center	1:21.82	x1:15.47	
--- Mutandi, Emmanuel	8-14	Wadi Degla	57.69	DQ	
False start					
--- Court, James	9-13	Kenton College	54.53	DQ	
Swimmer did not finish whilst on the back					

## Event 402 Boys 10-11 50 LC Meter Backstroke

NCAA County: 35.65 C 3/20/2014 EDWARD ROEST at SA Level 2 Reg NRBC T  
 Meet Record: 38.07 M 11/14/2021 Neo O Olengo SHAQS  
 51.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time	
1 De Guzman, Marvin	10-12	Braeburn Swimming Club	39.72	40.87	QT
2 Waweru, Tevin	11-11	Bellevue Raptors	43.82	41.42	QT
3 Ogola, Andrew	11-11	Little Fish Swim Club	42.06	41.88	QT
4 Okumu, Lawrence	10-12	Braeburn Swimming Club	43.80	44.22	QT
5 Mburu, Ted	10-12	Seahorses Aquatic Center	47.23	44.32	QT
6 Mwangi, Brent	10-12	Seahorses Aquatic Center	48.45	45.35	QT
7 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	47.44	45.95	QT
8 Mutula, James	10-12	Nairobi Teens Swimming Club	51.54	46.00	QT
9 Hodson, Marley	11-11	The Banda School	44.97	46.63	QT
10 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	46.74	47.14	QT
11 Obuna, Brian	11-10	Zefish Aquatics	47.43	47.87	QT
12 Gichuha, Timothy T	11-11	Kenton College	52.16	49.46	QT
13 Kabiru, Baraka	11-11	Seahorses Aquatic Center	52.15	49.65	QT
14 Osundwa, Luyali	10-12	Strathmore School	47.94	50.89	QT
--- Arungu, Asa	10-12	Kenton College	49.00	x51.96	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 402 Boys 10-11 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
--- Andrew, Joe O	10-12	Seahorses Aquatic Center	58.08	x52.75
--- Mukindia, Ethan	10-11	Seahorses Aquatic Center	46.81	x52.76
--- Mwalimu, Ethan Kathuri	10-12	Kenton College	55.88	x53.21
--- Van Brussel, Loui	10-12	Hillcrest International School	59.70	x53.33
--- Mayur, Tanay	10-12	Sailfish Swim Club	1:01.74	x53.83
--- Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	NT	x56.43
--- Kalinga, Elijah	10-12	Seahorses Aquatic Center	1:01.03	x56.63
--- Nyabuto, Austin O	11-11	Lifetime Swim Club	55.00	x57.96
--- Mwaniki, Joe	11-11	Seahorses Aquatic Center	1:03.06	x1:07.44

**Event 402 Boys 12-13 50 LC Meter Backstroke**

NCAA County: 32.18 C 3/12/2015 NABIL SALEH at SA Level 3 Nati NRBC T  
 Meet Record: 37.46 M 11/14/2021 Karl Senanu Poseidon  
 48.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time
1 Milic, Dusan	13-09	Braeburn Swimming Club	37.91	39.93 QT
2 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	46.48	42.04 QT
3 Cohen, Tom	12-10	The Banda School	43.81	42.62 QT
4 Winters, Ivar	12-10	Braeburn Swimming Club	42.40	42.84 QT
5 Suther, Stefan	13-09	Sailfish Swim Club	43.60	43.54 QT
6 Kafuto, Rock K	12-10	Seahorses Aquatic Center	45.07	44.44 QT
7 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	44.44	44.46 QT
8 Van Aswegen, Nathan	12-10	The Banda School	44.44	45.99 QT
9 Nduati, Tyler	12-10	Hillcrest International School	49.71	46.49 QT
10 Mir, Muhammad M	13-09	Peponi Secondary School	45.30	46.87 QT
--- Swai, Caelen	13-09	Hillcrest International School	55.55	x51.19
--- Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	52.01	x53.51
--- Namulanda, Lukka	12-10	Seahorses Aquatic Center	59.20	x55.87
--- Mohandas, Sai	13-09	Kenton College	46.00	x56.19
--- Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	55.79	x57.22
--- Ombwayo, Malik Nelson	13-09	Seahorses Aquatic Center	44.78	x1:04.99

**Event 402 Boys 14-15 50 LC Meter Backstroke**

NCAA County: 29.85 C 3/29/2004 DAVID DUNFORD at Telkom SA Pre NRBC T  
 Meet Record: 36.80 M 11/14/2021 Michael Kalombo LSC -ZZ  
 42.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Kamotho, Curtis J	14-08	Otters Swim Club	33.90	34.77 M QT
2 Nyagah, Xidi Munene	15-07	Rusinga Schools Nairobi	35.32	34.88 QT
3 Kioko, Jesse	15-07	Rusinga Schools Nairobi	36.83	35.42 QT
4 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	36.61	36.99 QT
5 Kalombo, Michael	15-06	Lifetime Swim Club	35.91	37.24 QT
6 Mugambi, Ryan M	15-07	Otters Swim Club	35.92	37.54 QT
7 Omar, Abdillahi Y	15-06	Braeburn Swimming Club	35.69	37.75 QT
8 Kenyi, Max	14-08	Braeburn Swimming Club	37.56	38.08 QT
9 Muigai, Mwaniki	15-07	Otters Swim Club	39.06	38.83 QT
10 Waziri, Nick	15-06	Braeburn Swimming Club	39.63	40.91 QT
11 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	41.53	40.95 QT
--- Kiambi, Ian M	15-06	Hillcrest International School	45.73	x48.91



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 402 Boys 16 &amp; Over 50 LC Meter Backstroke

NCAA County: 17.50 C 2/23/2018 Hesbon Mosoto at KSF Age Group BANDA-ZZ  
 Meet Record: 33.55 M 11/14/2021 Jesse M Onyach Hillcrest  
 38.00 16&O QT

Name	Age	Team	Seed Time	Finals Time
1 Blunsum, Carlo A	16-06	Peponi Secondary School	31.62	31.80 M QT
2 De Guzman, Risha	16-06	Braeburn Swimming Club	31.74	32.39 QT
3 Muchoki, Ronnie R	23-99	Zefish Aquatics	33.56	34.92 QT
4 Otieno, Adam	16-06	Otters Swim Club	35.22	35.42 QT
5 Wanjir, Jackson	20-02	Pro Swim Academy Kenya	36.33	36.04 QT
--- Nderitu, Samuel M	23-99	Sailfish Swim Club	42.02	x41.70
--- Mzee, Ian I	16-06	ST Austin's Academy	43.00	x44.89

## Event 404 Boys 14-15 400 LC Meter IM

6:40.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time
1 Nakano, Chikashi	14-08	Poseidon Swimming Club	5:56.01	5:56.48 QT
		1:19.44 ( )	2:45.48 ( )	
		4:40.17 ( )	5:56.48 (1:16.31)	

## Event 405 Girls 8-9 50 LC Meter Freestyle

NCAA County: 34.30 C 5/17/2019 Nina Irangi at Nairobi County MAKIN-ZZ  
 Meet Record: 38.66 M 11/14/2021 Zhara Swai Hillcrest  
 48.00 8-9 QT

Name	Age	Team	Seed Time	Finals Time
1 Kimani, Luisa	9-13	Sailfish Swim Club	39.47	38.42 M QT
2 Mudachi, Mawia L	9-13	Nairobi Teens Swimming Club	42.33	42.20 QT
3 Maina, Naisula Titolai W	9-13	Hydra Swim & Sports Club Acad	43.67	43.95 QT
4 CarboGrossman, Aluel	9-13	German School Nairobi	47.79	44.35 QT
5 Ouma, Serena H	9-13	Makini Schools	41.71	44.42 QT
6 Alala, Melissa M	8-14	Seahorses Aquatic Center	46.39	45.67 QT
7 Shah, Havya J	9-13	Kenton College	47.71	45.82 QT
--- Wangari, Mbogo Zoe	8-13	Zefish Aquatics	45.54	x48.70
--- Kaime, Gakenia	9-13	Wadi Degla	47.00	x50.55
--- Pouakouyou, Jessica	9-13	Sailfish Swim Club	46.36	x50.79
--- Kamanga, Thandiwe	9-13	Sailfish Swim Club	50.65	x51.48
--- Namalero, Idoia	9-13	Seahorses Aquatic Center	49.27	x51.77
--- Bongo, Antoinette	9-13	Hillcrest International School	47.00	x51.80
--- DeAllessi, Anok	9-13	German School Nairobi	50.43	x51.95
--- Varanasi, Vedika	9-13	Kenton College	50.79	x53.55
--- Mwaniki, Emma Rose	9-13	Seahorses Aquatic Center	51.13	x53.84
--- Wanjiru, Anaya T	8-14	Seahorses Aquatic Center	NT	x54.65
--- Mutheu, Thea T	9-12	Wadi Degla	48.00	x55.10
--- Kaur, Gia	9-13	Hillcrest International School	1:03.68	x56.22
--- Mumbi, Mukindia	8-13	Seahorses Aquatic Center	54.65	x56.44
--- Bukata, Agnes K	8-14	Wadi Degla	48.00	x1:01.60
--- Summaiya, Sophia Anne N	8-14	Seahorses Aquatic Center	1:01.57	x1:07.66

## Event 405 Girls 10-11 50 LC Meter Freestyle

NCAA County: 29.24 C 3/7/2006 ACHIENG AJULU'BUSHELL at SSA L BARAQ-ZZ  
 Meet Record: 31.23 M 11/14/2021 MACRINE A Kalombo LSC -ZZ  
 45.00 10-11 QT

Name	Age	Team	Seed Time	Finals Time
1 Childs, Jeanette	11-11	The Banda School	33.83	33.41 QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 405 Girls 10-11 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
2 Swai, Zahra	10-11	Hillcrest International School	38.21	34.29	QT
3 Kamiri, Maya	11-11	The Banda School	36.01	35.79	QT
4 Ombega, Kelsey	11-11	Zefish Aquatics	37.01	36.24	QT
5 Marsh, Mia	11-10	The Banda School	36.17	36.33	QT
6 Savai, Naomi	10-12	Dashing Dolphins Swim Club	42.11	36.53	QT
7 Kamphuis, Lisa	10-12	Poseidon Swimming Club	35.79	36.81	QT
8 Irungu, Erin N	11-11	Makini Schools	38.01	36.87	QT
9 Pouakouyou, Michelle E	10-11	Sailfish Swim Club	41.22	37.49	QT
10 Court, Lily	11-11	Kenton College	42.68	38.08	QT
11 Kamau, Paula	11-11	Otters Swim Club	37.58	38.90	QT
12 Nesbitt, Sophia	11-11	Kenton College	40.31	39.03	QT
13 Gikonyo, Victoria	11-11	Kenton College	43.90	39.19	QT
14 Luusa, Daniela	11-11	Kenton College	40.24	39.28	QT
15 Mwangi, Kenya	10-12	Wadi Degla	43.00	39.73	QT
16 Popat, Isabella	10-11	Kenton College	39.16	39.87	QT
17 Mudachi, Mupa I	11-11	Nairobi Teens Swimming Club	43.15	40.21	QT
18 Heraniah, Sonia	10-12	Hydra Swim & Sports Club Acad	47.79	40.89	QT
19 Osimbo, Venesse	11-11	Seahorses Aquatic Center	43.06	42.12	QT
20 Mureithi, Wanjiku A	11-10	Seahorses Aquatic Center	47.85	42.43	QT
21 Kaime, Gathoni	11-11	Wadi Degla	41.96	43.25	QT
22 Otieno, Zahra W	11-11	Kenton College	44.71	43.52	QT
23 Amara, Dambe	11-10	Wadi Degla	44.51	43.81	QT
24 Lindkvist, Elsa Wanjiru	10-12	Kenton College	47.30	44.30	QT
25 Hailey, Idylle	10-12	Nairobi Teens Swimming Club	49.51	44.31	QT
26 Maina, Wanjiku	11-11	Sailfish Swim Club	46.03	44.39	QT
27 Njonjo, Michele	10-12	Kenton College	58.67	44.83	QT
--- Muthoni, Joan	10-12	Nairobi Teens Swimming Club	44.90	x45.50	
--- Hawi, Belva	10-12	Dashing Dolphins Swim Club	44.01	x46.09	
--- Rading, Ummi W	10-12	Seahorses Aquatic Center	51.12	x46.80	
--- Odula, Chedi	10-12	Seahorses Aquatic Center	50.92	x46.94	
--- Oloo, Myra Ayira	10-11	Dashing Dolphins Swim Club	52.33	x47.58	
--- Shah, Sarai	11-11	Kenton College	50.29	x49.66	
--- Nyambura, Ivanna	10-12	ST Austin's Academy	48.47	x51.60	
--- Owidi, Amor	10-12	ST Austin's Academy	NT	x52.57	
--- Mwirigi, Njeri	10-12	Kenton College	51.68	x52.58	
--- Wasambla, Kathy	10-12	Wadi Degla	43.00	x55.56	
--- Karanja, Sky W	10-12	Nairobi Teens Swimming Club	1:08.79	x55.61	
--- Williamson, Saoirse	10-12	ST Austin's Academy	1:02.93	x57.59	

**Event 405 Girls 12-13 50 LC Meter Freestyle**

NCAA County: 27.71 C 11/25/2007 ACHIENG AJULU'BUSHELL at ASA S BARAQ-ZZ  
 Meet Record: 31.42 M 11/14/2021 Jade I Onderi Poseidon  
 41.00 12-13 QT

Name	Age	Team	Seed Time	Finals Time	
1 Ruwa, Neema	13-09	Peponi Secondary School	30.09	29.74	M QT
2 Kamotho, Christie W	12-10	Otters Swim Club	32.77	32.46	QT
3 Ndirangu, Nicole	12-10	Bellevue Raptors	34.73	33.04	QT
4 Muyela, Laurie	12-10	Otters Swim Club	33.77	33.30	QT
5 Kingatua, Amana W	13-08	Braeburn Swimming Club	33.92	34.14	QT
6 Warui, Ariana	12-10	Kenton College	34.29	34.46	QT
7 Gituku, Gail	12-10	Braeburn Swimming Club	35.93	34.48	QT
8 Kimani, Kimberly W	12-10	Kenton College	36.03	35.04	QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 405 Girls 12-13 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
9 Omondi, Naledi	12-10	German School Nairobi	39.56	35.26	QT
10 Musyoka, Tizita	13-09	Poseidon Swimming Club	35.88	35.36	QT
11 Webber, Mischa	12-10	Hillcrest International School	35.19	35.76	QT
12 Oikawa, Ema	13-09	Braeburn Swimming Club	40.04	35.89	QT
13 Mwanzia, Zareena M	12-09	Lifetime Swim Club	35.70	35.91	QT
14 Mwangi, Amani W	12-10	Otters Swim Club	37.53	36.02	QT
15 Nuru, Azu	13-09	Seahorses Aquatic Center	35.37	36.16	QT
16 Njuguna, Noni	12-10	Braeburn Swimming Club	40.79	36.56	QT
*17 Githui, Lowena M	12-10	Bellevue Raptors	38.35	36.65	QT
*17 Baradia, Imaan A	12-10	Blue Ocean Swim Club	37.27	36.65	QT
19 Waswa, Lakisha	12-10	Dashing Dolphins Swim Club	43.68	37.36	QT
20 Malo, Meggie A	13-09	Braeburn Swimming Club	38.91	37.40	QT
21 Choda, Simran	12-10	The Banda School	38.46	37.46	QT
22 Shah, Siana	13-08	Peponi Secondary School	38.06	37.64	QT
23 Omabere, Tamara	12-09	Sailfish Swim Club	39.23	37.88	QT
24 Nungari, Hope C	13-09	Bellevue Raptors	36.07	38.05	QT
25 Nyakairu, Lanea	12-10	The Banda School	43.04	38.35	QT
26 Pouakouyou, Grace I	12-10	Sailfish Swim Club	46.00	38.56	QT
27 Ouma, Arianna	13-09	Makini Schools	38.64	38.60	QT
28 Wandabwa, Helmie	13-09	Rusinga Schools Nairobi	39.17	38.66	QT
29 Didi, Kayla A	12-10	Nairobi Teens Swimming Club	38.78	39.03	QT
30 Feliziani, Giulia	12-10	German School Nairobi	42.77	39.27	QT
31 Mutai, Shana C	13-09	Lifetime Swim Club	44.75	39.56	QT
32 Winterton, Sarafina	12-09	ST Austin's Academy	40.55	39.89	QT
33 Okwirry, Chloe	13-09	Hillcrest International School	39.33	40.27	QT
34 Kemunto, Malia	12-10	Rusinga Schools Nairobi	38.40	40.32	QT
35 Mukindia, Abby G	12-10	Seahorses Aquatic Center	40.02	40.59	QT
--- Lopez, Rafaela	12-10	Hillcrest International School	38.83	x41.02	
--- Angima, Nyaboke	12-10	Kenton College	40.00	x41.30	
--- Wasambla, Leona A	13-09	Wadi Degla	41.00	x41.40	
--- Muema, Natasha W	12-10	Nairobi Teens Swimming Club	47.01	x41.54	
--- Komingoi, Kellie K	12-10	Hydra Swim & Sports Club Acad	45.37	x41.67	
--- Chisinde, Kalekye	12-10	Hillcrest International School	45.03	x43.87	
--- Abdullahi, Beydhan	12-10	Kenton College	51.85	x44.58	
--- Abdullahi, Baarni	12-10	Kenton College	47.33	x45.53	
--- Nyamusi, Flo A	13-08	Hillcrest International School	45.74	x46.53	
--- Priest, Stephanie	12-09	Hillcrest International School	48.70	x47.27	
--- Agufana, Giovanna	12-10	Dashing Dolphins Swim Club	49.28	x54.91	

**Event 405 Girls 14-15 50 LC Meter Freestyle**

NCAA County: 26.94 C 7/29/2008 ACHIENG AJULU'BUSHELL at GB yo BARAQ-ZZ  
 Meet Record: 30.01 M 11/14/2021 Reese Gore Hillcrest  
 38.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Maina, Kagure	15-07	Bellevue Raptors	32.52	31.73	QT
2 Karani, Kario	15-06	Otters Swim Club	30.80	31.76	QT
3 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	32.60	32.08	QT
4 Mayende, Elizabeth V	14-07	Hydra Swim & Sports Club Acad	33.95	32.38	QT
5 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	31.82	33.47	QT
6 Kumon, Manna	15-07	Braeburn Swimming Club	35.79	33.95	QT
7 Hailey, Yael	15-07	Nairobi Teens Swimming Club	36.67	34.52	QT
8 Kafuto, Ivy N	14-08	Seahorses Aquatic Center	35.79	35.54	QT

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Results****(Event 405 Girls 14-15 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
9 Geteria, Wanjiku	14-08	Hydra Swim & Sports Club Acad	35.80	35.76	QT
10 Shah, Rianna N	15-07	Peponi Secondary School	35.64	36.58	QT
11 Feisal, Najma	15-07	Otters Swim Club	37.35	36.84	QT
12 Opiyo, Angie	14-08	Zefish Aquatics	37.48	37.50	QT
13 Anayo, Skyler G	14-08	Hillcrest International School	37.23	37.69	QT
--- Karanja, Lisa N	14-08	Nairobi Teens Swimming Club	51.48	x43.51	

**Event 405 Girls 16 & Over 50 LC Meter Freestyle**

**NCAA County:** 27.79 C 9/11/2019 Lucia Ruchti at Africa Junior KENYA-ZZ  
**Meet Record:** 29.05 M 11/14/2021 Victoria A Okumu Hillcrest  
**36.00 16&O QT**

Name	Age	Team	Seed Time	Finals Time	
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	29.26	29.16	QT
2 Okumu, Victoria A	18-04	Braeburn Swimming Club	28.56	29.17	QT
3 Gore, Reese	16-06	Hillcrest International School	30.01	31.27	QT
4 Kamotho, Cheryl W	16-06	Otters Swim Club	30.93	31.38	QT
5 Wairimu, Christine	17-05	Braeburn Swimming Club	34.51	35.33	QT
--- Florentyna, Aura	20-02	Seahorses Aquatic Center	38.26	x38.77	
--- Onyancha, Beryl	23-99	Pro Swim Academy Kenya	45.00	x38.85	
--- Waswa, Shawana	17-05	Dashing Dolphins Swim Club	43.65	x40.33	
--- Muhoro, Sharon Ngendo	16-06	Nairobi Teens Swimming Club	43.25	x43.30	

**Event 406 Boys 8-9 50 LC Meter Freestyle**

**NCAA County:** 34.24 C 11/28/1998 NICHOLAS ZANETTE at NASA INVIT KENTO-ZZ  
**Meet Record:** 36.19 M 11/14/2021 Benjy K Lumwamu DDSC -ZZ  
**48.00 8-9 QT**

Name	Age	Team	Seed Time	Finals Time	
1 Ndirangu, Don G	9-13	Bellevue Raptors	35.61	35.15	M QT
2 Iton, Kristian	9-13	Poseidon Swimming Club	36.95	35.93	QT
3 Nesbit, Adam	9-13	Kenton College	39.65	39.56	QT
4 Iton, Karl	9-13	Poseidon Swimming Club	45.85	39.87	QT
5 Court, James	9-13	Kenton College	43.63	40.62	QT
6 Noorani, Aariz I	8-14	Blue Ocean Swim Club	43.95	42.75	QT
7 Mwangiru, Jabali	9-13	Little Fish Swim Club	43.36	43.42	QT
8 Luusa, Elijah	8-14	Kenton College	45.98	44.32	QT
9 Lukorito, Eike	9-13	Hillcrest International School	55.81	45.50	QT
10 Kombo, Joshua	9-13	Dashing Dolphins Swim Club	56.86	47.66	QT
--- Maina, Andrew	9-13	Seahorses Aquatic Center	1:06.07	x50.27	
--- Mutandi, Emmanuel	8-14	Wadi Degla	46.90	x51.06	
--- Njagi, Njau	9-13	Dashing Dolphins Swim Club	56.43	x51.16	
--- Kimeu, Shawn	8-14	Dashing Dolphins Swim Club	47.00	x52.46	
--- Bryte, Liam	8-14	Dashing Dolphins Swim Club	47.00	x54.79	
--- Kibaara, Keita	9-13	Dashing Dolphins Swim Club	1:02.31	x55.51	
--- Deiters, John	9-13	Hillcrest International School	55.93	x55.55	
--- Osunga, Fadhili	8-14	Seahorses Aquatic Center	54.81	x58.16	
--- Thobela, Rypma	9-13	Wadi Degla	47.00	x58.87	
--- Miller, Thomas	8-14	Hillcrest International School	1:00.68	x59.41	

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 406 Boys 10-11 50 LC Meter Freestyle

NCAA County: 30.37 C 4/2/2016 Clyde Lwanya at Dubai Internat  
 Meet Record: 32.78 M 11/14/2021 Joel Nyakundi  
 44.00 10-11 QT

BBLES-ZZ  
 ASA -ZZ

Name	Age	Team	Seed Time	Finals Time	
1 Ogola, Andrew	11-11	Little Fish Swim Club	33.82	32.97	QT
2 Waweru, Tevin	11-11	Bellevue Raptors	35.68	34.28	QT
3 Irungu, Adrian M	11-11	Braeburn Swimming Club	34.50	34.73	QT
4 De Guzman, Marvin	10-12	Braeburn Swimming Club	38.34	35.00	QT
5 Njogu, Mathew M	11-11	Hydra Swim & Sports Club Acad	37.62	35.55	QT
6 Omanga, Morani	11-10	Little Fish Swim Club	37.32	36.19	QT
7 Okumu, Lawrence	10-12	Braeburn Swimming Club	35.89	36.49	QT
8 Mukoto, Ryan Thomas S	11-11	Hydra Swim & Sports Club Acad	36.74	36.69	QT
9 Mukindia, Ethan	10-11	Seahorses Aquatic Center	39.79	37.42	QT
10 Mburu, Ted	10-12	Seahorses Aquatic Center	42.51	37.90	QT
11 Mwangi, Brent	10-12	Seahorses Aquatic Center	41.99	38.17	QT
12 Hodson, Marley	11-11	The Banda School	40.10	38.80	QT
13 Kabiru, Baraka	11-11	Seahorses Aquatic Center	42.45	39.78	QT
14 Gichuha, Timothy T	11-11	Kenton College	41.96	40.38	QT
15 Osundwa, Luyali	10-12	Strathmore School	41.82	40.54	QT
16 Obuna, Brian	11-10	Zefish Aquatics	43.04	41.71	QT
17 Van Brussel, Loui	10-12	Hillcrest International School	40.50	42.35	QT
18 Andrew, Joe O	10-12	Seahorses Aquatic Center	44.08	42.39	QT
19 Arungu, Asa	10-12	Kenton College	50.13	42.41	QT
20 Mwalimu, Ethan Kathuri	10-12	Kenton College	51.01	43.07	QT
21 Kamau, Nathan	10-11	Dashing Dolphins Swim Club	51.94	43.27	QT
22 Kinyua, Jaban	10-12	Hillcrest International School	45.28	43.78	QT
--- Nyabuto, Austin O	11-11	Lifetime Swim Club	48.64	x45.90	
--- Kalinga, Elijah	10-12	Seahorses Aquatic Center	49.33	x46.31	
--- Ombwayo, Mark Clevers	11-11	Seahorses Aquatic Center	48.81	x47.30	
--- Kamau, Clyde K	10-12	Wadi Degla	44.00	x50.34	
--- Mayur, Tanay	10-12	Sailfish Swim Club	47.07	x50.72	
--- Mwaniki, Joe	11-11	Seahorses Aquatic Center	51.30	x56.48	
--- Kimani, Liam W	10-11	Lifetime Swim Club	56.47	x58.32	
--- Mutula, James	10-12	Nairobi Teens Swimming Club	40.34	DQ	
False start					

## Event 406 Boys 12-13 50 LC Meter Freestyle

NCAA County: 26.56 C 6/9/1991 Anthony Lihalakha  
 Meet Record: 28.05 M 11/14/2021 Nathan Matimu  
 39.00 12-13 QT

MSA

Name	Age	Team	Seed Time	Finals Time	
1 Kamphuis, Yannick	13-09	Poseidon Swimming Club	29.82	29.82	QT
2 Milic, Dusan	13-09	Braeburn Swimming Club	33.82	33.12	QT
3 Omar, Abdirahman Y	13-09	Braeburn Swimming Club	34.04	34.43	QT
4 Kombo, Jeremy	12-10	Dashing Dolphins Swim Club	36.05	34.61	QT
5 Futaki, Yoshihiro N	13-09	Lifetime Swim Club	37.39	34.63	QT
6 Kafuto, Rock K	12-10	Seahorses Aquatic Center	34.33	34.69	QT
7 Njuguna, Jonathan	12-10	Hillcrest International School	35.94	34.98	QT
8 Cohen, Tom	12-10	The Banda School	36.74	35.45	QT
9 Patel, Kairav	12-10	The Banda School	36.13	35.77	QT
10 Ngaywa, Seth Hassan	12-10	Seahorses Aquatic Center	34.96	36.16	QT
11 Suther, Stefan	13-09	Sailfish Swim Club	36.88	36.23	QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 406 Boys 12-13 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	
12 Mir, Muhammad M	13-09	Peponi Secondary School	37.31	36.30	QT
13 Van Aswegen, Nathan	12-10	The Banda School	37.52	36.56	QT
14 Winters, Ivar	12-10	Braeburn Swimming Club	37.74	36.92	QT
15 Kamanga, Ntando	13-08	Sailfish Swim Club	36.96	36.98	QT
16 Swai, Caelen	13-09	Hillcrest International School	37.04	38.69	QT
--- Nduati, Tyler	12-10	Hillcrest International School	42.42	x39.02	
--- Mohandas, Sai	13-09	Kenton College	50.64	x41.66	
--- Wahome, Darren	12-10	Dashing Dolphins Swim Club	43.83	x42.09	
--- Kimeu, Ryan	12-10	Dashing Dolphins Swim Club	44.40	x42.22	
--- Namulanda, Lukka	12-10	Seahorses Aquatic Center	45.76	x43.13	
--- Ombwayo, Malik Nelson	13-09	Seahorses Aquatic Center	46.20	x47.50	

**Event 406 Boys 14-15 50 LC Meter Freestyle**

NCAA County: 24.89 C 4/11/2019 Tabuka Bifwoli at 2019 KSF Nat HIS-ZZ  
 Meet Record: 28.02 M 11/14/2021 Jesse Kioko HSSCA-ZZ  
 35.00 14-15 QT

Name	Age	Team	Seed Time	Finals Time	
1 Kioko, Jesse	15-07	Rusinga Schools Nairobi	28.02	27.77 M	QT
2 Kamotho, Curtis J	14-08	Otters Swim Club	29.38	27.85	QT
3 Irungu, Roy	14-08	Braeburn Swimming Club	29.00	28.08	QT
4 Kalombo, Michael	15-06	Lifetime Swim Club	28.23	28.42	QT
5 Omar, Abdillahi Y	15-06	Braeburn Swimming Club	29.14	28.68	QT
6 Muigai, Mwaniki	15-07	Otters Swim Club	31.07	29.89	QT
7 Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	31.44	29.95	QT
8 Waziri, Nick	15-06	Braeburn Swimming Club	29.71	30.08	QT
9 Nyagah, Xidi Munene	15-07	Rusinga Schools Nairobi	29.22	30.28	QT
10 Mugambi, Ryan M	15-07	Otters Swim Club	33.01	30.55	QT
11 Shah, Darsh	14-08	Peponi Secondary School	31.41	30.75	QT
12 Baradia, Abdulrahim	15-07	Blue Ocean Swim Club	34.48	30.83	QT
13 Kenyi, Max	14-08	Braeburn Swimming Club	32.44	31.86	QT
14 Singh, Harnek	15-07	Peponi Secondary School	31.69	32.35	QT
15 Waswa, Bogani	15-07	Dashing Dolphins Swim Club	35.90	32.71	QT
--- Kibui, Alan M	15-07	Lifetime Swim Club	32.02	x35.30	
--- Kiambi, Ian M	15-06	Hillcrest International School	34.27	x39.98	

**Event 406 Boys 16 & Over 50 LC Meter Freestyle**

NCAA County: 22.73 C 7/12/2007 JASON DUNFORD at 9th All Afric BARAQ-ZZ  
 Meet Record: 25.28 M 11/14/2021 Tabuka B Bifwoli Hillcrest  
 33.00 16&O QT

Name	Age	Team	Seed Time	Finals Time	
1 Boit, Dr. Edwin K	31-91	NextGen Multi Sport Academy	26.87	26.69	QT
2 De Guzman, Risha	16-06	Braeburn Swimming Club	26.97	26.80	QT
3 Omondi, Lucas	22-99	Kenyatta University	26.71	26.94	QT
4 Omar, Ibrahim	20-02	Otters Swim Club	28.66	27.25	QT
5 Muchoki, Ronnie R	23-99	Zefish Aquatics	27.16	27.36	QT
6 Ngweno, Adrian	24-98	Zefish Aquatics	26.80	27.73	QT
7 Otieno, Adam	16-06	Otters Swim Club	28.68	28.48	QT
8 Kipkorir, Collinreece	21-01	Sailfish Swim Club	28.51	28.60	QT
9 Blunsum, Carlo A	16-06	Peponi Secondary School	28.02	28.74	QT
10 Wanjir, Jackson	20-02	Pro Swim Academy Kenya	29.35	28.76	QT
11 Nyagu, Ndongoria G	16-06	Otters Swim Club	29.49	28.83	QT
12 Gituku, Randall	16-06	Braeburn Swimming Club	29.48	28.94	QT

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

**(Event 406 Boys 16 & Over 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
13 Makokha, Timothy	23-99	Pro Swim Academy Kenya	29.13	29.01 QT
14 Kibadengi, Emmanuel	23-99	Kenyatta University	30.39	30.11 QT
15 Nderitu, Samuel M	23-99	Sailfish Swim Club	29.86	30.76 QT
16 Kinuthia, Stephen	21-01	Pro Swim Academy Kenya	30.00	30.88 QT
17 Tobiko, Rodgers	23-99	Kenyatta University	30.91	31.27 QT
18 Amor, James O	16-06	Seahorses Aquatic Center	31.33	31.37 QT
19 Mzee, Ian I	16-06	ST Austin's Academy	35.00	32.97 QT

**Event 407 Girls 8-9 4x50 LC Meter Freestyle Relay**

NCAA County: 3:15.53 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
C Odula, U Rading, E Kipchumbah, E Kipchumbah

Meet Record: 3:15.53 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS  
C Odula, U Rading, E Kipchumbah, E Kipchumbah

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	3:15.53	3:29.26
1) Alala, Melissa M 8	2) Mwaniki, Emma Rose 9	3) Wanjiru, Anaya T 8	4) Namalero, Idoia 9
	1:45.89 ( ) 3:29.26 (1:43.37)		

**Event 407 Girls 10-11 4x50 LC Meter Freestyle Relay**

NCAA County: 2:39.60 C 11/14/2021 Zefish Aquatics ZEFIS-ZZ  
J Childs, S Choda, M Marsh, K Ombega

Meet Record: 2:39.60 M 11/14/2021 Zefish Aquatics ZEFIS-ZZ  
J Childs, S Choda, M Marsh, K Ombega

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	2:47.62	2:57.49
1) Osimbo, Venesse 11	2) Mureithi, Wanjiku A 11	3) Rading, Ummi W 10	4) Odula, Chedi 10
	1:27.81 ( ) 2:57.49 (1:29.68)		
2 Wadi Degla	A	NT	3:05.61
1) Kaime, Gathoni 11	2) Wasambla, Kathy 10	3) Amara, Dambe 11	4) Mwangi, Kenya 10

**Event 407 Girls 12-13 4x50 LC Meter Freestyle Relay**

NCAA County: 2:28.10 C 11/14/2021 Hydra Swim & Sports Club Acad HSSCA-ZZ  
W Geteria, S Musengi, H Wandabwa, W Maina

Meet Record: 2:28.10 M 11/14/2021 Hydra Swim & Sports Club Acad HSSCA-ZZ  
W Geteria, S Musengi, H Wandabwa, W Maina

Team	Relay	Seed Time	Finals Time
1 Hillcrest International School	A	NT	2:44.49
1) Chisinde, Kalekye 12	2) Okwirry, Chloe 13	3) Lopez, Rafaela 12	4) Webber, Mischa 12
	1:25.18 ( ) 2:44.49 (1:19.31)		

**Event 407 Girls 14-15 4x50 LC Meter Freestyle Relay**

NCAA County: 2:24.61 C 11/14/2021 Braeburn Swimming Club BRSC  
M Kumon, E Luchters, H Lycke, A Rana

Meet Record: 2:24.61 M 11/14/2021 Braeburn Swimming Club BRSC  
M Kumon, E Luchters, H Lycke, A Rana

Team	Relay	Seed Time	Finals Time
1 Hydra Swim & Sports Club Acad	A	NT	2:31.79
1) Mayende, Elizabeth V 14	2) Musengi, Savannah 14	3) Geteria, Wanjiku 14	4) Maina, Wangechi T 14
	1:17.85 ( ) 2:31.79 (1:13.94)		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Results

## Event 408 Boys 8-9 4x50 LC Meter Freestyle Relay

NCAA County: 2:59.89 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

E Kalinga, L Moturi, E Mukindia, B Mwangi

Meet Record: 2:59.89 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

E Kalinga, L Moturi, E Mukindia, B Mwangi

Team	Relay	Seed Time	Finals Time
1 Dashing Dolphins Swim Club	A	NT	3:39.23
1) Njagi, Njau 9	2) Kibaara, Keita 9	3) Kombo, Joshua 9	4) Bryte, Liam 8

## Event 408 Boys 10-11 4x50 LC Meter Freestyle Relay

NCAA County: 2:37.96 C 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

R Kafuto, A Kibet, N Olengo, B Kabiru

Meet Record: 2:37.96 M 11/14/2021 SEAHORSES AQUATIC CENTER SHAQS

R Kafuto, A Kibet, N Olengo, B Kabiru

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	2:37.96	2:48.78
1) Mburu, Ted 10	2) Kabiru, Baraka 11	3) Ombwayo, Mark Clevers 11	4) Mwangi, Brent 10
	1:20.84 ( )	2:48.78 (1:27.94)	

## Event 408 Boys 12-13 4x50 LC Meter Freestyle Relay

NCAA County: 2:20.78 C 11/14/2021 KENTON COLLEGE KENTO-ZZ

K Waithaka, F Maithya-Garcia, K Kasimu, M Masinde

Meet Record: 2:20.78 M 11/14/2021 KENTON COLLEGE KENTO-ZZ

K Waithaka, F Maithya-Garcia, K Kasimu, M Masinde

Team	Relay	Seed Time	Finals Time
1 Seahorses Aquatic Center	A	NT	2:40.10
1) Ngaywa, Seth Hassan 12	2) Kafuto, Rock K 12	3) Kibet, Adrian 12	4) Ombwayo, Malik Nelson 13
	1:13.49 ( )	2:40.10 (1:26.61)	

## Event 408 Boys 16 &amp; Over 4x50 LC Meter Freestyle Relay

NCAA County: 1:57.81 C 11/14/2021 Brookhouse Schools BHS -ZZ

K Walid, B Bagha, M Michuki, P Ochieng

Meet Record: 1:57.81 M 11/14/2021 Brookhouse Schools BHS -ZZ

K Walid, B Bagha, M Michuki, P Ochieng

Team	Relay	Seed Time	Finals Time
1 Kenyatta University	A	2:04.87	2:02.60
1) Tobiko, Rodgers 23	2) Waweru, Moses 25	3) Omondi, Lucas 22	4) Kibadengi, Emmanuel 23
	1:04.15 ( )	2:02.60 (58.45)	
2 Pro Swim Academy Kenya	A	NT	2:02.93
1) Wanjir, Jackson 20	2) Priscus, Samson K 22	3) Kinuthia, Stephen 21	4) Makokha, Timothy 23
	1:03.78 ( )	2:02.93 (59.15)	

## Event 409 Girls Open 50 LC Meter IRON WOMAN

NCAA County: 27.82 C 11/25/2007 ACHIENG AJULU'BUSHELL at ASA S BARAQ-ZZ

Name	Age	Team	Seed Time	Finals Time
1 Bianchi, Maria	16-06	Blue Ocean Swim Club	29.16	29.33
2 Ruwa, Neema	13-09	Peponi Secondary School	29.74	29.69
3 Gore, Reese	16-06	Hillcrest International School	31.27	30.94
4 Maina, Kagure	15-07	Bellevue Raptors	31.73	31.75
5 Maina, Wangechi T	14-08	Hydra Swim & Sports Club Acad	32.08	32.41
6 Kagwima, Ashley N	15-07	Rusinga Schools Nairobi	33.47	32.70
7 Childs, Jeanette	11-11	The Banda School	33.41	32.81
8 Kingatua, Amana W	13-08	Braeburn Swimming Club	34.14	33.13



**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Results****Event 410 Boys Open 50 LC Meter IRON MAN**

NCAA County: 22.98 C 7/12/2007 JASON DUNFORD at 9th All Afric

BARAQ-ZZ

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	De Guzman, Risha	16-06	Braeburn Swimming Club	26.80	27.13
2	Muchoki, Ronnie R	23-99	Zefish Aquatics	27.36	27.67
3	Kioko, Jesse	15-07	Rusinga Schools Nairobi	27.77	28.19
4	Irungu, Roy	14-08	Braeburn Swimming Club	28.08	28.32
5	Blunsum, Carlo A	16-06	Peponi Secondary School	28.74	28.35
6	Omar, Abdillahi Y	15-06	Braeburn Swimming Club	28.68	28.86
7	Wanjie, Ayden	14-08	Hydra Swim & Sports Club Acad	29.95	30.37
8	Kamphuis, Yannick	13-09	Poseidon Swimming Club	29.82	30.40

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 102 Boys 14-15 1500 Free</b>						
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	20:14.97	368
<b>Event 102 Boys 16&amp;O 1500 Free</b>						
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	19:57.66	384
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	24:42.02	203
<b>Event 103 Men 16&amp;O 4x100 Free Relay</b>						
HIS 'A'	M		Hillcrest International School	F	5:59.78	143
<b>Event 104 Girls 8-9 100 Back</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	1:53.55	130
Shah, Havya J	F	9	Kenton College	F	1:56.67	120
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	1:56.54	120
Hiridson, Glowy C	F	8	Pro Swim Academy Kenya	F	2:01.07	107
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	2:01.61	106
<b>Event 104 Girls 10-11 100 Back</b>						
Swai, Zahra	F	10	Hillcrest International School	F	1:34.90	223
Marsh, Mia	F	11	The Banda School	F	1:35.59	218
Ombega, Kelsey	F	11	Zefish Aquatics	F	1:37.66	204
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	1:38.15	201
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	1:38.46	199
Mwangi, Emily M	F	10	Otters Swim Club	F	1:42.99	174
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	1:42.94	174
Luusa, Daniela	F	11	Kenton College	F	1:48.69	148
Nesbitt, Sophia	F	11	Kenton College	F	1:50.06	143
Odula, Chedi	F	10	Seahorses Aquatic Center	F	1:50.82	140
Kaime, Gathoni	F	11	Wadi Degla	F	1:51.22	138
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	1:53.13	131
Gikonyo, Victoria	F	11	Kenton College	F	1:53.28	131
Maina, Wanjiku	F	11	Sailfish Swim Club	F	1:55.74	123
Rading, Ummy W	F	10	Seahorses Aquatic Center	F	1:55.90	122
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	1:55.85	122
Otieno, Zahra W	F	11	Kenton College	F	1:56.34	121
Court, Lily	F	11	Kenton College	F	2:02.22	104
Njonjo, Michele	F	10	Kenton College	F	2:08.55	89
<b>Event 104 Girls 12-13 100 Back</b>						
Lindkvist, Ruth Wangari	F	13	Barracuda Aquatics	F	1:20.56	364
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	1:27.93	280
Warui, Ariana	F	12	Kenton College	F	1:29.41	266
Muyela, Laurie	F	12	Otters Swim Club	F	1:30.15	260
Njuguna, Noni	F	12	Braeburn Swimming Club	F	1:31.54	248
Ndirangu, Nicole	F	12	Bellevue Raptors	F	1:32.47	241
Mwangi, Isabelle N	F	12	Otters Swim Club	F	1:35.38	219
Nuru, Azu	F	13	Seahorses Aquatic Center	F	1:37.27	207
Choda, Simran	F	12	The Banda School	F	1:38.83	197
Njau, Amani K	F	12	Bellevue Raptors	F	1:39.40	194
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	1:40.34	188
Webber, Mischa	F	12	Hillcrest International School	F	1:40.60	187
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	1:40.70	186
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	1:50.06	143
Okwirry, Chloe	F	13	Hillcrest International School	F	1:59.69	111

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 104 Girls 12-13 100 Back</b>						
Agufana, Giovanna	F	12	Dashing Dolphins Swim Club	F	2:27.41	59
<b>Event 104 Girls 14-15 100 Back</b>						
Webber, Aaliyah	F	15	Hillcrest International School	F	1:18.49	394
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	1:19.76	376
Selvon, Saamanta	F	14	Peponi Secondary School	F	1:26.40	295
Kumon, Manna	F	15	Braeburn Swimming Club	F	1:30.26	259
Bebbington, Anika	F	14	Braeburn Swimming Club	F	1:30.65	256
Masese, Kwamboka S	F	15	Braeburn Swimming Club	F	1:33.14	236
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	1:36.78	210
Kafuto, Ivy N	F	14	Seahorses Aquatic Center	F	1:45.03	164
<b>Event 104 Girls 16&amp;O 100 Back</b>						
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	1:15.84	437
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	1:18.71	391
<b>Event 105 Boys 8-9 100 Back</b>						
Mwagiru, Jabali	M	9	Little Fish Swim Club	F	1:56.30	88
Court, James	M	9	Kenton College	F	2:04.58	72
Muya, TK	M	9	Kenton College	F	2:13.90	58
Lukorito, Eike	M	9	Hillcrest International School	F	2:28.50	42
Kinuthia, Sean	M	9	Strathmore School	F	2:49.22	28
<b>Event 105 Boys 10-11 100 Back</b>						
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	1:28.13	203
Waweru, Tevin	M	11	Bellevue Raptors	F	1:32.89	173
Ogola, Andrew	M	11	Little Fish Swim Club	F	1:34.51	165
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	1:34.55	164
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	1:37.84	148
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	1:38.75	144
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	1:41.92	131
Mutula, James	M	10	Nairobi Teens Swimming Club	F	1:45.20	119
Osundwa, Luyali	M	10	Strathmore School	F	1:52.54	97
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	1:53.04	96
Gichuha, Timothy T	M	11	Kenton College	F	1:52.91	96
Mallowah, Ethan	M	11	Strathmore School	F	2:09.11	64
<b>Event 105 Boys 12-13 100 Back</b>						
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	1:25.01	226
Milic, Dusan	M	13	Braeburn Swimming Club	F	1:25.98	219
Muhoro, Kanyiha	M	13	Little Fish Swim Club	F	1:30.26	189
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	1:33.72	169
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	1:35.71	158
Cohen, Tom	M	12	The Banda School	F	1:36.54	154
Mohandas, Sai	M	13	Kenton College	F	1:56.50	88
<b>Event 105 Boys 14-15 100 Back</b>						
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	1:15.17	328
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	1:15.29	326
Kamotho, Curtis J	M	14	Otters Swim Club	F	1:16.55	310
Nyagah, Xidi Munene	M	15	Rusinga Schools Nairobi	F	1:16.56	310
Kenya, Max	M	14	Braeburn Swimming Club	F	1:21.33	259
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	1:24.29	232
Mugambi, Ryan M	M	15	Otters Swim Club	F	1:25.02	226

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## FINA Points

Name	Sex	Age	Team	Round	Time	Points
<b>Event 105 Boys 16&amp;O 100 Back</b>						
Blunsum, Carlo A	M	16	Peponi Secondary School	F	1:11.66	378
Ngweno, Adrian	M	24	Zefish Aquatics	F	1:18.35	289
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	1:18.75	285
<b>Event 106 Girls 14-15 200 Fly</b>						
Maina, Kagure	F	15	Bellevue Raptors	F	3:14.84	244
<b>Event 108 Girls 8-9 100 Breast</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	2:00.51	150
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	2:03.46	140
Kaime, Gakenia	F	9	Wadi Degla	F	2:04.78	135
Shah, Havya J	F	9	Kenton College	F	2:06.69	129
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	2:07.43	127
Kimani, Kayla	F	8	Kenton College	F	2:09.00	122
Hiridson, Glowy C	F	8	Pro Swim Academy Kenya	F	2:19.36	97
Acosta, Katherine	F	9	Hillcrest International School	F	2:49.96	53
<b>Event 108 Girls 10-11 100 Breast</b>						
Childs, Jeanette	F	11	The Banda School	F	1:37.15	287
Irungu, Erin N	F	11	Makini Schools	F	1:40.76	257
Maina, Kamwelle	F	11	Bellevue Raptors	F	1:41.04	255
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	1:42.16	247
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	1:43.78	235
Marsh, Mia	F	11	The Banda School	F	1:50.26	196
Mwangi, Kenya	F	10	Wadi Degla	F	1:57.65	161
Court, Lily	F	11	Kenton College	F	1:58.61	158
Nesbitt, Sophia	F	11	Kenton College	F	1:59.46	154
Luusa, Daniela	F	11	Kenton College	F	2:00.70	149
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	2:06.33	130
Hawi, Belva	F	10	Dashing Dolphins Swim Club	F	2:08.66	123
Mwirigi, Njeri	F	10	Kenton College	F	2:15.01	107
Otieno, Zahra W	F	11	Kenton College	F	2:22.42	91
Mohandas, Mimi	F	10	Kenton College	F	2:33.89	72
<b>Event 108 Girls 12-13 100 Breast</b>						
Kimani, Kimberly W	F	12	Kenton College	F	1:32.48	333
Kamotho, Christie W	F	12	Otters Swim Club	F	1:35.09	306
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	1:35.82	299
Gikunda, Amani N	F	13	Poseidon Swimming Club	F	1:41.53	252
Abdullahi, Baarni	F	12	Kenton College	F	1:46.52	218
Malo, Meggie A	F	13	Braeburn Swimming Club	F	1:47.05	214
Nyakairu, Lanea	F	12	The Banda School	F	1:47.86	210
Ouma, Arianna	F	13	Makini Schools	F	1:48.98	203
Mutai, Shana C	F	13	Lifetime Swim Club	F	1:50.15	197
Githui, Lowena M	F	12	Bellevue Raptors	F	1:50.88	193
Gituku, Gail	F	12	Braeburn Swimming Club	F	1:51.65	189
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	1:51.93	188
Kemunto, Malia	F	12	Rusinga Schools Nairobi	F	1:51.85	188
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	1:53.67	179
Webber, Mischa	F	12	Hillcrest International School	F	1:54.24	176
Winterton, Sarafina	F	12	ST Austin's Academy	F	1:55.27	172
Nuru, Azu	F	13	Seahorses Aquatic Center	F	1:55.93	169

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 108 Girls 12-13 100 Breast</b>						
Abdullahi, Beydhan	F	12	Kenton College	F	1:56.63	166
Pouakouyou, Grace I	F	12	Sailfish Swim Club	F	1:58.76	157
Okwirry, Chloe	F	13	Hillcrest International School	F	2:00.87	149
Njau, Amani K	F	12	Bellevue Raptors	F	2:01.92	145
Nyamusi, Flo A	F	13	Hillcrest International School	F	2:27.32	82
<b>Event 108 Girls 14-15 100 Breast</b>						
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	1:41.53	252
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	1:42.67	243
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	1:43.12	240
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	1:45.46	224
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	1:46.98	215
<b>Event 108 Girls 16&amp;O 100 Breast</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	1:25.36	424
<b>Event 109 Boys 8-9 100 Breast</b>						
Court, James	M	9	Kenton College	F	1:51.57	132
Ndirangu, Don G	M	9	Bellevue Raptors	F	1:58.00	112
Luusa, Elijah	M	8	Kenton College	F	2:04.73	94
Kibiru, Jabari	M	9	Strathmore School	F	2:19.91	67
Deiters, John	M	9	Hillcrest International School	F	2:24.43	61
Kariuki, Liam N	M	8	Seahorses Aquatic Center	F	2:29.84	54
Lukorito, Eike	M	9	Hillcrest International School	F	2:33.10	51
Munyiri, Mathew	M	9	Strathmore School	F	2:45.46	40
<b>Event 109 Boys 10-11 100 Breast</b>						
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	1:39.44	187
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	1:43.50	165
Mburu, Ted	M	10	Seahorses Aquatic Center	F	1:45.98	154
Kamau, Nathan	M	10	Dashing Dolphins Swim Club	F	1:46.72	151
Gidoomal, Pranav	M	11	Kenton College	F	1:47.90	146
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	1:53.10	127
Waweru, Tevin	M	11	Bellevue Raptors	F	1:53.44	126
Omanga, Morani	M	11	Little Fish Swim Club	F	1:53.52	125
Gichuha, Timothy T	M	11	Kenton College	F	1:56.84	115
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	2:00.04	106
Kathambana, Michael	M	10	Strathmore School	F	2:02.04	101
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	2:09.08	85
Abondo, Keita	M	10	Strathmore School	F	2:12.39	79
Sakwa, Gabriel	M	11	Strathmore School	F	2:15.23	74
Kimani, Liam W	M	10	Lifetime Swim Club	F	2:20.72	66
Mallowah, Ethan	M	11	Strathmore School	F	2:22.68	63
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	2:33.90	50
<b>Event 109 Boys 12-13 100 Breast</b>						
Dalal, Samarth	M	13	Braeburn Swimming Club	F	1:35.37	212
Milic, Dusan	M	13	Braeburn Swimming Club	F	1:36.54	204
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	1:39.07	189
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	1:39.08	189
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	1:39.70	185
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	1:43.85	164
Patel, Kairav	M	12	The Banda School	F	1:47.86	146

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 109 Boys 12-13 100 Breast</b>						
Swai, Caelen	M	13	Hillcrest International School	F	1:50.54	136
Kariuki, Justin	M	13	Strathmore School	F	1:50.95	134
Njuguna, Jonathan	M	12	Hillcrest International School	F	1:51.69	132
Kanja, Gabriel	M	13	Strathmore School	F	2:02.45	100
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	2:03.37	98
Mohandas, Sai	M	13	Kenton College	F	2:03.54	97
Nduati, Tyler	M	12	Hillcrest International School	F	2:19.65	67
<b>Event 109 Boys 14-15 100 Breast</b>						
Kalombo, Michael	M	15	Lifetime Swim Club	F	1:21.49	340
Karia, Yash M	M	14	Otters Swim Club	F	1:24.18	308
Irungu, Roy	M	14	Braeburn Swimming Club	F	1:26.99	279
Singh, Harnek	M	15	Peponi Secondary School	F	1:28.41	266
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	1:30.39	249
Kenya, Max	M	14	Braeburn Swimming Club	F	1:35.08	214
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	1:40.20	182
Kiambi, Ian M	M	15	Hillcrest International School	F	1:58.84	109
<b>Event 109 Boys 16&amp;O 100 Breast</b>						
De Guzman, Risha	M	16	Braeburn Swimming Club	F	1:12.12	490
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	1:22.77	324
Amor, James O	M	16	Seahorses Aquatic Center	F	1:27.49	274
Kibadengi, Emmanuel	M	23	Kenyatta University	F	1:29.36	257
Gituku, Randall	M	16	Braeburn Swimming Club	F	1:30.00	252
Waweru, Moses	M	25	Kenyatta University	F	1:34.86	215
Otieno, Jeremy A	M	21	University of Nairobi	F	1:40.67	180
Wambugu, Victor	M	21	University of Nairobi	F	1:45.63	156
<b>Event 111 Girls 10-11 200 Free</b>						
Childs, Jeanette	F	11	The Banda School	F	2:52.08	283
Irungu, Erin N	F	11	Makini Schools	F	2:57.47	258
Kamiri, Maya	F	11	The Banda School	F	2:57.50	257
Swai, Zahra	F	10	Hillcrest International School	F	2:59.70	248
Ombega, Kelsey	F	11	Zefish Aquatics	F	3:00.62	244
Marsh, Mia	F	11	The Banda School	F	3:03.83	232
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	3:09.15	213
Kamau, Paula	F	11	Otters Swim Club	F	3:09.74	211
Luusa, Daniela	F	11	Kenton College	F	3:12.87	201
Gikonyo, Victoria	F	11	Kenton College	F	3:22.35	174
Mwangi, Emily M	F	10	Otters Swim Club	F	3:25.33	166
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	3:34.45	146
Maina, Wanjiku	F	11	Sailfish Swim Club	F	3:46.62	123
<b>Event 111 Girls 12-13 200 Free</b>						
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	2:39.34	356
Feisal, Nadiya	F	13	Otters Swim Club	F	2:42.16	338
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	2:43.50	329
Ndirangu, Nicole	F	12	Bellevue Raptors	F	2:55.65	266
Musyoka, Tizita	F	13	Poseidon Swimming Club	F	2:56.02	264
Githui, Lowena M	F	12	Bellevue Raptors	F	2:56.48	262
Mwangi, Isabelle N	F	12	Otters Swim Club	F	2:56.76	261
Gikunda, Amani N	F	13	Poseidon Swimming Club	F	3:05.58	225

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 111 Girls 12-13 200 Free</b>						
Nuru, Azu	F	13	Seahorses Aquatic Center	F	3:06.73	221
Njau, Amani K	F	12	Bellevue Raptors	F	3:07.93	217
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	3:07.88	217
Kinyanjui, Zanna N	F	12	Otters Swim Club	F	3:08.48	215
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	3:10.01	210
Njuguna, Noni	F	12	Braeburn Swimming Club	F	3:12.78	201
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	3:14.59	195
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	3:38.54	138
<b>Event 111 Girls 14-15 200 Free</b>						
Webber, Aaliyah	F	15	Hillcrest International School	F	2:32.70	405
Maina, Kagure	F	15	Bellevue Raptors	F	2:37.71	367
Masese, Kwamboka S	F	15	Braeburn Swimming Club	F	2:51.88	284
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	2:52.89	279
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	3:01.06	242
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	3:13.65	198
<b>Event 111 Girls 16&amp;O 200 Free</b>						
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	2:21.18	512
Gore, Reese	F	16	Hillcrest International School	F	2:42.99	333
Kamotho, Cheryl W	F	16	Otters Swim Club	F	2:43.14	332
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	3:48.32	121
<b>Event 112 Boys 10-11 200 Free</b>						
Ogola, Andrew	M	11	Little Fish Swim Club	F	2:50.04	215
Waweru, Tevin	M	11	Bellevue Raptors	F	2:51.07	211
Irungu, Adrian M	M	11	Braeburn Swimming Club	F	2:51.76	209
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	2:54.26	200
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	2:56.26	193
Muturi, Snellen	M	10	Blue Ocean Swim Club	F	3:05.99	164
Omanga, Morani	M	11	Little Fish Swim Club	F	3:12.29	149
Sakwa, Gabriel	M	11	Strathmore School	F	3:43.48	95
Abondo, Keita	M	10	Strathmore School	F	3:51.81	85
<b>Event 112 Boys 12-13 200 Free</b>						
Muhoro, Kanyiha	M	13	Little Fish Swim Club	F	2:46.06	231
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	2:55.28	197
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	2:58.66	186
Patel, Kairav	M	12	The Banda School	F	2:59.43	183
Suther, Stefan	M	13	Sailfish Swim Club	F	3:00.87	179
Cohen, Tom	M	12	The Banda School	F	3:02.59	174
Kariuki, Justin	M	13	Strathmore School	F	3:22.66	127
<b>Event 112 Boys 14-15 200 Free</b>						
Gikunda, Shaka M	M	15	Otters Swim Club	F	2:17.85	405
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	2:18.06	403
Mugambi, Ryan M	M	15	Otters Swim Club	F	2:35.67	281
Shah, Darsh	M	14	Peponi Secondary School	F	2:46.59	229
<b>Event 112 Boys 16&amp;O 200 Free</b>						
Okal, Joseph	M	20	University of Nairobi	F	2:26.94	334
Nyagu, Ndongoria G	M	16	Otters Swim Club	F	2:32.97	296
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	2:38.46	266
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	2:39.32	262

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 112 Boys 16&amp;O 200 Free</b>						
Makokha, Timothy	M	23	Pro Swim Academy Kenya	F	2:43.57	242
Mutwiri, Jeff M	M	22	Pro Swim Academy Kenya	F	2:52.73	205
<b>Event 202 Girls 8-9 200 IM</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	3:56.80	151
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	4:05.97	134
Hiridson, Glowy C	F	8	Pro Swim Academy Kenya	F	4:23.34	109
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	4:38.76	92
Kamanga, Thandiwe	F	9	Sailfish Swim Club	F	4:40.47	90
<b>Event 202 Girls 10-11 200 IM</b>						
Childs, Jeanette	F	11	The Banda School	F	3:10.37	290
Maina, Kamwelle	F	11	Bellevue Raptors	F	3:16.02	266
Irungu, Erin N	F	11	Makini Schools	F	3:26.57	227
Ombega, Kelsey	F	11	Zefish Aquatics	F	3:27.00	226
Kamiri, Maya	F	11	The Banda School	F	3:28.69	220
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	3:32.53	208
Marsh, Mia	F	11	The Banda School	F	3:35.33	200
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	3:42.91	181
Maina, Wanjiku	F	11	Sailfish Swim Club	F	4:15.83	119
Otieno, Zahra W	F	11	Kenton College	F	4:26.47	106
<b>Event 202 Girls 12-13 200 IM</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	3:01.92	333
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	3:07.27	305
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	3:14.08	274
Gikunda, Amani N	F	13	Poseidon Swimming Club	F	3:25.60	230
Njau, Amani K	F	12	Bellevue Raptors	F	3:33.51	206
Nuru, Azu	F	13	Seahorses Aquatic Center	F	3:35.46	200
Ndirangu, Nicole	F	12	Bellevue Raptors	F	3:39.57	189
Nyakairu, Lanea	F	12	The Banda School	F	3:44.30	177
Ouma, Arianna	F	13	Makini Schools	F	3:48.57	167
<b>Event 202 Girls 14-15 200 IM</b>						
Webber, Aaliyah	F	15	Hillcrest International School	F	2:52.29	392
Maina, Kagure	F	15	Bellevue Raptors	F	3:01.98	332
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	3:05.20	315
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	3:05.51	314
Kumon, Manna	F	15	Braeburn Swimming Club	F	3:14.09	274
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	3:41.30	185
<b>Event 202 Girls 16&amp;O 200 IM</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	2:49.06	415
Gore, Reese	F	16	Hillcrest International School	F	3:01.25	336
<b>Event 203 Boys 8-9 200 IM</b>						
Ndirangu, Don G	M	9	Bellevue Raptors	F	3:32.85	153
Kimathi, Tachuri	M	8	Seven Delta	F	4:29.95	75
Deiters, John	M	9	Hillcrest International School	F	4:48.82	61
<b>Event 203 Boys 10-11 200 IM</b>						
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	3:11.40	211
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	3:25.82	169
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	4:22.48	81



**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 203 Boys 12-13 200 IM</b>						
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	2:57.91	263
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	3:19.90	185
Patel, Kairav	M	12	The Banda School	F	3:29.96	160
Kamanga, Ntando	M	13	Sailfish Swim Club	F	3:31.52	156
Suther, Stefan	M	13	Sailfish Swim Club	F	3:37.53	143
<b>Event 203 Boys 14-15 200 IM</b>						
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	2:38.98	368
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	2:44.36	333
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	2:55.88	272
Irungu, Roy	M	14	Braeburn Swimming Club	F	2:57.95	262
Kenyi, Max	M	14	Braeburn Swimming Club	F	3:00.01	253
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	3:02.41	244
<b>Event 203 Boys 16&amp;O 200 IM</b>						
De Guzman, Risha	M	16	Braeburn Swimming Club	F	2:26.92	467
Kudwoli, Haniel	M	16	Otters Swim Club	F	2:34.93	398
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	2:43.65	338
Blunsum, Carlo A	M	16	Peponi Secondary School	F	2:44.73	331
Bashir, Ishaq	M	17	Otters Swim Club	F	2:46.40	321
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	2:53.87	281
Ngweno, Adrian	M	24	Zefish Aquatics	F	2:59.97	254
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	3:12.69	207
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	3:16.97	193
Mzee, Ian I	M	16	ST Austin's Academy	F	3:24.92	172
<b>Event 204 Girls 8-9 100 Free</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	1:35.33	159
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	1:39.93	138
Ouma, Serena H	F	9	Makini Schools	F	1:42.17	129
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	1:44.58	120
Shah, Havya J	F	9	Kenton College	F	1:45.82	116
Hiridson, Glowy C	F	8	Pro Swim Academy Kenya	F	1:49.99	103
Kaime, Gakenia	F	9	Wadi Degla	F	1:54.54	92
Bongo, Antoinette	F	9	Hillcrest International School	F	2:07.99	65
Acosta, Katherine	F	9	Hillcrest International School	F	2:22.79	47
Kinyua, Elianna	F	8	Hillcrest International School	F	2:27.46	43
<b>Event 204 Girls 10-11 100 Free</b>						
Childs, Jeanette	F	11	The Banda School	F	1:17.83	293
Ombega, Kelsey	F	11	Zefish Aquatics	F	1:21.86	252
Maina, Kamwelle	F	11	Bellevue Raptors	F	1:22.10	249
Kamiri, Maya	F	11	The Banda School	F	1:22.38	247
Irungu, Erin N	F	11	Makini Schools	F	1:22.61	245
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	1:24.49	229
Marsh, Mia	F	11	The Banda School	F	1:24.83	226
Kamau, Paula	F	11	Otters Swim Club	F	1:24.90	225
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	1:25.84	218
Luusa, Daniela	F	11	Kenton College	F	1:27.35	207
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	1:32.25	176
Nesbitt, Sophia	F	11	Kenton College	F	1:32.56	174
Court, Lily	F	11	Kenton College	F	1:33.04	171

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 204 Girls 10-11 100 Free</b>						
Hailey, Idylle	F	10	Nairobi Teens Swimming Club	F	1:35.54	158
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	1:36.94	151
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	1:37.53	149
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	1:38.61	144
Gikonyo, Victoria	F	11	Kenton College	F	1:39.93	138
Rading, Ummy W	F	10	Seahorses Aquatic Center	F	1:40.73	135
Otieno, Zahra W	F	11	Kenton College	F	1:42.21	129
Oloo, Myra Ayira	F	10	Dashing Dolphins Swim Club	F	1:48.12	109
Njonjo, Michele	F	10	Kenton College	F	1:48.68	107
Mwirigi, Njeri	F	10	Kenton College	F	1:51.84	98
Owidi, Amor	F	10	ST Austin's Academy	F	2:02.96	74
Karanja, Sky W	F	10	Nairobi Teens Swimming Club	F	2:13.35	58
<b>Event 204 Girls 12-13 100 Free</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	1:10.07	401
Musyoka, Tizita	F	13	Poseidon Swimming Club	F	1:18.97	280
Oikawa, Ema	F	13	Braeburn Swimming Club	F	1:19.73	272
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	1:20.28	267
Nuru, Azu	F	13	Seahorses Aquatic Center	F	1:20.33	266
Njuguna, Noni	F	12	Braeburn Swimming Club	F	1:20.60	264
Ndirangu, Nicole	F	12	Bellevue Raptors	F	1:21.10	259
Githui, Lowena M	F	12	Bellevue Raptors	F	1:21.13	258
Webber, Mischa	F	12	Hillcrest International School	F	1:21.48	255
Mwangi, Amani W	F	12	Otters Swim Club	F	1:22.19	249
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	1:23.69	235
Njau, Amani K	F	12	Bellevue Raptors	F	1:24.10	232
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	1:25.38	222
Choda, Simran	F	12	The Banda School	F	1:26.14	216
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	1:27.94	203
Ouma, Arianna	F	13	Makini Schools	F	1:28.66	198
Kemunto, Malia	F	12	Rusinga Schools Nairobi	F	1:29.04	195
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	1:30.88	184
Winterton, Sarafina	F	12	ST Austin's Academy	F	1:34.18	165
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	1:34.35	164
Okwirry, Chloe	F	13	Hillcrest International School	F	1:35.26	159
Angima, Nyaboke	F	12	Kenton College	F	1:35.90	156
Pouakouyou, Grace I	F	12	Sailfish Swim Club	F	1:36.90	151
Kimathi, Lulu	F	12	Seven Delta	F	1:37.27	150
Wasambila, Leona A	F	13	Wadi Degla	F	1:39.94	138
Nyamusi, Flo A	F	13	Hillcrest International School	F	1:51.72	99
Agufana, Giovanna	F	12	Dashing Dolphins Swim Club	F	2:08.71	64
<b>Event 204 Girls 14-15 100 Free</b>						
Maina, Kagure	F	15	Bellevue Raptors	F	1:12.76	358
Karani, Kario	F	15	Otters Swim Club	F	1:12.94	356
Kumon, Manna	F	15	Braeburn Swimming Club	F	1:16.06	314
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	1:17.22	300
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	1:17.74	294
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	1:22.98	241
Karanja, Lisa N	F	14	Nairobi Teens Swimming Club	F	1:41.93	130

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 204 Girls 16&amp;O 100 Free</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	1:07.57	448
Kamotho, Cheryl W	F	16	Otters Swim Club	F	1:09.82	406
Gore, Reese	F	16	Hillcrest International School	F	1:10.85	388
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	1:41.47	132
Malao, Tanya	F	22	University of Nairobi	F	1:43.17	125
<b>Event 205 Boys 8-9 100 Free</b>						
Ndirangu, Don G	M	9	Bellevue Raptors	F	1:25.30	166
Iton, Kristian	M	9	Poseidon Swimming Club	F	1:26.26	160
Court, James	M	9	Kenton College	F	1:34.85	120
Luusa, Elijah	M	8	Kenton College	F	1:41.45	98
Kimathi, Tachuri	M	8	Seven Delta	F	1:42.79	95
Mwagiru, Jabali	M	9	Little Fish Swim Club	F	1:43.84	92
Lukorito, Eike	M	9	Hillcrest International School	F	1:55.35	67
Kibiru, Jabari	M	9	Strathmore School	F	1:56.80	64
Mutandi, Emmanuel	M	8	Wadi Degla	F	1:56.82	64
Waiyaki, Levy	M	9	Strathmore School	F	2:00.54	58
Munyiri, Mathew	M	9	Strathmore School	F	2:15.86	41
Kinuthia, Sean	M	9	Strathmore School	F	2:26.01	33
Areri, Hakeem	M	9	Strathmore School	F	2:29.63	30
Munyao, Nathan	M	9	Strathmore School	F	2:37.11	26
Owour, Fanuel	M	9	Strathmore School	F	2:55.80	18
Ochieng, Tevin	M	8	Strathmore School	F	3:20.81	12
<b>Event 205 Boys 10-11 100 Free</b>						
Waweru, Tevin	M	11	Bellevue Raptors	F	1:17.66	220
Ogola, Andrew	M	11	Little Fish Swim Club	F	1:17.69	220
Irungu, Adrian M	M	11	Braeburn Swimming Club	F	1:18.48	213
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	1:21.83	188
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	1:27.26	155
Muturi, Snellen	M	10	Blue Ocean Swim Club	F	1:27.18	155
Omanga, Morani	M	11	Little Fish Swim Club	F	1:29.48	144
Gidoomal, Pranav	M	11	Kenton College	F	1:29.65	143
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	1:30.01	141
Mutula, James	M	10	Nairobi Teens Swimming Club	F	1:32.76	129
Gichuha, Timothy T	M	11	Kenton College	F	1:34.18	123
Osundwa, Luyali	M	10	Strathmore School	F	1:35.95	116
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	1:38.83	106
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	1:40.46	101
Kathambana, Michael	M	10	Strathmore School	F	1:45.41	88
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	1:48.62	80
Mallowah, Ethan	M	11	Strathmore School	F	1:49.62	78
Kamau, Clyde K	M	10	Wadi Degla	F	1:53.19	71
Andagalu, Zephan	M	10	Strathmore School	F	2:05.30	52
Matiko, Maliki	M	10	Strathmore School	F	2:16.74	40
Kamande, Jerome	M	10	Strathmore School	F	2:22.61	35
Hinga, Luke	M	10	Strathmore School	F	2:25.98	33
<b>Event 205 Boys 12-13 100 Free</b>						
Muhoro, Kanyiha	M	13	Little Fish Swim Club	F	1:09.72	304
Milic, Dusan	M	13	Braeburn Swimming Club	F	1:14.66	248

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 205 Boys 12-13 100 Free</b>						
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	1:17.27	223
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	1:19.17	208
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	1:19.96	201
Patel, Kairav	M	12	The Banda School	F	1:21.72	189
Mir, Muhammad M	M	13	Peponi Secondary School	F	1:21.83	188
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	1:22.40	184
Cohen, Tom	M	12	The Banda School	F	1:22.60	183
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	1:29.54	143
Njuguna, Jonathan	M	12	Hillcrest International School	F	1:29.92	141
Nduati, Tyler	M	12	Hillcrest International School	F	1:31.27	135
Mohandas, Sai	M	13	Kenton College	F	1:33.92	124
Swai, Caelen	M	13	Hillcrest International School	F	1:35.29	119
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	1:35.81	117
<b>Event 205 Boys 14-15 100 Free</b>						
Gikunda, Shaka M	M	15	Otters Swim Club	F	59.43	491
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	1:00.91	456
Kalombo, Michael	M	15	Lifetime Swim Club	F	1:04.60	382
Muigai, Mwaniki	M	15	Otters Swim Club	F	1:05.96	359
Nyagah, Xidi Munene	M	15	Rusinga Schools Nairobi	F	1:08.76	317
Mugambi, Ryan M	M	15	Otters Swim Club	F	1:09.12	312
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	1:11.17	286
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	1:12.05	275
Kenyi, Max	M	14	Braeburn Swimming Club	F	1:12.27	273
Shah, Darsh	M	14	Peponi Secondary School	F	1:12.53	270
Kibui, Alan M	M	15	Lifetime Swim Club	F	1:19.10	208
Kiambi, Ian M	M	15	Hillcrest International School	F	1:34.05	124
<b>Event 205 Boys 16&amp;O 100 Free</b>						
Okumu, Jesse M	M	18	Otters Swim Club	F	1:02.17	429
Otieno, Emmanuel K	M	17	Otters Swim Club	F	1:02.76	417
Otieno, Adam	M	16	Otters Swim Club	F	1:03.97	394
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	1:04.33	387
Nyagu, Ndongoria G	M	16	Otters Swim Club	F	1:05.33	370
Makokha, Timothy	M	23	Pro Swim Academy Kenya	F	1:06.21	355
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	1:06.85	345
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	1:08.70	318
Kiarie, David K	M	23	University of Nairobi	F	1:16.20	233
Mzee, Ian I	M	16	ST Austin's Academy	F	1:16.61	229
Owour, Antony	M	22	University of Nairobi	F	1:38.87	106
<b>Event 206 Girls 10-11 200 Breast</b>						
Maina, Kamwelle	F	11	Bellevue Raptors	F	3:36.89	263
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	3:48.47	225
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	3:54.64	208
Court, Lily	F	11	Kenton College	F	4:01.56	190
Nesbitt, Sophia	F	11	Kenton College	F	4:09.91	172
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	4:11.54	169
Luusa, Daniela	F	11	Kenton College	F	4:20.79	151
Kaime, Gathoni	F	11	Wadi Degla	F	4:26.93	141
Hawi, Belva	F	10	Dashing Dolphins Swim Club	F	4:38.14	125

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 206 Girls 12-13 200 Breast</b>						
Kimani, Kimberly W	F	12	Kenton College	F	3:25.59	309
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	3:30.19	289
Kamotho, Christie W	F	12	Otters Swim Club	F	3:31.15	285
Gikunda, Amani N	F	13	Poseidon Swimming Club	F	3:41.66	247
Abdullahi, Baarni	F	12	Kenton College	F	3:49.87	221
Kinyanjui, Zanna N	F	12	Otters Swim Club	F	3:54.81	207
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	4:04.14	184
Abdullahi, Beydhan	F	12	Kenton College	F	4:12.29	167
<b>Event 206 Girls 14-15 200 Breast</b>						
Webber, Aaliyah	F	15	Hillcrest International School	F	3:14.91	363
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	3:44.87	236
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	3:46.25	232
<b>Event 206 Girls 16&amp;O 200 Breast</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	3:10.96	386
Wairimu, Christine	F	17	Braeburn Swimming Club	F	3:37.95	260
Muraya, Beatrice Njoki	F	21	University of Nairobi	F	4:19.82	153
<b>Event 207 Boys 10-11 200 Breast</b>						
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	3:40.21	187
Kamau, Nathan	M	10	Dashing Dolphins Swim Club	F	3:49.41	166
Mburu, Ted	M	10	Seahorses Aquatic Center	F	3:49.03	166
Gidoomal, Pranav	M	11	Kenton College	F	3:57.10	150
Muturi, Snellen	M	10	Blue Ocean Swim Club	F	4:02.91	139
Kathambana, Michael	M	10	Strathmore School	F	4:32.38	99
<b>Event 207 Boys 12-13 200 Breast</b>						
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	3:41.38	184
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	3:44.95	176
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	3:47.41	170
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	4:22.02	111
<b>Event 207 Boys 14-15 200 Breast</b>						
Kamotho, Curtis J	M	14	Otters Swim Club	F	2:57.99	355
Singh, Harnek	M	15	Peponi Secondary School	F	3:16.86	262
<b>Event 207 Boys 16&amp;O 200 Breast</b>						
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	3:03.68	323
Priscus, Samson K	M	22	Pro Swim Academy Kenya	F	3:41.99	183
<b>Event 208 Girls 8-9 50 Fly</b>						
Alala, Melissa M	F	8	Seahorses Aquatic Center	F	43.02	183
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	50.96	110
Shah, Havya J	F	9	Kenton College	F	51.12	109
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	51.55	106
Kimani, Luisa	F	9	Sailfish Swim Club	F	52.48	100
Hiridson, Glowly C	F	8	Pro Swim Academy Kenya	F	54.40	90
Mwaniki, Emma Rose	F	9	Seahorses Aquatic Center	F	55.29	86
Wanjiru, Anaya T	F	8	Seahorses Aquatic Center	F	1:01.94	61
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	1:04.47	54
Kaime, Gakenia	F	9	Wadi Degla	F	1:06.59	49
Mumbi, Mukindia	F	8	Seahorses Aquatic Center	F	1:07.05	48
Kamanga, Thandiwe	F	9	Sailfish Swim Club	F	1:11.36	40

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 208 Girls 8-9 50 Fly</b>						
Summaiya, Sophia Anne N	F	8	Seahorses Aquatic Center	F	1:12.69	37
Kaur, Gia	F	9	Hillcrest International School	F	1:26.07	22
<b>Event 208 Girls 10-11 50 Fly</b>						
Kamiri, Maya	F	11	The Banda School	F	41.19	208
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	42.27	193
Ombega, Kelsey	F	11	Zefish Aquatics	F	43.17	181
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	44.10	170
Maina, Kamwelle	F	11	Bellevue Raptors	F	45.13	158
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	45.83	151
Kamau, Paula	F	11	Otters Swim Club	F	46.38	146
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	46.44	145
Kaime, Gathoni	F	11	Wadi Degla	F	49.43	120
Mwangi, Emily M	F	10	Otters Swim Club	F	51.34	107
Oloo, Myra Ayira	F	10	Dashing Dolphins Swim Club	F	52.26	102
Nesbitt, Sophia	F	11	Kenton College	F	52.27	102
Gikonyo, Victoria	F	11	Kenton College	F	52.46	100
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	53.06	97
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	53.98	92
Odula, Chedi	F	10	Seahorses Aquatic Center	F	54.80	88
Mureithi, Wanjiku A	F	11	Seahorses Aquatic Center	F	55.03	87
Rading, Ummy W	F	10	Seahorses Aquatic Center	F	56.11	82
Amara, Dambe	F	11	Wadi Degla	F	56.24	81
Njonjo, Michele	F	10	Kenton College	F	56.69	80
Otieno, Zahra W	F	11	Kenton College	F	57.72	75
Maina, Wanjiku	F	11	Sailfish Swim Club	F	57.76	75
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	57.72	75
Nyambura, Ivanna	F	10	ST Austin's Academy	F	58.91	71
Wasambla, Kathy	F	10	Wadi Degla	F	1:03.42	57
Mohandas, Mimi	F	10	Kenton College	F	1:12.82	37
Hailey, Idylle	F	10	Nairobi Teens Swimming Club	F	1:16.54	32
<b>Event 208 Girls 12-13 50 Fly</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	31.39	471
Waswa, Lakisha	F	12	Dashing Dolphins Swim Club	F	38.65	252
Muyela, Laurie	F	12	Otters Swim Club	F	39.18	242
Kimani, Kimberly W	F	12	Kenton College	F	39.21	241
Tchoketch, Sarah	F	12	Otters Swim Club	F	39.82	230
Nuru, Azu	F	13	Seahorses Aquatic Center	F	39.89	229
Ndirangu, Nicole	F	12	Bellevue Raptors	F	41.02	211
Githui, Lowena M	F	12	Bellevue Raptors	F	41.43	205
Njau, Amani K	F	12	Bellevue Raptors	F	42.06	195
Musyoka, Tizita	F	13	Poseidon Swimming Club	F	42.39	191
Oikawa, Ema	F	13	Braeburn Swimming Club	F	43.04	182
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	43.48	177
Komingoi, Kellie K	F	12	Hydra Swim & Sports Club Acad	F	43.98	171
Njau, Zawadi S	F	12	Bellevue Raptors	F	46.35	146
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	46.88	141
Angima, Nyaboke	F	12	Kenton College	F	46.89	141
Winterton, Sarafina	F	12	ST Austin's Academy	F	47.70	134
Webber, Mischa	F	12	Hillcrest International School	F	47.80	133

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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 208 Girls 12-13 50 Fly</b>						
Okwirry, Chloe	F	13	Hillcrest International School	F	49.08	123
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	50.00	116
Mukindia, Abby G	F	12	Seahorses Aquatic Center	F	52.35	101
Kimathi, Lulu	F	12	Seven Delta	F	53.28	96
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	54.05	92
Nyamusi, Flo A	F	13	Hillcrest International School	F	56.31	81
Wasambla, Leona A	F	13	Wadi Degla	F	58.02	74
<b>Event 208 Girls 14-15 50 Fly</b>						
Karani, Kario	F	15	Otters Swim Club	F	35.15	335
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	35.70	320
Maina, Kagure	F	15	Bellevue Raptors	F	36.08	310
Kumon, Manna	F	15	Braeburn Swimming Club	F	37.94	266
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	40.91	212
Kafuto, Ivy N	F	14	Seahorses Aquatic Center	F	42.06	195
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	43.35	178
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	47.15	139
Karanja, Lisa N	F	14	Nairobi Teens Swimming Club	F	51.13	109
<b>Event 208 Girls 16&amp;O 50 Fly</b>						
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	31.20	480
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	32.34	431
Gore, Reese	F	16	Hillcrest International School	F	34.27	362
Kamotho, Cheryl W	F	16	Otters Swim Club	F	36.17	308
Florentyna, Aura	F	20	Seahorses Aquatic Center	F	44.90	161
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	54.10	92
Chebet, Nelly	F	19	University of Nairobi	F	54.40	90
<b>Event 209 Boys 8-9 50 Fly</b>						
Ndirangu, Don G	M	9	Bellevue Raptors	F	38.38	195
Noorani, Aariz I	M	8	Blue Ocean Swim Club	F	50.03	88
Court, James	M	9	Kenton College	F	52.71	75
Kombo, Joshua	M	9	Dashing Dolphins Swim Club	F	53.18	73
Kimathi, Tachuri	M	8	Seven Delta	F	58.79	54
Osunga, Fadhili	M	8	Seahorses Aquatic Center	F	1:00.86	48
Deiters, John	M	9	Hillcrest International School	F	1:01.65	47
Kimeu, Shawn	M	8	Dashing Dolphins Swim Club	F	1:01.88	46
Maina, Andrew	M	9	Seahorses Aquatic Center	F	1:02.95	44
Lukorito, Eike	M	9	Hillcrest International School	F	1:03.34	43
Kariuki, Liam N	M	8	Seahorses Aquatic Center	F	1:05.52	39
Kibaara, Keita	M	9	Dashing Dolphins Swim Club	F	1:05.14	39
Muya, TK	M	9	Kenton College	F	1:06.12	38
Kibiru, Jabari	M	9	Strathmore School	F	1:14.18	27
Kinuthia, Sean	M	9	Strathmore School	F	1:20.16	21
Owour, Fanuel	M	9	Strathmore School	F	2:01.34	6
Bryte, Liam	M	8	Dashing Dolphins Swim Club	F	1:57.57	6
<b>Event 209 Boys 10-11 50 Fly</b>						
Ogola, Andrew	M	11	Little Fish Swim Club	F	38.46	194
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	38.67	191
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	42.03	148
Waweru, Tevin	M	11	Bellevue Raptors	F	42.11	147

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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 209 Boys 10-11 50 Fly</b>						
Irungu, Adrian M	M	11	Braeburn Swimming Club	F	42.80	140
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	44.30	127
Mburu, Ted	M	10	Seahorses Aquatic Center	F	44.71	123
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	46.08	112
Mutula, James	M	10	Nairobi Teens Swimming Club	F	48.97	94
Kalinga, Elijah	M	10	Seahorses Aquatic Center	F	49.98	88
Sakwa, Gabriel	M	11	Strathmore School	F	49.97	88
Gidoomal, Pranav	M	11	Kenton College	F	50.23	87
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	52.35	76
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	53.79	70
Andrew, Joe O	M	10	Seahorses Aquatic Center	F	54.37	68
Mayur, Tanay	M	10	Sailfish Swim Club	F	55.62	64
Arungu, Asa	M	10	Kenton College	F	55.69	63
Gichuha, Timothy T	M	11	Kenton College	F	56.34	61
Kathambana, Michael	M	10	Strathmore School	F	58.76	54
Kamau, Clyde K	M	10	Wadi Degla	F	59.27	53
Ombwayo, Mark Clevers	M	11	Seahorses Aquatic Center	F	1:01.45	47
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	1:03.06	44
Mwaniki, Joe	M	11	Seahorses Aquatic Center	F	1:06.16	38
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	1:06.19	38
Hinga, Luke	M	10	Strathmore School	F	1:12.62	28
Matiko, Maliki	M	10	Strathmore School	F	1:14.27	26
<b>Event 209 Boys 12-13 50 Fly</b>						
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	33.46	294
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	36.19	233
Milic, Dusan	M	13	Braeburn Swimming Club	F	37.07	216
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	38.80	189
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	41.21	157
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	41.61	153
Dalal, Samarth	M	13	Braeburn Swimming Club	F	41.82	151
Kamanga, Ntando	M	13	Sailfish Swim Club	F	43.19	137
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	44.66	123
Suther, Stefan	M	13	Sailfish Swim Club	F	47.30	104
Mir, Muhammad M	M	13	Peponi Secondary School	F	47.56	102
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	53.84	70
Kimeu, Ryan	M	12	Dashing Dolphins Swim Club	F	55.17	65
Nduati, Tyler	M	12	Hillcrest International School	F	55.55	64
Mohandas, Sai	M	13	Kenton College	F	58.58	54
Kibet, Adrian	M	12	Seahorses Aquatic Center	F	1:02.05	46
Ombwayo, Malik Nelson	M	13	Seahorses Aquatic Center	F	1:05.82	38
<b>Event 209 Boys 14-15 50 Fly</b>						
Gikunda, Shaka M	M	15	Otters Swim Club	F	28.52	476
Irungu, Roy	M	14	Braeburn Swimming Club	F	30.95	372
Kalombo, Michael	M	15	Lifetime Swim Club	F	32.01	336
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	32.12	333
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	32.76	314
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	32.90	310
Kibui, Alan M	M	15	Lifetime Swim Club	F	40.00	172
Kiambi, Ian M	M	15	Hillcrest International School	F	49.63	90



**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 209 Boys 16&amp;O 50 Fly</b>						
De Guzman, Risha	M	16	Braeburn Swimming Club	F	29.09	448
Boit, Dr. Edwin K	M	31	NextGen Multi Sport Academy	F	29.50	430
Otieno, Emmanuel K	M	17	Otters Swim Club	F	29.82	416
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	30.78	378
Ngweno, Adrian	M	24	Zefish Aquatics	F	30.88	375
Bashir, Ishaq	M	17	Otters Swim Club	F	31.71	346
Blunsum, Carlo A	M	16	Peponi Secondary School	F	31.73	345
Okumu, Jesse M	M	18	Otters Swim Club	F	31.81	343
Makokha, Timothy	M	23	Pro Swim Academy Kenya	F	32.71	315
Otieno, Adam	M	16	Otters Swim Club	F	32.81	312
Wanjir, Jackson	M	20	Pro Swim Academy Kenya	F	33.25	300
Tobiko, Rodgers	M	23	Kenyatta University	F	33.30	299
Kibadengi, Emmanuel	M	23	Kenyatta University	F	34.29	273
Kinuthia, Stephen	M	21	Pro Swim Academy Kenya	F	35.11	255
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	35.56	245
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	35.92	238
Mzee, Ian I	M	16	ST Austin's Academy	F	37.50	209
<b>Event 211 Girls 10-11 400 Free</b>						
Maina, Kamwelle	F	11	Bellevue Raptors	F	6:31.42	220
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	7:36.89	138
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	7:47.55	129
Maina, Wanjiku	F	11	Sailfish Swim Club	F	8:24.00	103
<b>Event 211 Girls 12-13 400 Free</b>						
Feisal, Nadiya	F	13	Otters Swim Club	F	5:41.10	333
Njau, Amani K	F	12	Bellevue Raptors	F	6:17.31	246
Githui, Lowena M	F	12	Bellevue Raptors	F	6:19.14	242
<b>Event 211 Girls 14-15 400 Free</b>						
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	5:43.70	325
Maina, Kagure	F	15	Bellevue Raptors	F	5:43.59	325
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	5:54.58	296
Masese, Kwamboka S	F	15	Braeburn Swimming Club	F	6:09.21	262
<b>Event 211 Girls 16&amp;O 400 Free</b>						
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	5:02.87	475
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	5:25.44	383
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	8:08.47	113
<b>Event 212 Boys 10-11 400 Free</b>						
Muturi, Snellen	M	10	Blue Ocean Swim Club	F	6:48.06	156
Mayur, Tanay	M	10	Sailfish Swim Club	F	9:01.80	67
<b>Event 212 Boys 14-15 400 Free</b>						
Kamotho, Curtis J	M	14	Otters Swim Club	F	5:00.65	392
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	5:00.82	391
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	5:35.54	282
Karia, Yash M	M	14	Otters Swim Club	F	5:39.76	271
Mugambi, Ryan M	M	15	Otters Swim Club	F	5:42.38	265
<b>Event 212 Boys 16&amp;O 400 Free</b>						
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	6:14.55	202
Mutwiri, Jeff M	M	22	Pro Swim Academy Kenya	F	6:39.06	167

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 301 Girls 12-13 800 Free</b>						
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	13:55.61	195
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	16:13.17	123
<b>Event 301 Girls 14-15 800 Free</b>						
Maina, Kagure	F	15	Bellevue Raptors	F	12:01.34	303
<b>Event 302 Boys 10-11 800 Free</b>						
Muturi, Snellen	M	10	Blue Ocean Swim Club	F	13:18.50	181
<b>Event 302 Boys 12-13 800 Free</b>						
Suther, Stefan	M	13	Sailfish Swim Club	F	13:18.47	181
<b>Event 302 Boys 14-15 800 Free</b>						
Kamotho, Curtis J	M	14	Otters Swim Club	F	11:20.46	293
<b>Event 302 Boys 16&amp;O 800 Free</b>						
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	10:24.41	379
<b>Event 303 Girls 10-11 200 Back</b>						
Swai, Zahra	F	10	Hillcrest International School	F	3:29.83	203
Ombega, Kelsey	F	11	Zefish Aquatics	F	3:30.87	200
<b>Event 303 Girls 12-13 200 Back</b>						
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	3:05.31	294
Feisal, Nadiya	F	13	Otters Swim Club	F	3:14.18	256
Njuguna, Noni	F	12	Braeburn Swimming Club	F	3:15.88	249
<b>Event 303 Girls 14-15 200 Back</b>						
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	2:52.09	368
Shah, Rianna N	F	15	Peponi Secondary School	F	3:08.04	282
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	3:46.41	161
<b>Event 304 Boys 10-11 200 Back</b>						
Ogola, Andrew	M	11	Little Fish Swim Club	F	3:18.83	178
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	3:23.10	167
<b>Event 304 Boys 12-13 200 Back</b>						
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	3:02.05	232
Kimeu, Ryan	M	12	Dashing Dolphins Swim Club	F	4:08.74	91
<b>Event 304 Boys 14-15 200 Back</b>						
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	2:39.68	344
Nyagah, Xidi Munene	M	15	Rusinga Schools Nairobi	F	2:51.31	278
<b>Event 304 Boys 16&amp;O 200 Back</b>						
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	3:16.86	183
Kinuthia, Stephen	M	21	Pro Swim Academy Kenya	F	3:24.83	163
<b>Event 307 Girls 8-9 50 Breast</b>						
CarboGrossman, Aluel	F	9	German School Nairobi	F	50.61	196
Kimani, Luisa	F	9	Sailfish Swim Club	F	51.90	181
Alala, Melissa M	F	8	Seahorses Aquatic Center	F	53.35	167
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	55.44	149
Shah, Havya J	F	9	Kenton College	F	56.13	143
Mwaniki, Emma Rose	F	9	Seahorses Aquatic Center	F	56.51	140
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	56.63	139
Kaime, Gakenia	F	9	Wadi Degla	F	57.25	135
Kimani, Kayla	F	8	Kenton College	F	57.33	134
Cohen, Lia	F	9	The Banda School	F	57.88	131

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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 307 Girls 8-9 50 Breast</b>						
Mutheu, Thea T	F	9	Wadi Degla	F	59.35	121
DeAllessi, Anok	F	9	German School Nairobi	F	59.59	120
Wangari, Mbogo Zoe	F	8	Zefish Aquatics	F	1:04.23	95
Hiridson, Glowy C	F	8	Pro Swim Academy Kenya	F	1:04.63	94
Varanasi, Vedika	F	9	Kenton College	F	1:05.16	91
Kamanga, Thandiwe	F	9	Sailfish Swim Club	F	1:05.43	90
Wanjiru, Anaya T	F	8	Seahorses Aquatic Center	F	1:08.49	79
Namalero, Idoia	F	9	Seahorses Aquatic Center	F	1:09.89	74
Summaiya, Sophia Anne N	F	8	Seahorses Aquatic Center	F	1:10.22	73
Kaur, Gia	F	9	Hillcrest International School	F	1:13.17	64
Bukata, Agnes K	F	8	Wadi Degla	F	1:22.43	45
<b>Event 307 Girls 10-11 50 Breast</b>						
Childs, Jeanette	F	11	The Banda School	F	40.43	384
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	44.33	291
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	46.39	254
Marsh, Mia	F	11	The Banda School	F	49.19	213
Nesbitt, Sophia	F	11	Kenton College	F	49.60	208
Irungu, Erin N	F	11	Makini Schools	F	49.58	208
Ombega, Kelsey	F	11	Zefish Aquatics	F	50.04	202
Court, Lily	F	11	Kenton College	F	50.83	193
Luusa, Daniela	F	11	Kenton College	F	53.05	170
Kaime, Gathoni	F	11	Wadi Degla	F	54.28	158
Tchoketch, Sophia	F	10	Otters Swim Club	F	54.69	155
Mwangi, Kenya	F	10	Wadi Degla	F	54.81	154
Swai, Zahra	F	10	Hillcrest International School	F	54.98	152
Kabuga, Anahi	F	10	German School Nairobi	F	56.11	143
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	56.31	142
Hailey, Idylle	F	10	Nairobi Teens Swimming Club	F	56.37	141
Shah, Sarai	F	11	Kenton College	F	57.66	132
Hawi, Belva	F	10	Dashing Dolphins Swim Club	F	58.17	129
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	58.25	128
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	58.45	127
Njonjo, Michele	F	10	Kenton College	F	1:00.14	116
Amara, Dambe	F	11	Wadi Degla	F	1:00.42	115
Nyambura, Ivanna	F	10	ST Austin's Academy	F	1:00.65	113
Mureithi, Wanjiku A	F	11	Seahorses Aquatic Center	F	1:00.65	113
Rading, Umami W	F	10	Seahorses Aquatic Center	F	1:00.74	113
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	1:01.98	106
Otieno, Zahra W	F	11	Kenton College	F	1:04.26	95
Maina, Wanjiku	F	11	Sailfish Swim Club	F	1:04.96	92
Karanja, Sky W	F	10	Nairobi Teens Swimming Club	F	1:05.96	88
Mwirigi, Njeri	F	10	Kenton College	F	1:06.83	85
Mohandas, Mimi	F	10	Kenton College	F	1:09.81	74
Owidi, Amor	F	10	ST Austin's Academy	F	1:10.84	71
Wasambla, Kathy	F	10	Wadi Degla	F	1:11.33	70
Williamson, Saoirse	F	10	ST Austin's Academy	F	1:15.69	58
<b>Event 307 Girls 12-13 50 Breast</b>						
Kimani, Kimberly W	F	12	Kenton College	F	40.48	383
Kamotho, Christie W	F	12	Otters Swim Club	F	40.95	370

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 307 Girls 12-13 50 Breast</b>						
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	43.23	314
Omondi, Naledi	F	12	German School Nairobi	F	45.69	266
Nyakairu, Lanea	F	12	The Banda School	F	45.98	261
Nungari, Hope C	F	13	Bellevue Raptors	F	46.31	255
Malo, Meggie A	F	13	Braeburn Swimming Club	F	47.69	234
Gituku, Gail	F	12	Braeburn Swimming Club	F	47.69	234
Waswa, Lakisha	F	12	Dashing Dolphins Swim Club	F	47.77	233
Abdullahi, Baarni	F	12	Kenton College	F	48.04	229
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	48.10	228
Lopez, Rafaela	F	12	Hillcrest International School	F	48.42	223
Feliziani, Giulia	F	12	German School Nairobi	F	48.70	220
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	48.70	220
Mutai, Shana C	F	13	Lifetime Swim Club	F	48.64	220
Shah, Siana	F	13	Peponi Secondary School	F	48.85	217
Webber, Mischa	F	12	Hillcrest International School	F	48.95	216
Kemunto, Malia	F	12	Rusinga Schools Nairobi	F	49.90	204
Pouakouyou, Grace I	F	12	Sailfish Swim Club	F	50.83	193
Warui, Ariana	F	12	Kenton College	F	50.92	192
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	51.17	189
Angima, Nyaboke	F	12	Kenton College	F	51.76	183
Okwirry, Chloe	F	13	Hillcrest International School	F	52.56	175
Winterton, Sarafina	F	12	ST Austin's Academy	F	52.58	174
Mukindia, Abby G	F	12	Seahorses Aquatic Center	F	53.55	165
Abdullahi, Beydhan	F	12	Kenton College	F	54.53	156
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	54.81	154
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	59.79	118
Wasambla, Leona A	F	13	Wadi Degla	F	1:01.08	111
Chisinde, Kalekye	F	12	Hillcrest International School	F	1:02.15	105
Priest, Stephanie	F	12	Hillcrest International School	F	1:04.34	95
Nyamusi, Flo A	F	13	Hillcrest International School	F	1:04.87	93
<b>Event 307 Girls 14-15 50 Breast</b>						
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	43.22	314
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	44.20	294
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	48.17	227
Kafuto, Ivy N	F	14	Seahorses Aquatic Center	F	48.22	226
Anayo, Skyler G	F	14	Hillcrest International School	F	51.98	180
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	54.85	153
Karanja, Lisa N	F	14	Nairobi Teens Swimming Club	F	58.69	125
<b>Event 307 Girls 16&amp;0 50 Breast</b>						
Kamotho, Cheryl W	F	16	Otters Swim Club	F	41.93	344
Wairimu, Christine	F	17	Braeburn Swimming Club	F	45.29	273
Waswa, Shawana	F	17	Dashing Dolphins Swim Club	F	51.13	190
Florentyna, Aura	F	20	Seahorses Aquatic Center	F	51.84	182
Muraya, Beatrice Njoki	F	21	University of Nairobi	F	53.93	162
<b>Event 308 Boys 8-9 50 Breast</b>						
Iton, Kristian	M	9	Poseidon Swimming Club	F	49.86	140
Ndirangu, Don G	M	9	Bellevue Raptors	F	50.79	133
Court, James	M	9	Kenton College	F	51.12	130

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 308 Boys 8-9 50 Breast</b>						
Nesbit, Adam	M	9	Kenton College	F	51.52	127
Njagi, Njau	M	9	Dashing Dolphins Swim Club	F	53.45	114
Luusa, Elijah	M	8	Kenton College	F	55.54	101
Iton, Karl	M	9	Poseidon Swimming Club	F	56.72	95
Kombo, Joshua	M	9	Dashing Dolphins Swim Club	F	58.86	85
Deiters, John	M	9	Hillcrest International School	F	59.90	81
Noorani, Aariz I	M	8	Blue Ocean Swim Club	F	1:02.45	71
Kibaara, Keita	M	9	Dashing Dolphins Swim Club	F	1:04.68	64
Maina, Andrew	M	9	Seahorses Aquatic Center	F	1:06.04	60
Lukorito, Eike	M	9	Hillcrest International School	F	1:06.56	59
Osunga, Fadhili	M	8	Seahorses Aquatic Center	F	1:08.80	53
Thobela, Rypma	M	9	Wadi Degla	F	1:14.43	42
<b>Event 308 Boys 10-11 50 Breast</b>						
Irungu, Adrian M	M	11	Braeburn Swimming Club	F	43.81	207
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	45.10	190
Gidoomal, Pranav	M	11	Kenton College	F	45.76	182
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	46.91	169
Kamau, Nathan	M	10	Dashing Dolphins Swim Club	F	47.90	159
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	50.09	139
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	50.56	135
Omanga, Morani	M	11	Little Fish Swim Club	F	50.95	132
Gichuha, Timothy T	M	11	Kenton College	F	50.84	132
Mburu, Ted	M	10	Seahorses Aquatic Center	F	51.03	131
Obuna, Brian	M	11	Zefish Aquatics	F	50.99	131
Waweru, Tevin	M	11	Bellevue Raptors	F	51.18	130
Ombwayo, Mark Clevers	M	11	Seahorses Aquatic Center	F	52.40	121
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	53.65	113
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	55.08	104
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	1:00.69	78
Osundwa, Luyali	M	10	Strathmore School	F	1:00.58	78
Kinyua, Jaban	M	10	Hillcrest International School	F	1:00.61	78
Van Brussel, Loui	M	10	Hillcrest International School	F	1:01.98	73
Kimani, Liam W	M	10	Lifetime Swim Club	F	1:04.69	64
Arungu, Asa	M	10	Kenton College	F	1:04.70	64
Kalinga, Elijah	M	10	Seahorses Aquatic Center	F	1:04.58	64
Mwaniki, Joe	M	11	Seahorses Aquatic Center	F	1:06.58	59
Andrew, Joe O	M	10	Seahorses Aquatic Center	F	1:07.03	58
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	1:08.91	53
Kamau, Clyde K	M	10	Wadi Degla	F	1:13.51	43
<b>Event 308 Boys 12-13 50 Breast</b>						
Milic, Dusan	M	13	Braeburn Swimming Club	F	42.48	227
Dalal, Samarth	M	13	Braeburn Swimming Club	F	43.06	218
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	43.43	213
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	43.58	211
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	43.65	210
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	45.23	188
Van Aswegen, Nathan	M	12	The Banda School	F	46.80	170
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	46.88	169
Patel, Kairav	M	12	The Banda School	F	47.13	166

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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 308 Boys 12-13 50 Breast</b>						
Swai, Caelen	M	13	Hillcrest International School	F	47.14	166
Njuguna, Jonathan	M	12	Hillcrest International School	F	48.25	155
Kamanga, Ntando	M	13	Sailfish Swim Club	F	50.71	134
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	53.09	116
Mohandas, Sai	M	13	Kenton College	F	55.57	101
Kimeu, Ryan	M	12	Dashing Dolphins Swim Club	F	59.06	84
Namulanda, Lukka	M	12	Seahorses Aquatic Center	F	1:02.93	70
Nduati, Tyler	M	12	Hillcrest International School	F	1:03.30	68
Ombwayo, Malik Nelson	M	13	Seahorses Aquatic Center	F	1:05.50	62
<b>Event 308 Boys 14-15 50 Breast</b>						
Kalombo, Michael	M	15	Lifetime Swim Club	F	35.86	378
Singh, Harnek	M	15	Peponi Secondary School	F	39.65	280
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	40.46	263
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	40.47	263
Shah, Darsh	M	14	Peponi Secondary School	F	41.06	252
Kenya, Max	M	14	Braeburn Swimming Club	F	41.61	242
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	43.05	219
Kibui, Alan M	M	15	Lifetime Swim Club	F	46.39	175
Kiambi, Ian M	M	15	Hillcrest International School	F	52.82	118
<b>Event 308 Boys 16&amp;O 50 Breast</b>						
De Guzman, Risha	M	16	Braeburn Swimming Club	F	32.51	508
Omar, Ibrahim	M	20	Otters Swim Club	F	33.40	468
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	35.77	381
Otieno, Adam	M	16	Otters Swim Club	F	35.80	380
Omondi, Lucas	M	22	Kenyatta University	F	36.53	358
Makokha, Timothy	M	23	Pro Swim Academy Kenya	F	36.97	345
Nyagu, Ndongoria G	M	16	Otters Swim Club	F	37.38	334
Amor, James O	M	16	Seahorses Aquatic Center	F	38.25	312
Ngweno, Adrian	M	24	Zefish Aquatics	F	38.73	300
Gituku, Randall	M	16	Braeburn Swimming Club	F	38.87	297
Waweru, Moses	M	25	Kenyatta University	F	39.85	276
Kibadengi, Emmanuel	M	23	Kenyatta University	F	40.16	269
Tobiko, Rodgers	M	23	Kenyatta University	F	41.14	250
Priscus, Samson K	M	22	Pro Swim Academy Kenya	F	41.81	239
Kiarie, David K	M	23	University of Nairobi	F	43.72	209
Otieno, Jeremy A	M	21	University of Nairobi	F	43.74	208
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	43.82	207
Mzee, Ian I	M	16	ST Austin's Academy	F	44.63	196
Wambugu, Victor	M	21	University of Nairobi	F	44.97	192
Owour, Antony	M	22	University of Nairobi	F	47.57	162
<b>Event 309 Girls 8-9 100 Fly</b>						
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	1:55.48	110
Hiridson, Glowly C	F	8	Pro Swim Academy Kenya	F	2:21.02	60
<b>Event 309 Girls 10-11 100 Fly</b>						
Kamiri, Maya	F	11	The Banda School	F	1:39.15	175
Ombega, Kelsey	F	11	Zefish Aquatics	F	1:41.62	162
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	1:47.46	137
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	1:51.95	121

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 309 Girls 10-11 100 Fly</b>						
Gikonyo, Victoria	F	11	Kenton College	F	1:53.61	116
Rading, Umami W	F	10	Seahorses Aquatic Center	F	2:09.30	78
<b>Event 309 Girls 12-13 100 Fly</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	1:20.17	331
Githui, Lowena M	F	12	Bellevue Raptors	F	1:32.70	214
Kimani, Kimberly W	F	12	Kenton College	F	1:34.12	204
Ndirangu, Nicole	F	12	Bellevue Raptors	F	1:34.38	203
Nungari, Hope C	F	13	Bellevue Raptors	F	1:40.47	168
Nuru, Azu	F	13	Seahorses Aquatic Center	F	1:41.30	164
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	1:51.78	122
<b>Event 309 Girls 14-15 100 Fly</b>						
Maina, Kagure	F	15	Bellevue Raptors	F	1:22.22	307
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	1:24.38	284
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	1:28.81	243
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	1:30.82	227
<b>Event 309 Girls 16&amp;O 100 Fly</b>						
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	1:09.77	502
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	1:11.64	464
Gore, Reese	F	16	Hillcrest International School	F	1:21.38	316
<b>Event 310 Boys 10-11 100 Fly</b>						
Ogola, Andrew	M	11	Little Fish Swim Club	F	1:29.09	171
Omanga, Morani	M	11	Little Fish Swim Club	F	1:45.87	102
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	1:47.44	97
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	2:29.35	36
<b>Event 310 Boys 12-13 100 Fly</b>						
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	1:28.65	174
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	1:35.80	137
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	1:36.00	137
Namulanda, Lukka	M	12	Seahorses Aquatic Center	F	2:06.82	59
<b>Event 310 Boys 14-15 100 Fly</b>						
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	1:14.00	299
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	1:21.34	225
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	1:27.88	178
Kibui, Alan M	M	15	Lifetime Swim Club	F	1:42.49	112
<b>Event 310 Boys 16&amp;O 100 Fly</b>						
Bachelani, Samir	M	17	Blue Ocean Swim Club	F	1:11.68	329
Tobiko, Rodgers	M	23	Kenyatta University	F	1:23.43	208
<b>Event 401 Girls 8-9 50 Back</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	48.48	172
Alala, Melissa M	F	8	Seahorses Aquatic Center	F	51.35	145
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	52.87	132
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	53.43	128
Shah, Havva J	F	9	Kenton College	F	53.94	125
Jovanovic, Mila	F	9	Poseidon Swimming Club	F	56.14	110
Wangari, Mbogo Zoe	F	8	Zefish Aquatics	F	58.10	100
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	59.01	95
Ouma, Serena H	F	9	Makini Schools	F	1:00.89	86

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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 401 Girls 8-9 50 Back</b>						
Kamanga, Thandiwe	F	9	Sailfish Swim Club	F	1:03.78	75
Varanasi, Vedika	F	9	Kenton College	F	1:03.96	75
Kimani, Kayla	F	8	Kenton College	F	1:04.22	74
Namalero, Idoia	F	9	Seahorses Aquatic Center	F	1:04.11	74
Wanjiru, Anaya T	F	8	Seahorses Aquatic Center	F	1:05.22	70
Mutheu, Thea T	F	9	Wadi Degla	F	1:07.43	64
Mumbi, Mukindia	F	8	Seahorses Aquatic Center	F	1:17.51	42
Summaiya, Sophia Anne N	F	8	Seahorses Aquatic Center	F	1:17.80	41
Mwaniki, Emma Rose	F	9	Seahorses Aquatic Center	F	1:18.37	40
Kaur, Gia	F	9	Hillcrest International School	F	1:38.50	20
<b>Event 401 Girls 10-11 50 Back</b>						
Childs, Jeanette	F	11	The Banda School	F	40.59	293
Marsh, Mia	F	11	The Banda School	F	41.74	270
Swai, Zahra	F	10	Hillcrest International School	F	42.32	259
Kamiri, Maya	F	11	The Banda School	F	42.60	254
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	43.72	235
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	45.28	211
Popat, Isabella	F	10	Kenton College	F	46.54	194
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	47.07	188
Ombega, Kelsey	F	11	Zefish Aquatics	F	47.41	184
Kamau, Paula	F	11	Otters Swim Club	F	47.99	177
Nesbitt, Sophia	F	11	Kenton College	F	48.18	175
Hawi, Belva	F	10	Dashing Dolphins Swim Club	F	49.58	161
Gikonyo, Victoria	F	11	Kenton College	F	49.51	161
Luusa, Daniela	F	11	Kenton College	F	50.21	155
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	50.55	152
Tchoketch, Sophia	F	10	Otters Swim Club	F	50.64	151
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	50.71	150
Oloo, Myra Ayira	F	10	Dashing Dolphins Swim Club	F	50.95	148
Kaime, Gathoni	F	11	Wadi Degla	F	51.18	146
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	51.48	143
Court, Lily	F	11	Kenton College	F	52.10	138
Maina, Wanjiku	F	11	Sailfish Swim Club	F	52.33	137
Hailey, Idylle	F	10	Nairobi Teens Swimming Club	F	52.22	137
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	52.71	134
Mureithi, Wanjiku A	F	11	Seahorses Aquatic Center	F	53.08	131
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	53.55	127
Odula, Chedi	F	10	Seahorses Aquatic Center	F	55.35	115
Mwangi, Kenya	F	10	Wadi Degla	F	55.42	115
Otieno, Zahra W	F	11	Kenton College	F	55.63	114
Njonjo, Michele	F	10	Kenton College	F	55.75	113
Rading, Ummy W	F	10	Seahorses Aquatic Center	F	56.21	110
Shah, Sarai	F	11	Kenton College	F	56.38	109
Amara, Dambe	F	11	Wadi Degla	F	58.37	98
Mwirigi, Njeri	F	10	Kenton College	F	1:00.14	90
Wasambila, Kathy	F	10	Wadi Degla	F	1:04.14	74
Karanja, Sky W	F	10	Nairobi Teens Swimming Club	F	1:05.46	70
Mohandas, Mimi	F	10	Kenton College	F	1:12.72	51
Williamson, Saoirse	F	10	ST Austin's Academy	F	1:14.39	47



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<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 401 Girls 12-13 50 Back</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	37.25	379
Jovanovic, Dunja	F	12	Poseidon Swimming Club	F	39.52	318
Muyela, Laurie	F	12	Otters Swim Club	F	40.21	302
Warui, Ariana	F	12	Kenton College	F	40.37	298
Njuguna, Noni	F	12	Braeburn Swimming Club	F	40.57	294
Ndirangu, Nicole	F	12	Bellevue Raptors	F	42.11	263
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	42.51	255
Webber, Mischa	F	12	Hillcrest International School	F	42.91	248
Shah, Siana	F	13	Peponi Secondary School	F	43.90	232
Musyoka, Tizita	F	13	Poseidon Swimming Club	F	43.97	231
Omabere, Tamara	F	12	Sailfish Swim Club	F	43.98	230
Tchoketch, Sarah	F	12	Otters Swim Club	F	44.13	228
Choda, Simran	F	12	The Banda School	F	44.10	228
Gituku, Gail	F	12	Braeburn Swimming Club	F	44.43	223
Nungari, Hope C	F	13	Bellevue Raptors	F	45.22	212
Kemunto, Malia	F	12	Rusinga Schools Nairobi	F	45.30	211
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	45.34	210
Mutai, Shana C	F	13	Lifetime Swim Club	F	45.89	203
Wagenaar, Katelyn	F	12	Braeburn Swimming Club	F	45.90	203
Nyakairu, Lanea	F	12	The Banda School	F	45.97	202
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	46.01	201
Nuru, Azu	F	13	Seahorses Aquatic Center	F	47.08	188
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	48.00	177
Ouma, Arianna	F	13	Makini Schools	F	47.98	177
Waswa, Lakisha	F	12	Dashing Dolphins Swim Club	F	49.38	163
Angima, Nyaboke	F	12	Kenton College	F	49.53	161
Lopez, Rafaela	F	12	Hillcrest International School	F	49.58	161
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	50.60	151
Okwirry, Chloe	F	13	Hillcrest International School	F	51.22	146
Abdullahi, Baarni	F	12	Kenton College	F	52.67	134
Priest, Stephanie	F	12	Hillcrest International School	F	53.71	126
Mukindia, Abby G	F	12	Seahorses Aquatic Center	F	54.17	123
Chisinde, Kalekye	F	12	Hillcrest International School	F	57.86	101
Agufana, Giovanna	F	12	Dashing Dolphins Swim Club	F	58.00	100
Abdullahi, Beydhan	F	12	Kenton College	F	1:00.94	86
<b>Event 401 Girls 14-15 50 Back</b>						
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	37.28	379
Shah, Rianna N	F	15	Peponi Secondary School	F	38.67	339
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	39.08	329
Kumon, Manna	F	15	Braeburn Swimming Club	F	40.77	289
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	42.88	249
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	43.52	238
Feisal, Najma	F	15	Otters Swim Club	F	45.24	212
Kafuto, Ivy N	F	14	Seahorses Aquatic Center	F	47.89	178
Anayo, Skyler G	F	14	Hillcrest International School	F	48.11	176
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	48.19	175
Opiyo, Angie	F	14	Zefish Aquatics	F	49.19	165
Musengi, Savannah	F	14	Hydra Swim & Sports Club Acad	F	49.45	162
Karanja, Lisa N	F	14	Nairobi Teens Swimming Club	F	51.66	142

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 401 Girls 16&amp;O 50 Back</b>						
Gore, Reese	F	16	Hillcrest International School	F	35.93	423
Wairimu, Christine	F	17	Braeburn Swimming Club	F	42.05	264
Onyancha, Beryl	F	23	Pro Swim Academy Kenya	F	44.83	217
Malao, Tanya	F	22	University of Nairobi	F	54.87	118
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	55.31	116
<b>Event 402 Boys 8-9 50 Back</b>						
Ndirangu, Don G	M	9	Bellevue Raptors	F	42.86	175
Nesbit, Adam	M	9	Kenton College	F	47.89	125
Mwagiru, Jabali	M	9	Little Fish Swim Club	F	54.38	85
Noorani, Aariz I	M	8	Blue Ocean Swim Club	F	54.87	83
Luusa, Elijah	M	8	Kenton College	F	56.70	75
Kimeu, Shawn	M	8	Dashing Dolphins Swim Club	F	57.32	73
Winters, Quintijn	M	9	Braeburn Swimming Club	F	58.30	69
Deiters, John	M	9	Hillcrest International School	F	1:01.76	58
Osunga, Fadhili	M	8	Seahorses Aquatic Center	F	1:04.31	51
Lukorito, Eike	M	9	Hillcrest International School	F	1:06.48	47
Miller, Thomas	M	8	Hillcrest International School	F	1:06.53	46
Maina, Andrew	M	9	Seahorses Aquatic Center	F	1:15.47	32
<b>Event 402 Boys 10-11 50 Back</b>						
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	40.87	202
Waweru, Tevin	M	11	Bellevue Raptors	F	41.42	194
Ogola, Andrew	M	11	Little Fish Swim Club	F	41.88	188
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	44.22	159
Mburu, Ted	M	10	Seahorses Aquatic Center	F	44.32	158
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	45.35	148
Mutula, James	M	10	Nairobi Teens Swimming Club	F	46.00	142
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	45.95	142
Hodson, Marley	M	11	The Banda School	F	46.63	136
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	47.14	131
Obuna, Brian	M	11	Zefish Aquatics	F	47.87	126
Gichuha, Timothy T	M	11	Kenton College	F	49.46	114
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	49.65	112
Osundwa, Luyali	M	10	Strathmore School	F	50.89	104
Arungu, Asa	M	10	Kenton College	F	51.96	98
Andrew, Joe O	M	10	Seahorses Aquatic Center	F	52.75	94
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	52.76	94
Van Brussel, Loui	M	10	Hillcrest International School	F	53.33	91
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	53.21	91
Mayur, Tanay	M	10	Sailfish Swim Club	F	53.83	88
Kalinga, Elijah	M	10	Seahorses Aquatic Center	F	56.63	76
Ombwayo, Mark Clevers	M	11	Seahorses Aquatic Center	F	56.43	76
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	57.96	70
Mwaniki, Joe	M	11	Seahorses Aquatic Center	F	1:07.44	45
<b>Event 402 Boys 12-13 50 Back</b>						
Milic, Dusan	M	13	Braeburn Swimming Club	F	39.93	217
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	42.04	186
Cohen, Tom	M	12	The Banda School	F	42.62	178
Winters, Ivar	M	12	Braeburn Swimming Club	F	42.84	175

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 402 Boys 12-13 50 Back</b>						
Suther, Stefan	M	13	Sailfish Swim Club	F	43.54	167
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	44.44	157
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	44.46	157
Van Aswegen, Nathan	M	12	The Banda School	F	45.99	142
Nduati, Tyler	M	12	Hillcrest International School	F	46.49	137
Mir, Muhammad M	M	13	Peponi Secondary School	F	46.87	134
Swai, Caelen	M	13	Hillcrest International School	F	51.19	103
Kimeu, Ryan	M	12	Dashing Dolphins Swim Club	F	53.51	90
Namulanda, Lukka	M	12	Seahorses Aquatic Center	F	55.87	79
Mohandas, Sai	M	13	Kenton College	F	56.19	77
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	57.22	73
Ombwayo, Malik Nelson	M	13	Seahorses Aquatic Center	F	1:04.99	50
<b>Event 402 Boys 14-15 50 Back</b>						
Kamotho, Curtis J	M	14	Otters Swim Club	F	34.77	328
Nyagah, Xidi Munene	M	15	Rusinga Schools Nairobi	F	34.88	325
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	35.42	311
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	36.99	273
Kalombo, Michael	M	15	Lifetime Swim Club	F	37.24	267
Mugambi, Ryan M	M	15	Otters Swim Club	F	37.54	261
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	37.75	256
Kenyi, Max	M	14	Braeburn Swimming Club	F	38.08	250
Muigai, Mwaniki	M	15	Otters Swim Club	F	38.83	236
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	40.95	201
Waziri, Nick	M	15	Braeburn Swimming Club	F	40.91	201
Kiambi, Ian M	M	15	Hillcrest International School	F	48.91	118
<b>Event 402 Boys 16&amp;0 50 Back</b>						
Blunsum, Carlo A	M	16	Peponi Secondary School	F	31.80	429
De Guzman, Risha	M	16	Braeburn Swimming Club	F	32.39	406
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	34.92	324
Otieno, Adam	M	16	Otters Swim Club	F	35.42	311
Wanjir, Jackson	M	20	Pro Swim Academy Kenya	F	36.04	295
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	41.70	190
Mzee, Ian I	M	16	ST Austin's Academy	F	44.89	152
<b>Event 404 Boys 14-15 400 IM</b>						
Nakano, Chikashi	M	14	Poseidon Swimming Club	F	5:56.48	320
<b>Event 405 Girls 8-9 50 Free</b>						
Kimani, Luisa	F	9	Sailfish Swim Club	F	38.42	233
Mudachi, Mawia L	F	9	Nairobi Teens Swimming Club	F	42.20	176
Maina, Naisula Titolai W	F	9	Hydra Swim & Sports Club Acad	F	43.95	156
CarboGrossman, Aluel	F	9	German School Nairobi	F	44.35	152
Ouma, Serena H	F	9	Makini Schools	F	44.42	151
Alala, Melissa M	F	8	Seahorses Aquatic Center	F	45.67	139
Shah, Havya J	F	9	Kenton College	F	45.82	137
Wangari, Mbogo Zoe	F	8	Zefish Aquatics	F	48.70	114
Kaime, Gakenia	F	9	Wadi Degla	F	50.55	102
Pouakouyou, Jessica	F	9	Sailfish Swim Club	F	50.79	101
Kamanga, Thandiwe	F	9	Sailfish Swim Club	F	51.48	97
Namalero, Idoia	F	9	Seahorses Aquatic Center	F	51.77	95

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 405 Girls 8-9 50 Free</b>						
Bongo, Antoinette	F	9	Hillcrest International School	F	51.80	95
DeAllessi, Anok	F	9	German School Nairobi	F	51.95	94
Varanasi, Vedika	F	9	Kenton College	F	53.55	86
Mwaniki, Emma Rose	F	9	Seahorses Aquatic Center	F	53.84	84
Wanjiru, Anaya T	F	8	Seahorses Aquatic Center	F	54.65	81
Mutheu, Thea T	F	9	Wadi Degla	F	55.10	79
Kaur, Gia	F	9	Hillcrest International School	F	56.22	74
Mumbi, Mukindia	F	8	Seahorses Aquatic Center	F	56.44	73
Bukata, Agnes K	F	8	Wadi Degla	F	1:01.60	56
Summaiya, Sophia Anne N	F	8	Seahorses Aquatic Center	F	1:07.66	42
<b>Event 405 Girls 10-11 50 Free</b>						
Childs, Jeanette	F	11	The Banda School	F	33.41	355
Swai, Zahra	F	10	Hillcrest International School	F	34.29	328
Kamiri, Maya	F	11	The Banda School	F	35.79	289
Ombega, Kelsey	F	11	Zefish Aquatics	F	36.24	278
Marsh, Mia	F	11	The Banda School	F	36.33	276
Savai, Naomi	F	10	Dashing Dolphins Swim Club	F	36.53	272
Kamphuis, Lisa	F	10	Poseidon Swimming Club	F	36.81	265
Irungu, Erin N	F	11	Makini Schools	F	36.87	264
Pouakouyou, Michelle E	F	10	Sailfish Swim Club	F	37.49	251
Court, Lily	F	11	Kenton College	F	38.08	240
Kamau, Paula	F	11	Otters Swim Club	F	38.90	225
Nesbitt, Sophia	F	11	Kenton College	F	39.03	223
Gikonyo, Victoria	F	11	Kenton College	F	39.19	220
Luusa, Daniela	F	11	Kenton College	F	39.28	218
Mwangi, Kenya	F	10	Wadi Degla	F	39.73	211
Popat, Isabella	F	10	Kenton College	F	39.87	209
Mudachi, Mupa I	F	11	Nairobi Teens Swimming Club	F	40.21	203
Heraniah, Sonia	F	10	Hydra Swim & Sports Club Acad	F	40.89	193
Osimbo, Venesse	F	11	Seahorses Aquatic Center	F	42.12	177
Mureithi, Wanjiku A	F	11	Seahorses Aquatic Center	F	42.43	173
Kaime, Gathoni	F	11	Wadi Degla	F	43.25	163
Otieno, Zahra W	F	11	Kenton College	F	43.52	160
Amara, Dambe	F	11	Wadi Degla	F	43.81	157
Lindkvist, Elsa Wanjiru	F	10	Kenton College	F	44.30	152
Hailey, Idylle	F	10	Nairobi Teens Swimming Club	F	44.31	152
Maina, Wanjiku	F	11	Sailfish Swim Club	F	44.39	151
Njonjo, Michele	F	10	Kenton College	F	44.83	147
Muthoni, Joan	F	10	Nairobi Teens Swimming Club	F	45.50	140
Hawi, Belva	F	10	Dashing Dolphins Swim Club	F	46.09	135
Rading, Ummy W	F	10	Seahorses Aquatic Center	F	46.80	129
Odula, Chedi	F	10	Seahorses Aquatic Center	F	46.94	128
Oloo, Myra Ayira	F	10	Dashing Dolphins Swim Club	F	47.58	123
Shah, Sarai	F	11	Kenton College	F	49.66	108
Nyambura, Ivanna	F	10	ST Austin's Academy	F	51.60	96
Mwirigi, Njeri	F	10	Kenton College	F	52.58	91
Owidi, Amor	F	10	ST Austin's Academy	F	52.57	91
Karanja, Sky W	F	10	Nairobi Teens Swimming Club	F	55.61	77
Wasambila, Kathy	F	10	Wadi Degla	F	55.56	77

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 405 Girls 10-11 50 Free</b>						
Williamson, Saoirse	F	10	ST Austin's Academy	F	57.59	69
<b>Event 405 Girls 12-13 50 Free</b>						
Ruwa, Neema	F	13	Peponi Secondary School	F	29.74	504
Kamotho, Christie W	F	12	Otters Swim Club	F	32.46	387
Ndirangu, Nicole	F	12	Bellevue Raptors	F	33.04	367
Muyela, Laurie	F	12	Otters Swim Club	F	33.30	359
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	34.14	333
Warui, Ariana	F	12	Kenton College	F	34.46	324
Gituku, Gail	F	12	Braeburn Swimming Club	F	34.48	323
Kimani, Kimberly W	F	12	Kenton College	F	35.04	308
Omondi, Naledi	F	12	German School Nairobi	F	35.26	302
Musyoka, Tizita	F	13	Poseidon Swimming Club	F	35.36	299
Webber, Mischa	F	12	Hillcrest International School	F	35.76	290
Oikawa, Ema	F	13	Braeburn Swimming Club	F	35.89	286
Mwanzia, Zareena M	F	12	Lifetime Swim Club	F	35.91	286
Mwangi, Amani W	F	12	Otters Swim Club	F	36.02	283
Nuru, Azu	F	13	Seahorses Aquatic Center	F	36.16	280
Njuguna, Noni	F	12	Braeburn Swimming Club	F	36.56	271
Baradia, Imaan A	F	12	Blue Ocean Swim Club	F	36.65	269
Githui, Lowena M	F	12	Bellevue Raptors	F	36.65	269
Waswa, Lakisha	F	12	Dashing Dolphins Swim Club	F	37.36	254
Malo, Meggie A	F	13	Braeburn Swimming Club	F	37.40	253
Choda, Simran	F	12	The Banda School	F	37.46	252
Shah, Siana	F	13	Peponi Secondary School	F	37.64	248
Omabere, Tamara	F	12	Sailfish Swim Club	F	37.88	243
Nungari, Hope C	F	13	Bellevue Raptors	F	38.05	240
Nyakairu, Lanea	F	12	The Banda School	F	38.35	235
Pouakouyou, Grace I	F	12	Sailfish Swim Club	F	38.56	231
Ouma, Arianna	F	13	Makini Schools	F	38.60	230
Wandabwa, Helmie	F	13	Rusinga Schools Nairobi	F	38.66	229
Didi, Kayla A	F	12	Nairobi Teens Swimming Club	F	39.03	223
Feliziani, Giulia	F	12	German School Nairobi	F	39.27	218
Mutai, Shana C	F	13	Lifetime Swim Club	F	39.56	214
Winterton, Sarafina	F	12	ST Austin's Academy	F	39.89	208
Okworry, Chloe	F	13	Hillcrest International School	F	40.27	203
Kemunto, Malia	F	12	Rusinga Schools Nairobi	F	40.32	202
Mukindia, Abby G	F	12	Seahorses Aquatic Center	F	40.59	198
Lopez, Rafaela	F	12	Hillcrest International School	F	41.02	192
Angima, Nyaboke	F	12	Kenton College	F	41.30	188
Wasambla, Leona A	F	13	Wadi Degla	F	41.40	186
Muema, Natasha W	F	12	Nairobi Teens Swimming Club	F	41.54	185
Komingoi, Kellie K	F	12	Hydra Swim & Sports Club Acad	F	41.67	183
Chisinde, Kalekye	F	12	Hillcrest International School	F	43.87	157
Abdullahi, Beydhan	F	12	Kenton College	F	44.58	149
Abdullahi, Baarni	F	12	Kenton College	F	45.53	140
Nyamusi, Flo A	F	13	Hillcrest International School	F	46.53	131
Priest, Stephanie	F	12	Hillcrest International School	F	47.27	125
Agufana, Giovanna	F	12	Dashing Dolphins Swim Club	F	54.91	80

**Event 405 Girls 14-15 50 Free**

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 405 Girls 14-15 50 Free</b>						
Maina, Kagure	F	15	Bellevue Raptors	F	31.73	415
Karani, Kario	F	15	Otters Swim Club	F	31.76	413
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	32.08	401
Mayende, Elizabeth V	F	14	Hydra Swim & Sports Club Acad	F	32.38	390
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	33.47	353
Kumon, Manna	F	15	Braeburn Swimming Club	F	33.95	338
Hailey, Yael	F	15	Nairobi Teens Swimming Club	F	34.52	322
Kafuto, Ivy N	F	14	Seahorses Aquatic Center	F	35.54	295
Geteria, Wanjiku	F	14	Hydra Swim & Sports Club Acad	F	35.76	290
Shah, Rianna N	F	15	Peponi Secondary School	F	36.58	270
Feisal, Najma	F	15	Otters Swim Club	F	36.84	265
Opiyo, Angie	F	14	Zefish Aquatics	F	37.50	251
Anayo, Skyler G	F	14	Hillcrest International School	F	37.69	247
Karanja, Lisa N	F	14	Nairobi Teens Swimming Club	F	43.51	161
<b>Event 405 Girls 16&amp;O 50 Free</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	29.16	534
Okumu, Victoria A	F	18	Braeburn Swimming Club	F	29.17	534
Gore, Reese	F	16	Hillcrest International School	F	31.27	433
Kamotho, Cheryl W	F	16	Otters Swim Club	F	31.38	429
Wairimu, Christine	F	17	Braeburn Swimming Club	F	35.33	300
Florentyna, Aura	F	20	Seahorses Aquatic Center	F	38.77	227
Onyancha, Beryl	F	23	Pro Swim Academy Kenya	F	38.85	226
Waswa, Shawana	F	17	Dashing Dolphins Swim Club	F	40.33	202
Muhoro, Sharon Ngendo	F	16	Nairobi Teens Swimming Club	F	43.30	163
<b>Event 406 Boys 8-9 50 Free</b>						
Ndirangu, Don G	M	9	Bellevue Raptors	F	35.15	210
Iton, Kristian	M	9	Poseidon Swimming Club	F	35.93	197
Nesbit, Adam	M	9	Kenton College	F	39.56	147
Iton, Karl	M	9	Poseidon Swimming Club	F	39.87	144
Court, James	M	9	Kenton College	F	40.62	136
Noorani, Aariz I	M	8	Blue Ocean Swim Club	F	42.75	117
Mwagiru, Jabali	M	9	Little Fish Swim Club	F	43.42	111
Luusa, Elijah	M	8	Kenton College	F	44.32	105
Lukorito, Eike	M	9	Hillcrest International School	F	45.50	97
Kombo, Joshua	M	9	Dashing Dolphins Swim Club	F	47.66	84
Maina, Andrew	M	9	Seahorses Aquatic Center	F	50.27	71
Mutandi, Emmanuel	M	8	Wadi Degla	F	51.06	68
Njagi, Njau	M	9	Dashing Dolphins Swim Club	F	51.16	68
Kimeu, Shawn	M	8	Dashing Dolphins Swim Club	F	52.46	63
Bryte, Liam	M	8	Dashing Dolphins Swim Club	F	54.79	55
Deiters, John	M	9	Hillcrest International School	F	55.55	53
Kibaara, Keita	M	9	Dashing Dolphins Swim Club	F	55.51	53
Osunga, Fadhili	M	8	Seahorses Aquatic Center	F	58.16	46
Thobela, Rypma	M	9	Wadi Degla	F	58.87	44
Miller, Thomas	M	8	Hillcrest International School	F	59.41	43
<b>Event 406 Boys 10-11 50 Free</b>						
Ogola, Andrew	M	11	Little Fish Swim Club	F	32.97	255
Waweru, Tevin	M	11	Bellevue Raptors	F	34.28	226

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 406 Boys 10-11 50 Free</b>						
Irungu, Adrian M	M	11	Braeburn Swimming Club	F	34.73	218
De Guzman, Marvin	M	10	Braeburn Swimming Club	F	35.00	213
Njogu, Mathew M	M	11	Hydra Swim & Sports Club Acad	F	35.55	203
Omanga, Morani	M	11	Little Fish Swim Club	F	36.19	192
Okumu, Lawrence	M	10	Braeburn Swimming Club	F	36.49	188
Mukoto, Ryan Thomas S	M	11	Hydra Swim & Sports Club Acad	F	36.69	185
Mukindia, Ethan	M	10	Seahorses Aquatic Center	F	37.42	174
Mburu, Ted	M	10	Seahorses Aquatic Center	F	37.90	167
Mwangi, Brent	M	10	Seahorses Aquatic Center	F	38.17	164
Hodson, Marley	M	11	The Banda School	F	38.80	156
Kabiru, Baraka	M	11	Seahorses Aquatic Center	F	39.78	145
Gichuha, Timothy T	M	11	Kenton College	F	40.38	138
Osundwa, Luyali	M	10	Strathmore School	F	40.54	137
Obuna, Brian	M	11	Zefish Aquatics	F	41.71	125
Andrew, Joe O	M	10	Seahorses Aquatic Center	F	42.39	120
Van Brussel, Loui	M	10	Hillcrest International School	F	42.35	120
Arungu, Asa	M	10	Kenton College	F	42.41	119
Mwalimu, Ethan Kathuri	M	10	Kenton College	F	43.07	114
Kamau, Nathan	M	10	Dashing Dolphins Swim Club	F	43.27	112
Kinyua, Jaban	M	10	Hillcrest International School	F	43.78	108
Nyabuto, Austin O	M	11	Lifetime Swim Club	F	45.90	94
Kalinga, Elijah	M	10	Seahorses Aquatic Center	F	46.31	92
Ombwayo, Mark Clevers	M	11	Seahorses Aquatic Center	F	47.30	86
Kamau, Clyde K	M	10	Wadi Degla	F	50.34	71
Mayur, Tanay	M	10	Sailfish Swim Club	F	50.72	70
Mwaniki, Joe	M	11	Seahorses Aquatic Center	F	56.48	50
Kimani, Liam W	M	10	Lifetime Swim Club	F	58.32	46
<b>Event 406 Boys 12-13 50 Free</b>						
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	29.82	344
Milic, Dusan	M	13	Braeburn Swimming Club	F	33.12	251
Omar, Abdirahman Y	M	13	Braeburn Swimming Club	F	34.43	224
Futaki, Yoshihiro N	M	13	Lifetime Swim Club	F	34.63	220
Kombo, Jeremy	M	12	Dashing Dolphins Swim Club	F	34.61	220
Kafuto, Rock K	M	12	Seahorses Aquatic Center	F	34.69	219
Njuguna, Jonathan	M	12	Hillcrest International School	F	34.98	213
Cohen, Tom	M	12	The Banda School	F	35.45	205
Patel, Kairav	M	12	The Banda School	F	35.77	199
Ngaywa, Seth Hassan	M	12	Seahorses Aquatic Center	F	36.16	193
Suther, Stefan	M	13	Sailfish Swim Club	F	36.23	192
Mir, Muhammad M	M	13	Peponi Secondary School	F	36.30	191
Van Aswegen, Nathan	M	12	The Banda School	F	36.56	187
Winters, Ivar	M	12	Braeburn Swimming Club	F	36.92	181
Kamanga, Ntando	M	13	Sailfish Swim Club	F	36.98	180
Swai, Caelen	M	13	Hillcrest International School	F	38.69	157
Nduati, Tyler	M	12	Hillcrest International School	F	39.02	153
Mohandas, Sai	M	13	Kenton College	F	41.66	126
Wahome, Darren	M	12	Dashing Dolphins Swim Club	F	42.09	122
Kimeu, Ryan	M	12	Dashing Dolphins Swim Club	F	42.22	121
Namulanda, Lukka	M	12	Seahorses Aquatic Center	F	43.13	113

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 406 Boys 12-13 50 Free</b>						
Ombwayo, Malik Nelson	M	13	Seahorses Aquatic Center	F	47.50	85
<b>Event 406 Boys 14-15 50 Free</b>						
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	27.77	426
Kamotho, Curtis J	M	14	Otters Swim Club	F	27.85	423
Irungu, Roy	M	14	Braeburn Swimming Club	F	28.08	412
Kalombo, Michael	M	15	Lifetime Swim Club	F	28.42	398
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	28.68	387
Muigai, Mwaniki	M	15	Otters Swim Club	F	29.89	342
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	29.95	340
Waziri, Nick	M	15	Braeburn Swimming Club	F	30.08	335
Nyagah, Xidi Munene	M	15	Rusinga Schools Nairobi	F	30.28	329
Mugambi, Ryan M	M	15	Otters Swim Club	F	30.55	320
Shah, Darsh	M	14	Peponi Secondary School	F	30.75	314
Baradia, Abdulrahim	M	15	Blue Ocean Swim Club	F	30.83	311
Kenyi, Max	M	14	Braeburn Swimming Club	F	31.86	282
Singh, Harnek	M	15	Peponi Secondary School	F	32.35	270
Waswa, Bogani	M	15	Dashing Dolphins Swim Club	F	32.71	261
Kibui, Alan M	M	15	Lifetime Swim Club	F	35.30	207
Kiambi, Ian M	M	15	Hillcrest International School	F	39.98	143
<b>Event 406 Boys 16&amp;O 50 Free</b>						
Boit, Dr. Edwin K	M	31	NextGen Multi Sport Academy	F	26.69	480
De Guzman, Risha	M	16	Braeburn Swimming Club	F	26.80	474
Omondi, Lucas	M	22	Kenyatta University	F	26.94	467
Omar, Ibrahim	M	20	Otters Swim Club	F	27.25	451
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	27.36	446
Ngweno, Adrian	M	24	Zefish Aquatics	F	27.73	428
Otieno, Adam	M	16	Otters Swim Club	F	28.48	395
Kipkorir, Collinreece	M	21	Sailfish Swim Club	F	28.60	390
Blunsum, Carlo A	M	16	Peponi Secondary School	F	28.74	385
Wanjir, Jackson	M	20	Pro Swim Academy Kenya	F	28.76	384
Nyagu, Ndongoria G	M	16	Otters Swim Club	F	28.83	381
Gituku, Randall	M	16	Braeburn Swimming Club	F	28.94	377
Makokha, Timothy	M	23	Pro Swim Academy Kenya	F	29.01	374
Kibadengi, Emmanuel	M	23	Kenyatta University	F	30.11	334
Nderitu, Samuel M	M	23	Sailfish Swim Club	F	30.76	314
Kinuthia, Stephen	M	21	Pro Swim Academy Kenya	F	30.88	310
Tobiko, Rodgers	M	23	Kenyatta University	F	31.27	299
Amor, James O	M	16	Seahorses Aquatic Center	F	31.37	296
Mzee, Ian I	M	16	ST Austin's Academy	F	32.97	255
<b>Event 409 Girls Open 50 LC Meter IRON WOMAN</b>						
Bianchi, Maria	F	16	Blue Ocean Swim Club	F	29.33	525
Ruwa, Neema	F	13	Peponi Secondary School	F	29.69	506
Gore, Reese	F	16	Hillcrest International School	F	30.94	447
Maina, Kagure	F	15	Bellevue Raptors	F	31.75	414
Maina, Wangechi T	F	14	Hydra Swim & Sports Club Acad	F	32.41	389
Kagwima, Ashley N	F	15	Rusinga Schools Nairobi	F	32.70	379
Childs, Jeanette	F	11	The Banda School	F	32.81	375
Kingatua, Amana W	F	13	Braeburn Swimming Club	F	33.13	364



**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****FINA Points**

<b>Name</b>	<b>Sex</b>	<b>Age</b>	<b>Team</b>	<b>Round</b>	<b>Time</b>	<b>Points</b>
<b>Event 410 Boys Open 50 LC Meter IRON MAN</b>						
De Guzman, Risha	M	16	Braeburn Swimming Club	F	27.13	457
Muchoki, Ronnie R	M	23	Zefish Aquatics	F	27.67	431
Kioko, Jesse	M	15	Rusinga Schools Nairobi	F	28.19	408
Irungu, Roy	M	14	Braeburn Swimming Club	F	28.32	402
Blunsum, Carlo A	M	16	Peponi Secondary School	F	28.35	401
Omar, Abdillahi Y	M	15	Braeburn Swimming Club	F	28.86	380
Wanjie, Ayden	M	14	Hydra Swim & Sports Club Acad	F	30.37	326
Kamphuis, Yannick	M	13	Poseidon Swimming Club	F	30.40	325

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Meet Summary**

	<u>Seed</u>	<u>Results</u>
<b>Barracuda Aquatics-ZZ</b>		
<b>1 Lindkvist, Ruth Wangari - Female - Age: 13 - ID#: 072409RUT*LIND</b>		
#104 Girls 12-13 100 Back Finals	1:18.72 QT	1:20.56 (1) QT 5
Meet Record: 1:23.44L		
<b>Barracuda Aquatics-ZZ Total Individual Entries: 1 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed	Results
<b>Bellevue Raptors-ZZ</b>		
<b>1 Ndirangu, Don G - Male - Age: 9 - ID#: 041613DONGNDIR</b>		
#109 Boys 8-9 100 Breast Finals	1:49.23 QT	1:58.00 (2) QT 3
Meet Record: 1:59.53L		
#203 Boys 8-9 200 IM Finals	3:28.03 QT	3:32.85 (1) QT 5
Meet Record: 3:50.32L		
#205 Boys 8-9 100 Free Finals	1:32.69 QT	1:25.30 (1) QT 5
Meet Record: 1:32.69L		
#209 Boys 8-9 50 Fly Finals	39.67 QT	38.38 (1) QT 5
NCAA County: 39.67L Meet Record: 39.67L		
#308 Boys 8-9 50 Breast Finals	48.49 QT	50.79 (2) QT 3
Meet Record: 52.75L		
#402 Boys 8-9 50 Back Finals	42.41 QT	42.86 (1) QT 5
Meet Record: 44.39L		
#406 Boys 8-9 50 Free Finals	35.61 QT	35.15 (1) QT 5
Meet Record: 36.19L		
<b>2 Waweru, Tevin - Male - Age: 11 - ID#: 032111TEV*WAVE</b>		
#112 Boys 10-11 200 Free Finals	3:00.92 QT	2:51.07 (2) QT 3
NCAA County: 2:52.13L Meet Record: 2:52.13L		
<b>Bellevue Raptors-ZZ Total Individual Entries: 8 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Blue Ocean Swim Club</b>					
<b>1 Bachelani, Samir - Male - Age: 17 - ID#: 100505SAM*BACH</b>					
#102 Boys 16&O 1500 Free Finals	18:57.97	QT	19:57.66	(1)	QT 5
Meet Record: 26:11.82L					
#302 Boys 16&O 800 Free Finals	10:45.52	QT	10:24.41	(1)	QT 5
Meet Record: 11:59.31L					
<b>2 Bianchi, Maria - Female - Age: 16 - ID#: 033006MAR*BIAN</b>					
#104 Girls 16&O 100 Back Finals	1:09.71	QT	1:18.71	(2)	QT 3
Meet Record: 1:32.73L					
#108 Girls 16&O 100 Breast Finals	1:20.83	QT	1:25.36	(1)	QT 5
Meet Record: 1:40.11L					
#204 Girls 16&O 100 Free Finals	1:03.78	QT	1:07.57	(1)	QT 5
Meet Record: 1:50.09L					
<b>3 Muturi, Snellen - Male - Age: 10 - ID#: 062512SNE*MUTU</b>					
#212 Boys 10-11 400 Free Finals	6:09.99	QT	6:48.06	(1)	QT 5
NCAA County: 7:05.59L Meet Record: 7:05.59L					
<b>Blue Ocean Swim Club Total Individual Entries: 6 - Total Relays: 0</b>					

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Braeburn Swimming Club-ZZ</b>					
<b>1 De Guzman, Risha - Male - Age: 16 - ID#: 011406RIS*DEGU</b>					
#203 Boys 16&O 200 IM Finals	2:20.45	QT	2:26.92	(1)	QT 5
Meet Record: 2:30.62L					
#402 Boys 16&O 50 Back Finals	31.74	QT	32.39	(2)	QT 3
Meet Record: 33.55L					
<b>2 Irungu, Adrian M - Male - Age: 11 - ID#: 060811ADRMIRUN</b>					
#112 Boys 10-11 200 Free Finals	3:08.81	QT	2:51.76	(3)	QT 1
NCAA County: 2:52.13L Meet Record: 2:52.13L					
<b>3 Kingatua, Amana W - Female - Age: 13 - ID#: 121208AMAWKING</b>					
#108 Girls 12-13 100 Breast Finals	1:37.11	QT	1:35.82	(3)	QT 1
Meet Record: 1:37.11L					
#307 Girls 12-13 50 Breast Finals	43.25	QT	43.23	(3)	QT 1
Meet Record: 43.66L					
<b>4 Okumu, Victoria A - Female - Age: 18 - ID#: 070104VIC*OKUM</b>					
#104 Girls 16&O 100 Back Finals	1:18.75	QT	1:15.84	(1)	QT 5
Meet Record: 1:32.73L					
#111 Girls 16&O 200 Free Finals	2:19.99	QT	2:21.18	(1)	QT 5
NCAA County: 2:24.63L Meet Record: 2:24.63L					
#208 Girls 16&O 50 Fly Finals	30.92	QT	31.20	(1)	QT 5
Meet Record: 32.02L					
#211 Girls 16&O 400 Free Finals	4:58.33	QT	5:02.87	(1)	QT 5
NCAA County: 5:21.15L Meet Record: 5:21.15L					
<b>Braeburn Swimming Club-ZZ Total Individual Entries: 9 - Total Relays: 0</b>					

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Meet Summary**

	<u>Seed</u>	<u>Results</u>
<b>Dashing Dolphins Swim Club-ZZ</b>		
<b>1 Kamau, Nathan - Male - Age: 10 - ID#: 121011NAT*KAMA</b>		
#207 Boys 10-11 200 Breast Finals	3:58.32 QT	3:49.41 (3) QT 1
NCAA County: 3:51.54L Meet Record: 3:51.54L		
<b>Dashing Dolphins Swim Club-ZZ Total Individual Entries: 1 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Hillcrest International School-ZZ</b>					
<b>1 Gore, Reese - Female - Age: 16 - ID#: 022606REE*GORE</b>					
#204 Girls 16&O 100 Free Finals	1:08.25	QT	1:10.85	(3)	QT 1
Meet Record: 1:50.09L					
<b>2 Swai, Zahra - Female - Age: 10 - ID#: 113011ZAH*SWAI</b>					
#303 Girls 10-11 200 Back Finals	3:25.33	QT	3:29.83	(1)	QT 5
NCAA County: 3:31.72L Meet Record: 3:31.72L					
<b>3 Webber, Aaliyah - Female - Age: 15 - ID#: 050307AAL*WEBB</b>					
#104 Girls 14-15 100 Back Finals	1:30.73	QT	1:18.49	(1)	QT 5
Meet Record: 1:19.51L					
#202 Girls 14-15 200 IM Finals	2:56.99	QT	2:52.29	(1)	QT 5
Meet Record: 2:54.80L					
#206 Girls 14-15 200 Breast Finals	3:40.80	QT	3:14.91	(1)	QT 5
NCAA County: 3:15.82L Meet Record: 3:15.82L					
<b>Hillcrest International School-ZZ Total Individual Entries: 5 - Total Relays: 0</b>					

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

		Seed	Results		
<b>Hydra Swim &amp; Sports Club Acad-ZZ</b>					
<b>1 Geteria, Wanjiku - Female - Age: 14 - ID#: 070408WAN*GETE</b>					
#307 Girls 14-15 50 Breast Finals		46.56	QT	44.20	(2) QT 3
Meet Record: 44.20L					
<b>2 Mayende, Elizabeth V - Female - Age: 14 - ID#: 121507ELIVMAYE</b>					
#307 Girls 14-15 50 Breast Finals		44.43	QT	43.22	(1) QT 5
Meet Record: 44.20L					
<b>3 Mukoto, Ryan Thomas S - Male - Age: 11 - ID#: 070411RYASMUKO</b>					
#207 Boys 10-11 200 Breast Finals		3:43.72	QT	3:40.21	(1) QT 5
NCAA County: 3:51.54L Meet Record: 3:51.54L					
Relay	Seed	Prelims		Finals	
<b>1 Hydra Swim &amp; Sports Club Acad - 'A'</b>					
#305 Girls 14-15 4x50 Medley Relay	NT			2:43.25	(1) 10
NCAA County: 2:43.86L Meet Record: 2:43.86L					
Savannah Musengi 14, Wanjiku Geteria 14, Wangechi Maina 14, Elizabeth Mayende 14					
<b>Hydra Swim &amp; Sports Club Acad-ZZ Total Individual Entries: 3 - Total Relays: 1</b>					



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed	Results			
<b>Kenton College-ZZ</b>					
<b>1 Court, James - Male - Age: 9 - ID#: 022213JAM*COUR</b>					
#109 Boys 8-9 100 Breast Finals	1:58.31	QT	1:51.57	(1)	QT 5
Meet Record: 1:59.53L					
#308 Boys 8-9 50 Breast Finals	53.91	QT	51.12	(3)	QT 1
Meet Record: 52.75L					
<b>2 Kimani, Kimberly W - Female - Age: 12 - ID#: 030810KIMWKIMA</b>					
#108 Girls 12-13 100 Breast Finals	1:31.67	QT	1:32.48	(1)	QT 5
Meet Record: 1:37.11L					
#307 Girls 12-13 50 Breast Finals	40.67	QT	40.48	(1)	QT 5
Meet Record: 43.66L					
<b>3 Nesbit, Adam - Male - Age: 9 - ID#: 052813ADA*NESB</b>					
#308 Boys 8-9 50 Breast Finals	52.47	QT	51.52	(4)	QT
Meet Record: 52.75L					
<b>Kenton College-ZZ Total Individual Entries: 5 - Total Relays: 0</b>					

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Meet Summary**

	<u>Seed</u>	<u>Results</u>
<b>Little Fish Swim Club-ZZ</b>		
<b>1 Ogola, Andrew - Male - Age: 11 - ID#: 061611AND*OGOL</b>		
#112 Boys 10-11 200 Free Finals	2:58.37 QT	2:50.04 (1) QT 5
NCAA County: 2:52.13L Meet Record: 2:52.13L		
<b>Little Fish Swim Club-ZZ Total Individual Entries: 1 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	<u>Seed</u>	<u>Results</u>
<b>Nairobi Teens Swimming Club-ZZ</b>		
<b>1 Mudachi, Mawia L - Female - Age: 9 - ID#: 050413MAWLMUDA</b>		
#202 Girls 8-9 200 IM Finals	4:07.53 QT	4:05.97 (2) QT 3
Meet Record: 4:08.04L		
#309 Girls 8-9 100 Fly Finals	1:54.01 QT	1:55.48 (1) QT 5
Meet Record: 2:03.49L		
<b>2 Muhoro, Sharon Ngendo - Female - Age: 16 - ID#: 021406SHA*MUHO</b>		
#204 Girls 16&O 100 Free Finals	1:45.58	1:41.47
Meet Record: 1:50.09L		
<b>Nairobi Teens Swimming Club-ZZ Total Individual Entries: 3 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Otters Swim Club-ZZ</b>					
<b>1 Feisal, Nadiya - Female - Age: 13 - ID#: 103109NAD*FEIS</b>					
#211 Girls 12-13 400 Free Finals	5:59.41	QT	5:41.10	(1)	QT 5
NCAA County: 5:44.29L Meet Record: 5:44.29L					
<b>2 Gikunda, Shaka M - Male - Age: 15 - ID#: 122106SHAMGIKU</b>					
#205 Boys 14-15 100 Free Finals	1:00.96	QT	59.43	(1)	QT 5
Meet Record: 1:02.11L					
#209 Boys 14-15 50 Fly Finals	29.56	QT	28.52	(1)	QT 5
Meet Record: 29.14L					
<b>3 Kamotho, Cheryl W - Female - Age: 16 - ID#: 111106CHEWKAMO</b>					
#204 Girls 16&O 100 Free Finals	1:09.23	QT	1:09.82	(2)	QT 3
Meet Record: 1:50.09L					
#307 Girls 16&O 50 Breast Finals	42.49	QT	41.93	(1)	QT 5
Meet Record: 43.47L					
<b>4 Kamotho, Christie W - Female - Age: 12 - ID#: 080210CHRWKAMO</b>					
#108 Girls 12-13 100 Breast Finals	1:32.49	QT	1:35.09	(2)	QT 3
Meet Record: 1:37.11L					
#307 Girls 12-13 50 Breast Finals	39.26	QT	40.95	(2)	QT 3
Meet Record: 43.66L					
<b>5 Kamotho, Curtis J - Male - Age: 14 - ID#: 031208CURJKAMO</b>					
#212 Boys 14-15 400 Free Finals	5:16.44	QT	5:00.65	(1)	QT 5
NCAA County: 5:30.00L Meet Record: 5:00.86L					
#402 Boys 14-15 50 Back Finals	33.90	QT	34.77	(1)	QT 5
Meet Record: 36.80L					
#406 Boys 14-15 50 Free Finals	29.38	QT	27.85	(2)	QT 3
Meet Record: 28.02L					
<b>Otters Swim Club-ZZ Total Individual Entries: 10 - Total Relays: 0</b>					

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Peponi Secondary School-ZZ</b>					
<b>1 Blunsum, Carlo A - Male - Age: 16 - ID#: 031306CARABLUN</b>					
#105 Boys 16&0 100 Back Finals	1:12.09	QT	1:11.66	(1)	QT 5
Meet Record: 1:15.67L					
#402 Boys 16&0 50 Back Finals	31.62	QT	31.80	(1)	QT 5
Meet Record: 33.55L					
<b>2 Ruwa, Neema - Female - Age: 13 - ID#: 071509NEE*RUWA</b>					
#202 Girls 12-13 200 IM Finals	3:00.33	QT	3:01.92	(1)	QT 5
Meet Record: 3:01.92L					
#208 Girls 12-13 50 Fly Finals	31.60	QT	31.39	(1)	QT 5
Meet Record: 34.73L					
#309 Girls 12-13 100 Fly Finals	1:16.69	QT	1:20.17	(1)	QT 5
Meet Record: 1:21.51L					
#401 Girls 12-13 50 Back Finals	36.35	QT	37.25	(1)	QT 5
Meet Record: 37.75L					
#405 Girls 12-13 50 Free Finals	30.09	QT	29.74	(1)	QT 5
Meet Record: 31.42L					
<b>Peponi Secondary School-ZZ Total Individual Entries: 7 - Total Relays: 0</b>					

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	<u>Seed</u>	<u>Results</u>
<b>Poseidon Swimming Club-ZZ</b>		
<b>1 Iton, Kristian - Male - Age: 9 - ID#: 031913KRI*ITON</b>		
#205 Boys 8-9 100 Free Finals	1:30.88 QT	1:26.26 (2) QT 3
Meet Record: 1:32.69L		
#308 Boys 8-9 50 Breast Finals	49.45 QT	49.86 (1) QT 5
Meet Record: 52.75L		
#406 Boys 8-9 50 Free Finals	36.95 QT	35.93 (2) QT 3
Meet Record: 36.19L		
<b>2 Nakano, Chikashi - Male - Age: 14 - ID#: 080808CHI*NAKA</b>		
#212 Boys 14-15 400 Free Finals	5:10.60 QT	5:00.82 (2) QT 3
NCAA County: 5:30.00L Meet Record: 5:00.86L		
<b>Poseidon Swimming Club-ZZ Total Individual Entries: 4 - Total Relays: 0</b>		

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Meet Summary**

<b>Relay</b>	<b>Seed</b>	<b>Prelims</b>	<b>Finals</b>	
<b>Pro Swim Academy Kenya-ZZ</b>				
<b>Relay</b>	<b>Seed</b>	<b>Prelims</b>	<b>Finals</b>	
1 Pro Swim Academy Kenya - 'A'				
#306 Boys 16 & Over 4x50 Medley Relay	NT		2:16.95	(1) 10
NCAA County: 2:17.44L Meet Record: 2:17.44L				
Jackson Wanjir 20, Timothy Makokha 23, Jeff Mutwiri 22, Stephen Kinuthia 21				
<b>Pro Swim Academy Kenya-ZZ Total Individual Entries: 0 - Total Relays: 1</b>				

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	Seed		Results		
<b>Rusinga Schools Nairobi-ZZ</b>					
<b>1 Kagwima, Ashley N - Female - Age: 15 - ID#: 052807ASHNKAGW</b>					
#303 Girls 14-15 200 Back Finals	2:50.50	QT	2:52.09	(1)	QT 5
NCAA County: 2:56.11L Meet Record: 2:56.11L					
<b>2 Kioko, Jesse - Male - Age: 15 - ID#: 041307JES*KIOK</b>					
#205 Boys 14-15 100 Free Finals	1:00.60	QT	1:00.91	(2)	QT 3
Meet Record: 1:02.11L					
#402 Boys 14-15 50 Back Finals	36.83	QT	35.42	(3)	QT 1
Meet Record: 36.80L					
#406 Boys 14-15 50 Free Finals	28.02	QT	27.77	(1)	QT 5
Meet Record: 28.02L					
<b>3 Nyagah, Xidi Munene - Male - Age: 15 - ID#: 061207XID*NYAG</b>					
#402 Boys 14-15 50 Back Finals	35.32	QT	34.88	(2)	QT 3
Meet Record: 36.80L					
<b>Rusinga Schools Nairobi-ZZ Total Individual Entries: 5 - Total Relays: 0</b>					



## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	<u>Seed</u>	<u>Results</u>
<b>Sailfish Swim Club-ZZ</b>		
<b>1 Kimani, Luisa - Female - Age: 9 - ID#: 011313LUI*KIMA</b>		
#202 Girls 8-9 200 IM Finals	4:07.67 QT	3:56.80 (1) QT 5
Meet Record: 4:08.04L		
#405 Girls 8-9 50 Free Finals	39.47 QT	38.42 (1) QT 5
Meet Record: 38.66L		
<b>2 Nderitu, Samuel M - Male - Age: 23 - ID#: 070399SAMMNDER</b>		
#102 Boys 16&O 1500 Free Finals	25:45.00	24:42.02
Meet Record: 26:11.82L		
<b>Sailfish Swim Club-ZZ Total Individual Entries: 3 - Total Relays: 0</b>		

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	<u>Seed</u>	<u>Results</u>
<b>Seahorses Aquatic Center-ZZ</b>		
<b>1 Alala, Melissa M - Female - Age: 8 - ID#: 102414MELMALAL</b>		
#208 Girls 8-9 50 Fly Finals	46.69 QT	43.02 (1) QT 5
Meet Record: 48.58L		
<b>2 Mburu, Ted - Male - Age: 10 - ID#: 070312TED*MBUR</b>		
#207 Boys 10-11 200 Breast Finals	NT	3:49.03 (2) QT 3
NCAA County: 3:51.54L Meet Record: 3:51.54L		
<b>Seahorses Aquatic Center-ZZ Total Individual Entries: 2 - Total Relays: 0</b>		

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022**

**Meet Summary**

	<u>Seed</u>		<u>Results</u>		
<b>The Banda School-ZZ</b>					
<b>1 Childs, Jeanette - Female - Age: 11 - ID#: 042011JEA*CHIL</b>					
#307 Girls 10-11 50 Breast Finals	42.56	QT	40.43	(1)	QT 5
Meet Record: 41.75L					
<b>The Banda School-ZZ Total Individual Entries: 1 - Total Relays: 0</b>					

**NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022****Meet Summary**

	<b>Seed</b>	<b>Results</b>
<b>University of Nairobi-ZZ</b>		
<b>1 Malao, Tanya - Female - Age: 22 - ID#: 090200TAN*MALA</b>		
#204 Girls 16&O 100 Free Finals	NT	1:43.17
Meet Record: 1:50.09L		
<b>University of Nairobi-ZZ</b>	<b>Total Individual Entries: 1</b>	<b>Total Relays: 0</b>

## NCAA INVITATIONAL SWIMMING CHAMPIONSHIPS (LC) - 11/12/2022 to 11/13/2022

## Meet Summary

	<u>Seed</u>	<u>Results</u>
<b>Zefish Aquatics-ZZ</b>		
<b>1 Ombega, Kelsey - Female - Age: 11 - ID#: 020811KEL*OMBE</b>		
#303 Girls 10-11 200 Back Finals	3:44.68 QT	3:30.87 (2) QT 3
NCAA County: 3:31.72L Meet Record: 3:31.72L		
<b>Zefish Aquatics-ZZ Total Individual Entries: 1 - Total Relays: 0</b>		