

Peponi House Preparatory School

Individual Meet Results - Standard: KEN NAT

NCAA Inter Clubs Invitational Meet Aug 26-28 26-Aug-22 to 28-Aug-22 SC Meters

Location: Makini School Aquatic Center

Poseidon Swimming Club [POSE-ZZ]

Time	F/P/S	Event	Place	Points	Improv
Doyen, Ilan (15) M					
2:46.20S	NQT	F # 206C Male 14-15 200 IM	2	6	-43.97
		33.82 42.06 50.84 39.48			
33.37S	NQT	F # 210C Male 14-15 50 Back	1	8	-8.09
37.05S	NQT	F # 217C Male 14-15 50 Breast	1	8	-5.84
1:03.07S	NQT	F # 221C Male 14-15 100 Free	1	8	3.64
		30.95 32.12			
1:24.53S	NQT	F # 312C Male 14-15 100 Breast	1	8	-18.04
		40.63 43.90			
31.47S	NQT	F # 318C Male 14-15 50 Fly	1	8	-9.31
2:27.28S	NQT	F # 322C Male 14-15 200 Free	3	5	-6.66
		32.06 36.26 39.22 39.74			
1:13.65S	NQT	F # 410C Male 14-15 100 Back	1	8	-8.88
		35.45 38.20			
26.72S	NQT	F # 504C Male 14-15 50 Free	1	8	-0.64
Iton, Kristian (9) M					
52.57S		F # 215 Male 8-9 50 Breast	1	8	-11.08
1:35.43S		F # 219 Male 8-9 100 Free	1	8	-13.39
		43.12 52.31			
2:07.19S	DQ	F # 310 Male 8-9 100 Breast	---	---	---
		1:00.35 1:06.84			
		3J Executed more than one butterfly kick at the start or turn			
1:48.11S		F # 404 Male 8-9 100 IM	1	8	-24.70
		49.59 58.52			
37.26S	NQT	F # 502 Male 8-9 50 Free	1	8	-10.74
Kamphuis, Yannick (13) M					
3:05.96S		F # 206B Male 12-13 200 IM	1	8	6.99
		39.19 47.74 58.23 40.80			
45.77S		F # 217B Male 12-13 50 Breast	2	6	2.07
1:09.86S	NQT	F # 221B Male 12-13 100 Free	1	8	4.49
		33.49 36.37			
1:46.13S		F # 312B Male 12-13 100 Breast	2	6	5.23
		50.95 55.18			
36.81S	NQT	F # 318B Male 12-13 50 Fly	2	6	3.40
2:38.74S	NQT	F # 322B Male 12-13 200 Free	1	8	13.23
		37.26 40.37 41.26 39.85			
1:28.03S		F # 406B Male 12-13 100 IM	1	8	2.88
		40.68 47.35			
31.13S	NQT	F # 504B Male 12-13 50 Free	1	8	1.54
11:51.63S	NQT	F # 510 Male 800 Free	2	6	-74.02
		37.12 40.85 42.90 44.88 45.51 46.25 45.76 46.06			
		45.77 46.44 45.56 45.48 44.53 46.44 44.98 43.10			

Peponi House Preparatory School

Individual Meet Results - Standard: KEN NAT

NCAA Inter Clubs Invitational Meet Aug 26-28 26-Aug-22 to 28-Aug-22 SC Meters

Location: Makini School Aquatic Center

Poseidon Swimming Club [POSE-ZZ]

Time	F/P/S	Event	Place	Points	Improv
Kioi, Muthoni (9) F					
51.81S	F # 207	Female 8-9 50 Back	1	8	-11.33
1:00.99S	DQ F # 214	Female 8-9 50 Breast	---	---	---
3H At the turn or finish did not touch with both hands simultaneously/separated					
1:47.35S	F # 218	Female 8-9 100 Free	1	8	-14.17
	48.99 58.36				
2:15.43S	F # 309	Female 8-9 100 Breast	2	6	-15.21
	1:04.31 1:11.12				
1:00.84S	DQ F # 315	Female 8-9 50 Fly	---	---	---
1F Alternating movement of legs or feet					
2:00.31S	F # 403	Female 8-9 100 IM	1	8	-14.86
	52.54 1:07.77				
2:06.98S	F # 407	Female 8-9 100 Back	1	8	-15.86
	1:00.56 1:06.42				
44.05S	F # 501	Female 8-9 50 Free	1	8	-9.56
Muriithi, Aaron (15) M					
4:12.71S	DQ F # 206C	Male 14-15 200 IM	---	---	---
	49.54 59.81 1:19.22 1:04.14				
2E Swimmer not on back upon leaving the wall after the turn - back					
49.48S	DQ F # 210C	Male 14-15 50 Back	---	---	---
2E Swimmer not on back upon leaving the wall after the turn					
57.71S	F # 217C	Male 14-15 50 Breast	3	5	-16.59
1:27.88S	F # 221C	Male 14-15 100 Free	3	5	-9.56
	38.62 49.26				
2:13.12S	F # 312C	Male 14-15 100 Breast	3	5	-31.58
	1:01.39 1:11.73				
46.55S	F # 318C	Male 14-15 50 Fly	4	4	-7.40
1:50.67S	DQ F # 406C	Male 14-15 100 IM	---	---	---
	45.48 1:05.19				
1G Touch at the finish or turn was not made with both hands simultaneously/separated - fly					
1:58.28S	F # 410C	Male 14-15 100 Back	4	4	-24.01
	54.26 1:04.02				
38.98S	F # 504C	Male 14-15 50 Free	6	2	-1.97
Murlithi, Abidan (15) M					
5:02.16S	DQ F # 206C	Male 14-15 200 IM	---	---	---
	57.00 1:11.89 1:42.36 1:10.91				
1D Arms not brought forward simultaneously over the water - fly					
1:02.30S	F # 210C	Male 14-15 50 Back	4	4	-2.70
1:33.35S	F # 221C	Male 14-15 100 Free	4	4	-4.42
	41.62 51.73				
51.73S	F # 318C	Male 14-15 50 Fly	5	3	-6.68
2:00.39S	F # 406C	Male 14-15 100 IM	4	4	-21.94
	54.47 1:05.92				
2:23.48S	DQ F # 410C	Male 14-15 100 Back	---	---	---
	1:04.13 1:19.35				
2E Swimmer not on back upon leaving the wall after the turn					
38.33S	F # 504C	Male 14-15 50 Free	5	3	-4.58

Peponi House Preparatory School

Individual Meet Results - Standard: KEN NAT

NCAA Inter Clubs Invitational Meet Aug 26-28 26-Aug-22 to 28-Aug-22 SC Meters

Location: Makini School Aquatic Center

Poseidon Swimming Club [POSE-ZZ]

Time	F/P/S	Event	Place	Points	Improv
Musyoka, Tizita (12) F (Y08)					
3:31.98S	F # 205B	Female 12-13 200 IM	3	5	-62.62
	44.77 55.36 1:02.90 48.95				
44.53S	F # 209B	Female 12-13 50 Back	4	4	-1.37
51.19S	F # 216B	Female 12-13 50 Breast	4	4	0.99
1:26.57S	F # 220B	Female 12-13 100 Free	4	4	0.65
	40.27 46.30				
41.59S	F # 317B	Female 12-13 50 Fly	3	5	-9.41
3:10.46S	F # 321B	Female 12-13 200 Free	1	8	-54.20
	41.84 48.10 51.63 48.89				
1:35.47S	F # 405B	Female 12-13 100 IM	3	5	3.57
	43.63 51.84				
36.46S NQT	F # 503B	Female 12-13 50 Free	4	4	1.46
Savani, Mikaela (10) F					
4:45.86S	F # 205A	Female 10-11 200 IM	7	1	-23.44
	1:04.10 1:18.81 1:20.39 1:02.56				
1:01.91S	F # 209A	Female 10-11 50 Back	6	2	-1.57
1:01.25S	F # 216A	Female 10-11 50 Breast	6	2	2.42
1:54.66S	F # 220A	Female 10-11 100 Free	9	---	-9.56
	50.92 1:03.74				
2:12.92S	F # 311A	Female 10-11 100 Breast	7	1	-20.52
	1:02.60 1:10.32				
1:04.25S	F # 317A	Female 10-11 50 Fly	10	---	-4.22
2:04.74S	F # 405A	Female 10-11 100 IM	9	---	-8.30
	59.38 1:05.36				
50.43S	F # 503A	Female 10-11 50 Free	13	---	-3.17
Selvon, Saamanta (14) F					
3:10.32S	F # 205C	Female 14-15 200 IM	1	8	---
	37.69 47.61 59.71 45.31				
1:10.51S NQT	F # 220C	Female 14-15 100 Free	1	8	---
	33.47 37.04				
5:51.55S	F # 303	Female 400 Free	1	8	---
	37.51 41.71 44.96 44.70 44.01 46.24 47.10 45.32				
34.22S NQT	F # 317C	Female 14-15 50 Fly	1	8	---
2:45.20S	F # 321C	Female 14-15 200 Free	1	8	---
	37.46 41.12 43.50 43.12				
1:20.83S	F # 405C	Female 14-15 100 IM	1	8	-8.27
	37.91 42.92				
1:29.59S	F # 418C	Female 14-15 100 Fly	1	8	---
	38.57 51.02				
30.05S NQT	F # 503C	Female 14-15 50 Free	1	8	---