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**Individual Meet Results - Standard: STD**

ksf-kiambu invitational swimming championship 18-Sep-21 to 19-Sep-21 SC Meters

Location: Regis school Runda

Poseidon Swimming Club [POSE-ZZ]

Time	F/P/S	Event	Place	Points	Improv
<b>Frantz, Shad (15) M</b>					
2:27.35S	Q15T	F # 104C Male 14-15 200 IM	2	---	-12.62
35.02S	Q15T	F # 112C Male 14-15 50 Breast	2	---	-5.42
1:00.94S	Q15T	F # 202C Male 14-15 100 Free	2	---	-5.06
1:18.00S	Q15T	F # 206C Male 14-15 100 Breast	2	---	-10.83
32.11S	Q15T	F # 210C Male 14-15 50 Fly	3	---	-0.45
1:08.38S		F # 302C Male 14-15 100 IM	2	---	-8.06
1:11.25S	Q15T	F # 310C Male 14-15 100 Fly	1	---	-8.31
<b>Gikunda, Amani (11) F (Y07)</b>					
3:24.60S	Q11U	F # 103A Female 10-11 200 IM	1	---	-4.62
1:39.60S		F # 107A Female 10-11 100 Back	1	---	-0.65
45.00S	Q11U	F # 111A Female 10-11 50 Breast	1	---	-1.11
1:18.17S	Q11U	F # 201A Female 10-11 100 Free	1	---	-2.03
NS		F # 205A Female 10-11 100 Breast	---	---	---
NS		F # 209A Female 10-11 50 Fly	---	---	---
<b>Kamphuis, Yannick (12) M (Y08)</b>					
3:01.48S	Q12T	F # 104B Male 12-13 200 IM	2	---	-1.40
1:29.37S	Q12T	F # 108B Male 12-13 100 Back	3	---	---
43.70S	Q12T	F # 112B Male 12-13 50 Breast	4	---	-2.20
1:07.61S	Q12T	F # 202B Male 12-13 100 Free	2	---	-2.23
1:40.90S	Q12T	F # 206B Male 12-13 100 Breast	5	---	-8.45
33.59S	Q12T	F # 210B Male 12-13 50 Fly	1	---	-0.20
37.31S	Q12T	F # 306B Male 12-13 50 Back	3	---	-0.52
1:24.07S	Q12T	F # 310B Male 12-13 100 Fly	2	---	-1.49
30.18S	Q12T	F # 313B Male 12-13 50 Free	1	---	0.12
<b>Nakano, Chikashi (13) M</b>					
2:51.64S	Q13T	F # 104B Male 12-13 200 IM	1	---	-14.45
1:15.87S	Q13T	F # 108B Male 12-13 100 Back	1	---	-6.34
44.59S		F # 112B Male 12-13 50 Breast	5	---	-4.63
1:07.51S	Q13T	F # 202B Male 12-13 100 Free	1	---	-5.51
1:37.79S		F # 206B Male 12-13 100 Breast	4	---	-5.38
35.60S	Q13T	F # 210B Male 12-13 50 Fly	2	---	-3.37
1:18.60S		F # 302B Male 12-13 100 IM	1	---	-7.21
34.69S	Q13T	F # 306B Male 12-13 50 Back	1	---	-2.43
30.80S	Q13T	F # 313B Male 12-13 50 Free	2	---	-2.09

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Time	F/P/S	Event	Place	Points	Improv
<b>Onderi, Jade (12) F</b>					
3:04.70S	Q12T	F # 103B Female 12-13 200 IM	1	---	-14.78
1:23.50S	Q12T	F # 107B Female 12-13 100 Back	1	---	-8.84
46.26S	Q12T	F # 111B Female 12-13 50 Breast	1	---	-3.49
1:10.80S	Q12T	F # 201B Female 12-13 100 Free	1	---	-3.39
1:42.97S		F # 205B Female 12-13 100 Breast	1	---	-2.90
36.00S	Q12T	F # 209B Female 12-13 50 Fly	1	---	-2.06
36.42S	Q12T	F # 305B Female 12-13 50 Back	1	---	-3.02
1:23.62S	Q12T	F # 309B Female 12-13 100 Fly	1	---	-2.50
31.24S	Q12T	F # 312B Female 12-13 50 Free	1	---	-2.15
<b>Senanu, Karl (12) M (Y08)</b>					
3:08.44S	Q12T	F # 104B Male 12-13 200 IM	3	---	-10.59
1:20.86S	Q12T	F # 108B Male 12-13 100 Back	2	---	-5.64
46.98S	Q12T	F # 112B Male 12-13 50 Breast	7	---	-0.02
1:10.61S	Q12T	F # 202B Male 12-13 100 Free	3	---	-6.42
1:37.67S	Q12T	F # 206B Male 12-13 100 Breast	3	---	-9.62
40.21S	Q12T	F # 210B Male 12-13 50 Fly	6	---	-2.99
1:25.95S		F # 302B Male 12-13 100 IM	2	---	-1.15
36.70S	Q12T	F # 306B Male 12-13 50 Back	2	---	-1.49
31.50S	Q12T	F # 313B Male 12-13 50 Free	4	---	-1.30