

**Poseidon Swimming Club**  
**www.poseidonswim.club**

**Individual Meet Results**

**KSFSC National Time Trials LC May 21-22 2023 20-May-23 to 21-May-23 LC Meters - FINA Points**

**Location: KASARANI AQUATIC CENTER MISC**

**Poseidon Swimming Club [POSE-ZZ]**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Kamphuis, Lisa (11) F</b>					
44.58L 221	F # 103A	Female 10-11 50 Back	5	---	---
3:04.96L 227	F # 105A	Female 10-11 200 Free	4	---	---
	---	3:04.96			
	---	(3:04.96)			
41.50L 203	F # 109A	Female 10-11 50 Fly	6	---	---
1:23.44L 238	F # 203A	Female 10-11 100 Free	7	---	---
	---	1:23.44			
	---	(1:23.44)			
3:31.83L 211	F # 305A	Female 10-11 200 IM	2	---	---
	---	1:40.94		3:31.83	
	---	(1:40.94)		(3:31.83)	
35.55L 295	F # 405A	Female 10-11 50 Free	5	---	---
<b>Kamphuis, Yannick (14) M</b>					
2:24.28L 353	F # 106C	Male 14-15 200 Free	3	---	-6.03
	---	1:08.44		2:24.28	
	---	(1:08.44)		(2:24.28)	
30.75L 379	F # 110C	Male 14-15 50 Fly	5	---	-2.36
1:04.79L 379	F # 204C	Male 14-15 100 Free	7	---	-2.03
	---	1:04.79			
	---	(1:04.79)			
2:48.31L 310	F # 306C	Male 14-15 200 IM	4	---	-9.60
	---	1:17.91		2:48.31	
	---	(1:17.91)		(2:48.31)	
1:14.19L 297	F # 308C	Male 14-15 100 Fly	3	---	-9.53
	---	1:14.19			
	---	(1:14.19)			
28.57L 392	F # 406C	Male 14-15 50 Free	8	---	-1.25
<b>Nakano, Chikashi (14) M</b>					
2:34.88L 377	F # 304C	Male 14-15 200 Back	1	---	-4.80
	---	---		2:34.88	
	---	---		(2:34.88)	
2:42.14L 347	F # 306C	Male 14-15 200 IM	2	---	-2.22
	---	---		2:42.14	
	---	---		(2:42.14)	
5:07.60L 366	F # 402C	Male 14-15 400 Free	1	---	6.78
	---	1:10.99		2:30.47	
	---	(1:10.99)		(2:30.47)	
	---	---		3:50.32	
	---	---		(3:50.32)	
	---	---		5:07.60	
	---	---		(5:07.60)	
1:10.88L 391	F # 408C	Male 14-15 100 Back	1	---	-3.44
	---	1:10.88			
	---	(1:10.88)			

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Rieck, Jeremy (12) M</b>					
33.65L 362	F # 104B	Male 12-13 50 Back	1	---	-0.57
32.42L 324	F # 110B	Male 12-13 50 Fly	2	---	0.05
1:08.50L 321	F # 204B	Male 12-13 100 Free	2	---	0.16
	---	1:08.50			
	---	(1:08.50)			
43.80L 207	F # 206B	Male 12-13 50 Breast	9	---	-2.12
2:42.73L 325	F # 304B	Male 12-13 200 Back	1	---	-2.65
	---	1:19.86 --- 2:42.73			
	---	(1:19.86) --- (2:42.73)			
1:15.21L 285	F # 308B	Male 12-13 100 Fly	1	---	-2.05
	---	1:15.21			
	---	(1:15.21)			
30.40L 325	F # 406B	Male 12-13 50 Free	4	---	-1.09
1:13.93L 344	F # 408B	Male 12-13 100 Back	1	---	-1.18
	---	1:13.93			
	---	(1:13.93)			
<b>Senanu, Karl (14) M</b>					
34.52L 336	F # 104C	Male 14-15 50 Back	5	---	-1.65
1:03.73L 398	F # 204C	Male 14-15 100 Free	6	---	-3.44
	---	1:03.73			
	---	(1:03.73)			
27.72L 429	F # 406C	Male 14-15 50 Free	7	---	-2.21
1:15.31L 326	F # 408C	Male 14-15 100 Back	3	---	-5.23
	---	1:15.31			
	---	(1:15.31)			