

**Poseidon Swimming Club**  
**www.poseidonswim.club**

**Individual Meet Results**

**SUPER SWIM LEAGUE RD1 SEPT 23 09-Sep-23 SC Meters - FINA Points**

**Location: CONSOLATA SCHOOL**

**Poseidon Swimming Club [POSE-ZZ]**

Time	F/P/S	Event	Place	Points	Improv
<b>Croucher, Anabelle (14) F</b>					
1:25.93S	382 F # 201C	Female 13-14 100 Breast	1	7	---
37.07S	332 F # 203C	Female 13-14 50 Back	1	7	---
3:00.37S	308 F # 207C	Female 13-14 200 IM	2	5	---
30.91S	408 F # 209C	Female 13-14 50 Free	2	5	---
<b>Munyagia, Doran (11) M</b>					
1:57.41S	106 F # 202B	Male 11-12 100 Breast	6	1	2.71
49.62S	89 F # 204B	Male 11-12 50 Back	6	1	-14.67
3:54.88S	101 F # 208B	Male 11-12 200 IM	6	1	-33.52
38.40S	146 F # 210B	Male 11-12 50 Free	7	---	-0.62
<b>Muriithi, Aaron (16) M</b>					
1:58.62S	103 F # 202D	Male 15-16 100 Breast	3	4	-13.35
47.22S	104 F # 204D	Male 15-16 50 Back	4	3	-0.25
4:04.94S	89 F # 208D	Male 15-16 200 IM	3	4	13.94
37.54S	156 F # 210D	Male 15-16 50 Free	4	3	2.60
<b>Murlithi, Abidan (16) M</b>					
2:04.31S	89 F # 202D	Male 15-16 100 Breast	4	3	-5.54
45.58S	115 F # 204D	Male 15-16 50 Back	3	4	-1.01
4:04.78S	DQ F # 208D	Male 15-16 200 IM	---	---	---
2G Past vertical at turn: non continuous turning action - back					
39.41S	135 F # 210D	Male 15-16 50 Free	5	2	1.08
<b>Onderi, Jade (14) F</b>					
1:41.63S	231 F # 201C	Female 13-14 100 Breast	6	1	-1.34
38.44S	297 F # 203C	Female 13-14 50 Back	3	4	2.02
3:16.40S	238 F # 207C	Female 13-14 200 IM	4	3	11.70
32.72S	344 F # 209C	Female 13-14 50 Free	5	2	1.48
<b>Wahome, Abigael (9) F</b>					
2:42.30S	56 F # 201A	Female 9-10 100 Breast	5	2	-12.44
1:02.53S	69 F # 203A	Female 9-10 50 Back	4	3	0.10
4:59.31S	67 F # 207A	Female 9-10 200 IM	3	4	12.37
51.74S	87 F # 209A	Female 9-10 50 Free	4	3	3.74